

# Racial Biases in Early Childhood and How to Reduce Them

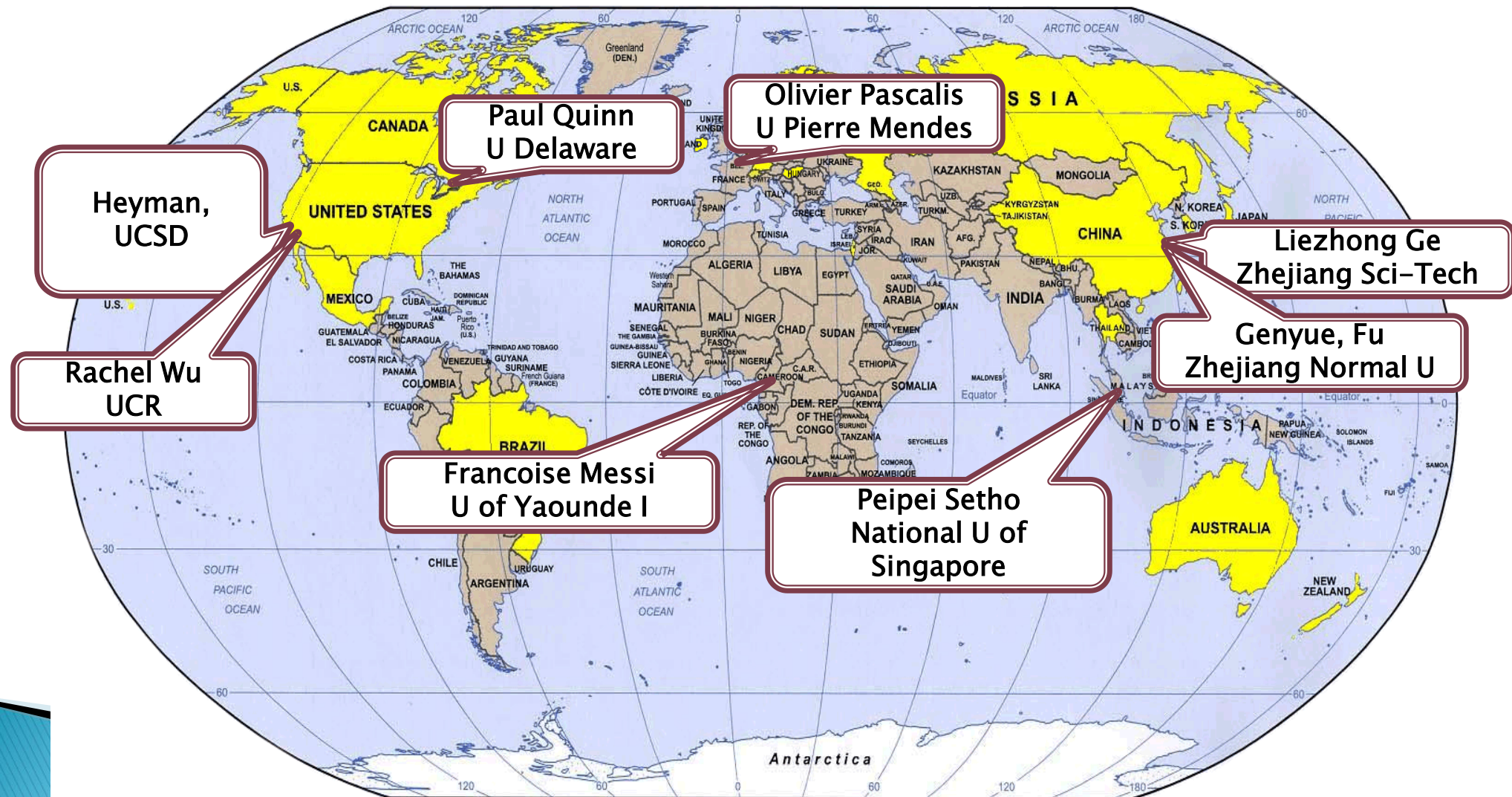


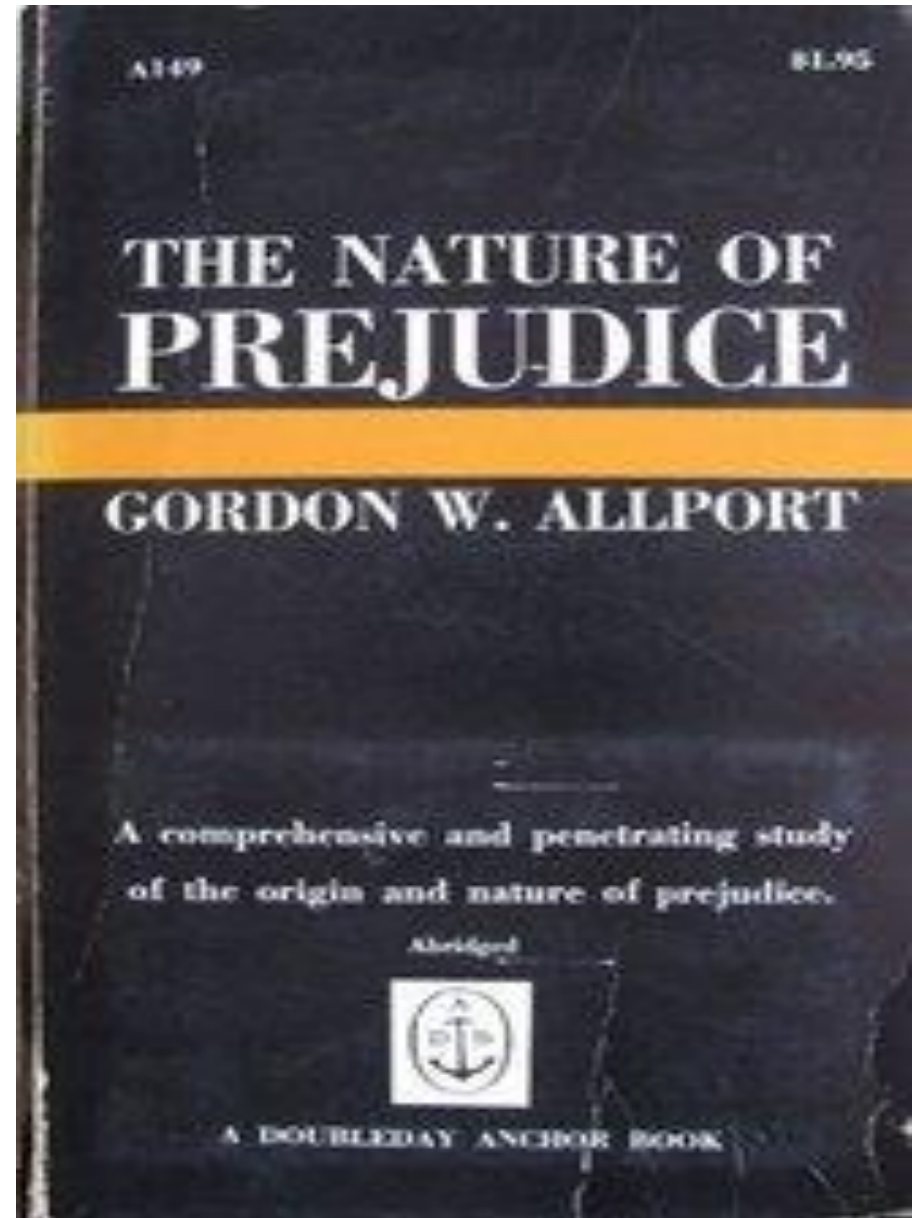
*Kang Lee*  
*University of Toronto*

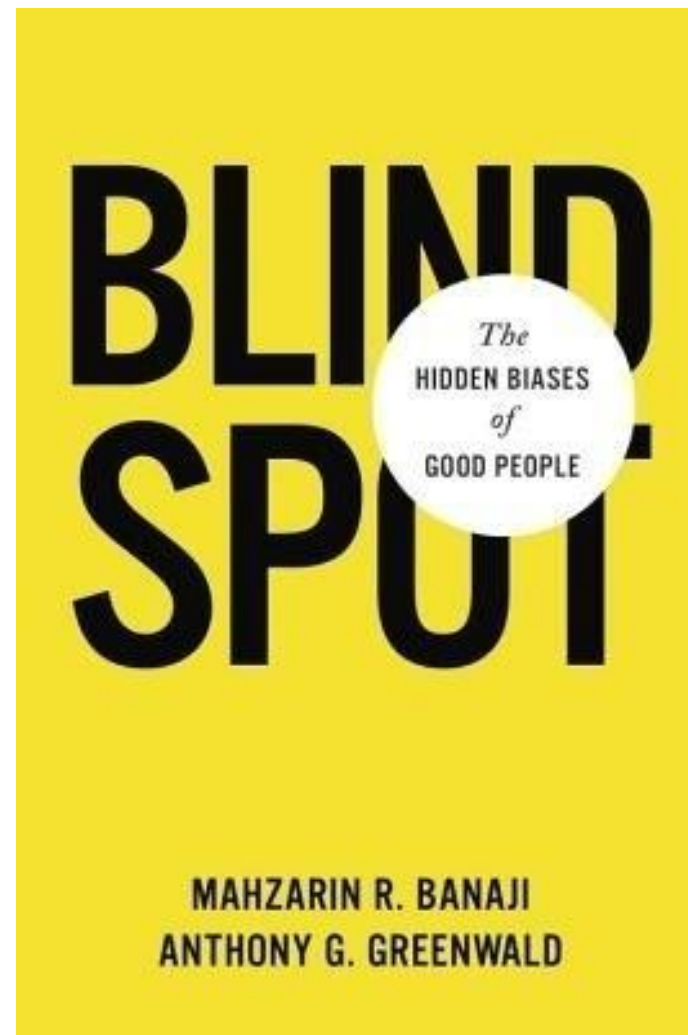
# Acknowledgement

- ▶ National Institute of Health (NIH), US
  - ▶ Natural Sciences and Engineering Research Council of Canada (NSERC)
  - ▶ Canadian Foundation for Innovation (CFI)
  - ▶ National Science Foundation of China (NSFC)
- 

