



UNIVERSITY OF TORONTO  
OISE | ONTARIO INSTITUTE  
FOR STUDIES IN EDUCATION

Department of Applied Psychology and Human Development

# Practicum Site Information Sheets

**Version - January 2024**  
For 2024-2025 Practica

## **List of sites participating in GTA Practicum Day event:**

- Baycrest Hospital (**see supplemental brochure for additional information**)
- Broadview Psychology
- CBT Psychology for Personal Development
- Centre for Addiction and Mental Health (CAMH) (**see supplemental brochure for additional information**)
- Centre for Interpersonal Relationships (CFIR)
- Centre for MindBody Health (CMBH)
- Cognitive & Interpersonal Therapy Centre (CITC)
- Community Head Injury Resource Service (CHIRS)
- Downtown Psychology Clinic
- Durham Psychology Wellness Centre
- Family Psychology Centre (FPC)
- Forward Thinking Psychological Services (FTPS)
- Framework Therapy and Assessment Centre
- Garden City Psychology
- Dr. Gillian Kirsh & Associates
- Good Days – Therapy & Training Centre
- Hamilton Health Sciences (**see supplemental brochure for additional information**)
- Holland Bloorview Kids Rehabilitation Hospital (**see supplemental brochure for additional information**)
- Humber River Health
- Dr. Jennifer Barbera C. Psych & Associates
- Dr. Julie Wallis
- Kinark Child and Family Services
- London Family Court Clinic & Navigating Onward (LFCC/NavOn)
- New Leaf Psychology Centre
- North Peel Family Health Team
- North York General Hospital
- NuVista Mental Health - Toronto
- Ontario Sex Therapy
- Ontario Shores
- Possibilities Clinic
- Psychological & Counselling Services Group
- Reach Out Centre for Kids (ROCK) (**see supplemental brochure for additional information**)
- READ Clinic
- Remedy (**see supplemental brochure for additional information**)
- Sageview Health (formerly B&C Health)
- Step Stone Psychology

- St. Joseph's Healthcare Hamilton
- Sunnybrook Health Sciences Centre, Frederick Thompson Anxiety Disorders Centre
- Sunnybrook Health Sciences Centre, Neuropsychology Assessment
- Sunnybrook Health Sciences Centre, Tory Trauma Recovery Clinic
- Sunrise Psychology
- Surrey Place
- The Hospital for Sick Children (SickKids)
- The Mind Balance Clinic
- The Mindful Living Centre
- The Red Oak Centre
- Toronto Metropolitan University (formerly Ryerson University) **(see supplemental brochure for additional information)**
- Toronto Neurodevelopmental Centre
- Toronto Psychology & Wellness Group (TPWG)
- Transforming Emotions
- University Health Network **(see supplemental brochure for additional information)**
- Waypoint Centre for Mental Health Care
- West End Psychological Services
- West Park Healthcare Centre **(see supplemental brochure for additional information)**
- Whole Kids Health
- Young Minds Psychology **(see supplemental brochure for additional information)**

**List of sites not accepting students this year:**

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North Peel Family Health Team

Reach Out Centre for Kids (ROCK)

Sunrise Psychology

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The Hospital for Sick Children (SickKids)

The Red Oak Centre

Whole Kids Health  
Young Minds Psychology



# Adult Sites

## **Practicum Site Information Sheet**

**Name of site:** Baycrest Hospital (see supplemental brochure for additional information)

**Supervisor or Contact Person:** Dr. Keera Fishman

**Email:** psychpracticum@baycrest.org

**Phone:** 416-785-2500 ext. 6317

**Address:** 3560 Bathurst Street, Toronto, ON M6A 2E1

### **Type of Practicum Offered:**

Child \_\_\_\_ Adult X Both \_\_\_\_

Assessment \_\_\_\_ Intervention \_\_\_\_ Both X

### **General Information About the Practicum:**

The Neuropsychology and Cognitive Health Program at Baycrest offers practicum placements for students currently enrolled in accredited graduate clinical psychology training programs. We offer placements in three areas of emphasis, including Neuropsychological Assessment, Cognitive Intervention, and Behavioural Intervention.

### **About Baycrest**

Baycrest is a global leader in geriatric healthcare, residential living, research, innovation, and education, with a special focus on brain health and aging. As academic health sciences centre fully affiliated with the University of Toronto, Baycrest provides an exemplary care experience for aging clients combined with an extensive clinical training program for students and one of the world's leading research institutes in cognitive neuroscience.

Baycrest is located at 3560 Bathurst Street in Toronto near the intersection of Bathurst Street and Wilson Street. It is easily accessible by public transit.

**Care.** Baycrest serves approximately 1200 seniors per day. It is home to a globally recognized and innovative continuum of healthcare, wellness, and prevention programs and services. Services include outpatient clinics, a hospital, long-term care home, and residential and community-based programs designed especially for people in their 50s, 60s, 70s, 80s and beyond.



**Research & Innovation.** Baycrest is a leader in cognitive neuroscience and memory research, with the goal of transforming the journey of aging. The Rotman Research Institute is a preeminent international centre for the study of aging and human brain function. The Kunin-Lunenfeld Centre for Applied Research & Evaluation (KL-CARE) provides resources and expertise to support clinical, evaluative and translational research at Baycrest. The Centre for Aging and Brain Health Innovation (CABHI) is a solution accelerator focused on driving innovation in the aging and brain health sector. At the Kimel Family Centre for Brain Health and Wellness, Baycrest experts focus on integrating research with wellness programs and lifestyle interventions, with the ultimate goal of reducing dementia risk.

**Education.** Fully affiliated with the University of Toronto, Baycrest has an extensive clinical training program in geriatric care. We have trained thousands of students and practitioners from over 50 universities and colleges to deliver high quality care alongside leading experts who are focused on the diseases of aging and care of older adults. Each year we provide students with practical on-site training in almost every healthcare discipline.

## About Neuropsychology and Cognitive Health

The Neuropsychology and Cognitive Health program provides clinical services, education and training, and clinical research related to the assessment and treatment of memory and other cognitive abilities in older adults. Our program provides neuropsychological assessment, intervention, and consultation across Baycrest services and to external organizations. Our team includes neuropsychologists, social workers, administrative staff, as well as many volunteers and trainees. The mission of our program is to provide excellence and leadership in clinical neuropsychological services.



Our services are closely integrated with research and education. Our faculty are scientist-practitioners who contribute to the development and dissemination of clinical knowledge via clinical research, program evaluation, and the development of innovation. There is a strong emphasis on training future psychologists through practicum placements and our Predoctoral Internship Program in Clinical Neuropsychology, which is accredited by the Canadian Psychological Association.

During the academic year, we offer formal didactics including:

- *Psychology Research Rounds:* Current clinical research findings are presented by staff in the Neuropsychology and Cognitive Health program, other Baycrest departments, and affiliated organizations.
- *Neuropsychology Seminars:* Presentations focus on core topics in the practice of clinical neuropsychology, including major disorders, assessment and diagnosis,

neuroimaging, consultation and intervention, program evaluation, supervision, ethics, and professional practice.

- *Evidence-Based Practice in Psychology Series*: Presentations focus on using literature reviews and discussions to increase participants' ability to find and critically appraise evidence-based clinical resources and research.
- *Diversity, Equity, and Inclusion Journal Club*: Discussion of selected articles increase awareness of diversity, equity, and inclusion within the context of neuropsychological practice.
- Additional Baycrest-wide learning opportunities are available to students, including Behavioural Neurology Rounds, Geriatric Medicine Rounds, Behavioural Supports Ontario Rounds, Geriatric Mental Health Education Network Rounds, Rotman Research Rounds, and Psychiatry Grand Rounds.

For more information about the Neuropsychology and Cognitive Health program, including our clinical services, learning opportunities, and our staff, visit [www.baycrest.org/neuropsychology](http://www.baycrest.org/neuropsychology).

## Practicum Placement Opportunities

Neuropsychology and Cognitive Health offers practicum placements for students currently enrolled in accredited graduate clinical psychology training programs. Affiliation agreements are required between Baycrest Hospital and the student's university.

Placements are available during the summer term (May 1 to August 31) and the academic year (September 1 to April 30). Exact start and end dates are flexible, depending on the needs of the student and the availability of the supervisor. We offer both full-time placements (35 hours per week) and part-time placements (typically 14 to 21 hours per week). The number of practicum placements during any particular term is dependent on the availability of supervisors, and typically ranges from 4 to 7 per year.

We offer practicum placements in three areas of emphasis. All placements apply a developmental training model. Specific activities and expectations are tailored to the emerging competencies of the trainee. It is possible to combine elements of more than one emphasis, for example, a primarily neuropsychological assessment practicum with exposure to cognitive intervention, a primarily cognitive intervention practicum with exposure to neuropsychological assessment, or a primary behavioural intervention practicum with exposure to cognitive intervention or neuropsychological assessment. These arrangements are typically made after the practicum placement has begun, to allow trainees time to orient to their roles and available opportunities.

Current practicum placement opportunities include:

### 1. Emphasis in Neuropsychological Assessment

Students in this practicum placement participate in neuropsychological assessment with persons presenting with a range of memory and thinking problems. Referrals come from a

variety of specialist services within Baycrest (e.g., Geriatric Assessment Clinics, Ambulatory and Inpatient Mental Health services, Sam and Ida Ross Memory Clinic). Referral questions typically include delineation of cognitive strengths and weaknesses, assistance with differential diagnosis, and suitability for available intervention programs. Case conceptualizations typically include an opinion about the presence and nature of any underlying neurodegenerative illness, relevant medical, psychiatric, psychosocial, and cultural/linguistic factors, and functional implications and recommendations.

The complete assessment process involves reviewing the medical history of the client, determining appropriate tests/measures to be completed, interviewing the client and family, administering and scoring tests, formulating diagnoses and recommendations, preparing a written report, and providing verbal and written feedback to the client and family. For all clinical activities, experiences are tailored to the trainee's developmental readiness and goals. This typically includes some combination of observing the supervisor with clients, being directly observed by the supervisor, and working with clients without direct supervision. Exposure to interprofessional team meetings is available.

## 2. Emphasis in Cognitive Intervention

Students in this practicum placement engage in memory-related intervention activities ranging from mild cognitive impairment (MCI) to severe memory impairment (amnesia) secondary to neurologic dysfunction. Students will learn to implement individualized and group memory interventions and to coordinate case management.



The types of clients receiving these services include those with MCI, traumatic brain injury, dementia, encephalitis, cardiovascular accidents, and other neurologic disorders. This practicum experience combines cognitive intervention for two clinical services.

*Memory-Link* evaluates and treats clients with moderate to severe memory impairment and their families and provides training in internal memory strategies and external memory aids, including using smartphone technology.

*Learning the Ropes for Living with MCI®* provides education and training to promote brain health, well-being, and everyday memory ability in older adults with MCI and their families. The program runs for 7 sessions, with 6 weekly sessions and a 1-month follow up session.

## 3. Emphasis in Behavioural Intervention

Students in this practicum placement will gain experience in managing behavioural symptoms of dementia using non-pharmacological intervention strategies for individuals in long term care, acute care, or home settings across the greater Toronto area. Students

may also acquire exposure to neuropsychological assessment to rule out normal pressure hydrocephalus.

Students will participate in and learn to (a) conduct functional behavioural assessments where factors that contribute to behaviours are identified, (b) collaborate in developing individualized behaviour care plans, (c) facilitate interviews, feedbacks and follow-up sessions with health care teams and/or family caregivers, (d) attend weekly interdisciplinary rounds, (e) co-facilitate psychotherapy sessions with health care teams and/or family caregivers experiencing burn out. Prior clinical training in behaviour management is not a pre-requisite for completing this placement.

## Practicum Application Process

Students interested in applying for a practicum placement should send the following materials by e-mail to Dr. Keera Fishman at [psychpracticum@baycrest.org](mailto:psychpracticum@baycrest.org):

- A completed Practicum Application Form, found here: <https://forms.office.com/r/BBEjNNrLLR>
- A letter of interest describing their training experiences and goals
- A current CV
- Most recent graduate transcript (unofficial copies are acceptable)
- Two letters of reference, to be sent directly from referees to [psychpracticum@baycrest.org](mailto:psychpracticum@baycrest.org)

Completed applications will be forwarded to practicum supervisors. Interested supervisors will typically contact selected applicants within two weeks of the practicum application deadline. Please note that not all placements may be available at a given time. The type and number of placements is dependent on the availability of supervisors. Additionally, applicants may be contacted by more than one interested supervisor. There is full transparency within our department about this, and we welcome candidates to interview broadly to determine the best fit.

We use the common deadline and notification procedures for Greater Toronto Area Practicum Training Programs. The application deadline for both summer and fall/winter placements is in February, and the notification day is in March. If your program is outside of the greater Toronto area and has a different notification deadline, please provide details in your application form and your letter of interest.

## Our Commitment to Accessibility

We are committed to providing a learning environment that welcomes and supports everyone. Please let us know if you have any questions, concerns, or require any accommodations to participate fully in our program.

## Contact Us

Phone: 416-785-2500 x 2445 | Email: [psychpracticum@baycrest.org](mailto:psychpracticum@baycrest.org) | Web: [www.baycrest.org/neuropsychology](http://www.baycrest.org/neuropsychology)

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3560 Bathurst Street  
Toronto, Ontario  
M6A 2E1

Baycrest is fully affiliated with  
the University of Toronto



## **Practicum Site Information Sheet**



**Name of Site:** Centre for MindBody Health (CMBH)

**Primary Supervisor:** Dr. Shari Geller, Ph.D., C. Psych.

**Contact Person:** Dr. Bev Fredborg, Ph.D., C.Psych. (Supervised Practice), Practicum Coordinator

**Email:** [cmbh@cmbh.space](mailto:cmbh@cmbh.space)

**Phone:** (416)-855-2624

**Address:** 505 Eglinton Ave, W, Suite 200, Toronto, ON M5N 1B1 (located in mid-town Toronto)

### **Type of Practicum Offered:**

Child \_\_\_\_\_ Adult  Both \_\_\_\_\_

Assessment \_\_\_\_\_ Intervention \_\_\_\_\_ Both

*Please note:* There is the possibility of assessment and intervention, should an individual wish to gain experience in both, however our main focus is treatment.

### **General Information:**

Our clinic is easily accessible by TTC. The closest stop is located in front our building at Eglinton Ave. and Tarlton Rd. There is also Green P Parking along Eglinton Ave. or in the parking lot located at Burnaby Blvd. and Castle Knock Rd. The clinic is wheelchair accessible. CMBH welcomes applications from all applicants. Preference will be given to students who demonstrate interest or have previous training in DBT and/or EFT.

### **Key Words:**

Adult, Intervention, Assessment, Borderline Personality Disorder (BPD), Emotion Dysregulation, Mood and Anxiety Disorders, Depression, Trauma, Post-Traumatic Stress Disorder (PTSD), Grief, Life Transitions, Relationship Issues, Eating Disorders, Obsessive Compulsive Disorder (OCD), Dialectical Behavior Therapy (DBT), Emotion Focused

Therapy (EFT), Mindfulness and Compassion-Based Approaches, Cognitive Behavior Therapy (CBT).

**Training Opportunities:**

Practicum students will also receive individual supervision by the clinic directors, Dr. Shari Geller, Dr. Shelley McMain, or CMBH psychologists including Dr. Annie Chinneck, Dr. Nicole Dignard, Dr. Bev Fredborg, Dr. Lorraine Patterson, and Dr. Tanya Teall.

**Practicum Application Deadline:**

Same deadline as set by the GTA practicum committee – February 1, 2024

**Application Procedure:**

1. Application form
2. Letter of intent
3. Graduate transcript (unofficial)
4. Curriculum vitae
5. Two references (at least one from a professor; other can be work or volunteer supervisor)
6. On-site interview upon request

Please prepare all materials (with the exception of reference letters) prior to submission and email them to Dr. Bev Fredborg at [cmbh@cmbh.space](mailto:cmbh@cmbh.space). Please ask referees to email reference letters with the name of the applicant in the subject line as soon as possible.

Last Updated: September 25, 2023

## **Practicum Site Information Sheet**

**Name of site:** Community Head Injury Resource Services of Toronto (CHIRS)

**Supervisor or Contact Person:** Michelle Busse, Psy.D., C.Psych.

**Email:** michelleb@chirs.com

**Phone:** 416 240 8000 x255

**Address:** 62 Finch Avenue West, Toronto, Ontario, M2N 7G1

### **Type of Practicum offered:**

Child  Adult  Both

Assessment  Intervention  Both

**General Information** (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.)

CHIRS, formerly known as Ashby House, started in 1978 as the first community-based brain injury rehabilitation program in North America. From its origins as a transitional group home, CHIRS has evolved into a multi-service agency that provides a broad range of supports to clientele with diverse and complex needs. Currently, CHIRS is a registered not-for-profit charitable organization primarily funded by the Central Local Health Integration Network and the Ontario Ministry of Health and Long-term Care. CHIRS provides support services to over 400 people with moderate to severe acquired brain injury, with diverse and complex needs, and maintains active research and clinical partnerships with the Centre for Addictions and Mental Health, an academic and clinical research health centre, as well as community-based agencies addressing homelessness and serious mental health.

The Neuropsychology Clinic at CHIRS is dedicated to providing evidence-based, client-centered programming to pursue our mission of enhancing the lives of people who have been affected by acquired brain injury. At CHIRS, we seek to utilize the best of evidence-based practices, implemented in the community, with a focus on meeting clients' personal goals. Referrals for neuropsychological assessment come from within CHIRS, as well as through the Toronto ABI Network, IME companies, and law firms.

Practicum students will have the opportunity to complete neuropsychological evaluations with newly injured older adolescents and adults as well as those who have been living with their injuries for several decades. All referrals have a history of acquired brain injury, and those from our community partners may also have complex co-morbid conditions. While

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the focus is on acquired brain injury, students will get exposure to a variety of medical conditions including anoxia, brain tumor, toxic exposures and serious mental illness. Exposure to medical-legal and independent medical evaluations will also be provided. There are also opportunities for students to observe and/or co-facilitate a range of clinical groups at CHIRS.

The Neuropsychology Clinic at CHIRS has predominantly returned to conducting in-person assessments. Practicum students will largely be doing work from the office, but they will be provided with a CHIRS laptop, including VPN access, for work at home. Please note that CHIRS requires all new volunteers, staff, and students to be fully vaccinated upon their start date at CHIRS.

CHIRS is located near Yonge and Finch and is easily accessible via the TTC. We also have a staff parking lot which is free to use.

**Supervision** (i.e. Is there more than one potential supervisor? group and/or individual? How often? etc.)

Practicum students can expect to have 1 hour per week of face- to -face supervision and 1 hour per month of face- to –face group supervision, in addition to accompanying supervising psychologists during various clinical activities. Supervision will be provided by either Dr. Michelle Busse, Dr. Carolyn Lemsky, or Dr. Lisa Bolshin. All supervising psychologists are registered with the College of Psychologists of Ontario. All written reports and correspondence are reviewed and countersigned by the supervising psychologist.

**Keywords** (i.e. Eating Disorders, Chronic Pain, Obsessive Compulsive Disorder)

Acquired brain injury, traumatic brain injury, substance use, mental illness

**Training/research opportunities:**

Research opportunities may be available and will depend on the interests of the student.

Students are encouraged to engage in a number of virtual webinars and didactic trainings including Baycrest International Behavioural Neurology Videoconference Rounds, KnowNeuropsychology Didactic Series, and ECHO Concussion.

**Practicum Application Deadline:**

We use the common deadline and notification procedure for the Greater Toronto Area Practicum Training Programs. The application deadline is in February, and the notification day is in March.

**Application procedure** (i.e. documents needed, number of references, etc.)

The following application materials should be submitted electronically to Dr. Busse (michelleb@chirs.com):

- Graduate transcript
- Curriculum vitae
- Two letters of reference
- A letter of interest describing your training experiences and goals
- Completed test administration form

*Last Updated: October 2, 2023*

## **Practicum Site Information Sheet**

**Name of site:** Good Days - Therapy & Training Centre

**Supervisor or Contact Person:** Daniel Pauly

**Email:** training@gooddaystherapy.com

**Phone:** 416-738-3032

**Address:** 489 College Street, Suite 201, Toronto, ON. M6G 1A5

**Type of Practicum offered:**

Child  Adult  Both

Assessment  Intervention  Both

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

Good Days is a warm and inviting psychology clinic located in Toronto's west end. Our practice is driven by two core principles: delivering effective, evidence-based therapy that is tailored to each individual's unique goals for personal growth; and providing comprehensive, supportive training opportunities for graduate students at the master's and doctoral levels. Practicum students at Good Days will have the opportunity to work with adults to develop their assessment and intervention skills. The adult practicum will be supervised by Registered Psychologist and Good Days Co-Director, Dr. Natalie Kalb. Dr. Kalb takes an integrative approach to therapy and specializes in the following treatment approaches: Emotion-focused Therapy; Motivational Interviewing; Relational Therapy; Acceptance and Commitment Therapy. In addition to weekly individual supervision, practicum students will also have the following training opportunities: monthly clinical rounds; monthly consultation meetings; and biweekly group supervision with all supervisors and students. Good Days is a hybrid office and offers both in-person and virtual services.

**Keywords:** Depression and anxiety; Interpersonal challenges; Substance use & addiction; Queer, transgender, & nonbinary identity exploration and concerns; ADHD and/or Autism; Trauma/PTSD; Self-exploration

**Training/research opportunities:**

**Practicum Application Deadline: February 1, 2024**



**Application procedure:** (*i.e., documents needed for application, number of references, etc.*)

Students should email the following materials to [training@gooddaystherapy.com](mailto:training@gooddaystherapy.com):

- An up to date CV
- A cover letter
- Two reference contacts

*Last Updated:* November 2023

## Practicum Site Information Sheet

**Name of site:** Humber River Health

**Supervisor or Contact Person:** Dr. Laura Leong, Psychologist (contact person and supervisor in Adult Mental Health)

**Email:** [LLeong@hrh.ca](mailto:LLeong@hrh.ca)

**Phone:** (416) 242-1000 Ext. 43084

**Address:** 1235 Wilson Ave, Toronto, ON. M3M 0B2

### **Type of Practicum offered:**

Child \_\_\_\_ Adult  Both \_\_\_\_

Assessment \_\_\_\_ Intervention \_\_\_\_ Both

### **General Information:**

One position is available in the **Adult Outpatient Mental Health** program. The patient populations served at Humber River Hospital are very diverse and often come from vulnerable, marginalized communities in the northwest part of Toronto and parts of York Region.

In the Adult Outpatient Mental Health program, both therapy and assessments are available. The balance of therapy/assessment work will be tailored to the student's needs and interests. With regard to therapy, with a large outpatient department, students will get individual referrals to see anyone from moderate depression or anxiety to severe mental illness (e.g., psychosis). Patients typically also have comorbid conditions and/or personality disorders. There are many opportunities to run therapy groups (e.g., CBT for mood and anxiety disorders). Assessments most often involve a mixture of cognitive, diagnostic, and personality components. Students will learn how to do complicated case conceptualizations and formulations and write detailed psychological reports. Learning to work in a multidisciplinary team (e.g., with psychiatry, nursing, social work, occupational therapy) in a public hospital setting is a key part of this experience. This rotation is available **2 days per week, on-site only, 8:30-4:30pm**, with flexibility on which two days are selected.

**\*\*Please note that all staff, physicians, and volunteers (including psychology practicum students) are required to have received a **complete COVID-19 vaccine series** with a WHO-approved vaccine or combination of vaccines (e.g., two doses of a two-dose vaccine series or one dose of a single-dose vaccine series).**\*\*

The site is TTC accessible (the Wilson bus goes west to Keele from Wilson Station; the

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Keele buses run north/south frequently). It is also just off Highway 401.

**Keywords:** Hospital; Outpatient; Multidisciplinary

**Training/research opportunities:** No research opportunities at this time. There may be program evaluation opportunities in the Adult program as we implement measurement-based care.

**Practicum Application Deadline:** GTA practicum application deadline.

**Application procedure:** Please e-mail your cover letter and CV to Dr. Laura Leong at [LLeong@hrh.ca](mailto:LLeong@hrh.ca); additionally, please have **two** referees send a letter directly. If this would be your *final practicum before internship*, it would be helpful for you indicate that in your cover letter. Interviews with selected applicants occur in February of each year and we will follow the GTA practicum rules for notification.

*Last Updated:* September 2023

## Practicum Site Information Sheet



General Site  
4001 Leslie Street  
Toronto, ON M2K 1E1  
T 416.756.6000  
[nygh.on.ca](http://nygh.on.ca)

**Name of site:** North York General Hospital

**Supervisor or Contact Person:** Dr. Gillian Kirsh, C.Psych

**Email:** [gillian.kirsh@nygh.on.ca](mailto:gillian.kirsh@nygh.on.ca)

**Phone:** 416-756-6444 x3168

**Address:**

**Adult Practicum Applications**

8<sup>th</sup> floor, Adult Eating Disorder Program

North York General Hospital

4001 Leslie Street

Toronto, Ontario M2K 1E1

**Type of Practicum offered:**

Child  Adult  Both

Assessment  Intervention  Both

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

North York General Hospital is a community academic teaching hospital with a large and diverse Mental Health Program.

**Populations Served:**

- Adolescents presenting with mood and anxiety disorders, as well as a broad range of other mental health diagnoses.
- Adults presenting with eating disorders
- Adults injured at the workplace (through WSIB)

**Primary Models of Care:**

- Acceptance and Commitment Therapy (ACT)
- Cognitive behavioural therapy (CBT)
- Dialectical behavioural therapy (DBT)
- Motivational Interviewing (MI)

- Psychoeducation

### **The benefits of training at NYGH:**

- Opportunity for exposure to a broad range of patient populations (i.e., chronic pain, PTSD, mood and anxiety disorders, ADHD, eating disorders and personality disorders)
- Opportunity to attend and/or present at Mental Health Grand Rounds.
- Flexibility to extend the practicum into the summer
- Research opportunities if interested
- Located on the Sheppard subway line

**Supervision:** Supervision is individual and group, 1-1.5 hours per week. More supervision is available as needed.

### **Training Opportunities**

#### **1. WSIB Assessment and Treatment**

- Assessment and subsequent treatment as needed. Patients have musculoskeletal injuries secondary to an injury at the workplace, and have developed mental health and psychosocial sequelae (e.g. depression, anxiety, somatic symptoms, posttraumatic stress disorder).
- Practicum students will be involved with comprehensive psychological assessment for these patients which includes : medical file review followed by in-person assessment with clinical interview and questionnaire administration in order to provide direction regarding psychological diagnosis, prognosis, treatment and functional recommendations.
- All psychological work is carried out at either the North York General Assessment and Wellness Centre (locations at NYGH and 255 Consumers Rd Suite 220)

#### **2. Adult Eating Disorder Program**

- The program is a partial day hospital program. It runs Monday, Wednesday, and Thursday from 12:00-2 :30pm.
- Assessment: Clinical interviews (Eating Disorders Examination – Interview), supplementary SCID-based modules; administer, score and interpret psychological tests, write assessment reports and provide feedback to patients and the multidisciplinary health care team.
- Instruments: PAI, BDI, Eating Disorder Examination - Questionnaire, Eating Disorder Inventory
- Psychotherapy: Group (and opportunity for individual, if desired). Techniques include: *CBT*, *Dialectic Behaviour Therapy (DBT)*, *Expressive Arts*, and *Psychoeducational*



### 3. Child and Adolescent Day Hospital Program

- Our program offers youth and their families support in overcoming various difficulties that interfere with their ability to function in their daily lives. These problems can include depression, anxiety, difficulties socializing and various other problems. Many of our patients have had a great deal of difficulty attending school. We aim to work together with youth, their families and their schools to assist them in receiving appropriate treatment, identify their individual needs, and support them in transitioning to a community school environment. Treatment requires daily attendance from 9am-3pm and focuses on helping youth normalize their behaviour by providing a supportive structured environment where they can work towards their goals.
- Treatment is offered by a multidisciplinary team and includes individual, group and family therapy. We offer a range of services including: Psychiatric Assessment, Stabilization, Medication Management, and Individual, Group and Family Therapy. Our facilities also include a classroom where a teacher from the Toronto Catholic District School Board provides an education program for inpatient and day hospital patients.
- Practicum students will have opportunities to provide individual, group and family therapy as well as participate in interdisciplinary rounds, grand rounds and other team meetings.

