



Centre for Diversity in Counselling & Psychotherapy



UNIVERSITY OF TORONTO  
OISE | ONTARIO INSTITUTE  
FOR STUDIES IN EDUCATION

## Conference Program

as of 19<sup>th</sup> June 2023

### 10<sup>th</sup> Critical Multicultural & Diversity Counselling & Psychotherapy Conference

Ontario Institute for Studies in Education (OISE), University of Toronto

252 Bloor St W, Toronto, ON M5S 1V6

**Tuesday, June 20<sup>th</sup> 2023**

<i>Time</i>	<i>Programme</i>
2:00 – 2:45 <i>library</i>	<b>Registration</b> (coffee)
2:45 – 3:00 <i>library</i>	<b>Opening Ceremony</b> Verne Ross (Cote First Nation; Assistant Professor at University of Toronto)
3:00 – 3:30 <i>library</i>	<b>Introduction:</b> Roy Moodley & Jenny Hui <b>Welcome:</b> Erica Walker (OISE, Dean); Earl Woodruff (Department Chair APHD)
3:30 - 5:00 <i>library</i>	<b>Critical Social Justice in Psychology: Are we truly decolonizing the discipline?</b> Anusha Kassan  <b>Respondents:</b> Deone Curling & Naseem Rine-Reesha Chair: Lana Stermac
5:00 – 5:45	<b>Keynote Address:</b> Edwin J. Nichols (Founder of Association of Black Psychologists) <b>Cross-Cultural Psychology: Past, Present, Future</b>  Chair: Roy Moodley
6:00 – 7:30 <i>Nexus Lounge</i> <i>12<sup>th</sup> floor</i>	<b>Reception</b> Award Presentations to Alvin Curling & Lana Stermac

## Wednesday, 21<sup>st</sup> June 2023

<i>Time</i>	<i>Programme</i>		
8:30 – 9:00	<b>Registration</b> (coffee)		
9:00 – 9:15 <i>library</i>	Welcome: Becky Chen Introductions: Roy Moodley & Jenny Hui		
9:15 – 10:00 <i>library</i>	<b>Decolonizing Mental Health Practices: Insights from Indigenous and Black/African Communities</b> Suzanne Stewart, Njoki Wane, Sophie Yohani Chair: Becky Chen		
10:00 – 10:45 <i>library</i>	<b>Decolonizing Eurocentric Psychology &amp; Resisting Pathology</b> Rob Bedi, Kaori Wada, Roy Moodley Chair: Alex Pieterse		
10:45 – 11:00	<i>Break</i>		
11:00 – 12:00	<b>Seminar (group 1)</b> Suzanne Stewart, Sophie Yohani <i>Note: Seminars are indicated throughout the program. In each seminar, keynote speakers will break off and host small-group discussions or workshops that focus more on engaging the audience in experiential ways (e.g., putting theoretical ideas into practice).</i> <i>Library</i>	<b>Seminar (group 2)</b> Kaori Wada, Roy Moodley  Room: 9-105	<b>Seminar (group 3)</b> Njoki Wane, Rob Bedi  Room: 12-199
12:00 – 12:45	<i>Break</i> and Poster Session Rawan Hedefa; Jessica Ilton; Kimberly D'Silva; Clara McNamee; Michelle Zak & Farah Charania		
12:45 – 2:00	<b>Honouring the Life and Legacy of Clemmont Vontress</b> Andre Marseille, Bryan Ellis, Carla Grey  Chair: Roy Moodley <i>Library</i>	<b>Bereavement and Suicide: Multicultural Research and Interventions</b> Olga Oulanova, Kai Forcey-Rodriguez, Shannen Rowe  Chair: J. Roy Gillis Room 12-199	
2:00– 3:15	<b>Resilience Among People of African Descent Across the Diaspora: Intervention and Considerations for Multicultural Counselling Professionals</b> Sandra Dixon, Stephen Okoli, Natacha Pennycooke, Edna Aryee <i>Chair: Deone Curling</i> <i>Library</i>	<b>DisAppearances of DisAbled Selfhood</b> Tanya Titchkosky, Elaine Cagulada, Madeleine DeWelles, Efrat Gold  Chair: Sophie Yohani  Room 12-199	
3:15 – 3:30	<i>Break</i>		
3:30 – 5:00	<b>Trauma-Informed Care in Clinical Practice</b> Keisha Greene, Ellen Gutowski, Linda Iwenofu  Chair: Olga Oulanova <i>4:30 – 5:00 Seminar (one to two groups)</i> <i>Library</i>	<b>Mental Health at Intersections of Culture, Gender, and Sexuality</b> Bhisham Kinha, Jenny Hui, J. Roy Gillis  Chair: Rob Bedi <i>4:30 – 5:00 Seminar (one to two groups)</i> Room 12-199	