# Collaborators









# Racial biases

- ▶ Explicit biases
  - Attitude
  - Stereotype
  - Discrimination
- ▶ Implicit biases
  - Attitude
  - Stereotype
  - Discrimination
- ▶ Racial biases affect their targets negatively in all spheres of human life including politics, law, employment, health, education, science, & dating

# Existing findings

- ▶ At which age do children begin to show explicit racial biases?
  - ▶ At which age do children begin to show implicit racial biases?
  - ▶ Do parents play any role in the development of racial biases?
  - ▶ Does children's cognitive development play any role?
  - ▶ Are there any effective methods to reduce racial biases?
- 

# Perceptual to Social Hypothesis

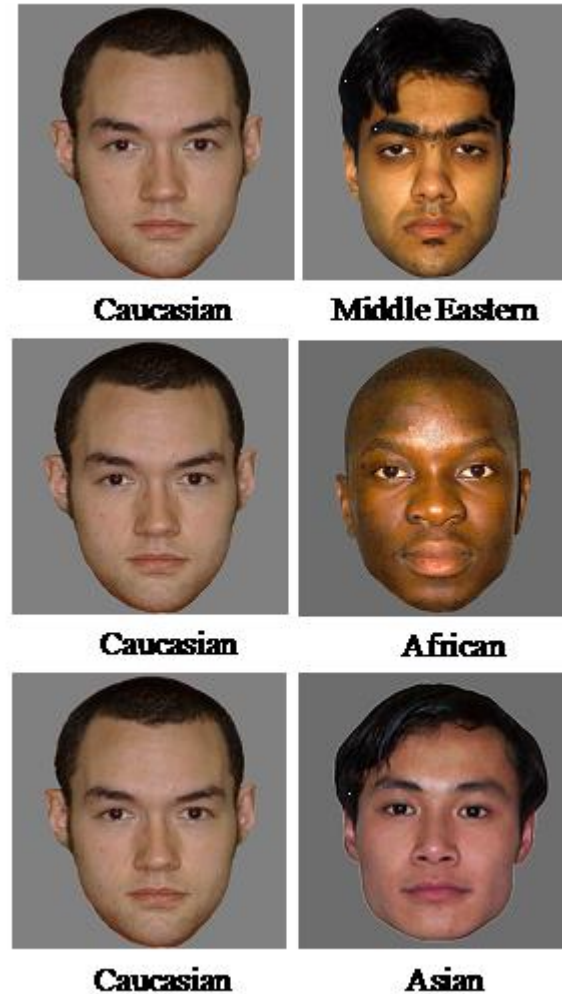
- ▶ Early asymmetry in perceptual experience with own- vs. other-race faces have downstream social consequences, including implicit racial biases.
  - ▶ Enriching early cross-race perceptual experiences should lead to reduction of implicit racial biases
- 



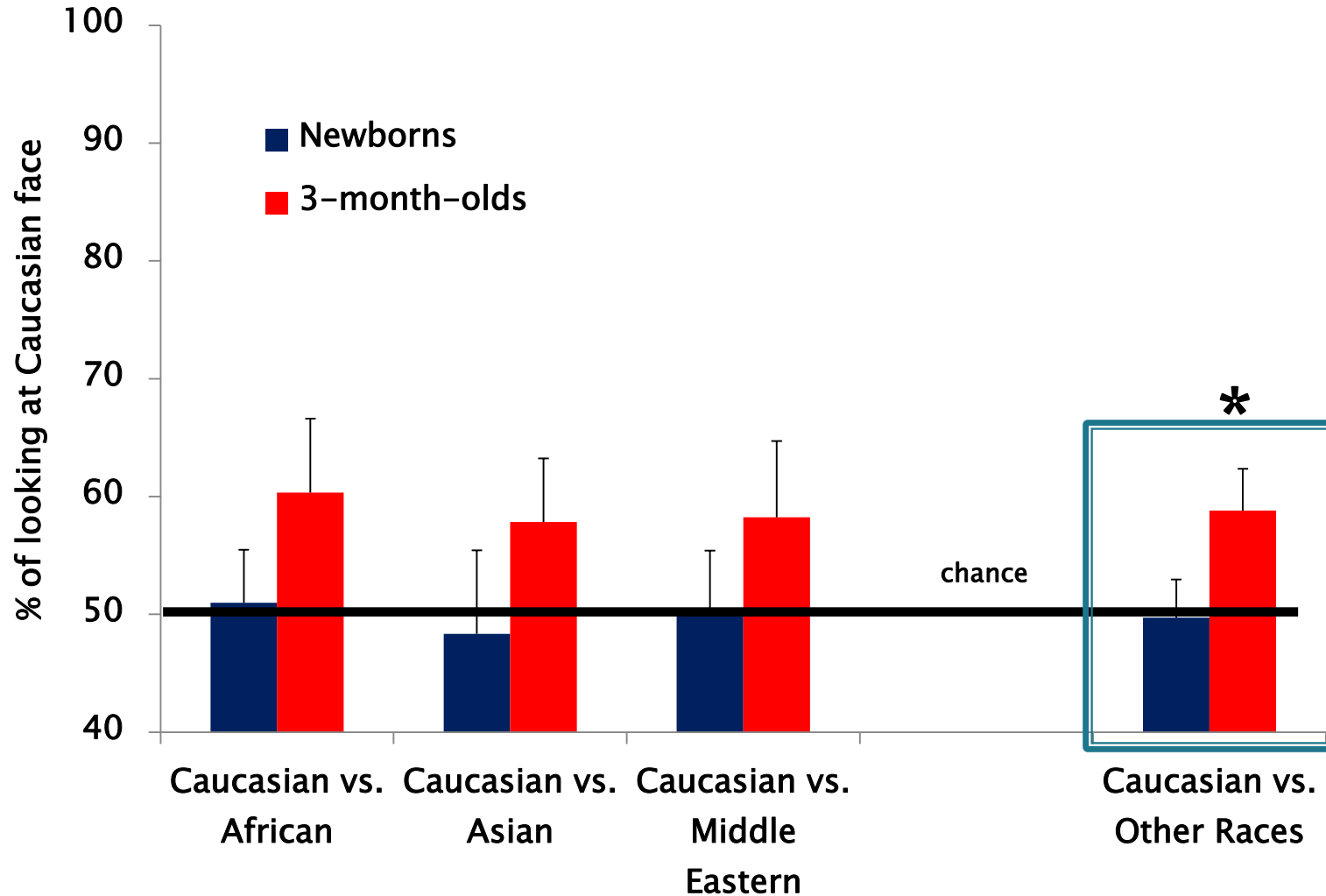
# Race Preference

# Study 1.1. Caucasian Infants' Face Race Preference

- ▶ Question: Do Caucasian infants show spontaneous own-race face preference?
- ▶ Participants
  - 48 Caucasian newborns
  - 48 Caucasian 3-month-olds
- ▶ Procedure
  - Two 10s trials
    - A male Caucasian own face vs. a male other race face
    - A female Caucasian own face vs. a female other race face
  - Conditions
    - Caucasian vs. Asian Condition ( $N = 16$ )
    - Caucasian vs. Middle Eastern Condition ( $N = 16$ )
    - Caucasian vs. African Condition ( $N = 16$ )



# % Looking Time at Caucasian faces



# Study 1.2. Chinese Infants' Face Race Preference

- ▶ Question: Do Chinese infants show spontaneous own-race face preference?
- ▶ Participants
  - 48 Chinese 3-month-olds
- ▶ Procedure
  - Two 10s trials
    - A male Asian face vs. A male other race face
    - A female Asian face vs. A female other race face
    - Conditions
      - Asian vs. Caucasian Condition ( $N = 16$ )
      - Asian vs. Middle Eastern Condition ( $N = 16$ )
      - Asian vs. African Condition ( $N = 16$ )