**Practicum Application Deadline:** February 1, 2024

Please specify which program(s) you are applying to (Adult Eating Disorders, WSIB, or both) in the body of your email when you submit your application

Your application should include the following information:

1. Letter of intent
2. Two reference letters
3. Curriculum vitae
4. Graduate transcript (unofficial)

*Last Updated:* October 28, 2022

## **Practicum Site Information Sheet**

**Name of site:** Ontario Sex Therapy

**Supervisor or Contact Person:** Morag Yule, PhD, C.Psych

**Email:** myule@ontariosextherapy.ca

**Phone:** 416-220-2656

**Address:** 366 Adelaide Street East, Suite 225, Toronto, M5A 3X9

**Type of Practicum offered:**

Child  Adult  Both

Assessment  Intervention  Both

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

Ontario Sex Therapy provides talk therapy to treat sexual difficulties and uses empirically supported treatments to reduce distress around sexual issues. Client concerns include: difficulty with orgasm, low sexual desire, performance anxiety, erectile dysfunction, sexual trauma, sexual anxiety and avoidance, shame and guilt around sexuality, compulsive sexual behaviour and sex-related OCD. We also support clients looking to explore sexual orientation and identity, BDSM and kink, polyamory and open relationships, and navigating unique or atypical sexual interests.

This practicum will provide specialized training in understanding, assessing, and treating a broad range of sexual difficulties. This requires existing comfort and competency in managing more general mental health concerns, as well as a sex-positive, non-judgmental, and compassionate approach to therapy.

More information about Ontario Sex Therapy can be found at [www.ontariosextherapy.ca](http://www.ontariosextherapy.ca)

**Keywords:** Sex Therapy

**Training/research opportunities:**

Ontario Sex Therapy provides specialized training in sex therapy and assessment and opportunities are available to work with adult individuals, couples, and groups.

Students will have one hour of individual supervision with Dr. Yule per week and are also encouraged to attend biweekly Clinical Rounds that are available for all associates at Ontario Sex Therapy. Both client sessions and supervision are available by video or in-

person. Dr. Yule is available outside of supervision times on an as-needed basis.

**Practicum Application Deadline:**

We are following the application deadline and Match process set out by the GTA practicum coordinators.

**Application procedure:** (*i.e., documents needed for application, number of references, etc.*)

This is an advanced practicum. Applicants should have completed other practicum and have experience and comfort providing general therapy techniques. Previous interest in sex therapy and/or sex research is a benefit, but not required.

Please send your CV and cover letter to [myule@ontariosextherapy.ca](mailto:myule@ontariosextherapy.ca). References will be requested following interviews.

*Last Updated:* November 2023

### **Practicum Site Information Sheet**

**Name of site:** Ontario Shores Centre for Mental Health Sciences

**Practicum Committee / Contacts:**

Dr. Jeanine Lane, Practicum Coordinator

Kerrie Naylor, Medical Affairs Coordinator

**Email:**

[psychologypracticum@ontarioshores.ca](mailto:psychologypracticum@ontarioshores.ca) \*primary email contact

[lanej@ontarioshores.ca](mailto:lanej@ontarioshores.ca)

[naylork@ontarioshores.ca](mailto:naylork@ontarioshores.ca)

**Phone:** 905-430-4055

X3383 – Dr. Lane

x6089 – Kerrie

**Address:** 700 Gordon St., Whitby ON., L1N 5S9

**Type of Practicum offered:**

Child \_\_\_\_ Adult Only  Both \_\_\_\_

Assessment \_\_\_\_ Intervention \_\_\_\_ Both

**Anticipated Number of Positions for 2022-2023:**

We anticipate having 3-4 practicum positions available. Programs accepting applications include the Forensic Program (clinical focus or clinical/forensic focus); and Adult Outpatients (the Integrated Community Access Program and the Ontario Structured Psychotherapy Program).

**A full description of our program and application requirements is available on our website in the practicum brochure:**

<https://www.ontarioshores.ca/education/academics/psychology-practicum-and-internship>

**Practicum Application Deadline:** GTA universal application deadline

*Last Updated:* October 2023

## **Practicum Site Information Sheet**

**Name of site:** READ Clinic

**Supervisor or Contact Person:** Dr. Doug Misener

**Email:** dmisener@bellnet.ca

**Phone:** 416-469-5909 ext. 23

**Address:** 253 Danforth Avenue, Suite 100, Toronto, ON M4K1N2

### **Type of Practicum offered:**

Child \_\_\_\_ Adult  Both \_\_\_\_

Assessment \_\_\_\_ Intervention \_\_\_\_ Both

### **General Information:**

Read Clinic, with over 40 years experience in Canada, offers assessment and treatment services in areas of vocational rehabilitation, rehabilitation psychological, psychovocational, and psychoeducational intervention. The Clinic provides assessment, consultation, and treatment services to persons suffering compromise to their physical, cognitive and emotional functioning. These include persons with injuries and illness arising from: motor vehicle accidents, slip and fall accidents, insidious medical conditions, psychological trauma, and other related conditions.

We conduct examinations for a wide array of institutions and organizations. These include: health care, disability, and motor vehicle accident insurers, law firms, rehabilitation agencies, private health care providers, hospitals, Workplace Safety and Insurance Board, nonprofit health care organizations, school boards, post secondary institutions, corporations, Employee Assistance Programs, unions and union training facilities, children's aid societies, and branches of all government.

Our Clinic is well known across Canada for its treatment services. These include: adjustment to disability counselling, cognitive behavioral psychotherapy, mindfulness meditation, chronic pain management, sleep education and management, educational counselling, vocational counselling, workplace adjustment, vocational rehabilitation case management, social rehabilitation counseling, ergonomic needs consultation, home and workplace environmental planning, pre-employment readiness programs, and complex case management.

Doctoral and Master's level students have received internship/practicum training through our facility for over 35 years. A 'medical model' in training is utilized, much like that experienced by medical undergraduates and during residency training. Efforts are made to

expose students to a high number of patients, having a broad range of medical conditions, psychological or neurocognitive/neuromotor issues being part of their presentation. Students acquire normally considerable experience with patient diagnostic assessment, experience with a fairly wide array of psychological/neuropsychological assessments tools, learning both formal and clinical aspects of administration, data analysis, formulation. Opportunities exist for those with good writing skills to assist with draft report preparation, with instruction in professional report writing. Assignments are regularly provided in clinical readings, medical/mental health records review, summarization. There is sometimes liaison with multidisciplinary health care providers, including primary health care physicians, specialists' offices, occupational therapist, speech pathologists, rehabilitation services workers, social workers, psychotherapists, educators, rehab case managers, nurses, as well as with colleagues in applied psychology.

Students will normally acquire a fair amount of knowledge of associated medical fields, secondary to their applied psychology exposure (e.g., neurology, physical medicine and rehabilitation, psychiatry, psychopharmacology, orthopedics, physiotherapy), as it pertains to patient health, clinical assessment, treatment. They will also learn about systemic issues in Canadian health care, patient treatment/assessment funding apart from OHIP, insurance industry operations, and health care related systems.

Training integrates both assessment, diagnostics, and treatment. Patient exposure is tempered based upon the student's past clinical experience, their demonstrated manner, and talents in engaging with patients; for some, there may be extensive early exposure, for others a graduated building of skills and knowledge; chief focus of psychological treatment is CBT, with in particular emphasis on pain management, sleep management, adjustment to disability, phobias, treatment of major depression and its variants, generalized anxiety, adjustment disorders, neurocognitive issues (e.g. mTBI, moderate brain injury), and therapy strategies for persons with sensory and motor dysfunction.

The clinic accepts students for the September - April academic year, and on occasion from January (or May) through August. Efforts are made nearing completion of the training phase to assist in guiding the student in career development in applied psychology; for graduating students demonstrating a high level of skill and talent for clinical work, support may be provided in securing employment.

**Keywords:** Rehabilitation Psychology, Medical/Health/Clinical Psychology, Vocational Psychology/Vocational Rehabilitation

**Training/research opportunities:** Research projects/opportunities are periodically available, including access to a patient population for graduate thesis research

**Practicum Application Deadline:** February 1, 2024 annually (early submission is recommended)

**Application procedure:** Submit Curriculum Vitae along with cover letter, and any



available professional/clinical references to: Attn: Dr. D. Misener, Read Clinic. Email to [dmisener@bellnet.ca](mailto:dmisener@bellnet.ca) or fax to: 416 469-5955

*Last Updated:* November 2023

## **Practicum Site Information Sheet**

**Name of site:** St. Joseph's Healthcare Hamilton

**Supervisor or Contact Person:** Irena Milosevic, Ph.D., C.Psych.

**Email:** imilosev@stjoes.ca

**Phone:** 905-522-1155 ext. 35227 (email preferred)

**Address:** Anxiety Treatment & Research Clinic, St. Joseph's Healthcare Hamilton, 100 West 5th St, Hamilton ON L8N 3K7

### **Type of Practicum offered:**

Child  Adult  Both

Assessment  Intervention  Both

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

The clinical training faculty at St. Joseph's Healthcare Hamilton (SJHH) is committed to providing high quality training opportunities through clinical practica, our APA/CPA accredited predoctoral internship program, and postdoctoral positions. Across a number of clinical training settings, the following are emphasized: (i) provision of a rich training experience with attention given to providing adequate breadth and depth of client contacts, (ii) provision of high quality supervision, (iii) opportunities to work in multidisciplinary environments. Additionally, through ongoing evaluation of the training needs, strengths, and interests of practicum students, practica will be tailored to maximize individual students' growth in knowledge of clinical intervention and assessment strategies and related research, and to facilitate the development of a professional identity. The primary supervisors of all training settings are registered Psychologists.

Eligible students are those currently registered in APA/CPA accredited (or equivalent) clinical, counselling, or school psychology programs. There is considerable flexibility regarding the types of practica available, including assessment, therapy, and opportunities for research. The information on our web page briefly outlines services in which practicum opportunities are currently available. Interested students should review the training website ([Clinical Practicum Placements - St. Joseph's Healthcare Hamilton](#)) for more information about psychology faculty and programs at SJHH. Students may also contact faculty members with any questions about types of practicum experiences available in a particular service.

Practica may be full-time or part-time. Generally, practica begin in May, September or January and run for 16 to 32 weeks.



**Keywords:** clinical psychology, health psychology, neuropsychology, forensic psychology, adult, young adult, outpatient, inpatient, assessment, intervention, evidence-based, anxiety disorders, mood disorders, borderline personality disorder, concurrent disorders, eating disorders, schizophrenia, WSIB, OSP

**Training/research opportunities:**

There are practicum training opportunities across 12 different clinics:

[Anxiety Disorders](#)  
[Borderline Personality Disorder Services](#)  
[Clinical Neuropsychology](#)  
[Concurrent Disorders](#)  
[Early Intervention in Young Adult Mental Health](#)  
[Eating Disorders](#)  
[Forensic Psychology](#)  
[Health Psychology](#)  
[Mood Disorders](#)  
[Ontario Structured Psychotherapy West Region](#)  
[Schizophrenia Services](#)  
[WSIB Mental Health Specialty Clinic](#)

*The availability of placements in specific clinics may vary from year to year. For more information about each clinic, including direct contact information for each clinic, please refer to our training website.*

**Practicum Application Deadline:**

All dates correspond with the larger GTA match. Deadline on/around February 1, 2024: for submission of applications for Spring/Summer 2024 and Fall 2024/Winter 2025. Applications submitted after this deadline cannot be guaranteed a review.

**Application procedure:** (*i.e., documents needed for application, number of references, etc.*)

Following a review of applications, students will be informed whether or not they will be invited to participate in an interview (phone interviews will be considered in some circumstances). Decisions about placement will be made following these interviews. Students will be notified of placement decisions on the GTA Common Notification Date by email. The Match date is yet to be determined and will be updated after the Virtual Practicum Fair on Friday, November 17, 2023 (9am-12pm). After the match date, there is no review of new applications until the next cycle.

**Contents of Application:**

To apply for a practicum position in any program students must **electronically** submit (1) a curriculum vitae, (2) copies of unofficial undergraduate and graduate transcripts, (3) a letter of recommendation, (4) a cover letter indicating what aspects of the practicum are of interest and why the learner believes the practicum would address their training needs, and (5) the Clinical Practicum Placement and Experience Form. Each of the five items must be submitted to guarantee consideration.

**Submit all application materials to:** [psychologypracticum@stjoes.ca](mailto:psychologypracticum@stjoes.ca)

General inquiries about the application process can be directed to Dr. Irena Milosevic (contact information below). Students are also encouraged to contact supervisors in various rotations (contact information included in rotation descriptions) for more information about those opportunities.

Irena Milosevic, Ph.D., C.Psych.  
Anxiety Treatment & Research Clinic  
St. Joseph's Healthcare Hamilton, West 5<sup>th</sup> Campus  
100 West 5<sup>th</sup> Street  
Hamilton, ON L8N 3K7  
Tel: 905-522-1155 ext. 35227  
Fax: 905-521-6120  
Email for inquiries: [imilosev@stjoes.ca](mailto:imilosev@stjoes.ca)

*Last Updated: October 23, 2023*

## Practicum Site Information Sheet

**Name of site:** Sunnybrook Health Sciences Centre, Frederick W. Thompson Anxiety Disorders Centre

**Supervisor, Director of Clinical Training:** Dr. Lance Hawley, C. Psych.

**Supervisor (Bellwood):** Dr. Rebecca Young, C. Psych.

**Email:** [lance.hawley@sunnybrook.ca](mailto:lance.hawley@sunnybrook.ca), [rebecca.young@sunnybrook.ca](mailto:rebecca.young@sunnybrook.ca)

**Phone: Dr. Hawley:** 416 480 6100 x84076

**Address:** 2075 Bayview Avenue.

**Type of Practicum offered:** Adult

Assessment \_\_\_\_ Intervention \_\_\_\_ **Both X**

**General Information** (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.)

Visit the following website for information about the Sunnybrook practica:

<http://sunnybrook.ca/content/?page=thompson-centre-educational-opportunities>

The Frederick Thompson Centre offers a wide variety of training opportunities for students. Training opportunities include **either (choose one):** a) involvement in our outpatient service (with Dr. Hawley), **or** b) in our intensive service (with Dr. Young). We believe that our training affords individuals an opportunity to acquire extensive training across the full spectrum of OCD presentations (i.e., mild to moderate severity in the outpatient service, severe symptomatology in the intensive service). Further, clients experiencing OCD often experience co-morbid mood and anxiety symptoms, and so our practica students develop the skills to treat a wide variety of symptom presentations. During this practica placement, clinical psychology students have the opportunity to develop their assessment skills, as well as both individual and group treatment skills while utilizing empirically-supported treatments including Cognitive Behavioral Therapy (CBT), Mindfulness Based Cognitive Therapy (MBCT), Dialectical Behavior Therapy (DBT) and Acceptance and Commitment Therapy (ACT). Although our primary clinical focus involves providing assessment and treatment for clients experiencing OCD and related disorders, there are also opportunities to work with clients experiencing other mood and anxiety disorders. Related training goals include becoming proficient with administering the structured clinical interview for DSM (SCID-V) (in the outpatient service) or the MINI International Neuropsychiatric Interview (MINI) (in the intensive service), and developing expertise in the assessment and formulation of treatment suitability for CBT and other CBT-umbrella interventions.

The Frederick Thompson Centre provides clinical services to clients who experience OCD and related psychological disorders, including:

### **Obsessive-Compulsive Disorder (OCD)**

Obsessive-compulsive disorder is a chronic and frequently severe disorder characterized by intrusive disturbing thoughts that the individual cannot suppress and lead to anxiety. Most individuals also have rituals or repetitive behaviours such as washing, checking, or repeating actions over and over to alleviate their obsessional fears.

### **Hoarding**

Hoarding disorder is a newly recognized condition often associated with OCD in which individuals have great difficulty discarding belongings, papers and objects to the point that clutter compromises their ability to live in their homes the way they would like to. In severe cases this can make homes uninhabitable and/or be associated with significant safety concerns such as fire or risk of falling.

### **Hair Pulling (Trichotillomania) and Skin Picking Disorder**

Hair pulling (Trichotillomania) and skin picking disorder are conditions now recognized as closely related to OCD. In these disorders individuals repeatedly pull hair or pick at their skin despite repeated efforts to stop. Over time these problems can cause very significant distress or impairment in their ability to function.

### **Body Dysmorphic Disorder**

Body dysmorphic disorder focuses on preoccupation with minor or at times imagined defects in one's appearance, such as the shape or size of one's nose, hairline, or blemishes in the skin. Many sufferers are unable to perceive any distortion in their perception of themselves, often describing themselves as extremely ugly, disfigured or worse, wreaking immense havoc in their lives.

During this practica placement, clinical psychology students have the opportunity to develop their assessment as well as their individual and group treatment skills. Although our primary clinical focus involves providing assessment and treatment for clients experiencing OCD and related disorders, there are also opportunities to work with clients experiencing other mood and anxiety disorders as well, particularly considering that most clients experience significant co-morbidity. Related training goals (in the outpatient service) include becoming proficient with administering the structured clinical interview for DSM (SCID) while also considering suitability for treatment. Furthermore, both individual and group treatment opportunities are available, utilizing empirically supported CBT approaches. A typical 2.5 day placement with the outpatient service involves co-leading at least one treatment group (CBT or MBCT), 1-2 individual cases, and one Scid assessment. A typical 2.5 day placement with the intensive service would involving being on a treatment team for at least two clients (and providing individual therapy and ERP

planning); coaching clients during extended ERP sessions; co-facilitating a variety of groups as well as being a part of family meetings.

We will be offering up to eight practica placements for each time period.

- **Fall/Winter:** September 1 – April 30 (2-3 days/week, as per trainee availability)
- **Spring/Summer:** May 1 – August 31 (4 days per week)

**Outpatient Fall/Winter Practica (Supervisor: Dr. Lance Hawley).**

Dr. Hawley will be accepting **three individuals** for the eight month Fall/Winter practica. You will have the opportunity to become involved with our outpatient service, serving clients experiencing mild to moderate symptomatology. The outpatient service provides various clinical assessment, treatment, and research opportunities, and the collaborative learning plan can be tailored to consider various opportunities including assessment (using the SCID-V), individualized OCD treatment (CBT, MBCT), and group treatment. All groups are co-lead with a clinical psychologist (Dr. Lance Hawley). We are actively involved in various research initiatives, as well as various training events throughout the year. Please feel free to contact me directly if you have any questions about the placement.

**Intensive Service Fall/Winter Practica (Supervisor: Dr. Rebecca Young).**

Dr. Young will be accepting **up to four individuals** for the eight month Fall/Winter practica and 3-4 students for the summer rotation. This will involve immersion within the intensive training program, which provides services to clients experiencing more severe symptom presentations. The intensive service provides various clinical assessment and treatment opportunities within an interdisciplinary team, and the collaborative learning plan can be tailored to consider various opportunities. These include psychodiagnostic assessments (using the MINI, PAI), individualized OCD treatment integrating various therapeutic techniques, ERP coaching and group treatment. Please feel free to contact me directly if you have questions about the placement. Summer practica experiences will be determined by current clinical need within our centre.

**Note:** Summer practica experiences will be determined by current clinical need within our centre.

Each year, the submission and notification dates for the Fall/Winter Practica and the Spring/Summer Practica are announced by the GTA Practica organizing committee. Students have access to an office, a computer, and a telephone line. The Frederick Thompson Centre is part of the Sunnybrook Health Sciences Centre, and so students also have access to a wide variety of lectures, seminars, and symposia, provided by hospital staff. Further, students may have exposure to the various clinical research activities occurring in the program. Our intensive treatment program is offered on a satellite campus of Sunnybrook, less than 1 km from the main campus, at 175 Brentcliffe Avenue. It is housed in Bellwood Health Services.

This clinical practica provides clinical training in the context of a scientist-practitioner model. Within this framework, clinical service and research are seen as mutually enhancing activities. Students are expected to think critically about the services that they offer to individuals and to make clinical decisions based on objective data collected in the therapeutic/assessment context and informed by empirical research. In addition, students are encouraged to integrate research and clinical practice by allowing their clinical experiences to influence the questions that they seek to answer through research.

**Supervision:** Supervision involves meeting once per week with Dr. Hawley (Outpatient Service) or Dr. Young (Bellwood) individually, for a minimum of one hour as well as the opportunity to attend weekly assessment rounds, as well as clinic meetings. Further, there is supervision before and after each treatment group, and students co-lead treatment groups. Supervisors have an “open door” policy in which students can consult as needed, throughout the week.

The Frederick Thompson Centre is part of the Sunnybrook Health Sciences Centre, and so students also have access to a wide variety of lectures, seminars, and symposia, provided by hospital staff. Further, students may have exposure to the various clinical research activities occurring in the program.

### **Training/research opportunities**

The Frederick W. Thompson Anxiety Disorders Centre aims to provide clinical services, research, and teaching for OCD and related "spectrum" disorders, including hoarding disorder, trichotillomania, compulsive skin picking and body dysmorphic disorder. The Thompson Centre brings together clinicians and researchers, with the joint goals of offering state of the art care and generating knowledge through research and improving life for individuals with obsessive-compulsive and related disorders, and their families. Psychological treatment consists of short-term, cognitive behaviour therapy (CBT) and mindfulness based cognitive therapy (MBCT).

Training of psychology practicum students includes administering structured clinical interviews for diagnostic assessment of Axis I disorders, developing clinical decision making skills, learning how to effectively communicate and collaborate with other health professionals, and training in empirically supported treatments. Given the clinical research role of this unit, clients are often participating in research trials which have a focus on the investigation of mechanisms underlying treatment response. The TADC also serves an important academic and teaching function for continued training of psychiatric residents and other mental health professionals who are interested in learning about the application of empirically validated treatment approaches. Supervision includes a minimum of two hours per week of individual supervision and group supervision, as well as weekly clinical rounds that are attended by all clinic staff.

The main focus of this practica involves collaborating with clinical psychology students in order to further develop their ability to provide a comprehensive multi-axial diagnosis, while considering optimal treatment suitability. During the practica, students develop strong case formulation skills, in order to optimally apply CBT principles to complex diagnostic presentations. Related training goals involve understanding the role of cognitive vulnerability factors, while considering the interaction between pharmacotherapy and psychological treatment of the disorder. Opportunities for participation in research are also available; however, this is determined on a case-by-case basis, in consideration of the students' overall caseload as well as considering additional clinical opportunities offered in this clinical service that the student may choose to be involved in.

**Dr. Hawley's ResearchGate profile:** [https://www.researchgate.net/profile/Lance\\_Hawley](https://www.researchgate.net/profile/Lance_Hawley)

**Practicum Application Deadline:** We will follow the same application procedure and associated deadlines as established by the GTA practica co-ordination committee.

**Application procedure** (i.e. documents needed, number of references, etc.) Applications can be sent to [ThompsonCentreEducation@sunnybrook.ca](mailto:ThompsonCentreEducation@sunnybrook.ca) and please cc Dr. Hawley and Dr. Young. Documents can be sent electronically.

Applications for the Sunnybrook Psychology Practica should include:

- Completed practica application form (see next page)
- Cover letter, including information about the applicant's training goals.
- Curriculum Vitae
- All graduate transcripts
- Two letters of reference (preferably from an academic supervisor and from a clinical supervisor).

If you have any questions regarding the application process, contact:

Dr. Lance Hawley, C.Psych.  
Clinical Lead (Outpatient Service), Staff Psychologist, Director of Training  
Frederick W. Thompson Anxiety Disorders Centre  
Sunnybrook Health Sciences Centre  
Assistant Professor, Department of Psychiatry, University of Toronto  
Associate Graduate Faculty, University of Toronto, Scarborough  
2075 Bayview Avenue, Suite K3W46  
Toronto, Ontario, Canada  
M4N 3M5  
Email: [lance.hawley@sunnybrook.ca](mailto:lance.hawley@sunnybrook.ca)  
Phone: 416-480-6100 x84076  
Fax: 416-480-5766

**Frederick W. Thompson Anxiety Disorders Centre  
 Practica Application Form (Available Online)**

**General Information**

<b>Name:</b>	<b>Home Phone:</b>
<b>Address:</b>	<b>Work Phone:</b>
<b>City:</b>	<b>Cell Phone:</b>
<b>Province:</b>	<b>Preferred Phone:</b>
<b>Country:</b>	<b>Primary Email:</b>

**Academic Information**

<b>Name of University Currently Attending:</b>
<b>Department:</b>
<b>Program Name (e.g., Clinical Psychology):</b>
<b>Degree seeking (e.g., MA, Ph.D.):</b>
<b>Director of Clinical Training:</b>
<b>Years in program (e.g., Ph.D. 1):</b>
<b>GPA:</b>
<b>Supervisor/Advisor's Name:</b>
<b>Phone:</b>
<b>Email:</b>
<b>Research title/topic and brief description:</b>





<b>Name of Previous University/College:</b>
<b>Department:</b>
<b>Program Name (e.g., Clinical Psychology):</b>
<b>Degree seeking (e.g., MA, Ph.D.):</b>
<b>Director of Clinical Training:</b>
<b>Years in program (e.g., Ph.D. 1):</b>
<b>GPA:</b>
<b>Supervisor/Advisor's Name:</b>
<b>Phone:</b>
<b>Email:</b>
<b>Research title/topic and brief description:</b>

**Assessment Experience**

**Total Number of Assessments and Assessment Hours using structured clinical assessment interviews (e.g., Scid, Mini, Dart):**

**Description of Assessment Experiences:**

**Total Number of Assessments and Assessment Hours (other):**

**Description of Assessment Experiences:**

**Individual Therapy Treatment Experience**

**Number of individual therapy cases (using CBT or MBCT):**

**Total Hours:**

**Description of individual therapy treatment experience:**

**Experience with other empirically supported treatment approaches:**

**Group Treatment Experience**

<b>Number of treatment groups (using CBT or MBCT):</b>	<b>Total Hours:</b>
<b>Description of CBT or MBCT group treatment experience:</b>	
<b>Experience with other empirically supported treatment approaches:</b>	

## References and Contact Information

Please have your referees send their letters of support directly to Dr. Lance Hawley.