Thursday, 22<sup>nd</sup> June 2023

<i>Time</i>	<i>Programme</i>			
<p>9:00 – 10:00</p> <p><b>Parallel Papers</b></p>	<p><b>Collectively Dreaming Toward Indigenized School, Clinical, and Counselling Psychology Education and Training</b> Stephanie Day</p> <p><b>An Invitation to the Infinity Room: Exploring Intersubjectivity, Identity, and the Right to Humanity within the Therapy Space</b> Amira Dirie</p> <p><b>Liberation Psychology and Social Change: An Introduction to Ignacio Martín-Baró</b> Aliakbar Abbasi Garmroudi</p> <p>Library</p> <p>Chair: Deone Curling</p>	<p><b>Racial Trauma, Spirit Injury and the Deskillling of Foreign Educated Racialized Immigrant Women (FERIW) in Canada</b> Lisa Chinchamie</p> <p><b>Beyond Resilience: An intersectional analysis of posttraumatic growth in the lives of immigrant, refugee and non-status people living with HIV/AIDS</b> Mercedes Umana Garcia</p> <p><b>Romantic Relationship Satisfaction in Second-Generation South Asian Immigrants: Investigating the Role of Acculturative Stress and Attachment</b> Gia (Gaayathri) Geetha</p> <p>Room: 9-105 Chair: David Paul Smith</p>	<p><b>Relaxation of Birth Control Policy and Its Impact on Postpartum Well-being in China</b> Esther Fu</p> <p><b>A Narrative Investigation of Asexual Identity Development and Well-Being</b> Alvi Dandal</p> <p><b>Shades among Shades: A Critical Poetics of Effeminacy</b> James Yuan</p> <p>Room: 9-297 Chair: J. Roy Gillis</p>	<p><b>Let's Get Curious Together: Fostering Autistic Mental Health and Well-Being</b></p> <p><i>Interactive Experiential Workshop</i></p> <p>Kai Forcey-Rodriguez</p> <p>Room: 12-199</p>
<p>10:00 – 10:15</p>	<p><i>Break</i></p>			
<p>10:15 – 11:30 <i>library</i></p>	<p><b>Cultural Competence in Counselling a Multi-Ethnic, Pluralistic, and Linguistically Diverse Population</b> <i>Keynote: Interactive Experiential Workshop</i> Edwin J. Nichols (Elder, Association of Black Psychologists) Chair: Anusha Kassan</p>			
<p>11:30- 12:30 <i>library</i></p>	<p><b>Lifetime Achievement Award Ceremony</b> (Dr. Edwin J. Nichols) <b>Interviewing Dr. Edwin Nichols</b></p> <ul style="list-style-type: none"> <li>Chair: Anusha Kassan</li> </ul>			
<p>12:30 – 1:00 <i>library</i></p>	<p><i>Break and Poster Session</i> Nima Karimi; Sarah Colton; Emily Mastragostino; Jan Wozniak; Saira Khan, Tamana Sultani, Shazzaneiy Mohamed Nalir</p>			