Asian

Middle Eastern



Asian

African



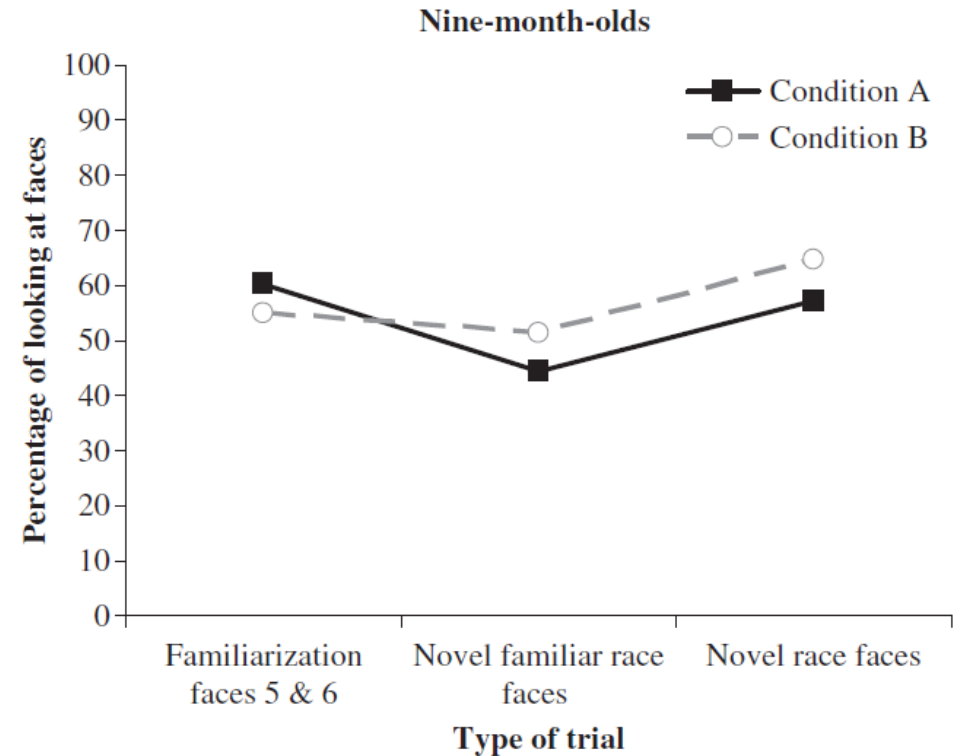
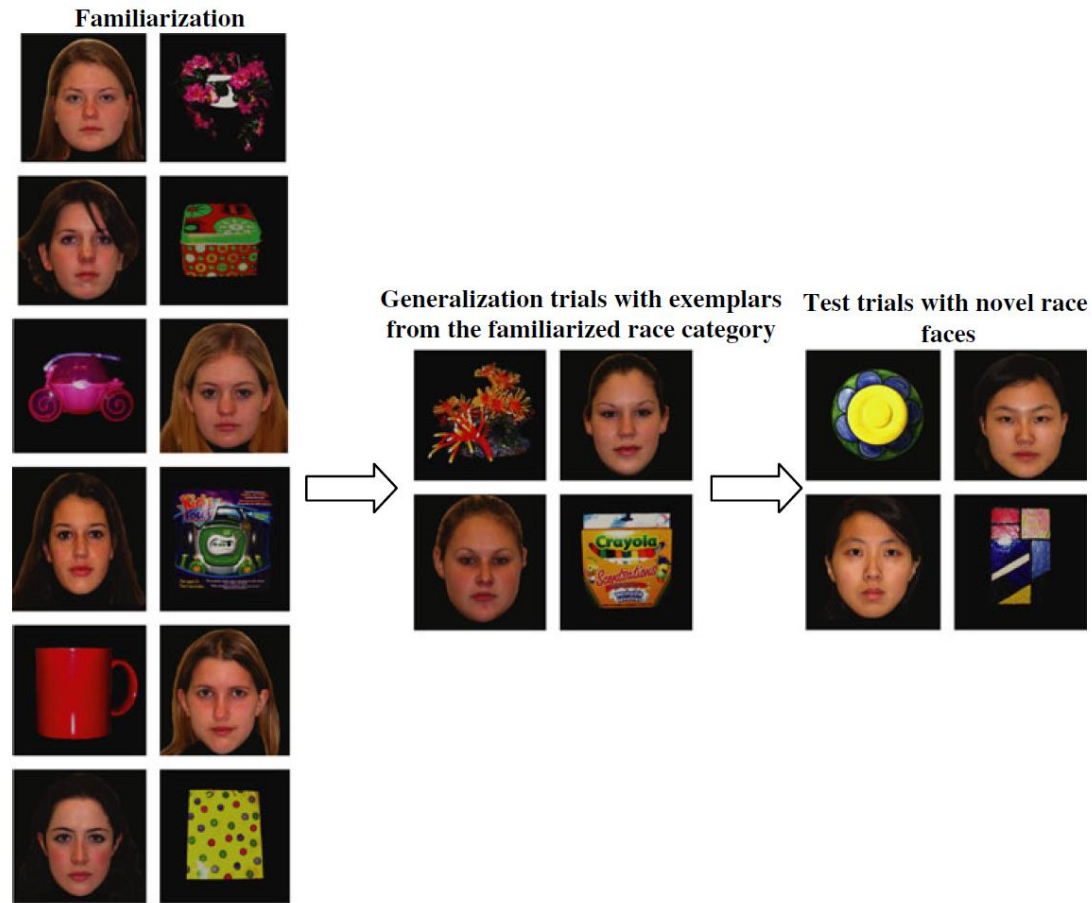
Asian

Caucasian

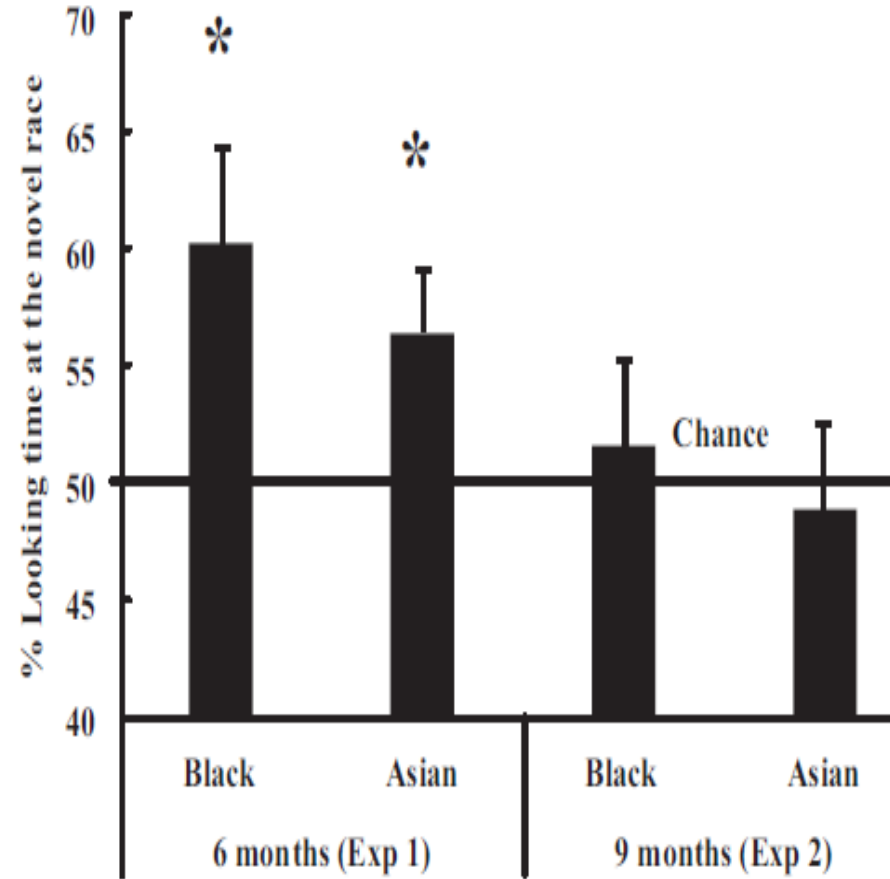
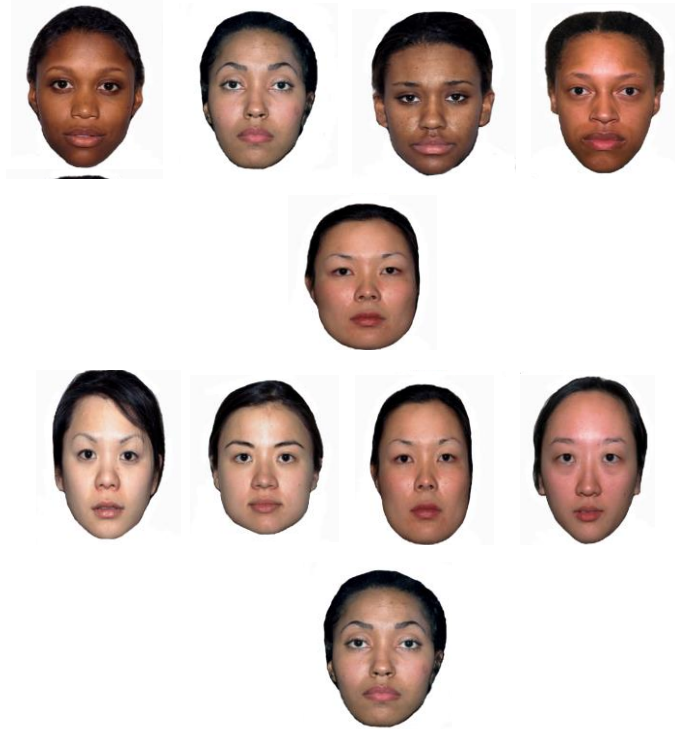
Kelly et al. (2007). *Infancy*.