**#1: Referee Name:**

**Contact Information**

**Address:**

**Phone:**

**Email:**

**#2: Referee Name:**

**Contact Information**

**Address:**

**Phone:**

**Email:**

**#3: Referee Name:**

**Contact Information**

**Address:**

**Phone:**

**Email:**

## **Practicum Site Information Sheet**

**Name of site:** Sunnybrook Health Sciences Centre; Neuropsychology Assessment; Brain Sciences Program

**Supervisor or Contact Person:** Prathiba Shammi, PhD, CPsych

**Email:** p.shammi@sunnybrook.ca

**Phone:** 416-480-6100, ext. 1845

**Address:** H225, 2075 Bayview Ave, Toronto ON M4N 3M5

**Type of Practicum offered:** Adult Neuropsychological Assessment

Child \_\_\_\_ **Adult**  Both \_\_\_\_

**Assessment**  Intervention \_\_\_\_ Both \_\_\_\_

### **General Information About the Practicum:**

Opportunity for neuropsychological assessment of a wide range of clinical conditions (ages 18 to 85+) referred to the service from Cognitive Neurology and Neuropsychiatry. Types of patients most commonly seen include evaluation of normal aging versus early dementia or Mild Cognitive Impairment (MCI); Alzheimer's type dementia; Parkinson's and Parkinson's Plus syndromes; vascular dementia; fronto-temporal dementia; Multiple Sclerosis; stroke; general medical conditions, mood disorder, and others. Thorough foundation in test administration and scoring, learn clinical interviewing skills and chart review.

Training in administration, scoring and interpretation of standard neuropsychological tests (e.g., Baycrest-Kaplan Assessment of Neuropsychological Status; the Wechsler Adult Intelligence Scale IV – selected subtests; the Wechsler Abbreviated Scale of Intelligence-II; the Wechsler Memory Scale IV – selected subtests; the California Verbal Learning Test II; Rey Complex Figure; Trail Making Tests A & B; Boston Naming Test; Controlled Oral Word Association Test; the Wisconsin Card Sorting Test, MACFIMS for MS, and others).

Report writing – discussing interpretation of test results and cognitive profile obtained; writing integrative clinical reports outlining cognitive strengths and weaknesses, case conceptualization addressing differential diagnosis, and recommendations. Review notes and literature to enhance knowledge of cognitive profiles associated with neurological syndromes.

**Supervision:** One supervisor; Individual supervision 1-2 hours per week, depending on the number of days students are available to conduct assessments.

**Training/research opportunities:** Baycrest seminars (Wednesdays 3-4 PM)



**Practicum Application Deadline:** Same as other GTA sites. Early application recommended.

**Application procedure:**

1. Letter of interest
2. CV
3. 2 references

*Last Updated: September 2023*

## **Practicum Site Information Sheet**

**Name of site:** Sunnybrook Health Sciences Centre, Tory Trauma Recovery Clinic

**Supervisor or Contact Person:** Dr. Simritpal K. Malhi, C.Psych.

**Email:** simritpal.malhi@sunnybrook.ca

**Phone:** (416) 480-4053

**Address:** 2075 Bayview Avenue, Toronto ON M4Y 3M5

### **Type of Practicum offered:**

Child \_\_\_\_ Adult  Both \_\_\_\_

Assessment \_\_\_\_ Intervention \_\_\_\_ Both

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

The practicum student will work in the multidisciplinary Tory Trauma Recovery Clinic at Sunnybrook Health Sciences Centre and gain experience in both neuropsychological assessment and psychotherapy. The student will have the opportunity to conduct comprehensive outpatient neuropsychological assessments for adults referred from the Traumatic Brain Injury Clinic. The student may participate in all stages of the assessment including interviewing, test administration, scoring and interpretation, report writing, and feedback. The student will also receive training in trauma-focused psychotherapies such as prolonged exposure therapy and cognitive processing therapy. There are opportunities to be involved in research and group development if the student wishes. There is one position for the fall/winter school year.

**Keywords:** neuropsychology, traumatic brain injury, PTSD

**Training/research opportunities:** University of Toronto Department of Psychiatry rounds and research with the Sunnybrook Research Institute

**Practicum Application Deadline:** GTA deadline

**Application procedure:** CV, cover letter, and 2 reference letters

*Last Updated:* January 2024





## **Practicum Site Information Sheet**

The Mind Balance Clinic

## Practicum Site Information Sheet

**Name of site:** Toronto Metropolitan University (formerly Ryerson University) – Centre for Student Development and Counselling (**see supplemental brochure for additional information**)

**Supervisor or Contact Person:** Dr. Maria Chaparro, C.Psych.

**Email:** csdcpracticum@torontomu.ca, maria.chaparro@torontomu.ca

**Phone:** 416-979-5195

**Address:** 350 Victoria Street

**Type of Practicum offered:**

Child \_\_\_\_ Adult X Both \_\_\_\_  
Assessment \_\_\_\_ Intervention X Both \_\_\_\_

### **Overview of TMU's distinctive placement**

At TMU, our psychology placement is dedicated to providing a dynamic and practical learning environment. Practicum students receive in depth intervention training in one of three rotations: EFT, Psychodynamic or CBT. Unique to the TMU placement is our 24 week microskills curriculum offering breadth of training, a sense of community and a shared learning environment for all of our trainees. With a diverse, multidisciplinary team and a carefully structured onboarding process, interns enjoy collaborative support and consultation opportunities. Our program offers flexibility in caseload selection, encouraging interns to follow their interests and training goals, whether in brief therapy, ongoing therapy, or group therapy. This placement is ideal for those looking to tackle anything from mild/moderate to complex client presentations, and focuses exclusively on intervention. Many of our staff are former trainees and serve as a valuable resource for our students as mentors for their professional development path.

- **Microskills curriculum** with weekly workshops to learn theory and practice in 5 evidence-based treatment modalities, with an emphasis on practice.  
**Multidisciplinary team** of psychologists, social workers, psychotherapists, psychiatrists, physicians, registered nurse and dietician
- **Orientation Week:** Carefully planned onboarding process and seminar training at the start of placement.
- **Community** with other interns from various disciplines for connection and peer support
- **Caseload Flexibility** that matches your interests and training goals with respect to presenting issues and level of complexity

## About TMU and the CSDC

Set in the heart of downtown Toronto, Toronto Metropolitan University is home to 48,000 full-time undergraduate students and 2,500 graduate students, with a culturally diverse student population from 146 countries. The Centre for Student Development and Counselling provides direct service to over 2,500 students annually through individual therapy, group therapy, and psycho-educational workshops. Practicing from an anti-oppressive framework and a culturally sensitive/intersectional identity lens is one of our guiding principles and we work proactively to make our services accessible and equitable to students.

The CSDC is unique from many post-secondary counseling services in that we operate from an equitable care model and utilize a rich network of resources and referral pathways both on and off campus to best match student need. We provide service to clients with a range of diagnoses/presenting issues and levels of complexity from mild/moderate to more severe. Clients range in age from 17 -45 years old with a median age of 20. We are fortunate to see clients from a range of diverse backgrounds and intersecting identities (culture, race, gender, gender identity, sexual orientation, (dis)ability, spirituality, immigration, +, socioeconomic)).

The CSDC believes in cultivating and retaining talent whenever possible. Many of our clinic staff are former trainees.

## Training Opportunities

**Training Institute Week:** In the first week of placement, all practicum students participate in a series of training seminars. The goal is to provide a warm, welcoming and informative environment for you to obtain the necessary onboarding tools to feel confident and equipped to start seeing clients. Workshops and seminars on suicide risk assessment, brief therapy and case management, multicultural counselling and trauma informed-care, in addition to training on our EMR, and the opportunity to connect with other trainees are among the highlights of this orientation week.

**Microskills in 5 Evidence-based modalities (24-week curriculum):** For 8 months, the cohort of CSDC practicum students (approx 4-7 students/year) attends a weekly 2-hour workshop. Our evolving microskills seminars have been one of the CSDC's most commended aspects of the training experience. We are committed to providing not only clear opportunities for direct client contact, but also a set of practical and experiential tools trainees can use to enhance client outcomes. Some examples of the previously taught modalities include Brief/Narrative Therapy, Cognitive Behavioural Therapy, Emotion Focused Therapy, Motivational Interviewing, and Psychodynamic (Accelerated Experiential Dynamic Psychotherapy). Generally, the first hour of these workshops is dedicated to theory and essential skills, and the second hour is dedicated to practicing what is learned through student role plays with optional facilitator input.

**Direct Client Contact:** Practicum students will be provided with a caseload of single session, brief therapy, and ongoing therapy clients. Students may also be able to co-facilitate group therapy. The CSDC has a rich history of providing psycho-educational and process-experiential groups addressing topics such as coping with grief, managing family dynamics, dealing with inner critics, healing from trauma and managing anxiety/depression.

## **Therapeutic Modality Streams**

We have a variety of supervisors on the team with a passion/specific knowledge and training in different therapeutic modalities. According to the student's training goals and supervisor availability, during the application process we ask that you indicate your top two modalities of choice and we will do our best to match you with your preferred stream. .ne.

### ***Emotion-Focused Therapy***

Emotion-Focused Therapy (EFT) is a widely recognized, evidenced-based therapeutic approach developed by Dr. Leslie Greenberg. Founded on the principles of humanistic and experiential psychotherapy, EFT focuses on helping individuals access, explore, understand, regulate, and transform painful and avoided emotions underlying symptoms as a means to foster healing.

### ***Psychodynamic-Experiential***

Accelerated Experiential Dynamic Psychotherapy (AEDP) is an evidence-based attachment-oriented psychotherapeutic approach developed by Dr. Diana Fosha. AEDP places a strong emphasis on the transformation of emotional experiences through the use of the therapeutic relationship as a corrective experience for attachment trauma. It equips practitioners with powerful techniques to help clients explore and process deeply held emotions, creating a path towards healing, emotional resilience, and personal growth. See more [here](https://aedpinstitute.org/about-aedp/) <https://aedpinstitute.org/about-aedp/>

### ***Cognitive Behavioural Therapies (CBT & ACT)***

Cognitive-behavioral (third-wave) therapies explore the interaction between thoughts, emotions, and behaviors, offering effective tools for various psychological disorders. Cognitive Behavioral Therapy (CBT) seeks to modify negative thought patterns and behavioral responses to improve emotional well-being. Acceptance and Commitment Therapy (ACT) emphasizes embracing thoughts, emotions, and value-aligned actions as a means to improve the individual's self-acceptance and cognitive flexibility. Both therapeutic approaches complement each other very well and have shown to provide symptom relief for a variety of presenting issues.

## Supervision

**Individual:** Our supervisors offer one hour of supervision weekly. Students will have an opportunity to practice in-depth ongoing therapy utilizing theory and practical tools unique to their therapeutic modality stream. Supervision includes opportunities for observation (supervisor observing student and vice versa), case reviews, and reviews of recorded sessions. In addition to access to their primary supervisor, students will also have access to a back-up supervisor (CSDC Coordinators) during their placement. As a multidisciplinary team, we welcome consultation with other clinicians on the team for specific areas of concern in coordination with your primary supervisor.

**Group:** Practicum students will have the opportunity to engage in group supervision as well via bi-weekly "Question & Consultation" meetings. These meetings will include case presentations and practice at both receiving and providing clinical feedback. Group supervision meetings are facilitated by the CSDC Clinical Leads and Internship Coordinators.

### **Practicum Application Deadline: February 1<sup>st</sup>, 2024**

**Application procedure:** *1 page cover letter, 2 letters of reference, 1 resume/CV merged into a single PDF. Please indicate your preferred stream (EFT, Psychodynamic or CBT). This application package can be uploaded into our portal/form which will be opened on December 1<sup>st</sup>. To obtain the link to this form please email [csdcpracticum@torontomu.ca](mailto:csdcpracticum@torontomu.ca) (Note: Please do not email applications directly to email, but rather to the form-portal).*

## **Practicum Site Information Sheet**

**Name of site:** University Health Network (see supplemental brochure for additional information)

**Supervisor or Contact Person:** Dr. Marta Statucka

**Email:** [marta.statucka@uhn.ca](mailto:marta.statucka@uhn.ca)

**Phone:** 416-603-5800 x5775 (email preferred)

**Address:** multiple addresses for various UHN hospitals

**Type of Practicum offered:**

Child \_\_\_\_ Adult  Both \_\_\_\_

Assessment \_\_\_\_ Intervention \_\_\_\_ Both

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

For all relevant information, please see our Training Opportunities brochure which can be found here: [https://www.uhn.ca/healthcareprofessionals/Meet\\_Professions/Psychology/Documents/UHN-Training-Opportunities-in-Psychology.pdf](https://www.uhn.ca/healthcareprofessionals/Meet_Professions/Psychology/Documents/UHN-Training-Opportunities-in-Psychology.pdf)

Positions are available at Toronto General Hospital, Princess Margaret Cancer Centre, Toronto Western Hospital, Toronto Rehab – Lyndhurst and University sites

**Keywords:** Cancer, Health Psychology, Neuropsychology, Clinical Psychology, Pain Management, Eating Disorders, Bariatric Surgery, Epilepsy, Parkinson's Disease, Brain Injury, Spinal Injury

**Training/research opportunities:** See brochure

**Practicum Application Deadline:** February 1, 2024

**Application procedure:** (i.e., documents needed for application, number of references, etc.)

For application procedures, please see our Training Opportunities brochure which can be found at:

[https://www.uhn.ca/healthcareprofessionals/Meet\\_Professions/Psychology/Documents/UHN-Training-Opportunities-in-Psychology.pdf](https://www.uhn.ca/healthcareprofessionals/Meet_Professions/Psychology/Documents/UHN-Training-Opportunities-in-Psychology.pdf)

*Last Updated:* November 1, 2023

## Practicum Site Information Sheet

**Name of site:** Waypoint Centre for Mental Health Care

**Supervisor or Contact Person:** Dr G. Monaghan, C.Psych.

**Email:** gmonaghan@waypointcentre.ca

**Phone:** 705 549 3181

**Address:** 500 Church St, Penetanguishene, ON

### **Type of Practicum offered:**

Child \_\_\_\_ Adult X Both \_\_\_\_

Assessment \_\_\_\_ Intervention \_\_\_\_ Both X

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

Waypoint Centre for Mental Health Care is a comprehensive mental health centre with multiple programs. Practicum opportunities that may be available include;

#### **(1) *Sans Souci Program for Transition and Recovery***

(Rotation available for Masters or Doctoral students)

- inpatient, medium stay psychiatric program for adults living with complex, severe and persistent mental illness (schizophrenia, schizoaffective disorders, mood disorders), commonly with comorbidities (e.g., addictions; cognitive impairment).
- CBT-based individual and group therapy
- opportunities for cognitive assessments, outcome assessment and assessment of psychopathology
- interdisciplinary team

#### **(2) *Forensics Assessment Program***

(Rotation only available for Doctoral students)

- inpatient, forensic setting
- adult patients admitted following referral from the courts, provincial and federal correctional facilities, and psychiatric hospitals.
- opportunities for assessment relevant to the courts (e.g., fitness to stand trial, criminal responsibility, risk of recidivism, post-trial disposition), as well as neuropsychological assessment and psycho diagnostic assessment.
- interdisciplinary team

#### **(3) The *Forensic Treatment Programs***

- inpatient, high secure forensic treatment programs (Awenda, Beausoleil, Beckwith)
- adult male patients of inpatient forensic programs

- complex and severe mental health difficulties (including psychosis, mood disorders, personality disorders, behavioural dysregulation) with comorbidities (including addiction and cognitive limitations).
- opportunities for assessment (neuropsychological, psychopathological, behavioural)
- individual and group therapy
- interdisciplinary team

Residents will have the opportunity to participate in;

- Assessment (e.g., psychodiagnostic, intellectual and adaptive functioning, mental health, personality, behavioral and forensic-specific assessments).
- Individual psychotherapy (e.g., CBT)
- Developing behaviour plans
- Interdisciplinary team discussions and consultations
- Treatment plan development

#### (4) **Waypoint Research Institute**

- The Waypoint Research Institute (WRI) provides academic leadership, facilitates high-quality research, promotes Waypoint as an academic health science centre, and facilitates partnerships and collaborations with universities and other research institutes.
- WRI collaborates with clinicians to translate new research and implement evidence-based practice, ultimately improving patient outcomes. Residents' research skills will be supported by the Waypoint Research Institute (WRI). Residents will complete a research or evaluation project during their residency year, and most will do so through the WRI.
- opportunities to complete research projects with the WRI

**Keywords:** inpatient, forensic, research, complex

#### **Training/research opportunities:**

- Inpatient, and forensic rotations
- Assessment and intervention
- Individual and group therapy
- Waypoint Research Institute

**Practicum Application Deadline:** 3-4 months prior to proposed start of practicum

**Application procedure:** (*i.e., documents needed for application, number of references, etc.*)

- Cover letter, CV, and two reference letters

*Last Updated:* September 30, 2022



## Practicum Site Information Sheet



27 Roncesvalles Avenue  
Suite 508  
Toronto, ON M6R 3B2

416-535-9377  
westendpsych.ca  
info@westendpsych.ca

**Name of site:** West End Psychological Services

**Supervisor or Contact Person:** Dr. Michelle Carroll, PhD., C.Psych

**Email:** [info@westendpsych.ca](mailto:info@westendpsych.ca)

**Phone:** 416-535-9377

**Address:** 508-27 Roncesvalles Ave., Toronto, On M6R 3B2

**Type of Practicum offered:**

Child  Adult  Both

Assessment  Intervention  Both

**General Information:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

West End Psychological Services is located in the west end of Toronto, close to High Park. It is easily accessible via transit, once streetcar from Dundas West Subway or the King St. West or Queen St. West streetcar lines. We are located in a medical building and our clinic is fully accessible. Our building looks out over Lake Ontario and the Martin Goodman Trail is easily accessible.

Our team consists of Psychologists (7) and Social Workers (5). We work as a team to provide services to adults, adolescents, and couples using evidence-based practices.

While we serve a diverse population and our clinicians have expertise in a large number of areas, we prioritize services for more marginalized clients with more severe mental illnesses. As such, we offer comprehensive Dialectical Behaviour Therapy (DBT) to individuals with pervasive emotional dysregulation (including Borderline Personality Disorder, addiction issues, and trauma). We also offer a psychosis stream and provide CBT for psychosis to individuals with Schizophrenia and Schizoaffective Disorder. Lastly, we also prioritize working with individuals with PTSD and offer both prolonged Exposure therapy and Cognitive Processing Therapy (CPT).

One position will be for DBT training (adults) and one for CBT (either PTSD training,

general CBT, or advanced placement for CBT for psychosis) for a total of 2 open positions.

**Keywords:** DBT, CBT, CPT for Psychosis, CBT for PTSD

**Training/research opportunities:** We will offer training in DBT and CBT for Psychosis. Prior CBT training is required

**Practicum Application Deadline:** Same deadline as set by the GTA practicum committee.

**Application procedure:**

1. A one-page statement of training goals and objectives
2. An up-to-date curriculum vitae (CV)
3. Three letters of reference (one from academic; two from previous clinical positions/practica)
4. Video or On-site interview upon request

Please assemble all materials and mail or email them to our clinic. We ask that letters of reference be emailed directly to our office administrator from your referees by the GTA Application Deadline.

*Last Updated: October 17, 2022*



# Adolescent & Adult Sites

## Practicum Site Information Sheet

**Name of site:** Centre for Interpersonal Relationships

**Contact Person:** Dr. Jean Kim., C. Psych.

**Email:** jean.kim@cfir.ca

**Phone:** 1-855-779-2347 ext. 737

**Address:** Toronto site: 790 Bay Street, Suite # 520, Toronto, Ontario, M5G 1N8  
St. Catharines site: 43 Church Street, Unit 300, St. Catharines, Ontario,  
L2R 7E1

### **Type of Practicum offered:**

Child \_\_\_\_ Adult \_\_\_\_ Both

Assessment \_\_\_\_ Intervention \_\_\_\_ Both

**General Information About the Practicum:** (*e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.*)

The Centre for Interpersonal Relationships (CFIR) is a collective of mental health care professionals providing assessment and treatment to children, adolescents, adults, couples and families. We have offices in downtown Toronto (Bay & College), Ottawa, and St. Catharines (opening December 15, 2023).

CFIR offers treatment services in the following areas: Adoption; Anger & Emotion Regulation; Anxiety, Stress & Obsessive-Compulsive; Attention Deficit & Learning Challenges; Career & Workplace; Child, Adolescent & Family Psychology; Depression, Mood & Grief; Eating, Weight & Body Image; Fertility Counselling; Multicultural Service; Personality; Relationship & Sex Therapy; Self- Growth & Self-Esteem; Sexual Addiction; Sexuality, Gender & Relationship Diversity; Substance Use; Trauma Psychology & PTSD Service.

Assessment services available at CFIR include: Adoption; Alcohol & Drug Evaluation; Attention Deficit & ADHD; Career & Vocational; Couples & Pre-Marital; Disability, Injury & Accident; Fertility & Third Party Reproduction; Personality & Interpersonal Functioning; Psychodiagnosis & Mental Health Evaluation; and Trauma & Dissociation.

Our approach is theoretically integrative with a focus on empirically validated treatments including emotion-focused, psychodynamic, attachment, cognitive, behavioural, mindfulness-based and existential-humanistic.

*In December 2023, a new CFIR location will be opening in the heart of downtown St. Catharines! Situated in a beautiful accessible condo building, there is a coffee shop by the*

*entrance, elevators to bring you up, and plenty of paid parking. Close to highways and bus stops, our CFIR-St. Catharines location is within reach. For more information, please visit our website [here](#).*

*We are pleased to offer practicum opportunities at both the Toronto and St. Catharines locations in 2024.*

*Additionally, CFIR has launched as a fully bilingual Centre (Centre for interpersonal relationships- Centre pour les relations interpersonnelles; CFIR-CPRI), with student opportunities for service provision, supervision, and consultation, in both French and English.*

### **Keywords:**

**Treatment:** Anger & Emotion Regulation; Anxiety, Stress & Obsessive-Compulsive; Attention Deficit & Learning Challenges; Career & Workplace; Child, Adolescent & Family Psychology; Depression, Mood & Grief; Eating, Weight & Body Image; Fertility Counselling; Multicultural Service; Personality; Relationship & Sex Therapy; Self- Growth & Self-Esteem; Sexual Addiction; Sexuality, Gender & Relationship Diversity; Substance Use; Trauma Psychology & PTSD.

**Assessment:** Adoption; Attention Deficit & ADHD; Career & Vocational; Couples & Pre-Marital; Disability, Injury & Accident; Fertility & Third Party Reproduction; Immigrant & Refugee; Personality & Interpersonal Functioning; Psychodiagnosis & Mental Health Evaluation; Psychoeducational and ASD; and Trauma & Dissociation.

### **Training/research opportunities:**

Our service-based approach allows for specialized training in additional areas of interest (e.g., personality, fertility, relationships, sexual functioning) and evidenced- based treatment practices (e.g., Emotionally-Focused Therapy, Trauma-Focused Therapy) based on each student.

Primary supervisors are matched based on populations and services the student will work in (e.g., Anxiety and Stress; Depression, Mood & Grief; Trauma Psychology & PTSD; Couples and Sex Therapy; Psychodiagnostic Assessments, etc.).

Students are encouraged to attend weekly Supervision-Consultation Groups for CFIR Associates, Residents, and Practicum students, which include: Individual Adult Therapy; Couples Therapy; Child, Adolescent & Family; Neuropsychology; CBT Supervision-Consultation

Psychological testing for treatment planning is a regular part of practice of clinicians at CFIR, and students have the experience of providing feedback to clients as a part of the therapeutic process. In addition, session ratings are involved in treatment to monitor client response to sessions and therapeutic effectiveness.

Students also have the opportunity for training within our CBT Clinic, uniquely designed to address the growing need of mental health supports for clients looking for assistance with strategies and tools for symptom and distress reduction. Within this clinic, students learn a transdiagnostic, short-term CBT model.

Research opportunities are potentially available in the area of treatment outcome/ effectiveness and program evaluation for students interested.

**Practicum Application Deadline: February 1, 2024 (required date)**

**Application procedure:** (*i.e., documents needed for application, number of references, etc.*)

CV and Cover Letter e-mailed to [jean.kim@cfir.ca](mailto:jean.kim@cfir.ca). Written references not required but will be accepted (1 to 2 references).

*Last Updated: October 2023*

## Practicum Site Information Sheet

**Name of site:** Forward Thinking Psychological Services (FTPS)

**Supervisor or Contact Person:** Dr. Marlene Taube-Schiff, C. Psych., R. Psych.

**Email:** [marlene@ftpsych.ca](mailto:marlene@ftpsych.ca)

**Phone:** 416-576-4948

**Address:** Virtual Tele-Therapy

**Type of Practicum offered:**

Child \_\_\_\_ Adult \_\_\_\_ Both X – Adult and Adolescent training (starting age 11)

Assessment \_\_\_\_ Intervention \_\_\_\_ Both X – primarily intervention; psycho diagnostic assessment training is available

**General Information:**

**Who We Are:**

We are a **multidisciplinary group practice of 25 associates**, offering virtual psychological services throughout Ontario and British Columbia. We also have bookable office space to be able to offer both virtual and in person services in Ontario.

Associates are located across Ontario and also in BC. Associates include psychologists, social workers, parenting coach, psychotherapist, occupational therapists and several doctoral level therapists. Services offered in British Columbia are offered by or are under the supervision of a psychologist.

We all meet once a month to discuss challenging cases, collaborate and socialize.

**What We Do:**

We see clients with **OCD and anxiety disorders**, as well as a range of **other presenting issues**, including trauma, bipolar disorder, depression, relationship issues, emotion dysregulation, trauma, life transitions, ADHD and general life stressors. We treat **adolescents and teens, adults, families and couples** using **individual and group treatment** approaches.

We offer ongoing groups for OCD for adults and teens as well as a DBT skills group and

parenting workshops.

### Our Approach:

We provide **evidence-based therapy** to help individuals overcome a variety of mental health concerns. Our approaches include **Cognitive Behaviour Therapy (CBT)**, **Exposure and Response Prevention (ERP)**, **Inference-Based CBT for OCD (ICBT)**, **Acceptance and Commitment Therapy (ACT)**, **Cognitive Processing Therapy**, **Dialectical Behaviour Therapy (DBT)** and **Mindfulness**. We also offer **formal psycho diagnostic assessments** that can enhance treatment planning and an understanding of presenting issues. Formal reports are provided as part of this service.

### As a Member of Our Team, during your practicum placement:

You will be provided with supervision and training in a variety of interventions, including CBT, CPT, ICBT, ACT, Motivational Interviewing as well as DBT. Supervision is provided in both individual and group settings to allow for enhanced learning from others and individualized teaching time. All associates have access to a resourceful shared drive that provides comprehensive information on a multitude of assessment and treatment interventions.

### Other excellent opportunities at FTPS:

- Associates have the freedom to select clients they want to work with, in order to meet their training goals and learning objectives
- Sessions are scheduled in a manner that best fits the associates' availability
- Learning to deliver effective therapy within a virtual environment is an essential therapeutic skill. Virtual therapy has been proven to be effective and offers enhanced accessibility, flexibility and the therapeutic benefit of working with individuals within their home environment – which is often extremely triggering for anxiety and OCD
- Opportunities to co-facilitate groups as part of training goals
- Eventual opportunities to work in a collaborative in-person environment as well

We are looking for someone that has a solid foundation in CBT and is excited to join a collaborative and growing private practice for their training experience and help clients gain the skills they need to move forward and live the life they want.

