# Protecting your privacy and security when using mobile apps

**Four quick tips to remember!**

**1**

**Do a quick search**

Before downloading a new app, check if there are any known privacy and security concerns associated with it.

## Pause before granting permission

Be cautious about what permissions you are giving to the app and determine what data should not be disclosed when you sign up.

**2**

## Review the terms & conditions

**3**

Read the applications’ privacy policies and terms and conditions to be aware of their data-collection and sharing policies.

## Consider the source

Download apps from trusted sources like Apple App Store or Google Play to limit the risk of spyware and other vulnerabilities which may lead to cybersecurity attacks.

**4**

Read more by taking a picture of this QR code with your smartphone ⇢