# Race Categorization

# Study 2.1. face race categorization



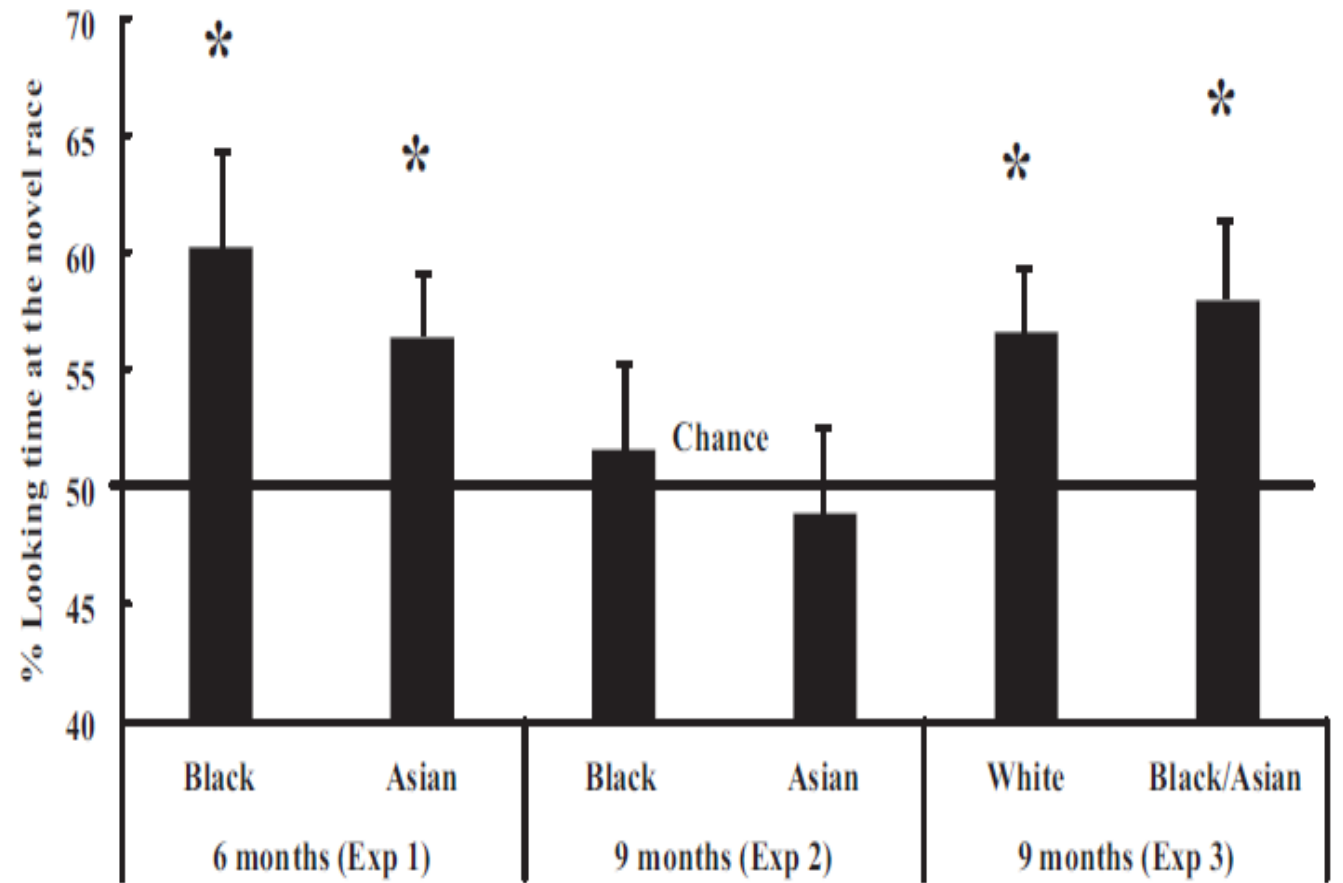
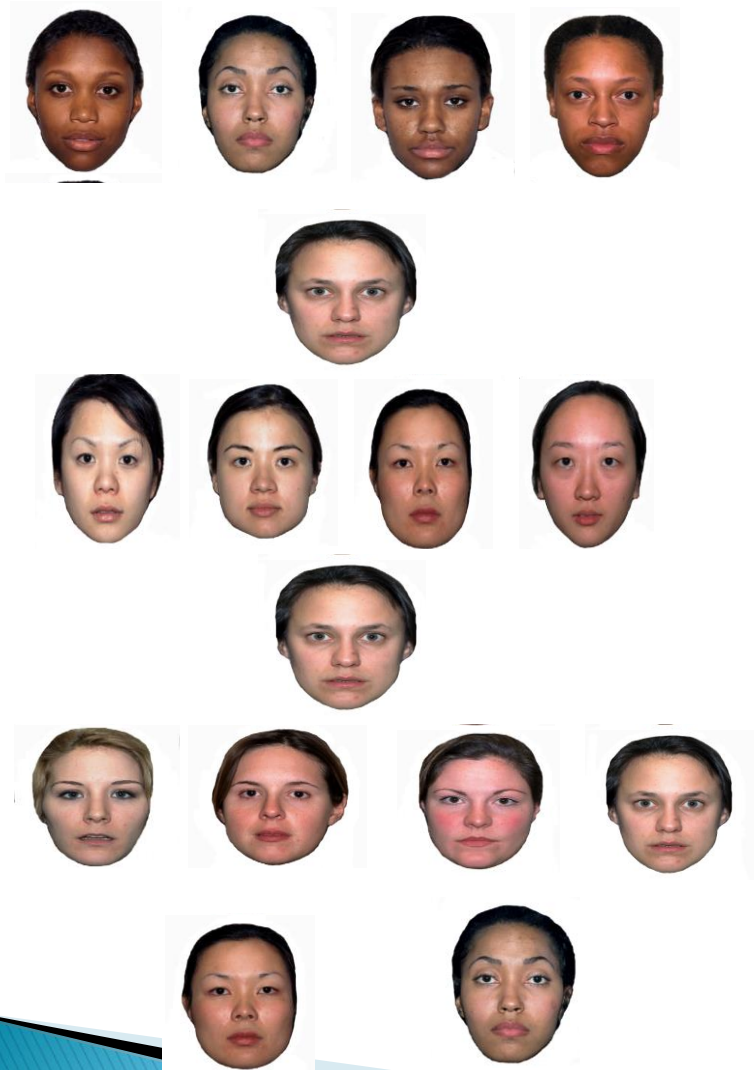
# Study 2.1. face race categorization



Familiarization Category

(Quinn et al., 2015). *Developmental Science*.

# Study 2.1. face race categorization



Familiarization Category

(Quinn et al., 2015). *Developmental Science*.

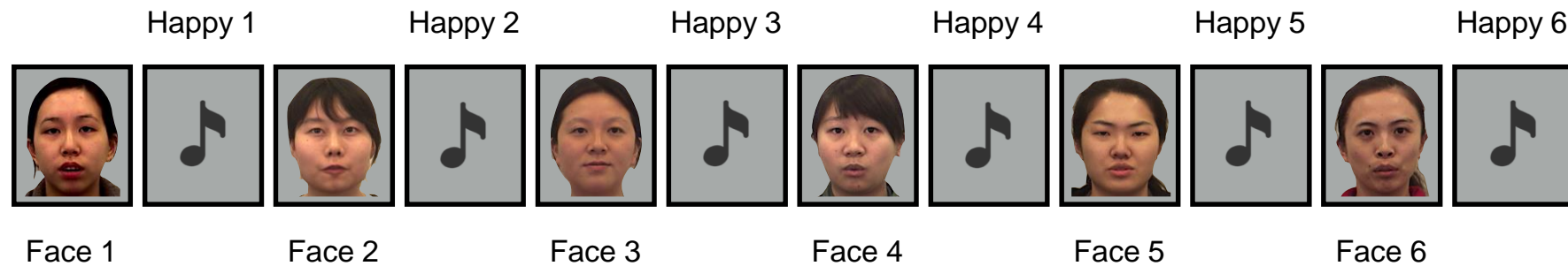


# Racial biases

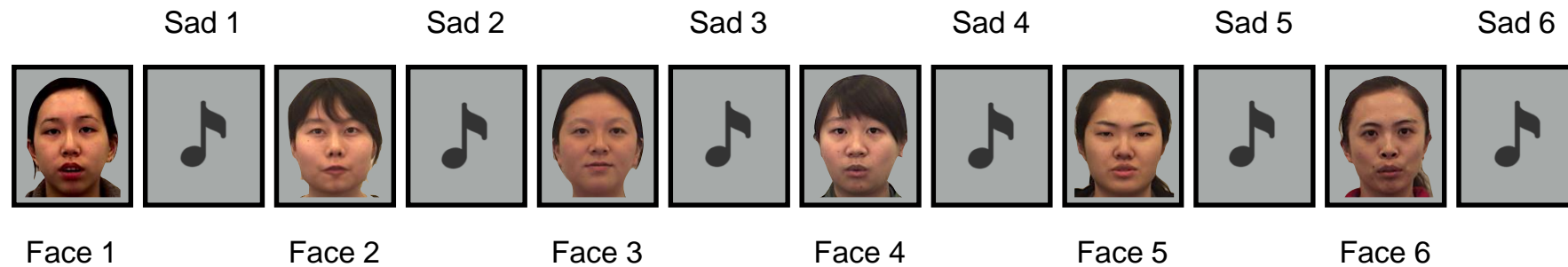
# Study 3.1. Implicit racial bias in infancy