For more information about FTPS, you can check out [www.ftpsych.ca](http://www.ftpsych.ca)

**Keywords:** Obsessive compulsive and related disorders, anxiety disorder, panic disorder, Generalized Anxiety Disorder, PTSD, Social Anxiety Disorder, depression, trauma, adolescent, adult, individual, group, CBT, ACT, DBT

### Training/research opportunities:



Trainees work with Dr. Marlene Taube-Schiff. Dr. Taube-Schiff was the team lead for the Thompson Anxiety Disorders Intensive Services program for OCD at Sunnybrook Health Sciences Centre for 5 years. She will supervise your training in CBT for OCD, with an emphasis on ERP and ICBT for OCD and anxiety disorders. She will also provide training in a number of other evidence-based therapies, including ACT and DBT. Trainees have had the opportunity to co-facilitate groups with Dr. Taube-Schiff as well. Supervision is delivered through didactics, supervision role-plays, interactive supervision sessions (group and individual), note review and audio recording of sessions as desired.

Trainees can also undertake program evaluation initiatives as well as quality assurance initiatives during individual sessions as well as group treatment delivery.

We also engage in measurement-based care with clients, which can lead to refinement of treatment interventions on an ongoing basis.

Trainees also have the opportunity to become involved in our published monthly blog series as well as our ongoing social media work, which aims to disseminate skills and knowledge to the community with a particular focus on OCD and anxiety.

Please check out our [monthly blogs](#) and [social media work](#)

**Practicum Application Deadline:** consistent with GTA match day

**Application procedure:**

Please feel free to submit a cover letter (stating areas of interest and training objectives), CV and two reference letters to Dr. Marlene Taube-Schiff at: [marlene@ftpsych.ca](mailto:marlene@ftpsych.ca)

Supervisors should submit reference letters directly.

*Last Updated: November 2023*

## **Practicum Site Information Sheet**

**Name of site:** Dr. Jennifer Barbera C. Psych & Associates ([findinnercalm.ca](http://findinnercalm.ca))

**Supervisor or Contact Person:** Jennifer Barbera

**Email:** admin@findinnercalm.ca

**Phone:** 905-407-5758

**Address:** 67 Frid St 1C Hamilton ON L8P 3M4

### **Type of Practicum offered:**

Child \_\_\_\_ Adult X Both \_\_\_\_ & adolescents 14 years and up,

Assessment \_\_\_\_ Intervention \_\_\_\_ Both X

**Anticipated Number of Positions for 2024-2025:** 1

**General Information** (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.)

We are a close knit psychological practice, with a specific focus on trauma and anxiety using an eclectic approach that draws primarily from ACT (acceptance & Commitment therapy), and IFS (internal family systems) and CBT.

**Supervision** (i.e. Is there more than one potential supervisor? group and/or individual? How often? etc.)

Individual and small group supervision is offered, with regular opportunity for additional ad hoc supervision as required. There is one other psychologist in the practice.

**Keywords** (i.e. Eating Disorders, Chronic Pain, Obsessive Compulsive Disorder)

Trauma, PTSD, Anxiety, OCD, Depression, Alcohol & substance use.

**Training/research opportunities:** Training is provided primarily in therapeutic interventions (see above approaches), with some opportunities for assessment. Ongoing training in IFS and ACT is provided.

**Practicum Application Deadline: February 1, 2024 (required date)**

**Application procedure** (i.e. documents needed, number of references, etc.):

Please forward a CV, cover letter and 1 reference contact or letter.

*Last Updated:* September 2023

## Practicum Site Information Sheet

**Name of site:** Toronto Psychology & Wellness Group (TPWG)

**Supervisor or Contact Person:** Dr. Nina Mafriaci/Dr. Michele Foster, Clinical Directors

**Email:** [dmafrici@tpwg.ca](mailto:dmafrici@tpwg.ca) and [dfoster@tpwg.ca](mailto:dfoster@tpwg.ca)

**Phone:** 647-344-5448

**Address:** 3080 Yonge St., Suites 5090/5012, Toronto, ON, M4N 3N1

### **Type of Practicum offered:**

Child \_\_\_\_ **Adult X + Adolescent (12+) X** Both \_\_\_\_

Assessment \_\_\_\_ Intervention \_\_\_\_ **Both X**

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

Toronto Psychology & Wellness Group is a large practice in midtown Toronto, specializing in the assessment and treatment of adolescents and adults with a variety of mental health concerns. With over 35 therapists and dietitians, and 4 administrative staff, we are able to offer many exciting virtual and/or in-person clinical training opportunities for our students.

In our treatment division, we offer two specialized program streams in addition to our regular therapy services: i) our **Dialectical Behaviour Therapy Program** is available to adolescents and adults and combines elements of individual therapy, group therapy and caregiving support; ii) our **Outpatient Eating Disorders Program** is similarly available to adolescents and adults and combines evidence-based individual and group treatment, as well as dietetic interventions. Program evaluation is an essential component of both our programs, with opportunities for students to evaluate and present on pre- and post-treatment outcomes.

In our assessment division, we offer comprehensive psychodiagnostics assessments for adolescents and adults, as well as psychoeducational and ADHD assessments.

Our clinical training program incorporates weekly individual supervision, as well as several opportunities for group supervision through our weekly peer consultations, bi-weekly eating disorder-specific consultation and team-wide meetings. Additionally, we regularly offer training opportunities throughout the year for our staff. Recent trainings have included: cognitive processing therapy (CPT) for trauma; emotion-focused therapy; and dialectical behaviour therapy for adolescents.

To learn more about our many services and the specialized programs we offer, please visit our website at [www.tpwg.ca](http://www.tpwg.ca).

**Keywords:**

**Training/research opportunities:** Clinical intervention for adolescents and adolescents; Individual and group psychotherapy; Psychodiagnostic and psychoeducational assessments; Eating disorder outpatient program; Dialectical behaviour therapy program; Program evaluation; Development of group programs and community workshops

**Practicum Application Deadline:** February 1<sup>st</sup>

**Application procedure:** (*i.e., documents needed for application, number of references, etc.*) Please submit a CV, cover letter and 2 references to [drmafrici@tpwg.ca](mailto:drmafrici@tpwg.ca) and [drfoster@tpwg.ca](mailto:drfoster@tpwg.ca). Selected applicants will be invited for an interview.

*Last Updated:* October 2, 2022

## **Practicum Site Information Sheet**

**Name of site:** Transforming Emotions

**Supervisor or Contact Person:** Dr. Sarah Thompson

**Email:** [transformingemotions@gmail.com](mailto:transformingemotions@gmail.com)

**Phone:** 647-931-6617

**Address:** Virtual practice; mailing address: 65 Shuter St., Unit 133, Toronto, ON, M5B 1B2

**Type of Practicum offered:**

Child \_\_\_\_ Adult  Both \_\_\_\_

Assessment \_\_\_\_ Intervention  Both \_\_\_\_

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

Transforming Emotions is a private practice located in downtown Toronto. We are entirely virtual at the time of this writing (Fall 2022), and typically have 10-12 clinicians in the practice from practicum level through to autonomous psychologists, social workers, and psychotherapists. We work with clients from diverse backgrounds ranging in age from late adolescence to age 65.

This practicum opportunity focuses on learning the theory and practice of Emotion Focused Therapy. Students new to the model will focus primarily on working with depression, anxiety, and life transitions. Those familiar with the model (or who have previously been trained in the treatment of symptoms associated with childhood trauma) are welcome to also work with clients seeking treatment for symptoms typically associated with childhood trauma or post-traumatic stress. We are offering an 8-month, 2 day per week placement for 1-2 PhD level students who are interested in providing intervention services. Students from APA/CPA accredited programs are welcome to apply.

This site offers weekly individual supervision with Dr. Sarah Thompson along with monthly group supervision with a focus on sharing recordings of in-session material for feedback and learning. Independent learning is expected in this placement included reading and review of APA videos of EFT therapies (access to videos is provided by Dr. Thompson). Students are required to attend and complete an EFT Level 1 Certificate course offered by Dr. Thompson in the fall term as part of their practicum experience (30 hours currently spread over two full days and six half days). We do not currently provide opportunities for psychodiagnostics assessment on site. Please visit [transformingemotions.ca](http://transformingemotions.ca) for further information about the practice.

**Keywords:** Emotion Focused Therapy, Anxiety, Depression, Trauma

**Training/research opportunities:** Possible opportunities to assist with literature searches for writing projects related to conference presentations, academic writing, blog series, and curriculum development for community trainings; possible opportunities to assist with program evaluation within the practice.

**Anticipated number of positions:** 2

**Practicum Application Deadline:** February 1, 2024

**Application procedure:** (*i.e., documents needed for application, number of references, etc.*)

Please email our principle email address (listed at [transformingemotions.ca](http://transformingemotions.ca)) with your cover letter, resume, and three references. Please include prior formal and informal training in Emotion Focused Therapy (e.g., courses, workshops, independent reading).

*Last Updated:* September 2022

## Practicum Site Information Sheet



**Name of site:** West Park Healthcare Centre (see supplemental brochure for additional information)

**Supervisor or Contact Person:** Dr. Sharon Jankey

**Email:** [sjankey@westpark.org](mailto:sjankey@westpark.org)

**Phone:** (416) 243-3600 ext 4419

**Address:** 82 Buttonwood Ave, York ON M6M 2J5

### **Type of Practicum offered:**

Child \_\_\_ Adult \_\_\_ Both  Adults & Adolescents

Assessment \_\_\_ Intervention \_\_\_ Both

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

West Park Healthcare Centre offers practicum placements for students currently enrolled in accredited graduate psychology training programs. Students may choose from two placements, either the Neuropsychological or the Psychological stream or both.

### **About West Park**

West Park Healthcare Centre helps patients get their lives back by providing specialized rehabilitative and complex care after a life-altering illness or injury such as lung disease, amputation, stroke, traumatic brain injury, traumatic musculoskeletal injuries, and neurodegenerative diseases.

West Park is building a new hospital and transforming its 27-acre site into an integrated campus of care, enabling the hospital to evolve its rehabilitative programs to meet Ontario's future healthcare needs.

West Park is located at 82 Buttonwood Avenue in Toronto near Jane Street and Weston Road. It is close to Hwy 401 and accessible by public transit.

## Practicum Placement Opportunities

West Park Psychology Services offers practicum placement for students currently enrolled in accredited graduate psychology training programs. Placements are available during the academic year (September 1<sup>st</sup> to April 30<sup>th</sup>). Exact start and end dates are flexible, depending on the needs of the student and the availability of the supervisor. We offer both full-time and part-time placements.

### Neuropsychology Services

Students will be introduced to a neuropsychological assessment for the purpose of developing a differential diagnosis and to provide functional information to assist in patients' treatment and rehabilitation.

Students will learn to: a) conduct chart reviews and interview patients and family members to obtain relevant background information; b) administer a battery of standardized tests; c) score the tests; d) summarize and report the results; e) prepare clinical reports; and f) participate in feedback sessions with patients and their family members.

There will also be an opportunity to learn and provide cognitive remediation with selected patients.

Students will have the opportunity to work with both inpatients and outpatients and interact with the patients' multidisciplinary teams.

### Psychology Services

Students will learn and administer targeted assessments and provide therapy to patients and patient's families to assist them in managing the impact of their recently acquired condition or chronic disease on their psychological functioning. The focus of the work is on acceptance and adjustment to their current health status.

Students will have the opportunity to work with inpatients, outpatients, and with patients' multidisciplinary team.

**Application procedure:** (*i.e., documents needed for application, number of references, etc.*)

Students interested in applying for a practicum placement should send the following materials by email to Dr. Sharon Jankey, Clinical Psychologist, at [sjankey@westpark.org](mailto:sjankey@westpark.org):

- A completed practicum application form (available from Dr. Jankey at [sharon.jankey@westpark.org](mailto:sharon.jankey@westpark.org))
- A letter of interest describing their training experiences and goals
- A current CV
- Most recent graduate transcript (unofficial copies are acceptable)
- Two letters of reference, to be sent directly from referees to Dr. Jankey



Completed applications will be forwarded to practicum supervisors who will contact selected applicants for an interview. Please note that not all placements may be available at a given time. The type and number of placements is dependent on the availability of supervisors.

*Last Updated: October 2023*



# Child, Adolescent & Adult Sites

## **Practicum Site Information Sheet**

**Name of site:** Broadview Psychology

**Supervisor or Contact Person:** Bronwyn Ueberholz (contact person), Christine Sloss (clinic director)

**Email:** intake@broadviewpsychology.com **Phone:** 647-348-5140

**Address:** 889 Broadview Avenue

**Type of Practicum offered:**

Child  Adult  Both

Assessment  Intervention  Both

**General Information About the Practicum:** (*e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.*)

Broadview Psychology is situated in a large house on Broadview Avenue, just north of the Broadview Subway Station. Our Broadview Psychology team consists of 25 clinicians. Among us there are psychologists, social workers, psychotherapists and two dietitians, who work as a team to provide a range of assessment and treatment services to children, adolescents, adults and families. Broadview Psychology strives to work collaboratively with individuals, families, and their corresponding communities in providing evidence-based practice to our client-base.

Broadview Psychology has a particular specialization in offering comprehensive Dialectical Behaviour Therapy (DBT) to individuals with borderline personality disorder (BPD), addictions, Bipolar Disorder, eating disorders, among other mental health struggles regarding emotional and behavioural dysregulation. We have a unique DBT program for pre-adolescents and their families, as well as DBT programs for young adolescents, adolescents, young adults, and adults. We offer many DBT skills groups (for different ages), two advanced DBT skills grad groups, and five parent DBT skills groups and a DBT-ACES-informed young adult group. In addition, we offer various CBT/ACT groups for depression, social anxiety, and OCD.

We promote prevention by providing treatment and support to individuals experiencing difficult life circumstances, whether or not they are exhibiting mental health challenges. We focus on clients' strengths and resources, and how these help them to cope with and adapt to stressful life experiences. We work with clients within their context, and whenever relevant, involve family members, partners, friends, teachers and community members. We strive to listen, understand and validate our clients and families. We work with other professionals within the community to provide coordinated, holistic and informed services. We use treatment approaches with research evidence of their effectiveness. We continue

to expand our knowledge of empirically validated treatments, such as CBT, DBT, and ACT, through reading, consultation, and continuing education.

**Keywords:** Dialectical behavior therapy, borderline personality disorder, assessment, intervention, Cognitive behavior therapy, group therapy

**Training/research opportunities:** Practicum students will have the opportunity to learn DBT and CBT through supervision, observation, reviewing videotapes, and regular team trainings with internal and external psychologists.

Broadview Psychology offers a 16-week, *Practicing DBT in Working with Adolescents and Families*, training course each fall. This training would be a mandatory requirement as part of the practicum for those wishing to complete their practicum at Broadview Psychology.

**Practicum Application Deadline:** Same date as the GTA practicum committee

**Application procedure:** (*i.e.*, documents needed for application, number of references, etc.)

1. The completed *Psychology Practicum Placement Form* (located on the last page of this Information Package)
2. A one-page statement of training goals and objectives
3. An up-to-date curriculum vitae (CV)
4. **Three** letters of reference (one from academic; two from previous clinical positions/practica)
5. On-site interview upon request

*Last Updated:* September 11, 2023

## **Practicum Site Information Sheet**



**Name of Site:** CBT Psychology for Personal Development

**Practicum Coordinator:** Dr. Silvina Galperin

**Email:** [assistant@cbtpsychology.com](mailto:assistant@cbtpsychology.com), [silvina@cbtpsychology.com](mailto:silvina@cbtpsychology.com)

**Phone:** 905-597-4404

**Address:** 7626 Yonge Street, Thornhill, ON, L4J 1V9

### **Type of Practicum offered:**

Child  Adult  Both

Assessment  Intervention  Both

### **General Information:**

We warmly welcome students seeking training in intervention and/or assessment. We work with individuals across the lifespan, including adults and couples, adolescents, and children. During their placement students will learn and acquire valuable skills in applying a variety of modalities. We provide client-centered and evidence-based modalities such as CBT, EFT, TF-CBT, DBT and ACT as well as the latest innovative interventions such as Sensory Motor Psychotherapy, IFS, EMDR and Relational Life Therapy. The assessment component will focus on refining clinical interviewing techniques and gaining proficiency in administering psychological measures related to personality, mood, and interpersonal dynamics.

CBT Psychology is equipped with modern furnished offices in Thornhill as well as virtual PHIPA-compliant systems, enabling the provision of online therapy through the secure and encrypted electronic health records system. We recognize the ongoing request of online therapy beyond the COVID-19 pandemic and consider developing competence and comfort with this system to be an integral part of our training program.

**Keywords:** CBT, DBT, Prior-Experience, Client-centered, Skill Development, Evidence-Based Practice



### **Training/research opportunities:**

CBT Psychology provides extensive training opportunities as part of our comprehensive program. Practicum students can take advantage of the following clinical development options:

- Monthly case presentations and discussions during clinical rounds with our multidisciplinary team, comprising experienced Psychologists, Psychological Associates, Psychotherapists, and Social Workers. These professionals possess in-depth expertise in CBT, DBT, and other empirically validated treatment approaches such as Client-Centered Therapy, Emotion-focused therapy, and Psychodynamic therapy.
- Monthly consultation meetings with the Director of Clinical Training at CBT Psychology. These sessions offer valuable clinical guidance and support. Additionally, students will receive weekly supervision from either the Director or their Supervisor, providing in-depth support and mentorship.
- Access to a wide range of training resources, including an extensive library of training videos, treatment manuals, and books.

### **Practicum Application Deadline:**

Our clinical placements and training opportunities are available all year-round.

### **Application Procedure:**

CBT Psychology for Personal Development takes pride in its comprehensive practicum and internship training program designed specifically for students pursuing master's (e.g., M.A., M.Ed.) or doctoral-level (e.g., Ph.D., Ed.D., Psy.D.) psychology programs.

Students interested in applying for a practicum placement at CBT Psychology should send the following materials by email to the Centre's Director of Training, Dr Silvina Galperin, at [info@cbtpsychology.com](mailto:info@cbtpsychology.com).

- Application Form
- Current CV
- Cover letter

*Last Updated: September 6, 2023*

## **Practicum Site Information Sheet**

**Name of site:** Centre for Addiction and Mental Health (CAMH)

**Supervisor or Contact Person:** Longena Ng

**Email:** [longena.ng@camh.ca](mailto:longena.ng@camh.ca)

**Phone:** 416-535-8501 x77334

**Address:** 455 Spadina, Suite 200, Toronto, ON M5S 2G8

**Type of Practicum offered:**

Child  Adult  Both

Assessment  Intervention  Both

**Anticipated Number of Positions for 2024-2025:** 20

**General Information** (i.e., description of the site, clients seen, services offered, is it TTC accessible? etc.)

CAMH is the largest mental health and addiction facility in Canada. It is a teaching and research hospital that is affiliated with the University of Toronto. With two downtown campuses that are easily accessible by TTC, CAMH sees a diversity of clients. CAMH provides a wide range of inpatient, outpatient, and community-based treatment programs

**Supervision** (i.e., Is there more than one potential supervisor? group and/or individual? How often? etc.)

Each student will have one primary supervisor and there is the potential for a secondary supervisor or group supervision depending on the clinic

**Keywords** (i.e., Eating Disorders, Chronic Pain, Obsessive Compulsive Disorder) Mood and Anxiety Disorders, Psychosis, Addictions, Trauma, Forensic

**Training/research opportunities:**

CAMH provides centre wide training opportunities, such as Grand Rounds and Addiction Rounds, as well as student only trainings (e.g., MSE, DBT skills, MI). There is a Clinical Research rotation available and certain rotations may provide research opportunities as an adjunct to clinical work. Research only opportunities are arranged through CAMH's research office, not the practicum placements.

**Practicum Application Deadline: February 1, 2024 (required date)**

**Application procedure** (i.e., documents needed, number of references, etc.)

The following should be sent to psychology [Psychology.PracticumApplications@camh.ca](mailto:Psychology.PracticumApplications@camh.ca).

- Application Form
- One page statement of training goals and objectives
- CV
- Undergraduate and graduate transcripts (can be unofficial)
- Two letters of reference

*Last Updated:* October 13, 2022



## **Practicum Site Information Sheet**

**Name of site:** Cognitive & Interpersonal Therapy Centre (CITC)

**Supervisor or Contact Person:** Dr. Carolina McBride

**Email:** mcbride@citcassociates.com

**Phone:** 416-570-5050

**Address:** 20 Eglinton Ave West, Suite 1007, P.O. Box 2019

### **Type of Practicum offered:**

Child  Adult  Both

Assessment  Intervention  Both

**Anticipated Number of Positions for 2024-2025:** 4

**General Information** (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.)

Founded by Dr. Carolina McBride, C. Psych in 2003, CITC has grown to be a leading psychology practice that offers specialized treatment in [Cognitive Behaviour Therapy \(CBT\)](#) and [Interpersonal Psychotherapy \(IPT\)](#) for adults, adolescents and children. Practicum students will have the opportunity to work with children/adolescents or adults. The [Child/Adolescent Practicum Track](#) will be supervised by Registered Psychologist Ameeta Dudani, Ph.D., C. Psych., who is registered in Clinical and School Psychology with children and adolescents. The [Adult Practicum Track](#) will be supervised by Registered Psychologist and CITC Director Carolina McBride, Ph.D., C. Psych.

Our team is made of Psychologists, Psychological Associates, and Psychotherapists who have extensive experience in CBT and IPT. Our aim at CITC is to improve clients' overall health and well being by teaching them specific skills. CITC embraces the vision that both cognitive and interpersonal factors play a significant role in psychological health and that by helping clients make changes to the ways in which they think and to the ways in which they relate to others, we can have a profound positive impact on their day-to-day functioning.

Due to COVID-19 CITC is now a 100% virtual office and offers online sessions through a secure and encrypted portal called OnCall Health. Regardless of the global health crisis, we anticipate that virtual appointments will continue to be offered in the future and will play a significant role in the upcoming year's practicum placement and beyond.

**Supervision** (i.e. Is there more than one potential supervisor? group and/or individual? How often? etc.)

Dr. McBride is primary supervisor of the adult practicum, and Dr. Dudani will be the primary supervisor of the child/adult practicum. There are monthly rounds which will allow practicum students to present cases and receive feedback from our multidisciplinary team. Both group and individual supervision will be provided by the supervisors.

**Keywords** (i.e. Eating Disorders, Chronic Pain, Obsessive Compulsive Disorder)

Depression, anxiety, OCD, panic disorder, GAD, social anxiety, stress management, interpersonal problems, role disputes, role transition, grief, trauma, parent-child attachment, ADHD, Learning disorder, oppositional defiance/behavioural difficulties, emotional regulation difficulties. IPT, CBT, DBT, Mindfulness-based therapy, Parent-child intervention, Parent consultation.

**Training/research opportunities:**

**Practicum Application Deadline:** February 1, 2024 (required date)

**Application procedure** (i.e. documents needed, number of references, etc.)

Students interested in applying for a practicum placement at CITC should send the following materials to Dr. Carolina McBride ([mcbride@citcassociates.com](mailto:mcbride@citcassociates.com)):

- A letter of interest describing training experiences and goals, and specifying which practicum track (Adult or Child/Adolescent) you are interested in.
- A current CV
- Two letters of reference, to be sent directly from referees to Dr. McBride

*Last Updated:* September 2022

## **Practicum Site Information Sheet**

**Name of site:** Downtown Psychology Clinic

**Supervisor or Contact Person:** Daniel Peluso, Director of Training

**Email:** drpeluso@downtownpsychologyclinic.com

**Phone:** 647-508-1111

**Address:** 65 Queen Street West, Suite 510, Toronto, ON, M5H 2M5

**Type of Practicum offered:**

Child \_\_\_\_ Adult  Both \_

Assessment \_\_\_\_ Intervention \_\_\_\_ Both

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

- Diagnostic assessment and intervention for a broad range of presenting problems in a private practice setting
- Opportunities for ADHD assessments
- Supervision provided for clinical, rehabilitation and health psychology competencies
- Mix of virtual and in-person

**Keywords:** assessment, intervention, adults, children/adolescents

**Training/research opportunities:**

**Practicum Application Deadline:** February 1, 2024

**Application procedure:** (i.e., documents needed for application, number of references, etc.) Cover letter, CV, 2-3 references

- 3 references, cover letter, and CV
- Please send to training@downtownpsychologyclinic.com

*Last Updated:* September 12, 2023

## **Practicum Site Information Sheet**

**Name of site:** Framework Therapy & Assessment Centre

**Supervisor or Contact Person:** Dr. Pamela Wilansky or Dr. Hayley Wood

**Email:** [info@frameworkcentre.com](mailto:info@frameworkcentre.com)

**Phone:** 416-792-2202

**Address:** 209 Wicksteed Avenue Unit 46, Toronto ON M4G 0B1

### **Type of Practicum offered:**

Child  Adult  Both   
Assessment  Intervention  Both

**General Information** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

Framework Therapy and Assessment Centre provides a comprehensive spectrum of mental health care services for children, adolescents, adults, couples, and families. Supported by a team of skilled practitioners – psychologists, social workers, occupational therapists, speech pathologists – we understand that everyone has distinctive needs and can structure a program that best suits you. Our assessment, therapy, counseling, and training services are cutting edge, based on the leading research and best practice guidelines.

In addition to in-person practicum experiences, at Framework we can accommodate applicants who would like to have a virtual practicum experience.

**Supervision:** There are several supervisors. We offer individual and group supervision with students of all levels of training, from first practicum through year of supervised practice.

**Keywords:** Child, adolescent, adult, intervention, assessment, anxiety, depression, OCD, PTSD, personality disorder, short-term, long-term, CBT, DBT, psychodynamic, family therapy

**Training/research opportunities:** CBT for adolescents

**Practicum Application Deadline:** In line with GTA practicum deadline (may accept after)

**Application procedure:** cover letter, CV, and 2 or 3 references

*Last Updated:* October 2022

## **Practicum Site Information Sheet**

**Name of site:** Garden City Psychology

**Supervisor or Contact Person:** Kim Wark

**Email:** [kim@gardencitypsychology.ca](mailto:kim@gardencitypsychology.ca)

**Phone:** (905) 937-2345

**Address:** 201-282 Linwell Rd., St. Catharines, ON L2N 6N5

### **Type of Practicum offered:**

Child  Adult  Both

Assessment  Intervention  Both

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

Located in the beautiful Niagara Region, Garden City Psychology is a busy, well established private practice that provides a friendly and welcoming atmosphere for both our clients and staff alike. Children, adolescents, adults, and families are seen at the practice.

The successful candidate will have the option of seeing a diverse group of clients ranging from 5 to 65 years old, depending on the student's prior training and interests. Notably, experience/training in couples therapy and work with seniors are not available within this position. Clients' presenting problems can include anxiety, depression, family conflict, ADHD, PDD and adjustment problems.

This position is a paid practicum or internship placement. A minimum of an 8-month part-time commitment is required. This position is flexible in terms of starting date, but a spring/summer start is not recommended, as vacation time will limit the amount of supervision time available.