1:00 – 2:15	<b>Telling the Story of the Self: Wisdom, and Blindness as Culture</b> Rod Michalko, Michel Ferrari  Chair: Carla Grey  Library	<b>Cultural Humility and Competency in Psychotherapy</b> Deone Curling, Olga Oulanova, Marta Milani  Chair: David Paul Smith  Room: 9-105	<b>Culturally Competent Moments in Psychotherapy: An Experiential Workshop</b> Kenneth Fung, Ted Lo  Chair: Ellen Gutowski  Room: 12-199	
2:15 – 2:30	<i>Break</i>			
2:30 – 3:45	<b>Beyond Interracial and International: Celebrating Interracial Relationships and Families in Canada and the United States</b> Shivon Raghunandan, Marguerite Lengyell, Byron Miller  Chair: Roy Moodley Library	<b>The Impact of COVID-19 on African/Black People's Mental Health</b> Roberta Timothy  <b>Race, Animality and Violence in Fanon and Coetzee</b> Jonathan Russell  Chair: Andre Marseille  Room: 9-105		
3:45 – 4:00	<i>Break</i>			
4:00 – 5:00	<b>Privileging Clients' Phenomenological &amp; Subjective Experience of Identity</b> Asher Faerstein  <b>Healing Beyond Description – Undoing Fragmentation in Multicultural Counselling &amp; Psychotherapy</b> Martín Luciani-Noli  <b>Cultural &amp; Spiritual Meanings of a Harmony-Seeking Self: Implications for Counselling People of Indigenous and Diverse Ethnic Backgrounds</b> Shaima Ahammed Thayyilayil  Chair: Olga Oulanova Library	<b>Creating Circles of Belonging</b> <i>Interactive Experiential Workshop</i>  Shauna Moore  Room: 9-105	<b>Self-Care Practices &amp; Motives in Practicing Therapists</b> Shasha Oosthuizen  <b>The Rashomon Effect and Social Identity in the Clinic</b> Naseem Rine-Reesha, Sara Azarshahi, Hayley Mangotich  Chair: Ellen Gutowski  Room: 9-297	<b>Beyond Black Lives Matter: Exploring Cultural Responsivity with Adolescent Sexual Offending</b> <i>Interactive Experiential Workshop</i>  Elizabeth Evans & Lisa Bertin-Fabian  Room: 12-199

**Friday, 23<sup>rd</sup> June 2023**

<i>Time</i>	<i>Programme</i>		
9:00 – 9:15	Welcome: Abby Goldstein Introductions: Roy Moodley, Sandra Osazuwa, Jenny Hui		
9:15 – 10.30 <i>Library</i>	<b>African Traditional Healing Practices &amp; Energy Healing</b> Sandra Osazuwa, David Paul Smith, Njoki Wane  Chair: Alex Pieterse		
10:30 – 11:45	<b>East Asian and South Asian Traditional Healing Practices</b> Mami Yanai, Yaoxin Zhang, Aanchal Rai  Chair: Marguerite Lengyell  Room: Library	<b>Awareness and Compassion in Action: A Contemplative Solution for Promoting Trust and Accessibility in Psychotherapy</b> Denise Paneduro, Alicia Howard, Norman Farb  Chair: Deone Curling  Room: 12-199	
11:45 – 12:00	<i>Break</i>		
12:00 – 1:00	<b>Seminar (group 1)</b> Mami Yanai, Yaoxin Zhang, Aanchal Rai, David Paul Smith  Library	<b>Seminar (group 2)</b> Njoki Wane, Sandra Osazuwa, Alex Pieterse  Room: 9-105	
1:00 – 1:30	<i>Break</i>		
1:30 – 2:30 <b>Parallel Papers</b>	<b>Enhancing Psychotherapists' Awareness of Privilege</b> Jason Brown, Marguerite Lengyell  Chair: Roy Moodley Library	<b>When Yoga Met Psychotherapy</b> Aanchal Rai <i>Experiential Workshop</i>  Room: 9-105	<b>De-Stigmatizing Mental Health within the Canadian Somali Diaspora</b> Shukri Hilowle  <b>Unveiling the Mental Health Impacts of Gendered Islamophobic Violence on Canadian Muslim Women</b> Hibah Sidat  Chair: Anusha Kassar Room: 9-297
2:30 – 2:45	<i>Break</i>		
2:45 – 4:00 <i>Library</i>	<b>Inclusivity and Anti-Racism in Healthcare: From Clinics to Communities and Beyond</b> Josephine Etowa, Alex Pieterse  Chair: Rob Bedi		