- ▶ *Do own- vs. other-race faces sustain infants' attention differently when paired with positive or negative emotional valence?*
  - Participants: Chinese infants (3 to 9 months)

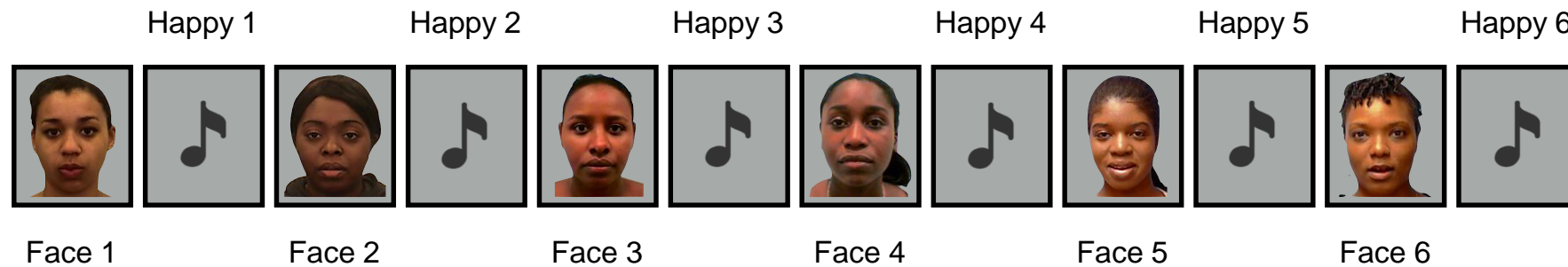
# Own-race + Happy Music



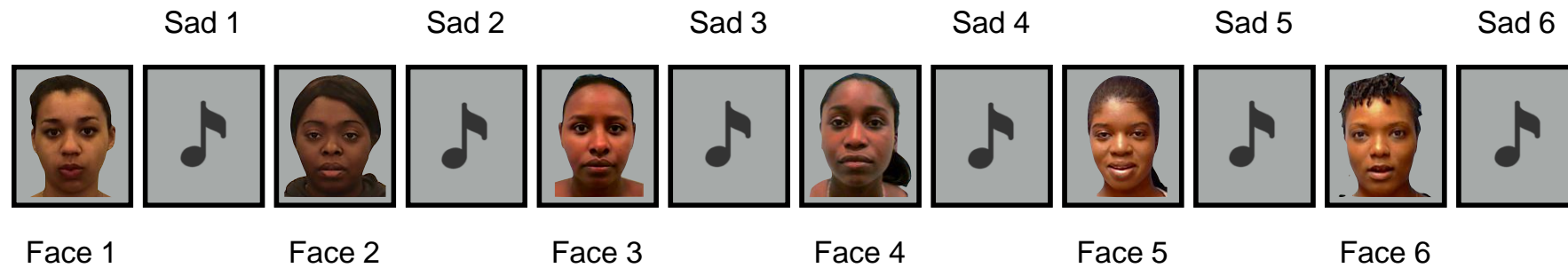