The following are required:

- PhD/Doctorate level students only
- Experience providing therapy and conducting psychoeducational assessments
- Well-developed professional writing skills
- Professional demeanor
- A strong working knowledge of complex ethical and legal issues
- Excellent organizational skills

**Keywords:** Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Acceptance and Commitment Therapy (ACT), Psychoeducational Assessments

**Training/research opportunities:** Will be based on the competency and skill sets of the students.

**Practicum Application Deadline:** February 1, 2024

**Application procedure:** (*i.e., documents needed for application, number of references, etc.*)

Please send a resume, cover letter, and three references to Dr. Andrea Miller at [careers@gardencitypsychology.ca](mailto:careers@gardencitypsychology.ca)

*Last Updated:* October 2023

## **Practicum Site Information Sheet**



**Name of site:** Dr. Gillian Kirsh & Associates

**Supervisor or Contact Person:** Gillian Kirsh

**Email:** [gkirsh@rogers.com](mailto:gkirsh@rogers.com)

**Phone:** 416-388-5505

**Address:** 220 Duncan Mill Rd., suite 602, North York, ON, M3B 3J5

**Type of Practicum offered:**

Child  Adult  Both

Assessment  Intervention  Both

**Number of Positions:** 1

**General Information About the Practicum:** Dr. Gillian Kirsh & Associates is a private practice servicing the North York community (located close to North York General Hospital).

Populations Served:

- Children, adolescents & adults presenting with mood, anxiety, and eating disorders
- Children & adolescents seeking psychoeducational assessments (for learning disabilities and ADHD)

**Primary Models of Care**

- Cognitive behavioural therapy (CBT)
- Family-Based Therapy for Eating Disorders (Maudsley model)
- Emotion Focused Therapy (including Emotion Focused Family Therapy)
- Motivational Interviewing (MI)

### **Benefits of Training at this Practice**

- Opportunity for exposure to work with a specialized population (eating disorders) in a well-established community setting
- Assessment and therapy opportunities
- Supervision provided in a nurturing, supportive environment with opportunities for independence
- Flexibility to extend the practicum into the summer

**Supervision** is individual and group, 1 hour per week. More supervision is available as needed.

**Keywords:** psychoeducational assessments, eating disorders, children/adolescents, Family Based Therapy

**Practicum Application Deadline:** February 1, 2024

**Your application should include the following information:**

- 1) Letter of intent
- 2) Two references
- 3) Curriculum vitae
- 4) Graduate transcript (unofficial)

*Last Updated:* October 28, 2022



## **Practicum Site Information Sheet**

**Name of site: Hamilton Health Sciences** (which includes Ron Joyce Children's Health Centre, McMaster University Medical Centre/McMaster Children's Hospital, Juravinski Cancer Centre, Regional Rehabilitation Centre, and more) **(see supplemental brochure for additional information)**

**Supervisor or Contact Person:** Dr. Felicia Chang, C. Psych.

**Email:** [psychpracticum@hhsc.ca](mailto:psychpracticum@hhsc.ca)

**Phone:** 905-521-2100 ext, 77349

**Candidates can email application materials to [psychpracticum@hhsc.ca](mailto:psychpracticum@hhsc.ca)  
Please have references email Dr. Chang directly (at the same email address) with letters of reference.**

**Address:**

Ron Joyce Children's Health Centre, 3<sup>rd</sup> Floor  
237 Barton St. E.  
Hamilton, Ontario  
L8L 2X2

**Type of Practicum offered:**

Child  Adult  Both  (i.e., we have child practica and adult practica, but do not have any that offer both child and adult experiences)

Assessment  Intervention  Both

**Anticipated Number of Positions for 2024-2025:** 9

**General Information** (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.)

Hamilton Health Sciences is comprised of five hospitals and four specialized centres that are affiliated with the Faculty of Health Sciences at McMaster University. This year, we will be offering practicum placements at the following sites:

- **Ron Joyce Children's Health Centre (RJCHC):** The **RJCHC** provides a range of child and family services to the community, such as the Child and Youth Mental Health Outpatient Service, the Specialized Developmental and Behavioural Service, the Autism Spectrum Disorder Service, and the Infant Parent Program.
- **McMaster University Medical Centre (MUMC also known as McMaster Children's Hospital):** Services at **MUMC** provide general medical and surgical services, pediatric care (including the Child and Youth Mental Health Program's Emergency Mental Health Assessment Unit, Pediatric Mental Health Inpatient Unit, Pediatric Chronic Pain program, Children's Exercise and Nutrition Centre, as well as the

pediatric Neurology, Epilepsy, and Oncology Neuropsychology clinics), and specialized adult and women's health services.

- **Juravinski Cancer Centre (JCC)**. The Juravinski Cancer Centre (JCC) is a regional referral centre for central-west Ontario. The JCC services patients and families who have been diagnosed with cancer in the Hamilton-Niagara-Haldimand-Brant region. JCC is where cancer treatments such as chemotherapy and radiation take place, as well ground-breaking cancer research.
- **The Regional Rehabilitation Centre (RRC)**, located on the Hamilton General Hospital Campus, provides specialized rehabilitative care to help people who are recovering from brain injury, amputations, spinal cord injury, stroke, and hand and work-related injuries. The facility provides both inpatient and outpatient services and clinics, a large prosthetics and orthotics department, a therapeutic pool, and an outdoor therapeutic track.

**Hamilton is accessible by Go-transit from the GTA. Aside from our neuropsych and comprehensive assessment placements, most allow for some virtual/hybrid work.**

Psychology staff at HHS currently include approximately thirty psychologists as well as psychometrists and behaviour therapists who are integral members of teams in child and adult psychiatry, pediatrics, geriatrics and rehabilitation and in many cases have developed and are responsible for running programs. Psychology staff have backgrounds ranging from clinical and health psychology to applied behavioural analysis, rehabilitation, and neuropsychology. Most of the psychologists have cross appointments with McMaster University in the Faculty of Health Sciences. Teaching and research are central to the mandate of the hospital and major community based intervention projects are ongoing in adult and child programs. The entire corporation is committed to a client/family-centered, evidence-based approach to health care.

The HHS affiliation with the Faculty of Health Sciences at McMaster University provides psychology students with an invaluable opportunity to learn from and interact with students, clinicians, and faculty in medicine, pediatrics, psychiatry, social work and other allied health disciplines (e.g., speech/language pathology, physiotherapy and occupational therapy).

**Supervision** (i.e. Is there more than one potential supervisor? group and/or individual? How often? etc.)

Practicum students are typically assigned 1 main supervisor from within the program where they will be primarily working, but may have opportunities to work with other supervisors if involved in other programs/areas (depending on the duration of their practicum). Each supervisor provides at least 1 hour of individual supervision per week. Most supervisors take a developmental approach and focus on a competency-based supervision model.

**Keywords** (i.e. Eating Disorders, Chronic Pain, Obsessive Compulsive Disorder) children, adolescents, family, parent, caregiver, adult, emotion focused, cognitive behaviour, behaviour therapy, dialectical behaviour therapy, acceptance and commitment therapy, motivational interviewing, suicide risk, self harm, violence risk, chronic pain, oncology,

health psychology, anxiety, depression, complex case formulation, inpatient, outpatient, emergency, differential diagnoses, comprehensive assessment, interdisciplinary, multidisciplinary, intervention, neuropsych

**Training/research opportunities:**

**A summary of our training opportunities is below and they are separated by child positions and adult positions.**

**Note:** We conduct different types of assessments including **psychodiagnostic assessments** (i.e., interview and questionnaire based) as well as **neuropsych assessments** and **comprehensive assessments** (which include testing with measures like the WISC, WAIS, WIAT, etc) If you require testing experience, please ensure the position you are applying to offers neuropsych or comprehensive assessments.

**CHILD PRACTICUM OPPORTUNITIES:** A variety of child and family experiences are available depending on the practicum student’s goals and experience and availability of supervisors. Practicum students function as team members on the interdisciplinary teams where they train (e.g., attending teams meetings as appropriate).

Trainees complete practica in comprehensive psychological assessment, neuropsychological assessment, psychodiagnostic assessment, psychological intervention, or both assessment and intervention, depending on the placement. Training in intervention for children, adolescents, families, and parent support is available. Therapeutic modalities include: behaviour therapy, cognitive behaviour therapy, dialectical behaviour therapy, acceptance and commitment therapy, motivational interviewing, family therapy, and emotion focused family therapy. Training is offered in individual and group therapy, including parent and psychoeducation groups.

**Pediatric Practicum Opportunities at HHS for 2024-2025**

Program	Level	Term(s)	Days/Week	Focus	Supervisor
CYMH Outpatient Service - at Ron Joyce	MA or PhD	Summer 2024	3-4 days/week	Comprehensive assessment	TBD
Children’s Exercise and Nutrition Centre	PhD	Summer 2024	3-4 days/week	Intervention and psychodiagnostic assessment	Dr. Sheri Nsamenang

CYMH Outpatient Service - at Ron Joyce	PhD	Fall + Winter	2 days/week	Intervention and psychodiagnostic assessment	TBD
Pediatric Chronic Pain Program - at MUMC	MA or PhD	Fall + Winter	2 days/week	Intervention and psychodiagnostic assessment	Dr. Rachel Jackson
Children's Exercise and Nutrition Centre	PhD	Fall + Winter	2 days/week	Intervention and psychodiagnostic assessment	Dr. Sheri Nsamenang

### Child and Youth Mental Health Program (CYMH) Outpatient Service

The CYMH Outpatient Service provides outpatient assessment, consultation, and treatment for children and adolescents with comorbid problems of an internalizing and/or externalizing nature that interfere with functioning in the home, school, and/or community. Treatment services offered include individual therapy, family therapy, group therapy, parent skills training, medication consultation, and consultation with community agencies and schools.

Team members on the CYMH Outpatient Service include psychologists, psychiatrists, social workers, nurses, child and youth workers, and early childhood resource specialists. If possible, we ask that practicum students aim to participate on and provide consultation to the Outpatient Multidisciplinary Team (Monday meetings). Some CYMH Outpatient Service team members are also part of the DBT Consultation Team, which meets weekly.

Individual therapy modalities include CBT, DBT, ACT, MI, EFFT, and interpersonal therapy. Group therapy offerings typically involve Parenting Your Child/Youth with OCD, Parent-Led CBT for Anxiety, DBT Multifamily Skills Group, and Acceptance and Commitment Therapy.

The CYMHP offers an array of family-based interventions, including 2-day EFFT caregiver workshops and individual EFFT work with caregivers. Additionally, The Family Therapy Clinic allows families to work with an interdisciplinary team that adopts a co-therapist model and incorporates principles from Family Systems Therapy, Narrative Family Therapy, and Structural Family Therapy. Learners may have the opportunity to support families as a co-therapist and/or as part of the Reflection Team that observes family therapy sessions and offers reflections. Finally, Family Check-Up is a 3-session, ecological, family-based assessment that incorporates multi-method (interviewing, video interaction tasks, questionnaire data) and multi-rater information on risk and protective factors to understand influences on the developmental trajectory of the child. The FCU model is strengths-based, collaborative and uses principles of motivational interviewing to understand how parent well-being, child well-being and parenting/family environment are connected. The FCU has a strong evidence base from decades of research. It has been delivered in the USA for quite some time, and clinicians within the Child and Youth Mental Health Outpatient Service who

typically provide parent training were initially trained and credentialed in this model in early 2018. We are the first Canadian mental health service to offer the FCU. After the FCU is completed with a family, goals are set in collaboration with the parents/caregivers, which may include the parent skills training intervention connected to the FCU called Every Day Parenting (EDP). The EDP program follows the same principles as the FCU. Both FCU and EDP are transdiagnostic (i.e., not restricted to certain diagnostic presentations). The EDP manual is made up of 12 distinct sessions that are meant to be tailored to the needs of the family.

### **Pediatric Chronic Pain Program (PCPP)**

The Pediatric Chronic Pain Program (PCPP), located at MUMC, provides outpatient, interdisciplinary, family-centred care to children and youth who face chronic pain. There are many different types of chronic pain conditions in children and youth, including headaches, abdominal pain, musculoskeletal pain, and arthritis. The PCPP aims to provide youth and caregivers with skills to reduce the impact of pain on their daily life by utilizing an interdisciplinary functional rehabilitation approach. Some of the interventions in the clinic include psychoeducation, goal-setting, medication review, physiotherapy, activity pacing, parent groups, relaxation and mindfulness, cognitive behavioural therapy, acceptance and commitment therapy, emotion-focused family therapy, motivational interviewing, and consultation with school and community agencies. The team includes many health professionals (i.e., psychologists, social workers, an occupational therapist, a nurse practitioner, physiotherapists, child life specialists, pediatricians, a psychiatrist, a pharmacist, and an anesthesiologist) who work together to collaborate and coordinate care for youth with chronic pain. Opportunities for students include participation in interdisciplinary assessments, completion of comprehensive psychodiagnostic assessments, co-facilitating parent groups, and providing individual psychotherapy.

### **Children's Exercise and Nutrition Centre (CENC).**

CENC is located at MUMC. Students gain experience in behavioural medicine while working with children and families presenting with comorbid psychological and physical health challenges associated with obesity and lipid metabolism disorders. Students will have exposure to psychological/behavioral assessments related to medical problems, consultations, brief interventions, the interplay between physical and psychological health, coordinated inter-professional teamwork, and gain an understanding of the multifactorial nature of obesity and lipid metabolism disorders. Students learn to provide psychological and behavioral interventions for prevention and/or treatment of medical issues related to obesity and to assist patients in coping with a myriad of conditions (e.g., maladaptive eating habits, sleep issues, motivation, unhealthy body image, impact of bullying, stress, and psychological distress). Brief interventions consist of motivational interviewing, cognitive, behavioral, and parenting strategies. The interprofessional team includes physicians, a psychologist, a nurse practitioner, registered dietitians, an exercise physiologist, an activity therapist, and various learners.

**ADULT PRACTICUM OPPORTUNITIES:** Clinical training opportunities for practicum students can be available through the Adult Acquired Brain Injury Program, Stroke Rehabilitation Unit, Adult Consultation Neuropsychology Services, Adult Epilepsy

Monitoring Unit, Adult Chronic Pain Program, Psychosocial Oncology, and Diabetes Care and Research Program. The specific programs that offer placements vary year-to-year. Practicum students' involvement will be tailored depending on their skill level and requisite training needs. They may have the opportunity to participate in administration and scoring of a wide variety of measures, interviewing, team/family meetings, case formulations, etc. While most clinics focus on assessment, some clinics focus almost exclusively on intervention. Opportunities for program evaluation and research may also be available.

### Adult Practicum Opportunities at HHS for 2024-2025

Program	Level	Term(s)	Days/Week	Focus	Supervisor(s)
Michael G DeGroote Pain Clinic—at MUMC	PhD	Fall + Winter (Sept – June)	2 days/week	Psychodiagnostic assessment, intervention (individual, group), consultation	Drs. Greg Tippin, Abigail Muere, and Laura Katz
Psychosocial Oncology - at JCC	PhD	Summer 2024 or Fall + Winter	2 days/week	Intervention	Dr. Karen Zhang
Adult Neuropsych - Acquired Brain Injury Program and Stroke Rehabilitation Unit	PhD	Fall + Winter	2 days/week	Neuropsychological Assessment	Dr. Justine Spencer and Dr. Kate Bartley
Adult Neuropsych - Acquired Brain Injury Program and Stroke Rehabilitation Unit	PhD	Summer 2024	3 days/week	Neuropsychological Assessment	Dr. Justine Spencer and Dr. Kate Bartley

The **Michael G. DeGroote Pain Clinic** at McMaster University Medical Centre focuses on chronic pain from clinical, health, and rehabilitation psychology perspectives. Clients are adults (very early adulthood to seniors), who vary widely as to their socio-economic, educational, vocational, and ethnic backgrounds. The interdisciplinary, multi-modal program consists of an intensive 4-week, outpatient (day) or inpatient stay (Intensive Program). Students in this program will work (virtual or in-person) to provide groups on self-talk, grief and loss, relaxation/mindfulness, and see patients 1:1 as needed. Students will also conduct at least 1 of 4 weekly assessments for candidacy for admission to the program. The Michael G. DeGroote Pain Clinic also provides a publically funded program (OHIP Program) that is a regional hub for the outpatient management of a range of persistent pain conditions in adults. The clinic uses a biopsychosocial approach that includes both medical and non-medical intervention to provide patient-centred care. Psychology plays an active role in the clinic, across treatment, assessment, consultation, research, and program development and evaluation. Learners work as part of an interprofessional team comprised of a range of health professions, including psychologists, social workers, occupational therapists,

physiotherapists, pharmacists, dietitians, nurses, nurse practitioners, physicians, and physician assistants. Opportunities include individual and group treatment, consultation to the team, psychodiagnostic assessment, and presentations at case rounds. Learners will work with patients presenting with persistent pain problems and often comorbid mental health difficulties, including depression, anxiety, trauma, insomnia, and adjustment-related difficulties. Opportunities for program evaluation and research may also be available.

The **Psychosocial Oncology Program (PSO)** at the Juravinski Cancer Centre is dedicated to supporting adult patients and their families cope with the psychological, emotional, social, spiritual, and functional impact of cancer. The program provides outpatient and inpatient care across the cancer continuum and for a variety of cancer disease sites, including breast, lung, head and neck, haematology, gastrointestinal, gynecological, genitourinary, central nervous system, skin, endocrine and sarcoma. Residents actively work as part of an interdisciplinary team consisting of psychologist, psychiatrists, nurses, social workers, dietitians, and oncologists. Psychology routinely participates in interdisciplinary consultations and presents at interdisciplinary rounds that review complex patient cases. Training opportunities may include providing psychodiagnostic assessments for treatment planning purposes, inpatient consultations, and short-term individual and group interventions. Psychological interventions target anxiety, mood, grief, end-of-life concerns, caregiver burden, body image, fatigue, insomnia, adherence and adjustment-related concerns. Learners may also co-lead psycho-education sessions to build staff, patient and caregiver capacity to address psychosocial needs that impact cancer care. Opportunities for program evaluation and research may also be available.

The **Adult Rehabilitation Neuropsychology Practicum** is housed in the Regional Rehabilitation Centre (RRC), on the campus of Hamilton Health Science's General Hospital campus. Practicum students will divide their time between two programs in the RRC: The Acquired Brain Injury Program Neurobehavioural Rehabilitation Unit and the Stroke Rehabilitation Unit.

*The Acquired Brain Injury Program Neurobehavioural Rehabilitation Unit* is an inpatient provincial program for adults with acquired brain Injuries who also display challenging behavioral and/or mental health issues. The most common types of acquired brain injuries seen on this unit include traumatic brain injuries (secondary to motor vehicle accidents, falls, assaults, etc.), hypoxic/anoxic brain injuries (secondary to heart attacks, drug overdoses, etc.), encephalitis (secondary to infections such as HSV, etc.), and brain tumor resections. Patients' lengths of stay on the unit range from a few weeks to several months, during which time they receive transdisciplinary rehabilitation, in conjunction with a concurrent behaviour management program. *The Stroke Rehabilitation Unit* offers medical care and rehabilitative services to individuals who have sustained strokes or other cerebrovascular conditions. Patients cover the adult span, including older adults, and often have complex medical and/or psychosocial histories.

In both units, practicum students will have the opportunity to be involved in all aspects of neuropsychological assessment, including clinical interviewing, psychometric testing, patient/family feedbacks, and report writing. There is also the opportunity to work within an

interdisciplinary setting (e.g., occupational therapy, speech-language pathology, etc.) and engage with other healthcare professionals through interdisciplinary team rounds/meetings.

**Practicum Application Deadline:** See GTA Psychology Practicum Deadlines

**Application procedure** (i.e. documents needed, number of references, etc.)

HHS participates in the GTA practicum process, which standardizes the application deadline and notification day procedures. Please see your Director of Training for more information.

Applicants must be enrolled in a graduate program in clinical psychology/neuropsychology, that is **accredited by the Canadian Psychological Association**. Students should have completed graduate level coursework in psychological (and/or neuropsychological) assessment and have basic practical psychometric training. It is recommended that applicants have already obtained direct experience assessing and interviewing clients.

Applicants are required to submit the following to Dr. Felicia Chang at [psychpracticum@hsc.ca](mailto:psychpracticum@hsc.ca) :

- 1 page cover letter including
  - A summary of clinical training thus far (e.g., coursework and practical work),
  - Training goals and objectives (including mention of specific HHS programs of interest)
- Up-to-date curriculum vitae
- Unofficial transcripts of graduate studies
- Minimum of 1 reference letter from a clinical supervisor

Applicants should **clearly indicate**:

- Whether they are applying for a summer or fall/winter placement
- The program to which they are applying

Students may submit applications via email. Please have referees email letters directly to [psychpracticum@hsc.ca](mailto:psychpracticum@hsc.ca)

*Please note more detailed information is provided in the 2024-2025 Hamilton Health Sciences brochure.*

*Last Updated:* October 2023



## Practicum Site Information Sheet



**Name of site:** New Leaf Psychology Centre

**Contact Person:** Dr. Sherry Van Blyderveen, Ph.D., Clinical Director

**Email:** [info@newleafpsychology.ca](mailto:info@newleafpsychology.ca)

**Phone:** 905-878-5050

**Address:** 400 Main Street East, Suite 210, Milton, Ontario, L7M 3G3

### **Type of Practicum offered:**

Child  Adult  Both

Assessment  Intervention  Both

### **General Information:**

New Leaf Psychology Centre is a private practice located at 400 Main Street East, Suite 210, in Milton, Ontario, which is easily accessible from Brampton, Mississauga, Oakville, Burlington and Guelph. Associates with New Leaf Psychology Centre provide assessment and treatment services across the lifespan, from early childhood through to adulthood. Treatment services are offered in individual, family, couple, and group formats. Assessment services include psychoeducational, developmental, giftedness, psychological, and rehabilitation (MVA/WSIB) assessments. In the provision of assessment, we work with family, physicians, and schools, in Halton, Peel, Wellington, and Hamilton, to ensure comprehensive and thorough reports, with detailed recommendations.

Our team consists of Psychologists, Psychological Associates, Psychometrists, Occupational Therapists, and Educational Consultants. Our associates have expertise in a wide range of presenting problems and related evidence-based interventions.

### **Practicum Rotations:**

The following therapy-based rotations are available from September 2023 through April 2024 (2.5-3 days/week), while the assessment rotation is available May through August 2024 (5 days/week):

#### CBT & DBT Stream/Rotation:

The student's primary role will be to provide individual therapy. Depending on their clients' needs, students will work with specific CBT treatment protocols for a range of diagnoses

(e.g., GAD, PTSD, OCD, etc.) and/or take a DBT approach. Students will also co-facilitate our DBT Skills Group for Adults or our Multifamily DBT Skills Group for Youth.  
*This rotation is available for both child/youth and adult populations.*

#### EFT & EFT for Couples Stream/Rotation:

Students will provide both individual and couples' therapy. A process-experiential approach will be taken with individual clients who present with depressed mood and/or interpersonal difficulties, and with couples who present with relational distress.  
*This rotation is available for adult and couple populations.*

#### Assessment Rotation:

Students will have the opportunity to assist clinical and school psychologists in the administration of psychological, developmental, cognitive, psychoeducational, and giftedness assessments. Supervision and training will be provided in the administration, scoring, and interpretation of psychological tests and questionnaires, conducting collateral interviews with family and/or school personnel, and the preparation of psychological assessment reports. Students will gain experience working with a variety of assessment tools (WISC, WAIS, WRAML, WIAT, RCFT, CPT/CATA, CTOP, CELF, ADOS) and measures (BRIEF, Connors, BASC, PAI-A, MASC, ADRI).

A developmental model of training is taken. Based on the student's previous experiences, the rotation will begin by observing the intake, assessment, and feedback sessions, with the student taking on responsibility for increasingly larger portions of the assessment process as the placement progresses.

*This rotation is available for child/youth populations.*

**Keywords:** Individual therapy, group therapy, assessment, psychoeducational assessments, CBT, EFT, DBT, CPT, OCD, Borderline Personality Disorder, PTSD, Anxiety Disorders, Mood Disorders, Couples' Therapy

#### **Training/Research opportunities:**

In addition to weekly individual supervision, practicum students will be expected to participate in weekly training specific to their rotation (e.g., 2-hour DBT seminar course and DBT consultation group; 1 hour CBT or EFT seminar course). Additional external training is also provided (workshops specific to CBT, EFT or DBT). Additional supervision is provided before and after each DBT skills group. Supervisors also provide consultation on as needed basis between formal supervision sessions.

**Practicum Application Deadline:** February 1, 2024.

Interviews will occur throughout the month of February.

#### **Application Procedure:**

Interested applicants are asked to email a cover letter, their CV, and two letters of reference to [info@newleafpsychology.ca](mailto:info@newleafpsychology.ca)

In the cover letter be sure to specify your interests (child, adult, and/or couples; assessment and/or intervention; DBT & CBT and/or EFT & EFT Couples).

*Last Updated: November 2, 2022*

## **Practicum Site Information Sheet**

**Name of site:** NuVista Mental Health - Toronto

**Supervisor or Contact Person:** Danielle Punnett, Operations Manager

**Email:** [danielle.punnett@torontoneurofeedback.ca](mailto:danielle.punnett@torontoneurofeedback.ca)

**Phone:** 416-619-0238

**Address:** 56 Aberfoyle Crescent, Unit 730, Etobicoke ON M8X 2W4

**Type of Practicum offered:**

Child \_\_\_ Adult \_\_\_ Both \_\_X\_\_

Assessment \_\_\_ Intervention \_\_\_ Both \_\_X\_\_

**General Information About the Practicum:** (*e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.*)

**In-Person and Virtual therapy available Populations:** Child, Teen, Adults, Couples, Families

**Therapy Modalities:** CBT, ACT, DBT, Attachment, Authentic Movement, Brainspotting, EMDR, Cognitive Processing, Emotion Focused, Empty Chair, Gestalt, Inter Family Systems, Interpersonal, Mindfulness, Narrative, Sex Therapy, Somatic, Solution Focused.

**Psychoeducation and Psychological Assessments:** Administered by Psychologists (opportunity to shadow)

**Keywords:**Psychotherapy, Psychology, Counselling, Therapy, Assessments, Neurofeedback

**Training/research opportunities:** Ongoing workshop opportunities

**Practicum Application Deadline:** Nov 01 if Jan start, March 30 if May start, June 30 if Sept start

**Application procedure:** Resume and Cover Letter, 1-2 References

*Last Updated:* November 6, 2023

## Practicum Site Information Sheet

**Name of site:** Possibilities Clinic

**Supervisor or Contact Person:** Liz Gesicki, Operations Coordinator

**Email:** [liz.gesicki@possibilitiesclinic.com](mailto:liz.gesicki@possibilitiesclinic.com)

**Phone:** 1-833-482-5558 ext. 5

**Address:** 1920 Yonge Street, Suite 200, Toronto, ON, M4S 3E2

**Type of Practicum offered:**

Child \_\_\_\_ Adult \_\_\_\_ Both

Assessment \_\_\_\_ Intervention \_\_\_\_ Both

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

- Your practicum experience at Possibilities will be shaped and influenced by a Multidisciplinary Team of experts in Neurodevelopmental Disorders, including ADHD and its common comorbidities including ASD, Learning Disabilities, Anxiety and Mood Disorders, OCD, Tic Disorders and Tourette Syndrome. Our Team Members include Clinical Psychologists, Neuropsychologists, School Psychologists, Counseling Psychologists, Psychotherapists, Psychiatrists, Pediatricians, Family Physicians, Social Workers, Occupational Therapists, Speech-Language Pathologists, and Teachers working together to improve possibilities for our clients.
- Your learning will not be limited by your location. We offer Comprehensive Diagnostic Assessments and Treatments to our patients through **secure video sessions, so we accept practicum students from across Canada.**
- In an Assessment Practicum, you will learn how to administer video assessments for ADHD and Learning Disabilities (LD). You'll have opportunities to learn about and participate in ASD assessments, too. In addition to questions regarding ADHD, LD, and ASD you'll be exposed to many other DSM-5 TR diagnoses, including but not limited to Generalized Anxiety Disorder, Major Depressive Disorder, Tourette Syndrome and Tic Disorders.
- Our Treatment Practicum offers you experience at various levels of evidence-based therapies delivered virtually, including ADHD Coaching, CBT, Dialectical Behavior Therapy, ACT, Executive Function Therapies, and Collaborative and Proactive Solutions.