# Own-race + Sad Music

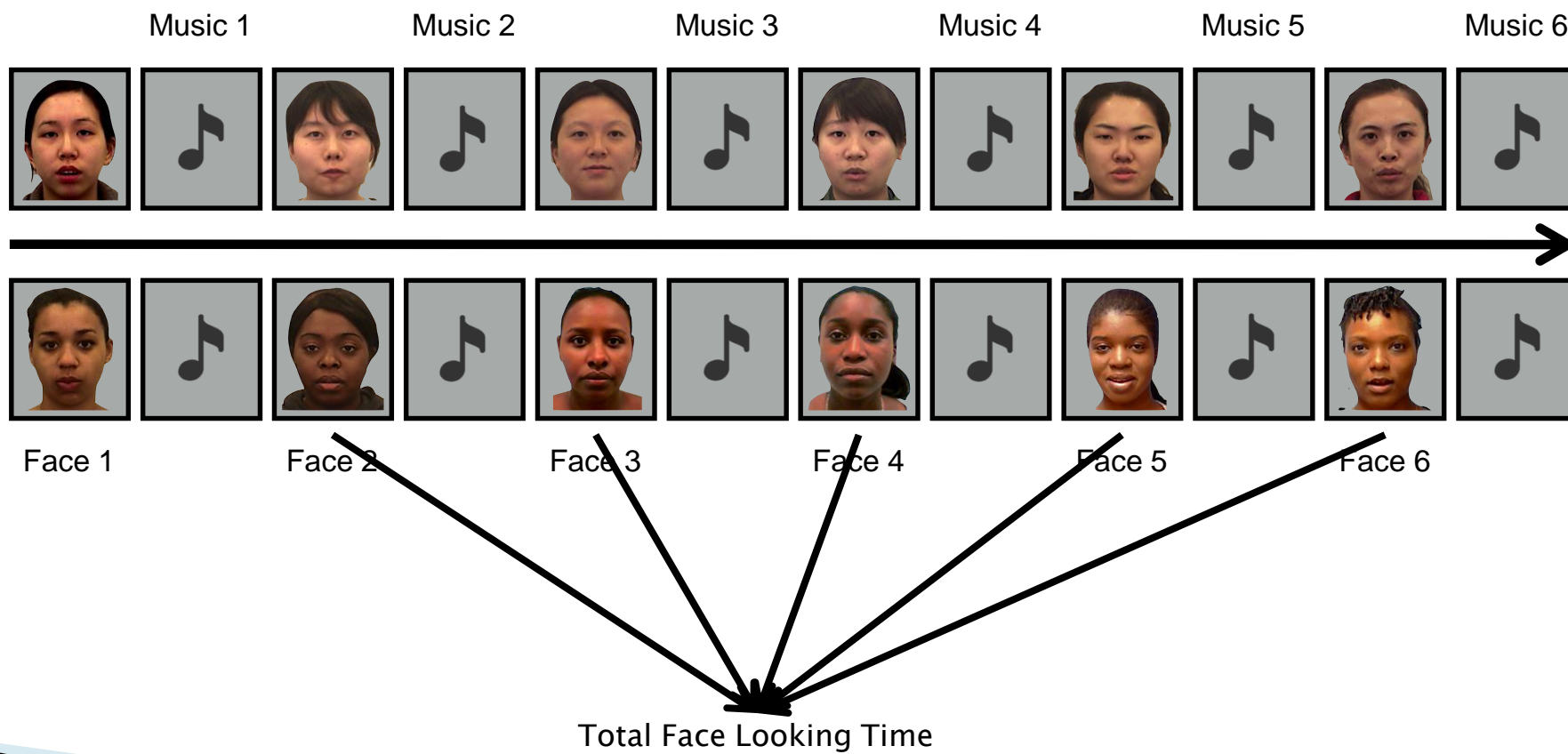


# Other-race + Happy Music

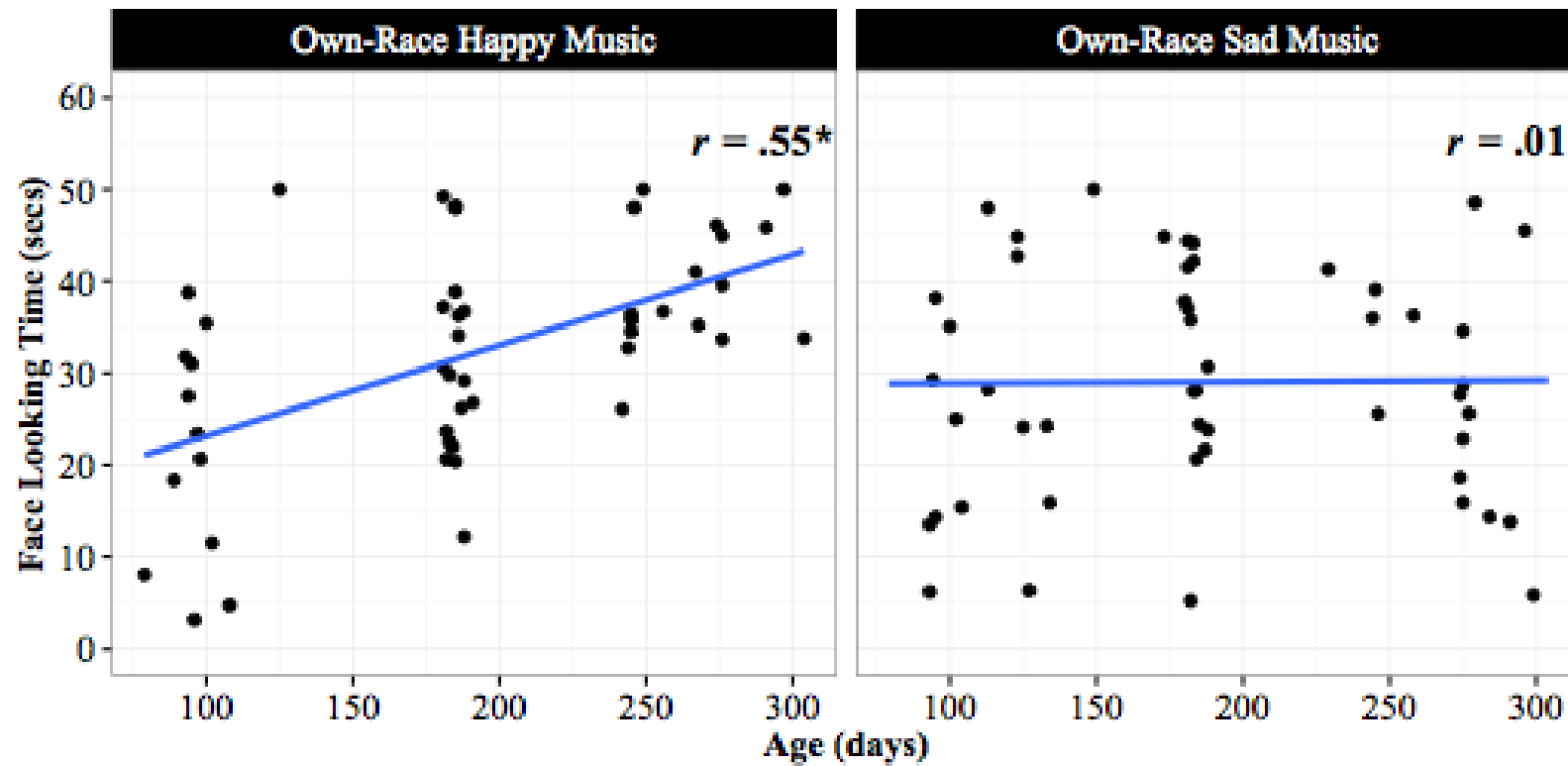


# Other-race + Sad Music



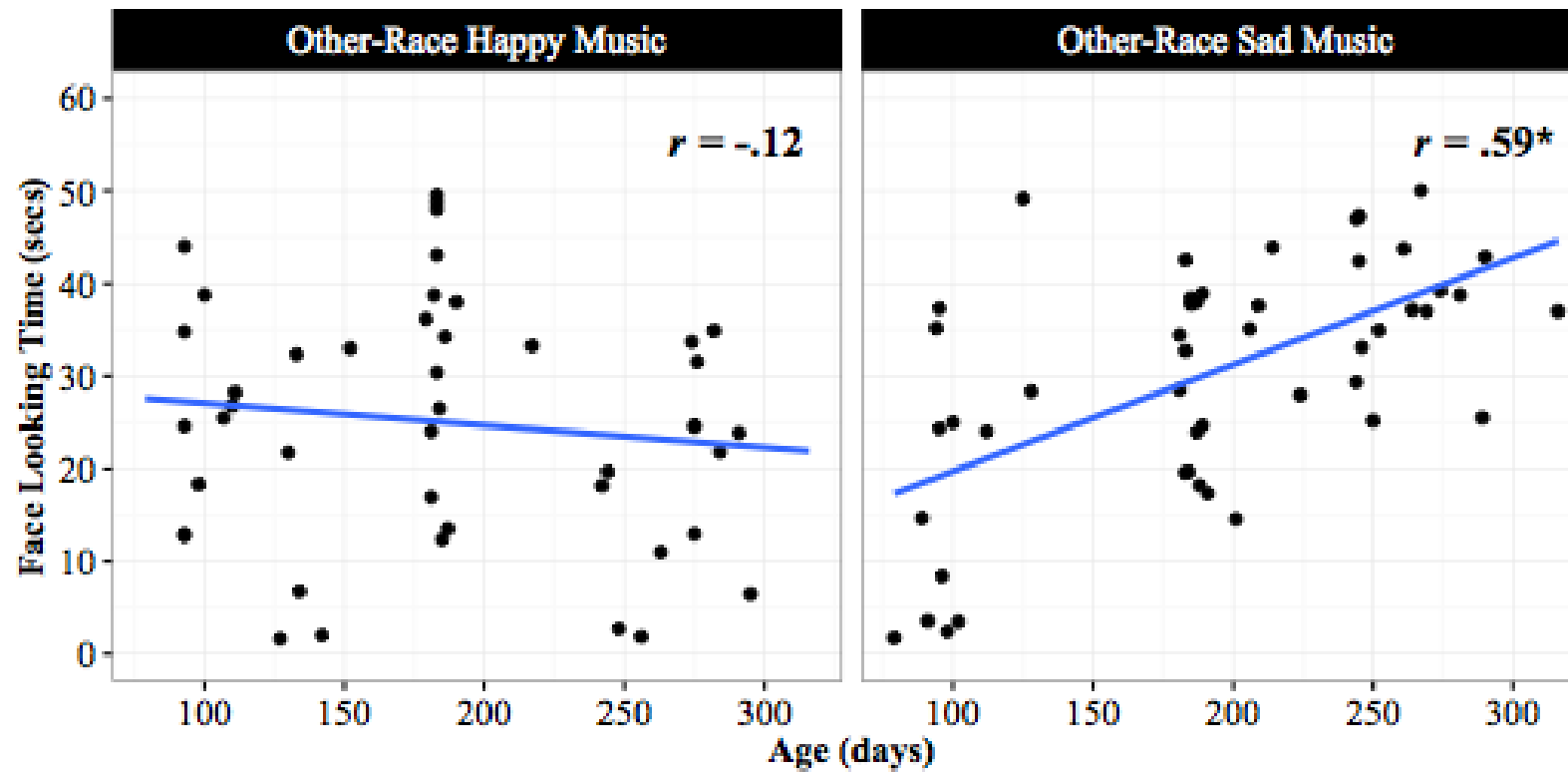


# Own-race Faces

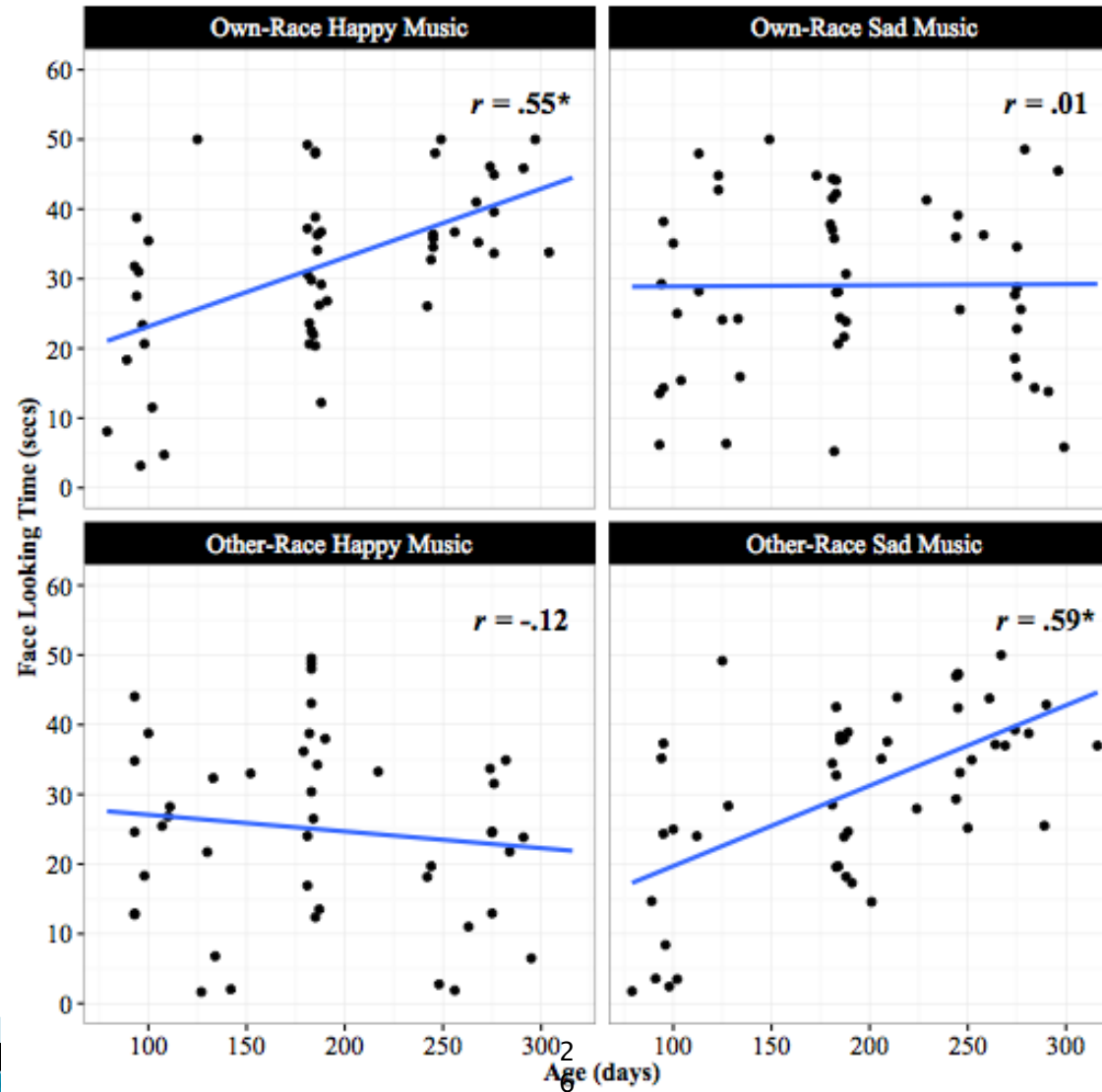




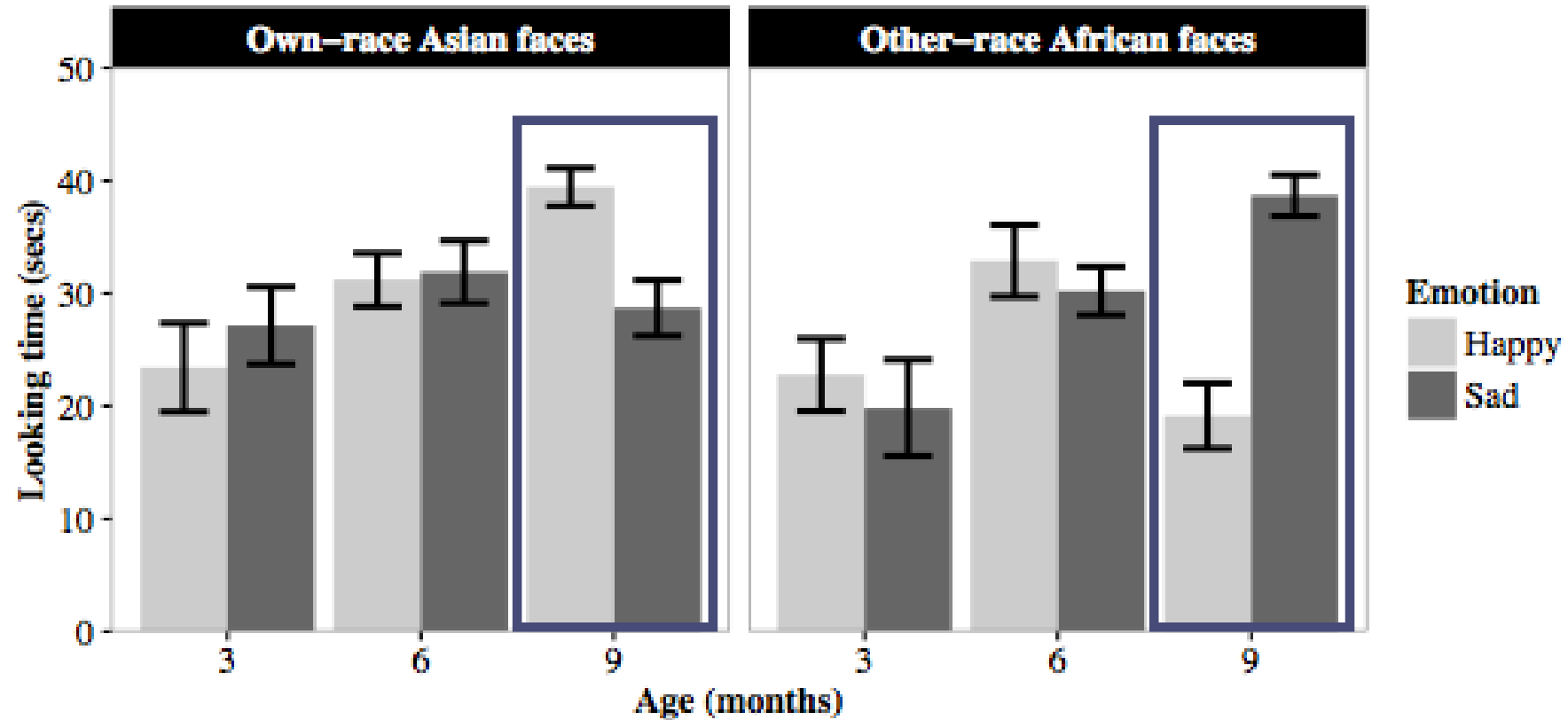
# Other-race Faces



# Face Looking Time



# Face Looking Time (by age group)



# Study 3.2. Implicit racial bias in infancy

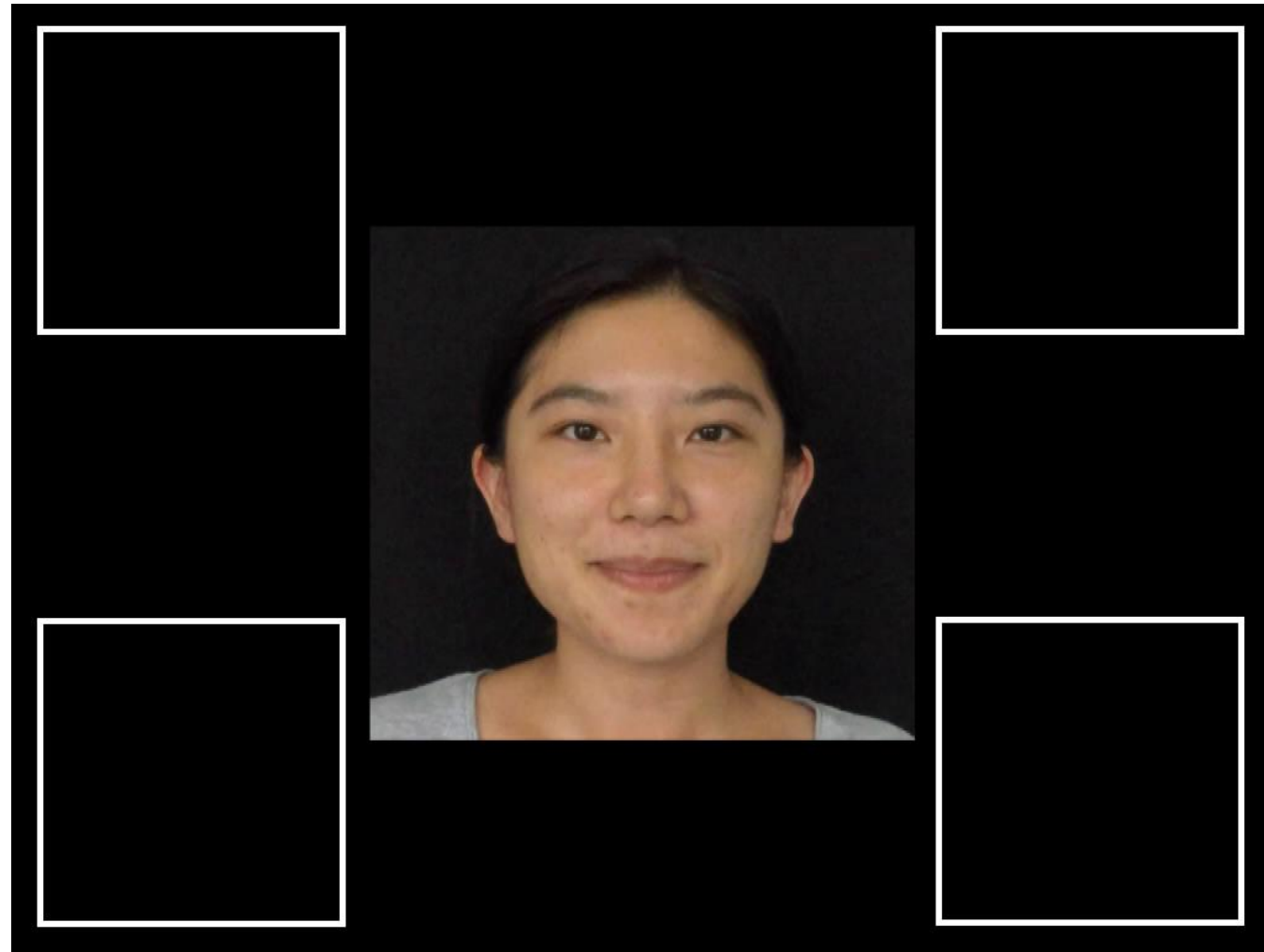
- ▶ *Do infants follow the social cues from own- vs. other-race faces differently ?*
  - Participants: Chinese infants (6-9 months)



**Learning Phase**

**Test Phase**

“Hey baby, Look!”