- You will participate in processes that provide clients with truly coordinated care. Compartmentalized approaches to assessment and treatment can decrease diagnostic accuracy and limit positive outcomes. Right from the start, our assessments combine clinicians from psychology and medicine because the clinical presentations we see are complex and require integrated approaches and expertise.
- You may observe daily Clinical Team Meetings where diagnoses and treatment plans are discussed among psychology and medicine, including psychiatry.
- You will learn more about neuroscience! Our Assessments and Treatments are brain-based in their perspective—reflecting our expertise in neuropsychology and neuropsychiatry—which means assessment training is offered in neurocognitive interpretations of data derived from extensive testing batteries. Treatments are also scientifically-supported, with outcomes considered from a neuroscience perspective. *Science, Support, Synergy* That's our motto—and guiding perspective—for creating possibilities.
- You will have opportunities to see clients of all ages, from preschool through adults in Assessment and Treatment practicums.

**Keywords:** ADHD, Learning Disabilities, Autism Spectrum Disorder, Mental Health Disorders, Tic Disorders, Tourette Syndrome, Neuroscience, Multidisciplinary Teams

**Training/research opportunities:** Specifics to be determined based on the interests and experiences of potential candidates

**Practicum Application Deadline:** February 1, 2024 by GTA Practicum Committee

**Application procedure:** Please submit your CV and cover letter, and a minimum of three references.

*Last Updated:* October 14, 2022

## **Practicum Site Information Sheet**

**Name of site:** Psychological & Counselling Services Group

**Supervisor or Contact Person:** Kassidy Roberts, MSc – Clinical Services Manager

**Email:** kassidy@oshawapsychologist.com

**Phone:** 905-721-7723

**Address:** 117 King St E., Oshawa, Ontario, L1H 1B9

### **Type of Practicum offered:**

Child \_\_\_\_ Adult \_\_\_\_ Both

Assessment \_\_\_\_ Intervention \_\_\_\_ Both

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

PCSG provides “one-stop” full-range psychological assessment, psychotherapy and counselling services based on a variety of evidence-based approaches such as CBT, DBT, and EFT. PCSG clinics address a broad number of issues and often complex presentations to meet the needs of a diverse population that includes children, adolescents, adults, couples, and families. Our main office is in a convenient downtown location, inside the Oshawa Clinic, which is the largest multi-specialty medical group practice in Canada with over 110 physicians.

PCSG offers clients both virtual and in-person services, to allow them to tailor their therapy experience to what works best for them.

PCSG has a supportive team of over 25 experienced psychologists and psychotherapists dedicated to training the next generation of clinicians with an approach that emphasizes collaboration, mentoring and professional development. We have been offering clinical practicum placements for over 15 years and offer practica in both child and adult tracks, in assessment and intervention.

Students at PCSG will also participate in monthly group consultations from visiting psychologists who specialize in DBT and EFT. We also offer weekly DBT and peer consultation groups as well as supervision in Family Therapy, Couple Therapy and Sex Therapy as required.

PCSG also places great importance on involving students in its broader, on-going commitment to community service and innovation. Since 2008, we have run a not-for-profit Low Fee Clinical Service open to all members of the public who face financial barriers in accessing psychological services. This also allows our placement students to see a

greater number of clients and take full responsibility for maintaining a caseload under the supervision of a PCSG psychologist or psychotherapist.

**Keywords:** Oshawa, low-fee, psychotherapy, assessment, DBT, EFT

**Training/research opportunities:** CBT, DBT, EFT, Relational Therapy, Sex Therapy, Eating Disorders, Child/Adolescent/Adult, Psychotherapy, Assessment

**Practicum Application Deadline:** February 1, 2024

**Application procedure:** (*i.e., documents needed for application, number of references, etc.*): CV/resume, cover letter, 3 references (to be submitted post-interview)

*Last Updated:* October 26, 2023



## Practicum Site Information Sheet

**Name of site:** Remedy (see supplemental brochure for additional information)

**Supervisor or Contact Person:** Dr. Melissa Milanovic, C.Psych (Practicum Coordinator)

**Email:** [dr.milanovic@remedycentre.ca](mailto:dr.milanovic@remedycentre.ca)

**Phone:** 647-362-8822 ext. 127

**Address:** 703 Bloor St. West, Suite 201 | Toronto, ON | M6G 1L5

### **Type of Practicum offered:**

Child  Adult  Both  (there may be options to work with youth depending on supervisor)

Assessment  Intervention  Both

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

### **What is Remedy?**

[Remedy](#) is a social enterprise: a clinical practice, a home for research, and a community that is committed to our own personal growth and that of our work. We are a vibrant, open-minded community of practitioners and researchers who value both high quality clinical expertise as well as the ongoing shaping and development of our field. Our philosophy is to innovate mental healthcare and to work with clients to amplify and support the lives they want to live. Our mission is to provide **excellent care** through a commitment to innovation and growth.

### **What is Remedy Institute?**

We recently launched [Remedy Institute](#), a registered Canadian charity that exists alongside Remedy. The mission of Remedy Institute is to bridge different ways of knowing, from the seen to the ineffable, through research, practice, and community. We focus on funding innovative research and **accessible services** for those who are traditionally underserved.

### **Model of Service Delivery**

The model of service delivery for our Practicum program is unique: non-profit in a private practice setting. This means Remedy would not profit off the services students deliver (any fees collected would be put back into Remedy Institute) while providing them with exposure to the professionalism of a private practice. Our goal is to provide low-cost therapy to those in need, thereby both increasing **accessibility** while helping students meet their training goals.

### What we offer

At Remedy, providing **excellent care** to clients is the bedrock of our work. Collectively, our expertise includes Cognitive Behavioural Therapy, Emotion Focused Therapy, Cognitive Processing Therapy, Cognitive Behavioral Conjoint Therapy for PTSD, Psychodynamic psychotherapy, working with non-ordinary states of consciousness, and Mindfulness Based Cognitive Therapy. We are committed to following the practicum model of providing weekly, high-quality supervision, and students can specialize in their specific areas of interest.

### Services Offered at Remedy

The following encompasses services offered at Remedy. At minimum, trainees would have opportunity for training in assessment and provision of therapy with adults. Other opportunities as listed below will depend on supervisor availability and program offerings at Remedy at the time of student placement.

Individual Therapy	We provide individual therapy for a range of questions and concerns, including growth and exploration, PTSD/trauma, depression, anxiety, relationships, OCD, insomnia, living with HIV, integration of non-ordinary states of consciousness, supporting questions around gender and sexuality, and many more.
Couples Therapy	We see couples and other relationship constellations to support satisfaction, to assist in transitions, and also to treat particular conditions, such as PTSD.
Assessments	We offer comprehensive assessments to young adults and adults for Learning Disabilities, Attention-Deficit/Hyperactivity Disorder, and mental health challenges to assist individuals who may be seeking diagnostic clarification, school and work supports, and support with treatment planning.
Group Programs	We offer Mindfulness Based Cognitive Therapy and other groups as tools to promote well-being.
Clinical Consultation	We offer clinical consultation to other providers, particularly for Cognitive Behavioral Conjoint Therapy for PTSD, Cognitive Processing Therapy for PTSD, and Psychodynamic Psychotherapy.
Research Consultation	Drawing on our extensive backgrounds in research design, we offer research consultation and support for teams, organizations, and colleagues looking to answer questions related to our expertise.
Workshops and Training	We offer workshops in trauma-informed care and trauma treatment, as well as co-created setting-specific workshops and trainings.

At present we offer both virtual and in-person services. We are located at Bloor and Christie in Toronto, in a beautiful light-filled space. We are a 2SLGBTQI+ embracing practice. Students would be fully integrated into our practice while they are with us, and there may be opportunities to join our practice more permanently as we continue to grow.

**Keywords:** Clinical Psychology, Counselling Psychology, individual therapy, assessment, trauma-informed, accessible services, anti-oppression, diversity, multicultural, private practice.

**Training/research opportunities:** In addition to opportunities outlined above, training will follow a developmental model of supervision in weekly individual supervision, which may include direct observation or review of recordings, role play, provision and discussion of relevant readings, and Remedy team meetings.

**Practicum Application Deadline:** We are following the application deadline and Match process set out by the GTA Match committee.

**Application procedure:** (*i.e., documents needed for application, number of references, etc.*)

This is an advanced practicum. We welcome doctoral clinical psychology applicants who have completed at least one doctoral practicum and are applying for a Fall 2024 – Spring 2025 placement. Applicants interested in a Fall (September) 2024 placement should email the following documents to [dr.milanovic@remedycentre.ca](mailto:dr.milanovic@remedycentre.ca):

- Cover letter and CV (please include the type of training opportunities you are hoping for, and include an answer to this question: *what do you dream of when you think about innovating mental health?*)
- Unofficial graduate transcript
- 2 reference letters
- Video or on-site interview upon request

*Last Updated: October 2023*

## Practicum Site Information Sheet

**Name of Site:** Sageview Health (formerly B&C Health)

**Supervisor or Contact Person:** Katherine Holshausen, PhD, C.Psych

**Email:** [practicum@sageviewhealth.ca](mailto:practicum@sageviewhealth.ca)

**Phone:** (905)814-8200 (clinic phone)

**Address:** 2000 Argentia Road, Plaza 3, Suite 101, Mississauga, ON, L5N 2R7

Our practice is located just south of Highway 401 off the Mississauga Road exit. We have ample free parking for clients and staff (including practicum students). It is also accessible from the Meadowvale and Streetsville GO stations via Mississauga transit.

### **Type of Practicum Offered:**

Child  Adult  Both

Assessment  Intervention  Both

\*Focus can be exclusively assessment, exclusively intervention, or a combination.

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

Sageview Health (formerly B&C Health) is a large practice with an interprofessional team of 36 clinicians including psychotherapists, social workers, psychological associates, student therapists, and clinical psychologists. Fostering a culture of learning from other mental health professionals is one of our core values, and we welcome practicum students to be part of this culture. We are also committed to providing a safe space for individuals who identify as members of the LGBTQIA2S+ community and our clinicians aspire to integrate compassion and empirically informed approaches into our clinical services.

Our clinic sees a wide age range from children (5+) to older adults (65+), and we routinely see a variety of clinical presentations and diagnoses including mood disorders, anxiety disorders, trauma- and stressor-related disorders, emotion dysregulation, stress and burnout and behavioural disorders. Our clinicians provide individual, couple, and family therapy. In addition to the information below, more details about our site can be found on our website at [www.sageviewhealth.ca](http://www.sageviewhealth.ca)

We offer **4 practicum streams** at Sageview Health:

### **(1) Adult Psychotherapy**

The primary therapy modality employed at Sageview Health is CBT-oriented, however most of our clinicians are integrative in their approach. Our team uses a number of evidence-based practices including CBT, ACT, CPT/PE, EFT, and DBT. Practicum

students will have the opportunity to deliver manual-driven CBT protocols complemented by other psychotherapy approaches and techniques when indicated for a range of diagnoses. Advanced students will have the opportunity, where possible and appropriate, to work with more challenging clinical presentations including provision of trauma-informed care and evidence-based psychotherapies such as CPT and PE. Therapy can be conducted online or in-person, with in-person being increasingly in demand for child/adolescent therapy.

If interested, practicum students in this stream could also engage in psychodiagnostic and psychoeducational assessments with adult clients, culminating in integrated reports.

## **(2) Comprehensive Standard DBT for Adolescents and Young Adults**

Sageview Health runs a Comprehensive Dialectical Behavior Therapy (DBT) program for adolescents and young adults including DBT skills group, phone skills coaching, DBT consultation team, and individual DBT therapy. Practicum students will 1) learn principles of DBT and how to apply these to fidelity in session, 2) learn to teach DBT skills groups to adolescents/young adults and their parents (multi-family), 3) participate fully in a DBT consultation team, providing support and consultation for other clinicians, and 4) learn to provide phone coaching for individual clients. As part of the placement, practicum students will also be exposed to suicide risk assessment and management and are welcome to join ongoing trainings and consultation available to the team (e.g., training on RoDBT, working with eating disorders, etc).

Common presenting issues for clients in our DBT program include borderline personality disorder, suicidality, self-harm behaviour, PTSD, disordered eating, anxiety, and depression.

Practicum students will also assess complex clinical presentations (personality disorders, PTSD, and suicidal and self-harm risk) as part of the screening for the DBT program and as a means to determine appropriate targets for treatment while in the program. Options to conduct assessment and treatment for child, adolescent, and adult clients outside of the DBT program are also available, depending on learner interests and experience.

## **(3) Child and Adolescent Assessment (with some Adult)**

The assessment practicum stream offers in-person assessments to individuals aged 6 and older, including adults. Practicum students can participate in psychoeducational (ADHD, learning disabilities, intellectual disabilities) and giftedness assessments. Other assessments may be strictly diagnostic in nature (e.g., anxiety, depression, OCD, BPD, etc), though diagnosis often forms part of psychoeducational assessments.

Comprehensive assessments include a variety of assessments tools, including WISC, WAIS, WRAML, WIAT, CPT, NEPSY, DKEFS, PAI, MMPI, R-PAS, etc. Possibility to observe autism testing (requires previous ADOS-2 training to conduct testing).

As part of this rotation, learners may also provide individual psychotherapy for children, adolescents, and adults. Typical treatment modalities include CBT (including ERP for

OCD), trauma-focused therapies (TF-CBT, CPT, PE), DBT-informed therapy, and motivational interviewing. There are also opportunities to provide parent training/coaching. Therapy can be conducted online or in-person, with in-person being increasingly in demand for child/adolescent therapy.

#### **(4) Child and Adolescent Psychotherapy**

Our child and adolescent program provides psychotherapy to individuals ages 6-18. Individual therapy is typically offered to children and youth (and their parents, where appropriate and indicated). Direct therapy and coaching are also available for parents. Typical presenting concerns include anxiety, mood difficulties, OCD, ADHD, selective mutism, and personality disorders (in older adolescents). Psychologists on this team used an integrated approach of modalities including cognitive behavioural therapy (CBT), dialectical behaviour therapy (DBT), acceptance and commitment therapy (ACT), emotion-focused family therapy (EFFT), and motivational interviewing (MI). Semi-structured and/or structured interviews (e.g., K-SADS) alongside supplemental standardized questionnaires as indicated are used at the start of treatment to inform case conceptualization and treatment planning. There are also often opportunities for interprofessional case consultation concerning client care, including interfacing with family doctors and psychiatrists, and liaising with school staff.

The primary focus of this practicum is the provision of psychotherapy, however, if interested, practicum students in this stream could also engage in psychodiagnostic and psychoeducational assessments with children and youth, culminating in integrated reports.

**Keywords:** CBT, ACT, DBT, depression, bipolar disorder, anxiety disorders, PTSD, trauma- and stressor-related disorders, borderline personality disorder, obsessive-compulsive and related disorders, comprehensive psychological assessments, individual therapy, couples therapy.

#### **Supervision:**

Supervision will be provided in both individual and group formats. Individual supervision will be provided once weekly for 1.5 hours and will involve reviewing of recorded session material in addition to clinical practice and ethical issues as they come up, and discussion of other clinical issues as they relate to practicum learner goals.

Group supervision is led by a clinical psychologist and includes individuals at early stages of their careers across multiple mental health disciplines (e.g., social workers, psychotherapists, graduate students, student therapists). Group supervision is 1 hour in duration and is offered on a bi-weekly basis.

Our clinic-wide clinical consultation meets bi-weekly for discussion of ethical issues, challenging clinical presenting issues, and professional reporting duties (e.g., duty to report abuse).

#### **Training/Research Opportunities:**

Sageview Health employs a developmental approach to training and supervision in the

context of the scientist-practitioner model. To this end, we focus on integrating clinical research into our clinical practices and following evidence-based therapies (EBTs). Learners will develop skills in assessment and/or treatment with a focus on case conceptualization and adherence to EBTs. Learners will also monitor client progress through outcome monitoring to index symptomatic and clinical change, using data to inform client-centered and meaningful discharge and relapse management plans.

Bi-weekly research and clinical practice rounds hosted by Sageview Health from internal and external speakers on evidence-based interventions, assessment, and psychotherapy. Learners have the opportunity to present as part of these rounds during their practicum placement if they wish.

We also offer a training allowance in the amount of \$250. In consultation with their Sageview Health supervisor(s), practicum students may identify relevant training opportunities (e.g., Psychwire, relevant books, or workshops) which Sageview will purchase on behalf of the learner so that the student may have access to those trainings during their practicum with us. These will be aligned with learner-specific training goals. *Note: learners will not be compensated for expenses or paid, rather offered access to resources on behalf of Sageview Health.*

Currently, there is no formal research component to this practicum.

**Practicum Application Deadline:** Same as deadline set by the GTA practicum committee, though rolling admissions may be considered on a case-by-case basis.

**Required Application Materials/Procedure:**

- Unofficial transcripts from graduate school
- Two letters of reference
- 1 page letter of interest, including training goals and objectives for the prospective practicum
- Curriculum vitae (CV)
- On-site or virtual interview

Note: preference for students with previous experience delivering CBT, completion of at least 2 assessment courses, and completion of at least one 500-hour practicum.

Except for reference letters, please assemble all materials and submit them to Dr. Katherine Holshausen at [practicum@sageviewhealth.ca](mailto:practicum@sageviewhealth.ca) Reference letters should be sent directly from referees to Dr. Holshausen via email. Reference letter email should include the name of the applicant in the subject line. Reference letters are subject to the same deadline as the rest of the application.

Sageview Health participates in the **Common Notification Day** with other GTA sites. You will be notified that day if we are offering you a practicum placement position.

*Last Updated:* November 2, 2023

## Practicum Site Information Sheet



**Name of Site:** Step Stone Psychology

**Supervisor or Contact Person:** Dr. Barbara Mancini, Ph.D., C.Psych.

**Email:** [info@stepstonepsychology.com](mailto:info@stepstonepsychology.com)

**Phone:** 416 551 7284

**Website:** [www.stepstonepsychology.com](http://www.stepstonepsychology.com)

**Address:**

**600 Sherbourne Street, Suite 312**

Toronto, ON

M4X 1W4

**137 Finch Ave. West**

North York, ON

M2N 2J1

**Type of Practicum offered:**

Child  Adult  Both

Assessment  Intervention  Both

**Anticipated Number of Positions for 2023-2024:** 3 - 5

**General Information** (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.)

**Site Description:**

**Step Stone Psychology** is a well-established private practice of 21 interdisciplinary clinicians (including psychologists, registered psychotherapists, social workers, qualifying candidates and students) that has been serving **children, adolescents, adults, families, and couples** in the Toronto's downtown core and North York area. Step Stone Psychology is proud to offer broad and diverse clinical services across the lifespan, including specialized forensic psychology services.



As a 2SLGBTQ+ positive space, we also feature out and allied clinicians with specialized knowledge, skills, and resources to share with students.

Our practice values our clinicians and students as much as our clients and thus emphasizes work-life balance and self-care for all members of our team.

Step Stone Psychology offers a unique opportunity to collaborate with other clinical disciplines in a rich learning environment.

### **Transit/Accessibility:**

We have two wheelchair and TTC accessible offices which are recently renovated, modern, stylishly furnished, and well-appointed.

### **Locations:**

Two locations are **downtown Toronto** at **Sherbourne and Bloor** and **North York** near **Yonge and Finch** (Step Stone Center)

### **Current Students and Trainees:**

We are proud to currently include assessment and treatment practicum students, doctoral associates, and psychologists in supervised practice from York University, the University of Toronto, the University of Guelph, Western University, Toronto Metropolitan University, Fielding University as members of our team.

### **Services:**

Step Stone Psychology offers intervention and assessment services across the lifespan and across various practice areas including child, adolescent, and adult clinical psychology, youth forensic psychology, and autism mental health.

### **Intervention services:**

There is opportunity to be involved in both **individual** and **group** treatment (e.g., Circle of Security Parenting\*™).

Services include treatment with children, adolescents, adults, parents, and couples as well as parent-child dyadic and family-based care. Students will be trained in developing and adopting an integrative and trauma-informed approach to care.

### **Treatment and Modalities:**

Students will be able to learn integrative therapeutic approaches that include elements of:

- CBT
- EFT
- DBT-informed

- IPT
- ACT
- Motivational Interviewing,
- Circle of Security Parenting\*™,
- Supportive therapy,
- Arts/play-based treatment approaches,
- Relational/Psychodynamic/Object Relations modalities.

Work with children, adolescents, families/parents in particular will also include attachment-focused modalities, and/or targeted cognitive and behavioral interventions.

### **Assessment services:**

We offer comprehensive **psychodiagnostic, psychoeducational, neuropsychological, and forensic youth** assessments.

Students will broaden their assessment skills by participating in complex clinical psychodiagnostic assessments:

- mental health,
- personality,
- concurrent disorders,
- ASD/developmental concerns, ADHD, etc.
- Some pediatric neuropsychology and psychoeducational assessments
- learning concerns,
- giftedness,
- attentional concerns,
- behavioural issues,
- concurrent mental health and addictions, etc.

Opportunities for additional add-on experience and training in assessment in the areas of neuropsychology, ASD, youth forensic psychology are also possible (see below).

### **Additional Training Opportunities**

Interested students will have the opportunity to broaden their clinical training and gain exposure and skills in different psychology practice areas and/or populations. This includes Forensic Youth Psychology, Pediatric Neuropsychology, and Autism Mental Health.

### **Forensic Youth Psychology**

*Supervisor: Dr. Nina Vitopoulos*

Students will be trained in the provision of psychological consultation, assessment, formulation, diagnosis, and treatment of youth in the context of youth justice involvement and concurrent mental health needs. Primary modalities include CBT (Cognitive Behavioral Therapy), Dialectical Behavior Therapy (DBT), Motivation Interviewing (MI).

Students will also be offered training opportunities in liaising with families, other clinicians, and justice-related professionals (lawyers, parole officers, judges).

### **Populations:**

We work with a wide range of populations experiencing a range of concerns including mood and anxiety, trauma, emotion regulation issues, relational concerns, infant-parent relational and attachment concerns, parenting and family functioning, learning issues, giftedness, attentional issues, developmental concerns (e.g., ASD), youth forensic issues, career development needs, substance use concerns, 2SLGBTQI+ health and gender identity concerns, among others.

### **Supervision:**

Supervision is provided by several psychologists:

#### ***Primary/Core Supervisors:***

- Dr. Barbara Mancini (Clinical/Counselling Psychology; populations: children, youth, adults, and families)
- Dr. Nina Vitopoulos (Clinical/Forensic Psychology; populations: children, youth, and adults)

***Alternate/Additional Supervisors:*** (providing supervision on particular cases for add-on experience in specialized areas)

- Dr. Vicky Lishak (Clinical/Neuropsychology)

### **Supervision Format:**

Supervision will be provided on a **weekly individual basis** and in a **group format**. Supervision may include observation, reviewing video recordings, and collaborative assessment or co-therapy opportunities.

### **Training/research opportunities:**

Practicum students will have the opportunity to strengthen foundational clinical skills while working with diverse clients presenting with a broad range of clinical presentations across the lifespan.

### **Additional Supervision and Learning**

**Supplemental supervision and learning opportunities** also include various in-house seminars such as:

- **Bi-weekly EFT Training Seminar**
- **Gender and Sexual Diversity workshops**
- **Trauma-Informed Care didactic**

- **Parenting and Attachment didactic**
- **School Psychology didactic**
- **Intro to forensic psychology didactic**
- **Personality Concerns didactic**
- **Career Development in Psychology workshop**

We will be offering group therapy virtually, or in-person depending upon the COVID-19 pandemic guidelines at the time, in which students may be able to **co-facilitate/assist** with alongside supervisors and senior clinicians to deliver groups such as DBT skills training, Circle of Security Parenting\* ™, etc. etc.

Where indicated, Step Stone Psychology will potentially pay for one day of relevant training off-site in the community.

**Keywords:** Mood and Anxiety Disorders, Trauma, Attachment/Parenting concerns, , 2SLGBTQ+ concerns, Gender, Youth Forensic, Learning/Giftedness and Attentional concerns, ASD, behavioural and developmental concerns.

**Practicum Application Deadline:** February 1, 2024 (required date)

Same deadline as set by the GTA practicum committee – **February 1, 2024**, but will accept applications afterwards.

**Application procedure** (i.e., documents needed, number of references, etc.)

7. A one-page statement of training goals and objectives,
8. An up-to-date curriculum vitae (CV),
9. Two letters of reference,
10. Virtual interview (or post-COVID-19 On-site).

Please assemble all materials (except for reference letters) prior to submission and email them to Dr. Barbara Mancini at [info@stepstonepsychology.com](mailto:info@stepstonepsychology.com). Please ask referees to email reference letters with the name of the applicant in the subject line as soon as possible.

**Further recommendations:**

\* Placements are typically offered to extend to 1 year to allow you to learn and apply knowledge over time, (some flexibility of end dates are possible, please specify in your letter your interest/timeline).

*Last Updated:* October 2023

## **Practicum Site Information Sheet**

**Name of site:** The Mindful Living Centre

**Supervisor or Contact Person:** Dr. Chris Parrish & Dr. Susan Sergeant

**Email:** cparrish@mindfullivingcentre.ca

**Phone:** 289-270-1757

**Address: Location 1:** 400 Bronte St. South, Unit #219, Milton, ON, L9T 0H7

**Location 2:** 5045 Mainway, Unit #204, Burlington, ON, L7L 5H9

**Location 3:** 1943 Ironoak Way, Unit #B204, Oakville, ON

### **Type of Practicum offered:**

Child  Adult  Both

Assessment  Intervention  Both

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

The Mindful Living Centre currently has three locations (Milton, Burlington, and Oakville). We offer services to adults, adolescents, children, families and couples.

At The Mindful Living Centre, we partner with clients to explore individually tailored strategies for addressing life's challenges, in our quest to promote personal growth and well-being. We provide effective psychological assessment and counseling services in a compassionate and non-judgmental atmosphere, empowering clients to achieve a better quality of life.

### ***Why choose us?***

**Dedication to excellence:** We embrace the scientist-practitioner model and insist on using evidence-based treatments. Financial support is offered for continuing education, and opportunities exist for rounds and peer supervision.

**Quality of work life:** We offer very comfortable and well-appointed office spaces, fantastic administrative support, and highly competitive compensation. Work-life balance is encouraged with flexible hours and a health & wellness stipend, and fun team-building events create a warm and collegial atmosphere.

**Variety:** In addition to "standard" assessment and therapy work, Associates will have opportunities to become involved in facilitating workshops and community events, online therapy sessions, and insurance-funded assessment and treatment.

More information can be found on our website: [www.mindfullivingcentre.ca](http://www.mindfullivingcentre.ca)

**Keywords:**

Anxiety, Depression, Stress, Relationship issues, OCD, GAD, Social anxiety, Panic Disorder, PTSD, Chronic Pain, Addictions, Behavioural issues, Psycho-educational assessments

**Training/research opportunities:**

Supervision is offered individually on a weekly or bi-weekly basis, depending on case load. The Mindful Living Centre has several autonomously practicing psychologists who are able to provide supervision. In addition, practicum students will have the opportunity to attend regular rounds meetings, and private workshops and webinars offered at our Centre.

**Practicum Application Deadline:** N/A (applications accepted at any time)

**Application procedure:** Interested applicants should send their C.V. along with cover letter to Dr. Chris Parrish at [cparrish@mindfullivingcentre.ca](mailto:cparrish@mindfullivingcentre.ca)

*Last Updated:* September 20, 2022

## **Practicum Site Information Sheet**

**Name of site:** Toronto Neurodevelopmental Centre

**Supervisor or Contact Person:** Dr. Robyn Stephens, PhD. C.Psych, Director,  
Erlene Webster, Office Manager

**Email:** [drrobystephens@torontonc.com](mailto:drrobystephens@torontonc.com), [erlene@torontonc.com](mailto:erlene@torontonc.com)

**Phone:** 416-362-2003

**Address:** 67 McCaul Street, Toronto, ON. M5J 2N6

### **Type of Practicum offered:**

Child  \_\_\_ Adolescent  \_\_\_ Adult  \_\_\_ Both

Assessment  \_\_\_ Intervention  \_\_\_ Both  \_\_\_

### **General Information About the Practicum:**

The Toronto Neurodevelopmental Centre (TNC) is a private practice clinic conveniently located in downtown Toronto, across from OCAD University, with easy commuting options from both Subway and streetcar. We provide a dynamic, hands on, comprehensive assessment/intervention practicum experience to clinical MA/PhD students, who have a keen interest in learning about neurodevelopmental assessments (clinical, ASD, ADHD, psychoeducational, gifted/LD), with neurodiverse children, youth and adults. You will gain experience applying a differential diagnosis model of clinical formulation through to the controlled act of conveying a clinical diagnosis. You will be directly involved in the development and implementation of individualized treatment/therapies for a wide range of neurodiverse populations, including Autism Spectrum Disorder, ADHD, tics/Tourette's, OCD, Anxiety, Depression, and Gifted/Learning Disability cognitive profiles.

### **Training/research opportunities:**

Dr. Stephens introduces clinical students to the unique presentations of neurodiversity by including practicum students to regularly shadow/observe, then co-lead clinical intake sessions, clinical assessments, psychometric, neuropsychological and psychological testing, and therapy sessions, while offering ongoing feedback, and increasing degrees of directly supported interaction guided by the practicum students' personal development of clinical confidence, understanding and comfort level. Students will learn how to incorporate interview, history, and assessment data/information into a clinical report, as well as how to develop recommendations and strategies to best meet individual needs and circumstances.

In our clinic, students benefit from direct contact with Dr. Stephens, who is registered as a

Clinical Psychologist and Clinical Neuropsychologist, with over 20 years' experience, to participate in intake through to testing, diagnostic formulation, report preparation and diagnostic feedback sessions. We place priority on providing neurodiversity education to patients and their families to help provide understanding and answer their questions, while working together to develop practical strategies and therapy plans that identify individual strengths and challenges, help reach academic and life goals, plans to get “unstuck” from seemingly overwhelming situations, and strategies for reducing everyday stress. We provide support for elementary through to post graduate academic programming, design work/school accommodation recommendations, and develop relationship/communication strategies, with the underlying goal to help better navigate everyday life situations more effectively and with less stress to the best of the individual's potential.

Practicum students benefit from peer collaboration with our Psychological Associates, therapists, and clinicians to discuss experiences, strategies, and case formulations from varying perspectives. We offer ongoing access to multiple webinar and workshop skill building courses, directed readings, potential funding support for clinical skill certification courses and continuing education workshops. You will have access to the newest technologies, including electronic test protocols, online scheduling, and electronic charting programs to reduce administrative demands. We provide full time supportive services of our clinic office manager, Erlene Webster, who manages all clinical inquiries, bookings, patient requests, file management and administrative needs.

The Treatment components of your practicum at TNC offer opportunities to engage in best practice and evidence-informed therapies, primarily from a neuropsychological perspective, both in person and if requested, virtually. We follow an integrated approach to therapy, including CBT, Dialectical Behavior Therapy, Acceptance and Commitment Therapy (ACT), Executive Function/adhd coaching/therapies, as well as Collaborative and Proactive Solutions (child to adult age groups). Depending on the clients presenting needs sessions may focus on ADHD management strategies, gender dysphoria and sexuality in ASD, improving Mindfulness, anxiety disorders symptoms, depression, and OCD.

### **Practicum Application Deadline:**

There may be opportunity to begin your practicum as early as fall/winter 2023/2024, so please contact Erlene Webster, Office Manager, 416-362-2003, [erlene@torontonc.com](mailto:erlene@torontonc.com) if you are interested in more information.

We will be accepting 1-2 practicum students per semester, depending on the length of term of existing students. We ask for a commitment of a minimum 6–12-month practicum, 1-2 days a week (flexible times), due to the intensity and complexity of the neurodevelopmental training and experience each practicum student will receive, which is required to begin to establish a solid foundation for understanding and working with complex neurodiversity populations across all age groups.



## Application procedure

Please submit a PDF for Word document containing a cover letter and CV to Erlene Webster [erlene@torontonc.com](mailto:erlene@torontonc.com). Your cover letter should include:

- A brief description of past training experiences and skills and training objectives
- Why us you believe Toronto Neurodevelopmental Centre would be a good fit for you and your clinical interests
- Your proposed availability to start your practicum, if known, and the number of hours and/or days per week you are interested in
- The desired duration of your placement (e.g. fall term, summer, full academic year)
- A copy of an unofficial graduate transcript (for review of relevant course work)

### Please also submit:

- Two reference letters relevant to your graduate course or clinical work
- A sample, de-identified copy of a clinical report or treatment plan (if available)

### Requirements:

- All applicants must be enrolled in or recently completed graduate program (MA/PhD) in Clinical Psychology
- PhD students with clinical experience are highly encouraged to apply, however motivated MA level clinical students will also be competitively considered.
- If successful in securing your practicum at TNC, you will be required to provide a recent vulnerable sector criminal background check prior to starting your placement

**Keywords:** Neurodevelopmental, neurodiversity, children, adolescents, adults, ASD, ADHD, OCD, tics, Tourette's, Anxiety, Depression, Gifted/Learning disability profile, in-person clinic, virtual treatment, downtown Toronto

*Last Updated:* September 18, 2023



# Child & Adolescent Sites

## **Practicum Site Information Sheet**

**Name of site:** Durham Psychology Wellness Centre (DPWC)

**Supervisor or Contact Person:** Emily Simkins-Strong, Ph.D., C. Psych.

**Email:** [dr.emily.simkins-strong@dpwc.ca](mailto:dr.emily.simkins-strong@dpwc.ca)

**Phone:** (289) 278-6400

**Address:** 109 Centre Street South, Whitby, ON, L1N 4V6

**Type of Practicum offered:** Advanced practicum in child / adolescent intervention.

Child  Adult  Both

Assessment  Intervention  Both

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

The Durham Psychology Wellness Centre is a group private practice located in downtown Whitby. We offer psychological intervention services to children, adolescents, and their families, who are struggling with a wide range of mental health difficulties and challenging life circumstances. Services are provided both in-person and virtually. The team also includes professionals from other disciplines, including social work, registered psychotherapists, and a registered dietician. Please visit our website at [www.dpwc.ca](http://www.dpwc.ca) for more information.

We are hoping to offer one advanced practicum placement in child / adolescent / family intervention for the 2024-2025 academic year. As most clients are seeking in-person services, we would expect the student to be on site one day per week. Students will have the opportunity to receive exposure to a wide range of ages and presenting difficulties, as well as a range of therapeutic approaches, including both skills-based interventions (e.g., CBT, UP, DBT-informed) and more relational process-oriented approaches (attachment-based, psychodynamic, family systems). Weekly individual supervision will be provided with Dr. Simkins-Strong, emphasizing a developmental, relational approach to supervision. Co-therapy opportunities may also be incorporated where possible and appropriate.

**Keywords:** Child and adolescent therapy; parent coaching; family therapy; private practice; anxiety disorders; depression; OCD; parent-child relationship difficulties; trauma.

**Training/research opportunities:** Students are welcome to attend monthly clinical consultation meetings with the multi-disciplinary team. Psychology-specific consultations also take place on a regular basis.

**Practicum Application Deadline:** As per GTA matching process

**Application procedure:** (*i.e., documents needed for application, number of references, etc.*):

Please send a CV, cover letter, 2 clinical references, and an informal graduate transcript to [dr.emily.simkins-strong@dpwc.ca](mailto:dr.emily.simkins-strong@dpwc.ca).

*Last Updated:* November 2023

## **Practicum Site Information Sheet**

**Name of site:** Family Psychology Centre (FPC)

**Supervisor or Contact Person:** Dr. Mirisse Foroughe, Ph.D., C. Psych.

**Email:** [mforoughe@familypsychology.org](mailto:mforoughe@familypsychology.org)

**Phone:** 416-456-3164

**Address:** 181 Eglinton Avenue East, Suite 300, Toronto, Ontario, M4P 1J4

### **Type of Practicum offered:**

Child  Adult  Both

Assessment  Intervention  Both

**General Information About the Practicum:** (*e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.*)

FPC is a community-based clinic, clinical training site, and psychology research lab operating with a collaborative team of psychologists, social workers, occupational therapists, art therapists, and child psychiatrists. We also collaborate professionally with many local health professionals including pediatricians, developmental pediatricians, speech and language pathologists, dietitians, and neurologists. FPC has built a strong reputation for professional consultation and clinical teaching, as well as empowering parents and families to support children, teens, and adults with mental health difficulties. We are walking distance from Eglinton Subway station and the TTC.

**Keywords:** Emotion Regulation, Depression, Primary Care, Eating Disorders, Anxiety and Obsessive-Compulsive Disorder, Autism Spectrum Disorder, Giftedness, Family Conflict, Parenting Stress.

**Training/research opportunities:** Opportunities to train in intervention with all categories/age-groups within the population: infants and preschoolers, school-aged children, teens, adults, parents, and families. Wide range of presenting concerns; individual therapy, parent-child interventions, and family therapy; seminars and clinical training in emotion focused therapies, family therapy, eating disorders, and treatment of OCD.

**Practicum Application Deadline:** As per Match guidelines

**Application procedure:** Please send your CV, two letters of recommendation, copy of transcripts (unofficial/released to student is fine), and please indicate the following in your cover letter or email:

- a. Availability, if known (days of the week)



- b. Number of days per week you would like to be placed (typical is 2 days/week)
- c. Number of months per placement (typical is 8 months)
- d. Your daytime phone number

*Last Updated: October 2022*

## Practicum Site Information Sheet

**Name of site:** Holland Bloorview Kids Rehabilitation Hospital (**see supplemental brochure for additional information**)

**Supervisor or Contact Person:** Dr. Janine Hay, Practicum Coordinator

**Email:** jhay@hollandbloorview.ca

**Phone:** 416-425-6220 ext. 6342

**Address:** 150 Kilgour Road, Toronto, ON M4G 1R8

**Type of Practicum Offered:** Child  Adult  Both

Assessment  Intervention  Both

### **General Information about the**

**Practicum:** (*e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.*)

Holland Bloorview Kids Rehabilitation Hospital is Canada's largest children's rehabilitation hospital focused on improving the lives of children and youth with disabilities. We are a global leader in applied research, teaching and learning, and client and family centred care. Our vision is to create the most meaningful and healthy futures for all children, youth and families. Holland Bloorview is fully affiliated with the University of Toronto and home to the Bloorview Research Institute. Services at Holland Bloorview include inpatient hospital care for children, outpatient assessment clinics, therapy programs and community outreach programs. We have a school on the premises that provides educational programming during inpatient stays in the hospital, as well as a comprehensive program for young children with physical disabilities.

Holland Bloorview is centrally located in Toronto within a residential neighborhood that backs onto parks and recreational trails. It is accessible by public transit and includes many amenities to benefit clients, families, staff and the community, such as a family resource centre, a swimming pool, a fitness room for staff, a hotel for parents of clients, and a daycare for staff parents and the community.

We serve children and youth with many disabilities and diagnoses including acquired brain injury, concussion, Autism Spectrum Disorder (ASD), cerebral palsy, spina bifida, and genetic disorders. The focus within our clinical and research programs is on client and family centered care. Respect for diversity is also embedded within our core values and our facility is accessible for individuals with physical disabilities.

Holland Bloorview currently offers an assessment practicum specializing in **pediatric neuropsychology** within the Brain Injury Rehabilitation Program. Psychology practicum students in this placement will gain experience in neuropsychological assessment with

clients who have sustained moderate to severe acquired brain injuries. There will also be training opportunities through our Concussion Clinic, providing focused neuropsychological assessments and consultations for children and youth with persisting post-concussion symptoms. Students will participate on multi-disciplinary rehabilitation teams and they will learn about brain injury recovery over time and across different levels of severity.

In this placement, students will gain experience working on the outpatient Brain Injury Rehabilitation Team (BIRT), as well as our Concussion Team, with specific training in the administration, scoring and interpretation of neuropsychological tests. Additional training will be provided in conducting intake interviews and feedback sessions, formulating impressions and diagnoses, writing clinical reports and consulting with healthcare providers on multi-disciplinary teams. Some exposure to inpatient neuropsychological services will also be provided.

**Supervision:**

Each practicum student will be assigned a primary clinical supervisor although case supervision will also be provided by other neuropsychologists on the team. Students will receive a minimum of 1-2 hours a week of individual supervision by a licensed clinical neuropsychologist. The practicum coordinator will also meet with students in regular meetings to track the progress of training goals during the practicum placement. To support opportunities for intern training in supervision (CPA Standard II.B.4), practicum students will receive additional supervision and mentorship by pre-doctoral psychology interns receiving metasupervision from supervising neuropsychologists for 1 hour each month.

**Keywords:**

Neuropsychology, Brain Injury, Concussion, Pediatric

**Training/Research Opportunities:**

This practicum offers a unique opportunity to develop a specialized skill set by working with complex neurological populations while developing broad-based skills that can be generalized to clinical work in a variety of settings. Training will follow a mastery model in which students will be expected to assume increased clinical responsibility as the placement progresses. Practicum students will have additional learning opportunities by attending didactic seminars, Psychology Journal Club, clinical case rounds, and centre-wide forums presented by Holland Bloorview staff and external speakers, such as Grand Rounds and Bioethics presentations. The Teaching and Learning Institute also provides opportunities to enhance and develop learning initiatives for students throughout Holland Bloorview. Research opportunities will be limited, as the focus of the placement is on clinical skill development.

**Practicum Application Deadline:** As determined by GTA Practicum Match process



**Application Procedure:** (*i.e.*, documents needed for application, number of references, etc.)

Applicants interested in a September 2024 placement should email the following documents to Dr. Janine Hay at [jhay@hollandbloorview.ca](mailto:jhay@hollandbloorview.ca)

- Current CV
- Letter of interest describing how your training experiences and goals would be a good fit for our program
- Two letters of reference (to be emailed separately)
- Name and contact information for Director of Clinical Training and references

To learn more about the neuropsychology practicum program at Holland Bloorview, please contact Dr. Janine Hay, Practicum Coordinator.

E-mail: [jhay@hollandbloorview.ca](mailto:jhay@hollandbloorview.ca)

Phone: 416-425-6220 ext. 6342 or toll free: 1-800-363-2440

Please review our website at: [www.hollandbloorview.ca](http://www.hollandbloorview.ca)

*Last Updated:* October 10, 2023

## **Practicum Site Information Sheet**

**Name of site:** Kinark Child and Family Services

**Contact Person:** Dr. Brittany Burek

**Email:** practicum@kinark.on.ca

**Phone:** 416-219-0362

**Addresses:**

218 Earl Stewart Drive, Unit 7, Aurora, ON L4G 6V7 (York site)

419 King Street W, Suite 3550A, Oshawa, ON L1J 2K5 (Durham site)

34 Simcoe Street, Suite 301, Barrie, ON L4N 6T4 (Simcoe site)

880 The Parkway, Peterborough, ON K9J 8S5 (Peterborough site)

475 Iroquois Shore Road, Oakville, ON L6H 1M3 (Syl Apps Youth Centre)

**Type of Practicum offered:**

Child  Adult  Both

Assessment  Intervention  Both

**General Information About the Practicum:**

Kinark offers practicum placements at five separate sites. Students will be placed either in York (Aurora), Durham (Oshawa), Simcoe (Barrie), Peterborough, or Syl Apps Youth Centre. A minimum of 2 days per week is required. *Positions at Kinark are often best suited for advanced practicum students.*

York (Aurora) site:

Dr. Bravina Kuni (Clinical Lead)

*Accepting 1 student*

Aurora is located north of Toronto in York Region. We are reachable by GO Transit or Viva Blue (York Region Transit) bus line from Finch TTC station, although having a car is an asset. The site is an open-concept work space with bookable treatment, assessment, and meeting rooms. The office is multi-disciplinary with psychologists, a nurse, a psychiatrist, social workers, and child and youth workers. Clients seen are typically school age (6 to 18), with a larger focus on teens. Clients seen by the psychology team present with a diverse range of diagnoses and difficulties such as disruptive behaviour disorders, ADHD, learning disabilities, mood and anxiety disorders, emerging personality disorders, autism, significant family discord, suicidality and self-harm behaviors, substance use, and a history of trauma. The psychology team in York includes two full-time psychologists, three full-time psychologists in supervised practice, two full-time psychology residents, and one full-time clinical lead psychologist. The psychology team provides consultation, assessment, and treatment to outpatient clients, day treatment clients, and live-in treatment clients. Our

day treatment programs are housed in section 23 classrooms in local schools. The psychology service also offers individual treatment, including approaches such as CBT, DBT, trauma-focused therapy, and group therapy (CBT, DBT). Treatment within psychology is reserved for youth with high-risk behaviours, complex presentations, and/or for those requiring specialized treatment. We also provide consultation for staff on our various client service teams, as well as to external agencies. There are opportunities to attend and participate in various committees (e.g., Diversity, Equity, & Inclusivity) and treatment team meetings.

Durham (Oshawa) site:

Drs. Sophia Durisko, Brittany Burek, and Megan Hancock (Psychologists)

*Accepting 1-2 student for co-supervision*

The Durham site is located in Oshawa, which is east of Toronto in Durham Region. It is an open-concept work space with bookable treatment, assessment, and meeting rooms. We are reachable by GO Transit and Durham Region Transit, although having a car is an asset. The office is multi-disciplinary with psychologists, social workers, child and youth care workers, psychotherapists, and a registered behaviour technician. The clients seen at the Durham site have traditionally been children under the age of 12 with complex mental health needs, although we also occasionally see adolescent clients.

The psychology team consists of three full-time psychologists, one of whom serves as the clinical lead for the program. The psychology team offers consultation, assessment, and treatment services. Assessments may include cognitive, academic, and psychosocial components and are used to guide treatment. The psychology team offers individual and group therapy (e.g., CBT, trauma-focused CBT, DBT-K). We also provide consultation for staff on our various client service teams (e.g., Day Treatment, SNAP, Complex Pods).

Simcoe (Barrie) site:

Supervisor: TBD

*Accepting 1 student*

The Simcoe site is located close to Highway 400 in Barrie. Although driving is more convenient, the site is accessible by GO bus and rail systems from Toronto, Waterloo, and other major cities in Ontario. The site operates from a multi-disciplinary perspective that includes psychology, nursing, psychiatry, social work, and child and youth work, and it serves clients between the ages of 6 to 18 years. Clients present with a diverse range of difficulties such as developmental, emotional, and behavioural disorders (often in conjunction with self-harming behaviours), many of which emerge from adverse early childhood experience. The psychology team in Simcoe comprises a Clinical Lead psychologist and one full-time psychologist. The team offers consultation and comprehensive assessments in order to provide recommendations for Kinark-based treatment services. Opportunities for therapeutic intervention can include group and individual therapy (CBT, DBT, trauma-focused approaches). Psychology services also consult to external agencies and other community-based providers.

Peterborough site:

Dr. Graham Trull (Clinical Lead) and Dr. Michael Saxton (Psychologist)

*Accepting 1 student for co-supervision*

The Peterborough site is located just east of downtown Peterborough. Clinicians work out of an open-concept work space with bookable treatment, assessment, and meeting rooms. We are reachable by GO Transit and Peterborough Transit, although having a car is an asset. The office is multi-disciplinary with two psychologists, social workers, and child and youth care workers. The Peterborough office serves children and adolescents (ages 6 to 17) with various programs and services. The placement would primarily involve work with adolescents aged 12-17. The psychology team consists of a full-time psychologist, a psychological consultant, and a Clinical Lead psychologist. The psychology team offers consultation, assessment, and treatment services. Assessments are often multi-faceted and include cognitive/academic and psychosocial measures. The psychology team also offers individual treatment. Treatment is often reserved for youth with high-risk behaviours, complex presentations, and/or requiring specialized treatment (e.g., DBT, CBT for OCD). We also provide consultation for staff on our various client service teams, including live-in treatment and day treatment programs.

Syl Apps Youth Centre site:

Dr. Na Zhu (Psychologist)

*Accepting 1 student*

Syl Apps Youth Centre is located in Oakville. The facility operates two secure programs: (1) The Secure Treatment Program and (2) the Ontario Review Board Program. Both programs provide a range of services to youth ages 12-18 with substantial mental health concerns who are in need of a secure setting. DBT is the primary modality of treatment. Youth are supported by a multidisciplinary mental health team made up of a variety of disciplines, including Child and Youth Workers, Social Workers, Nurses, Psychologists, Psychiatrists, Recreation Therapists, and Art Therapists. The therapeutic milieu is clinically intensive, and youth who reside in the facility have access to mental health assessment and treatment, as well as a variety of group and volunteer programs. The facility also has a Section 23 school operated by the Halton District School Board. Practicum students at Syl Apps Youth Centre have the opportunities to participate in the following: Mental health assessments (e.g., psychoeducational, diagnostic clarification, forensic assessment, risk assessment), individual and group therapy, consultation to multidisciplinary team members, and program evaluation and other research projects.

**Keywords:** CBT, DBT, caregiver support, anxiety disorders, depression, behaviour, PTSD, complex trauma, conduct disorder, self-harm, suicidality, ADHD, learning disabilities, autism, emerging personality disorder, OCD, live-in treatment, day treatment

**Training/research opportunities:** There are often training/educational opportunities offered at each site. Recent examples of in-house training include suicide risk assessment and intervention, foundations of DBT, foundations of CBT, functional behaviour analysis, trauma-informed model of care, and case formulation. As per ministry requirements, students must participate in UMAB training prior to seeing clients. There is not typically a

research component to this practicum.

**Practicum Application Deadline:** We adhere to the common GTA practicum application deadline and notification dates. You will be notified that day if you are offered a placement.

**Application procedure:** Please include: CV, cover letter, unofficial graduate transcript, and 2 letters of reference\*. Cover letter must include which site(s) you are interested in.

Students and persons providing letters of reference\* should submit all application materials by e-mail to Dr. Brittany Burek, practicum coordinator, at: [practicum@kinark.on.ca](mailto:practicum@kinark.on.ca).

*Last Updated: October 2023*

## **Practicum Site Information Sheet**

**Name of site:** London Family Court Clinic/Navigating Onward (LFCC/NavOn)

**Supervisor or Contact Person:** Dr. Dilys Haner

**Email:** d.haner@navigatingonward.com

**Phone:** 519.280.3851

**Address:** 254 Pall Mall St., Suite 200, London, ON, N6A5P6

### **Type of Practicum offered:**

Child  Adult  Both

Assessment  Intervention  Both

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

### **LFCC**

This 3-day per week placement is available to clinical psychology student interested in the juvenile court. LFCC conducts assessments under Sec. 34 of the Criminal Youth Justice Act (CYJA) as well as psychological assessments for those at risk of justice involvement. Risk assessments for violent and/or sexual offending are potential learning possibilities. The practicum student in this area may have opportunities to work alongside the Youth Therapeutic Court clinician as well as other clinicians and legal professionals involved in the youth's circle of care. Attendance at youth court on Mondays is frequently required. This is considered an appropriate 3<sup>rd</sup> practicum for an advanced PhD student or clinical student who already has forensic or "forensic adjacent" experience (e.g., with high-risk, high-needs, high-trauma, or high-conflict cases). Given that our program works with youth who have offended as well as those who have been victimized, there is a higher than usual risk of vicarious trauma when compared to traditional community psychology clinics. Although there is some virtual work involved, this experience is best suited to a student who can attend reliably in-person.

### **NavOn**

This 2 or 3-day per week placement is available to clinical or school psychology students interested in fetal alcohol spectrum disorders and other neurodevelopmental disabilities. NavOn works with other community organizations to conduct these complex assessments with children and adolescents, within a multidisciplinary team including psychology, pediatric medicine, case management, and speech-language-pathology. Typically, the student can expect to assess 7 or 8 of the 10 brain domains identified in the 2016 Canadian Guidelines to FASD assessment across the lifespan. They may also cofacilitate a social skills program for adolescents with FASD (PEERS Program – adapted for FASD)

on Tuesday evenings. The student must be able to attend the clinic in person on Tuesdays and Wednesdays and be available for virtual formulation and feedback sessions on some Monday afternoons/early evenings. We encourage applicants with strong rapport and cross cultural communication skills in terms of providing a trauma-focused, neurodevelopmental lens to reducing stigma in families affected by prenatal alcohol exposure. Strong familiarity with Q-Interactive is an asset.

Both placements provide an opportunity to attend group supervision, in addition to individual supervision. “Group Soup” typically occurs on Friday mornings and may be attended virtually.

**Keywords:** Juvenile Justice, fetal alcohol spectrum disorders (FASD), risk assessment, neurodevelopmental disorders, multidisciplinary team

**Training/research opportunities:** Students receive training in suicide risk assessment and may be supported to attend in-house trainings on FASD. At times, they may have the chance to participate in program evaluation.

**Practicum Application Deadline:** TBD – usually early February (after residency placements are confirmed)

**Application procedure:** (*i.e., documents needed for application, number of references, etc.*)

Contact DCT, Dr. Dilys Haner, for more information or if you wish to schedule a phone call or virtual meeting to discuss your interest and suitability. Application packages must include:

1. Up to date CV
2. Unofficial transcripts of all university courses
3. Cover letter indicating the requirements of your home program (e.g., timing, supervision hours, client contact hours), your goals for training at our clinic, and highlighting your goodness of fit for the practicum
4. A de-identified report that reflects the student’s writing ability (not their supervisor’s writing ability)
5. 2 clinical references (e.g., from practicum supervisor, clinical course instructor, work supervisor in a clinical/forensic-adjacent site)

Applicants will then be notified if they qualify for an interview with our supervisory team.

*Last Updated: September 6, 2023*

## Practicum Site Information Sheet

**Name of site:** North Peel Family Health Team

**Supervisor or Contact Person:** Dr. Ameeta Dudani, C. Psych.

**Email:** [adudani@npfht.com](mailto:adudani@npfht.com)

**Phone:** 905-459-2181 (clinic), 416-884-2383 (cell)

**Address:** 157 Queen St. East, Suite 210, Brampton, ON L6W 3X4

### **Type of Practicum offered:**

Child  Adult  Both

Assessment  Intervention  Both

(NB: primarily intervention with some assessment opportunities, if this is of interest)

**Anticipated Number of Positions for 2023-2024:** **Not accepting students this year**

**General Information** (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.)

North Peel Family Health Team (NPFHT) is an approach to primary health care that brings together different health care providers to co-ordinate the highest possible quality of care for patients in Brampton. The setting is a multidisciplinary family medicine practice, located close to the William Osler Health Centre-Peel Memorial site. FHTs are designed to give doctors support from other allied health professionals, including nurses, nurse practitioner, dietitians, kinesiologists, chiropractors and mental health professionals (two social workers and a part-time psychologist). Working in primary care is an exciting opportunity for psychologists, uniquely affording the roles of mental health prevention, early intervention and health promotion. Allied health services are available at no cost to patients of the FHT, as they are covered by OHIP, and as such provide a timely access point for patients without financial support.

Child and Adolescent Psychology is a new role to the NPFHT. The Practicum Student will gain innovative experience in primary care and in working within a multidisciplinary team environment and with an Electronic Medical Record (EMR) system. The practicum focus is to develop diagnostic assessment, case conceptualization and intervention skills in child and adolescent psychology. The student will learn to conduct a clinical diagnostic assessment and provide evidence-based, time-limited psychotherapy to children, adolescents, and their families, with the goal to develop and strengthen conceptualization and intervention/treatment skills with a diverse range of common presenting concerns in children's mental health. Parent consultation is also part of the role. The practicum student will also gain secondary experience in psychodiagnostic assessment/diagnostic



clarification and provision of treatment recommendations, ADHD assessment, and psychoeducational assessment (when available). The student may gain experience in group therapy with mindfulness-based group intervention (i.e., a Mind-body therapy group for adolescents). A short research/program evaluation project can also be arranged if this is of interest.

The practicum can be somewhat tailored to the student's interests/goals, while keeping in mind that the primary intention of the practicum is to develop child intervention skills in a range of modalities appropriate to the concern, and always from a biopsychosocial, developmental, client- and family-centered framework. Regardless of the modality, the focus is on client-centered and common factors of therapeutic skill development in child and adolescent therapy. Effort is made to provide experience and exposure to a breadth of cases across the age range and presenting concerns.

Unique opportunities for observing and collaborating with doctors, medical residents, and allied professional staff may be an additional perk of this practicum placement, as well as providing education to doctors and allied health colleagues.

The placement is for 1 or 2 days per week, from September to June. The days of the practicum would need to be on a Monday, Tuesday and/or Wednesday and these may need to be limited to specific days of these three, given clinic parameters. The primary supervisor will be on site on the student's days.

**Supervision** (i.e. Is there more than one potential supervisor? group and/or individual? How often? etc.)

Weekly individual supervision will be offered by Child and Adolescent Clinical Psychologist Dr. Ameeta Dudani, with additional supervision provided as needed. In the case of more than one student, individual supervision will be supplemented by group supervision. In addition to working with their own assigned patients, the practicum student will have the opportunity to observe Dr. Dudani's therapeutic, diagnostic, and consultation work. A developmental learning model will be used during the practicum placement, involving ample opportunity for shadowing and co-leading at the beginning of the practicum, with greater independence towards the latter half of the practicum.

**Keywords:** Primary care, mental health across the full spectrum (mood, anxiety, OCD, trauma, grief, behaviour, eating disorders, chronic illness, etc.), neurodevelopmental disorders (ADHD, LD)

Dr. Dudani's orientation is integrative, though primarily attachment-based/relational, cognitive-behavioural and mindfulness-based. Various modalities are drawn upon, including CBT, DBT, behaviour therapy, emotion-focused, parent intervention and play therapy.

**Training/research opportunities:** These can be designed according to the student's interests.



**Practicum Application Deadline: Not accepting students this year**

**Application procedure** (i.e. documents needed, number of references, etc.) N/A

*Last Updated: October 2022*

## **Practicum Site Information Sheet**

**Name of site:** Reach Out Centre for Kids (ROCK) (see supplemental brochure for additional information)

**Supervisor or Contact Person:** Dr. Terry Diamond Ph.D., C. Psych.

**Email:** psychpracticum@rockonline.ca

**Phone:** 289-208-8180

**Address:** 471 Pearl St. Burlington ON L7R 4M4

### **Type of Practicum offered:**

Child  Adult  Both

Assessment  Intervention  Both

**General Information** (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.)

ROCK is an accredited children's mental health agency servicing Halton Region (i.e., Oakville, Burlington, Milton, Halton Hills, Georgetown). Assessment, treatment, and consultation services are offered to children 0-18 years of age and their families. Students will have the opportunity to receive training in complex psychological assessment, which may include diagnostic interviewing, administration of structured assessment measures and measures of socioemotional functioning, school observation, parent interview, and school feedback meetings. Although this is primarily an assessment practicum, students will also have the opportunity to be involved in some therapy opportunities should they wish to (e.g., groups, single session, brief therapy). Students will participate in multidisciplinary teams and will be exposed to children and families dealing with a wide range of presenting issues.

**Supervision** (i.e. Is there more than one potential supervisor? group and/or individual? How often? etc.)

Supervision is tailored to the particular needs of the students and their academic programs. Students will receive at least 2 hours of supervision per week. As ROCK has a CPA accredited Clinical Psychology Residency program, students may receive additional supervision from Clinical Psychology Residents.

**Keywords** (i.e. Eating Disorders, Chronic Pain, Obsessive Compulsive Disorder)

A wide range of mental health and developmental conditions are assessed including: Anxiety, depression, learning disabilities, autism, FASD, OCD, eating disorders, trauma, attachment disruption, intellectual disability, etc.

### **Training/research opportunities:**

Students have the opportunity to attend monthly Clinical Rounds. Students are also invited to attend agency-wide training opportunities. Examples of past training have included Circle of Security, EFFT, FASD, Trauma Therapy, Dialectical Behaviour Therapy, Legislation and Ethics etc.

### **Practicum Application Deadline:**

We follow the deadlines determined by the GTA Practicum Sites group. This date is typically February 1<sup>st</sup> with interviews occurring February-March. Notification date will comply with the GTA Practicum Match Day.

### **Application procedure** (i.e. documents needed, number of references, etc.)

Applications are comprised of a cover letter stating training goals, CV, unofficial graduate transcripts, and 2 reference letters. Applications can be forwarded by email to [psychpracticum@rockonline.ca](mailto:psychpracticum@rockonline.ca)

*Last Updated:* September 2023

## **Practicum Site Information Sheet**

**Name of site:** Sunrise Psychology

**Supervisor or Contact Person:** Dr. Joyce Li, C.Psych.

**Email:** [joyceli@sunrisepsychology.net](mailto:joyceli@sunrisepsychology.net)

**Phone:** 289-724-5885

**Address:** 692 Euclid Avenue, Toronto, ON, M6G 2T9

### **Type of Practicum offered:**

Child  Adult  Both

Assessment  Intervention  Both

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

This practicum will provide opportunities to assess and treat mood, anxiety, and adjustment-related concerns in youth ages 4 to 19, as well as opportunities to work with parents/caregivers in supporting their children. The primary modality is cognitive-behavioural therapy (CBT) for mood and anxiety, as well as trauma-focused CBT. As a significant portion of our clientele have diagnoses of obsessive-compulsive disorder, trainees will also have the opportunity to learn about and implement CBT with exposure/response prevention. Those interested in working with younger children can also gain experience in play-based modalities.

We are a private practice providing in-person and virtual services to children, adolescents, and their caregivers. This practicum will require in-person attendance at our clinic in Toronto's Koreatown neighbourhood. Our clinic values collaboration, learning, culturally responsive care, and work-life balance.

**Keywords:** child and adolescent psychopathology, anxiety, depression, obsessive-compulsive disorder, cognitive-behavioural therapy, play therapy

**Training/research opportunities:** Within the framework of a developmental model of supervision, training will include direct observation (of supervisor's sessions and of supervisee's sessions), role plays, access to readings, and weekly individual supervision. Trainees will also be supported in accessing external trainings as appropriate.

There are no research opportunities available.

**Practicum Application Deadline:** Universal application deadline.

**Application procedure:** Please email a cover letter and CV to



[info@sunrisepsychology.net](mailto:info@sunrisepsychology.net), highlighting any experience working with children, adolescents, and/or caregivers; do not include transcripts or reference letters.

*Last Updated:* November 3, 2023

## Practicum Site Information Sheet

**Name of site:** Surrey Place

**Supervisor or Contact Person:** Dr. Odette Weiss, C.Psych.

**Email:** [odette.weiss@surreyplace.ca](mailto:odette.weiss@surreyplace.ca)

**Phone:** 416-925-5141 ext. 2235

**Address:** 2 Surrey Place, Toronto, ON M52 2C2

### **Type of Practicum offered:**

Child  Adult  Both

Assessment  Intervention  Both

### **General Information About the Practicum:**

Surrey Place is a community-based organization that provides a range of specialized clinical services for people with intellectual developmental disorder, autism spectrum disorder, and visual impairments. We are dedicated to helping every client reach their potential at every life stage. Clients are served within an interdisciplinary team which consists of psychologists, developmental pediatricians, psychiatrists, nurse practitioners, occupational therapists, speech-language pathologists, audiologists, behaviour therapists, social workers, physical therapists, and service coordinators.

For the 2024-2025 year, positions will be available within the ***Children and Youth Program***. Psychology practicum students will work under the direct supervision of registered psychologists to provide a range of psychological services to children and youth (ages 6-18) with an intellectual developmental disorder. Clients' presenting issues include things such as anxiety, depression, self-esteem difficulties, interpersonal challenges, and family conflict. Issues are often compounded by cultural and familial diversities, history of neglect and child abuse, and/or socioeconomic considerations. Services are also available for family members, such as parents or siblings.

Psychological services offered include intervention, assessment, and consultation. Our treatment modality is mainly informed by a psychodynamic, attachment-based lens. Due to cognitive and verbal limitations, many of our clients benefit from play therapy, though talk therapy is utilized when appropriate. When suitable, we also incorporate aspects of other treatment modalities, such as cognitive-behavioural, emotion-focused family therapy, and acceptance and commitment therapy, all with modifications to best serve the client. Opportunities for co-facilitating group intervention are available based on client needs and student interest. In addition to intervention, practicum students are also welcome to participate in psychological assessments conducted at Surrey Place, including as part of our Fetal Alcohol Spectrum Disorder (FASD) interdisciplinary diagnostic assessment team.

In-person services are gradually returning to pre-pandemic levels. However, services continue to be offered within a hybrid model, as informed by client needs and any relevant public health recommendations. It is expected that practicum students will be available to engage in in-person services and be on site at our downtown location. This practicum placement only accepts doctoral-level candidates who have completed an assessment-based practicum placement and intervention course. Our practicum placement runs from September to the end of June (the end of the school year). Practicum students are provided with a designated office space (shared with other psychology trainees), email address, and phone extension. Additionally, students are assigned a laptop to use for the duration of their placement.

**Supervision:** Practicum students are assigned to a primary supervisor. Individual supervision is offered weekly for a minimum of one hour, with additional supervision as needed. All practicum students will also attend weekly group supervision. We have several psychologists in the Children & Youth Program who are available for support.

**Keywords:** intellectual developmental disorder (intellectual disability), autism spectrum disorder, neurodevelopmental disorders, fetal alcohol spectrum disorder, trauma, attachment, family issues, anxiety, play therapy, psychodynamic therapy, client-centred therapy, cognitive-behaviour therapy

**Training/research opportunities:** Weekly didactic seminars and group supervision, grand rounds (including ethics grand rounds), centre-wide trainings (e.g., indigenous cultural awareness, applied suicide intervention skills, crisis prevention/intervention). Research opportunities may be possible through the Research, Evaluation, and Education Department (not a component of the psychology practicum placement).

**Practicum Application Deadline:** February 1, 2024

**Application procedure:**

- An application package must contain the following:
  1. Cover letter
  2. CV
  3. Sample clinical report
  4. Two reference letters
- Please complete the Psychology Practicum Application on our online portal (<https://surreyplace.ca/psychology-practicum/>) and/or send your application package to our Educational Coordinator, Ms. Carolyn Lee-Jones ([carolyn.lee-jones@surreyplace.ca](mailto:carolyn.lee-jones@surreyplace.ca))

*Last Updated: November 2, 2023*



## Practicum Site Information Sheet

**Name of site:** The Hospital for Sick Children (SickKids)

**Supervisor or Contact Person:** Dr. Jennifer Stanga

**Email:** [jennifer.stanga@sickkids.ca](mailto:jennifer.stanga@sickkids.ca)

**Phone:** 416-813-6376

**Address:** Psychology Department, 555 University Ave., Toronto, M6G 2S2

**Type of Practicum offered:**

Child  Adult  Both

Assessment  Intervention  Both

**General Information** (i.e. description of the site, clients seen, services offered, is it TTC accessible? etc.)

- SickKids is a world-renowned teaching hospital in downtown Toronto, easily accessible by TTC
- The Psychology department at SickKids specializes in neuropsychological assessment, health psychology, and clinical psychology with medically-complex children and their families
- Practicum placements typically fall into one of two categories: 1) Intervention (health psychology and/or clinical psychology), 2) Neuropsychological assessment.
- Please see our department website for a listing of available supervisors and programs. <http://www.sickkids.ca/Psychology/Education-and-learning/Predoctoral-internship-program/Specific-rotation-descriptions/index.html>
- Please see our practicum brochure.  
**(attached as a supplemental brochure)**
- Not all supervisors accept practicum students each year.

**Supervision** (i.e. Is there more than one potential supervisor? group and/or individual? How often? etc.)

- Students generally work with one supervisor and receive individual supervision time on a weekly basis
- There may be opportunities to work with multiple supervisors, negotiated on an individual basis

**Keywords:** Health Psychology, Neuropsychology, Medically-complex children, Eating Disorders, Obesity Management

### **Training/research opportunities:**

In addition to direct clinical work, students will have the opportunity to attend interdisciplinary rounds, case conferences, and professional development events offered within the Psychology Department and specific medical/surgical programs. This includes monthly Psychology rounds, health psychology didactic seminars, neuropsychology didactic seminars, and Psychology Education Day.

### **Practicum Application Deadline:**

February 1<sup>st</sup>, 2024 for practicum placements to begin summer 2024 or fall 2024.

### **Application procedure** (i.e. documents needed, number of references, etc.)

- Please submit a PDF document containing a cover letter and CV to Dr. Jennifer Stanga at [psychology.practicum@sickkids.ca](mailto:psychology.practicum@sickkids.ca)
- The cover letter should contain the following information:
  - Brief description of your training experiences and skills
  - Reason for applying to SickKids
  - Desire for assessment focus vs. intervention focus for placement
  - Number of hours and/or days per week required
  - Desired duration of placement (e.g. summer term, academic year, etc.)
  - Specific rotations/programs in which you are most interested
- Please also submit one or two reference letters – please ask referees to submit directly to [psychology.practicum@sickkids.ca](mailto:psychology.practicum@sickkids.ca) (any file format is acceptable)
- No applications will be considered if received after the stated deadlines. Your application will be reviewed by staff available to offer placements and you will be contacted directly if an interview is going to be scheduled.
- Notification of placement offers will be made in mid-March.

*Last Updated: December 12, 2022*

## **Practicum Site Information Sheet**

**Name of site:** [The Red Oak Centre](#)

**Supervisor or Contact Person:** Dr. Dahlia Fisher, C.Psych. & Peyton Sullivan

**Email:** [dfisher@theredoak.ca](mailto:dfisher@theredoak.ca) (email preferred to phone) & [psullivan@theredoak.ca](mailto:psullivan@theredoak.ca)

**Phone:** 647-748-4441

**Address:** 446 Spadina Road Suite 206 Toronto, ON M5P 3M2

**Type of Practicum offered:**

**Child** ✓

**Primarily Intervention** ✓ ; Some assessment opportunities may be possible

**Anticipated Number of Positions for 2024-2025:** 1

**General Information:**

We are located in the Spadina village, just north of Spadina and St. Clair West. Our centre is TTC accessible - we are a short walk from St. Clair West subway station and the TTC Forest Hill #33 bus stops in front of our Centre. You can also take the TTC 512 St Clair streetcar and get off at Spadina and St. Clair.

We support children, adolescents and parents through psychological services. Other treatment services at our practice include psychoeducational assessments, occupational therapy, speech language pathology, academic support, executive function support, education consulting and social communication.

**Supervision:**

Dr. Dahlia Fisher, C.Psych. will oversee the supervision for the practicum program. However, additional psychologists will contribute to supervision as well. If there is more than one practicum student at any time, group supervision is available.

**Keywords:** Anxiety disorders, mood disorders, OCD, ADHD, parent consultation

**Training/research opportunities:**

There are informal opportunities to learn about evidence-based treatment modalities including CBT, DBT and ACT through supervision. There are also opportunities to learn about health psychology.

**Practicum Application Deadline:** February 1, 2024

## **Application procedure**

We ask all applicants to include a cover letter, CV, and 2 letters of reference.

*Last Updated: October 25, 2022*

## Practicum Site Information Sheet

**Name of site:** Whole Kids Health, [www.wholekidshealth.ca](http://www.wholekidshealth.ca)

**Supervisor or Contact Person:** Dr. Stella Dentakos, Ph.D., C.Psych.

**Email:** [drstella@wholekidshealth.ca](mailto:drstella@wholekidshealth.ca) or [info@wholekidshealth.ca](mailto:info@wholekidshealth.ca)

**Phone:** 647-249-4431

**Address:** 4950 Yonge Street, Suite 1206, North York, ON M2N 6K1

### Type of Practicum offered:

Child  Adult  Both

Assessment  Intervention  Both

### General Information About the Practicum:

At Whole Kids Health, we take pride in being a trusted and reliable resource for mental health, helping children, teens, and families lead fulfilling lives.

Trainees can expect to receive comprehensive training and exposure across areas of Clinical and Health Psychology

### Clinical Psychology

Trainees will be involved in diverse Clinical Psychology activities, such as:

- Consultations
- Psychological assessments
- Implementing evidence-based treatment plans
- Providing interventions for various mental health challenges
- Collaborations with multidisciplinary teams

Clinical Psychology targets can include:

- Anxiety/ phobias
- Attention and concentration
- Challenging behaviours
- Educational/learning difficulties
- Emotion regulation difficulties
- Low mood/depression
- School avoidance
- Self-esteem and self-concept
- Trauma

### Health Psychology

Trainees will be involved in diverse Health Psychology activities, such as:

- Health psychology consultations
- Individual therapy sessions
- Supporting parents/caregivers
- Group therapy sessions
- Collaborating with multidisciplinary professionals in hospitals and the community
- School consultations

Health Psychology targets can include:

- Adjustment to medical diagnosis
- Chronic pain, coping with chronic physical symptoms
- Navigating difficult medical experiences
- Illness/health anxiety
- Needle and procedural fears
- Somatization/somatic symptoms

Trainees will receive comprehensive training and exposure in **Clinical** and **Health** Psychology, actively participating in a variety of **clinical activities**, including assessments, therapy, group interventions, parent coaching, and consultations with both professionals and clients. Common **clinical presentations** include low mood, anxiety, self-concept, self-esteem, panic, emotion dysregulation, attentional challenges, learning concerns, coping with medical diagnosis, chronic pain, needle fears, and somatization/somatic symptoms.

Primary **treatment modalities** include Acceptance and Commitment Therapy (ACT), Cognitive Behavioural Therapy (CBT), Dialectical Behaviour Therapy (DBT-informed), Mindfulness, and attachment and behavioral approaches. We place strong emphasis on biopsychosocial, trauma-informed, and developmental approaches to care.

**Whole Kids Health** is conveniently situated at 4950 Yonge Street in North York, within walking distance of Yonge-Sheppard Station for easy TTC access. Our recently renovated clinic features four therapy rooms, a flexible team/admin room, a fully equipped kitchen, secure restrooms, and front desk security. Team members have access to a wide range of clinical resources, including materials like fidgets, art supplies, and a resource library, as well as assessment tools such as testing materials and iPads. Additionally, we provide various digital tools, including the Jane electronic health record system, graphic design tools, team communication apps, and cloud-based storage..

**For additional information about our training program, please consult the Supervision and Training Brochure on our website or click here.**

**Keywords:**

Child, Adolescent, Parent Support, Clinical Psychology, Health Psychology, Assessment, Intervention, Group Therapy, Supervision, Training

**Training Opportunities:**

**Pediatric Health Psychology Course:** Our in-house Pediatric Health Psychology Course offers training in assessment and treatment as well as foundational knowledge within the area of health psychology.

**Team Meetings:** Our team meets bi-weekly to discuss all things Whole Kids Health. These meetings also provide a platform for group consultations and discussions on challenging clinical issues or cases.

**Special Topics Seminars:** Special Topics Seminars cover themes such as ethics and jurisprudence, trauma-informed care, the path to becoming a psychologist, and more. Additionally, we invite guest speakers to share their expertise.

**Supervision:** We take pride in offering high-quality supervision. Trainees can expect to receive weekly supervision following a developmental model that adapts to their evolving knowledge and skill level. As a team-oriented practice, there are also ongoing opportunities for group supervision, team consultations, and peer collaboration.



**Our Services**

-  **Psychoeducational** and comprehensive **diagnostic/mental health** assessments
-  **Individual therapy** grounded in evidence-based practices
-  **Parent coaching** focused on supporting parents of kids and teens dealing with challenges
-  **Groups services** for kids with needle fears and for parents of children with anxiety
-  Client consultation through our **Whole Kids Care Plan** service.

### **Practicum Application Deadline:**

We are following the **universal application deadline** and set out by the GTA practicum coordinators.

### **Application Procedure:**

This is an **advanced practicum**. Applicants are expected to have successfully completed prior practicum experiences and should possess a demonstrated level of experience and comfort in delivering general therapy techniques.

Students interested in applying for a practicum placement should submit the following **materials via email** to Dr. Stella Dentakos at [drstella@wholekidshealth.ca](mailto:drstella@wholekidshealth.ca). Please use "Practicum Application" as the subject line of your email:

- A letter of interest describing your training experiences and goals
- A current CV
- Your most recent graduate transcript (unofficial copies are acceptable).
- Two letters of reference, which should be sent directly from your referees to Dr. Stella Dentakos at [drstella@wholekidshealth.ca](mailto:drstella@wholekidshealth.ca).

Selected applicants will then be contacted for an interview with Dr. Stella Dentakos. Applicants will also have the opportunity to connect with current trainees if they wish to gather a first hand impression of what it's like to be a Whole Kids Clinician. While in-person interviews are preferred, virtual options will also be available.

*Thanks!*



*Last Updated: September 2023*

## Practicum Site Information Sheet

**Name of site:** Young Minds Psychology (see supplemental brochure for additional information)

**Supervisor or Contact Person:** Amanda Dyson, PhD., C.Psych. and Kristin Thornback, PhD., C.Psych.

**Email:** [contact@youngmindspsychology.ca](mailto:contact@youngmindspsychology.ca)

**Phone:** 416 647-557-1829

**Address:** 5915 Leslie Street, Suite 201, North York, ON, M2H 1J8

**Type of Practicum offered:**

Child  Adult  Both

Assessment  Intervention  **Both (Primarily Intervention)**

**General Information About the Practicum:** (e.g., client concerns, therapeutic modalities, virtual/in-person services, treatment approaches, assessment opportunities, etc.)

**Young Minds Psychology is a private practice servicing the North York community (located close to North York General Hospital). At Young Minds we provide services to children, adolescents, transitional aged youth, parents, and families. Services are primarily offered in person to clients although virtual and hybrid options are available for clients if requested. Practicum placement opportunities for students are in person.**

**Our therapeutic work and training are guided by the following principles:**

- *Primary importance of the parent-child relationship*
- *Focus on emotional needs*
- *Trauma informed care*
- *Evidence-based treatment*

**We offer training in integrative interventions that focus on emotional, cognitive, and behavioural well-being. They include:**

- Emotion Focused Skills Training (EFST) and Emotion Focused Family Therapy (EFFT)
- Emotion Focused Therapy (EFT) for youth
- Attachment-Based Family Therapy (ABFT)
- Acceptance and Commitment Therapy (ACT)
- Cognitive Behavioral Therapy (CBT and TF-CBT)
- Dialectical Behavioural Therapy (DBT- informed)
- Motivational Interviewing



We also support development of therapeutic soft skills, such a development of therapeutic alliance and understanding of the therapeutic process, as well as how and when to use specific treatment protocols.

We provide services for children and youth facing a range of difficulties. Some of the presenting problems we treat regularly are:

- Anxiety/phobias
- Bullying
- Depression/low mood
- Eating disorders
- Emerging personality disorders
- Emotion regulation difficulties
- Family/parenting difficulties
- Obsessive-compulsive disorder
- Social/relationship difficulties
- Suicidal ideation/self-harm
- Trauma

**In 2024 we will be offering treatment groups for parents, children, and adolescents in our group room on site. Practicum students will have an opportunity to collaborate in the delivery of groups if they are interested.**

**Keywords:** psychoeducational assessments, emotion focused therapy, family therapy, children/adolescents, parent coaching, group therapy, trauma, anxiety, depression, eating disorders.

### **Supervision and Training:**

Supervision is provided primarily by the clinic directors and will be provided on a **weekly individual basis** and in **group format**. There are also opportunities for ad hoc supervision if needed. Supervision may include observation, reviewing video recordings, and/or co-therapy opportunities. As part of the bi-weekly 90 minute group supervision offered, didactic learning/in house seminars are also provided. Additional training seminars outside of group supervision may also be offered. *We will be accepting up to two students. Placements are 2 days per week. **Please note we only accept Ph.D. level practicum applicants for intervention (i.e., 1<sup>st</sup> or 2<sup>nd</sup> intervention practicum).***

**Practicum Application Deadline:** As per match guidelines.

### **Application procedure:**

- 1) Letter of intent
- 2) Two references
- 3) Curriculum vitae
- 4) Graduate transcript (unofficial)

*Last Updated: October 2023*



# Child Sites

## **Practicum Site Information Sheet**

**Name of site:** Private Practice – Dr. Julie Wallis

**Supervisor or Contact Person:** Dr. Julie Wallis

**Email:** drjuliewallis@gmail.com

**Phone:** 647-478-6414

**Address:** 2069 Danforth Ave, Suite 2, Toronto, Ont,

### **Type of Practicum offered:**

Child  Adult  Both

Assessment  Intervention  Both

### **General Information About the Practicum:**

More information about my practice can be found here: <https://www.drjuliewallis.com/>

I provide in-person and virtual services to the Danforth community. My practice is evenly divided between psychoeducational and ADHD assessments and therapy. In addition to standard English assessments, I also provide bilingual assessments for children from French Immersion programs and French language schools. Applicants are not required to be bilingual; this is simply an additional opportunity for those who do speak fluent French.

In intervention, my primary interest is in very young children. I provide parent counselling for common early childhood concerns such as tantrums, defiance, difficulty with routines, bowel retention, and sibling conflict. My individual therapy clients predominantly range from 6-12 years old. Common concerns are anxiety, depression, and anger.

**Keywords:** early childhood, parent coaching, parent-child relationship, anxiety, psychoeducational assessment, ADHD, bilingual assessments

**Training/research opportunities:** I would be happy to financially support participation in relevant courses or workshops.

**Practicum Application Deadline:** February 1st, 2024 is the deadline for applicants looking for placement in September 2024. If students are looking for a placement to begin earlier than September 2023 please send you application asap.

**Application procedure:** *Please submit a cover letter, CV, and 2 letters of reference.*

*Last Updated:* September 2023