Own-race Condition



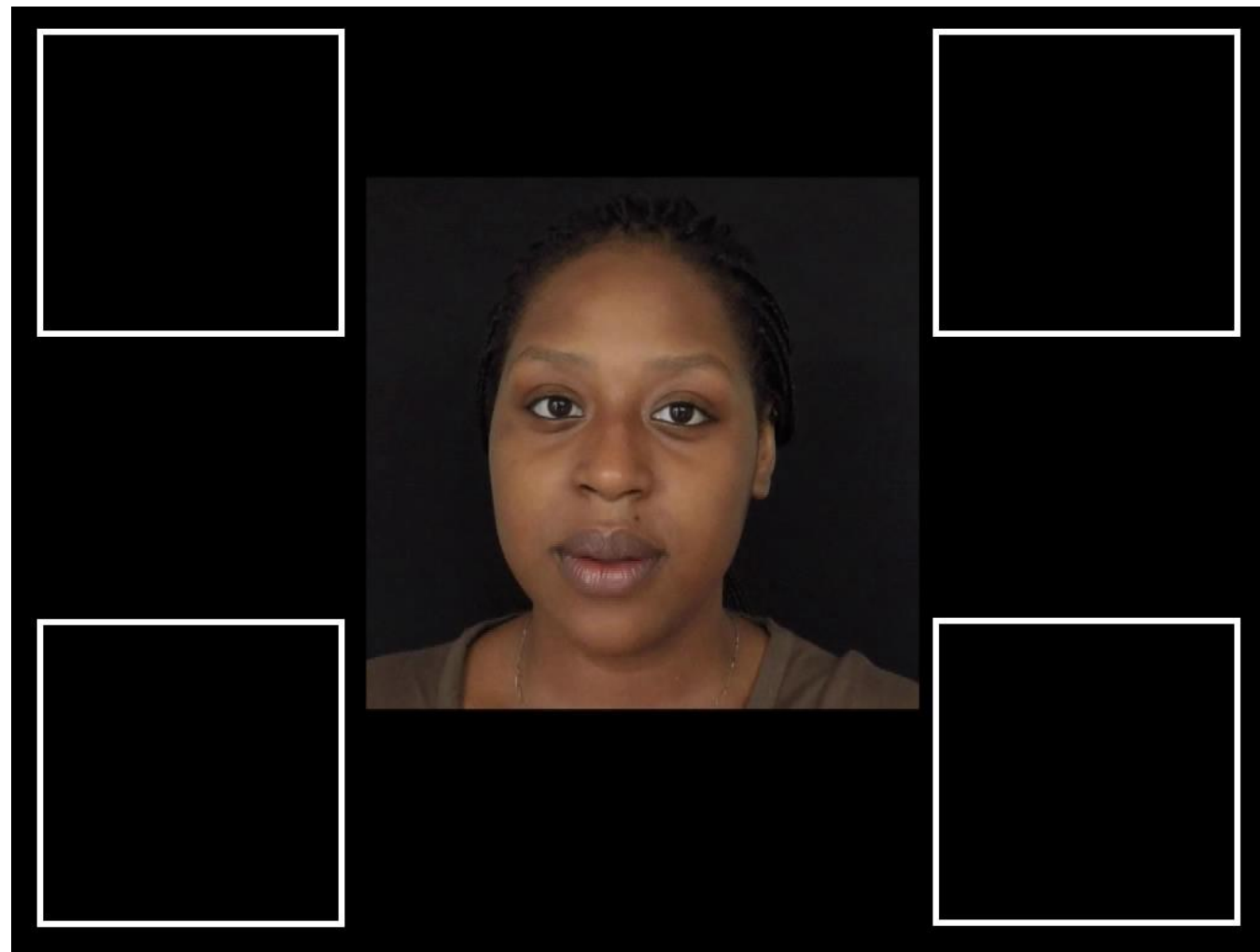
Own-race Condition

# Test Phase





“Hey baby, Look!”



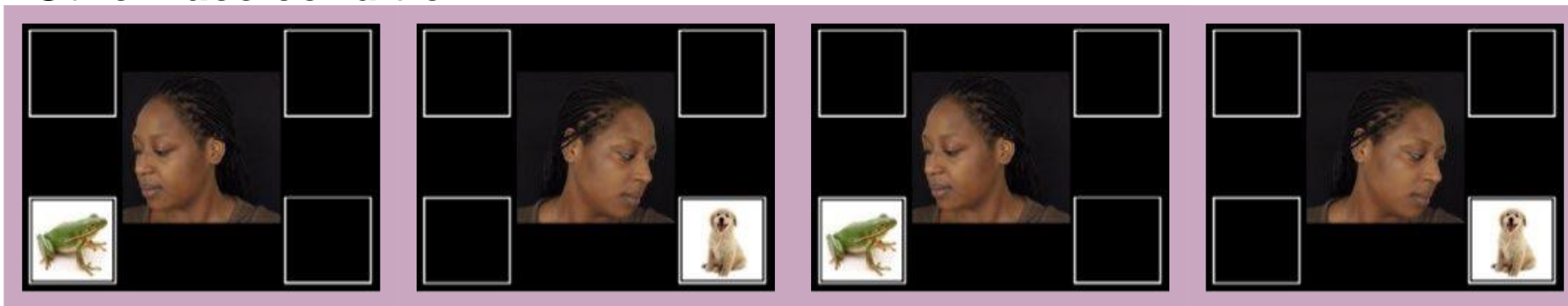
Other-race Condition

# 100% reliable

## Own-race condition

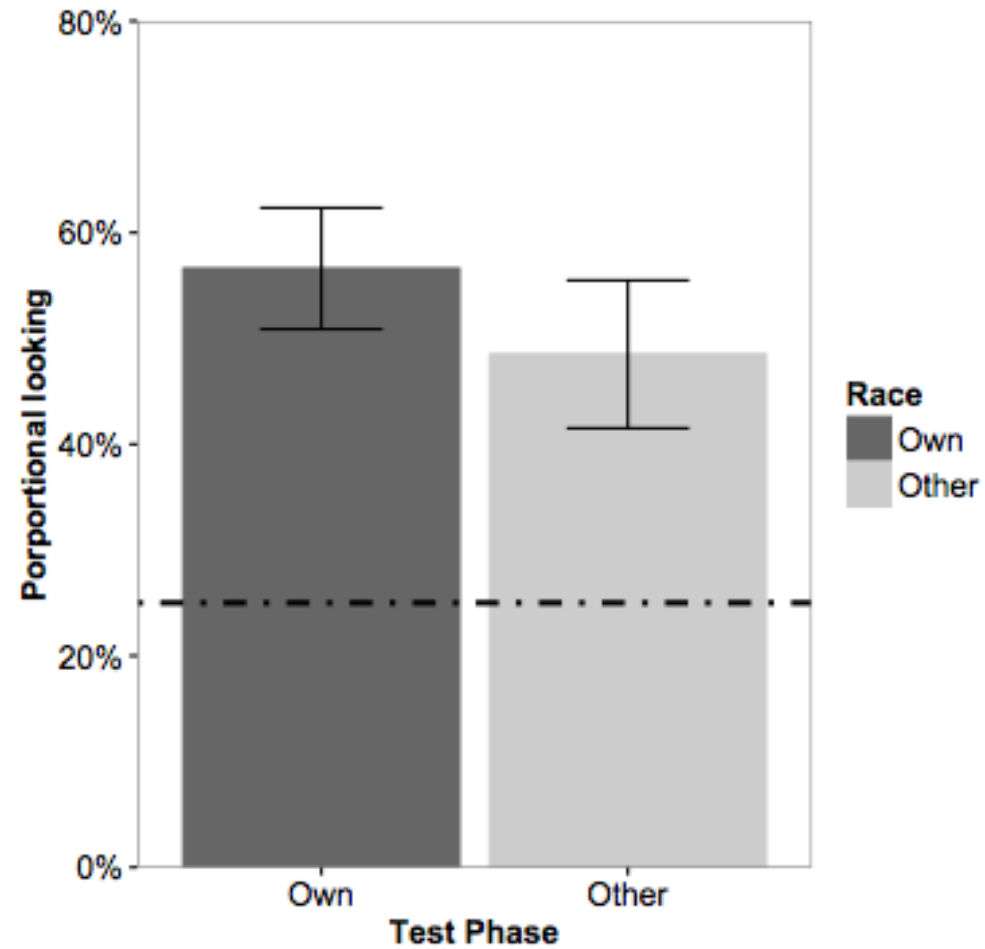


## Other-race condition

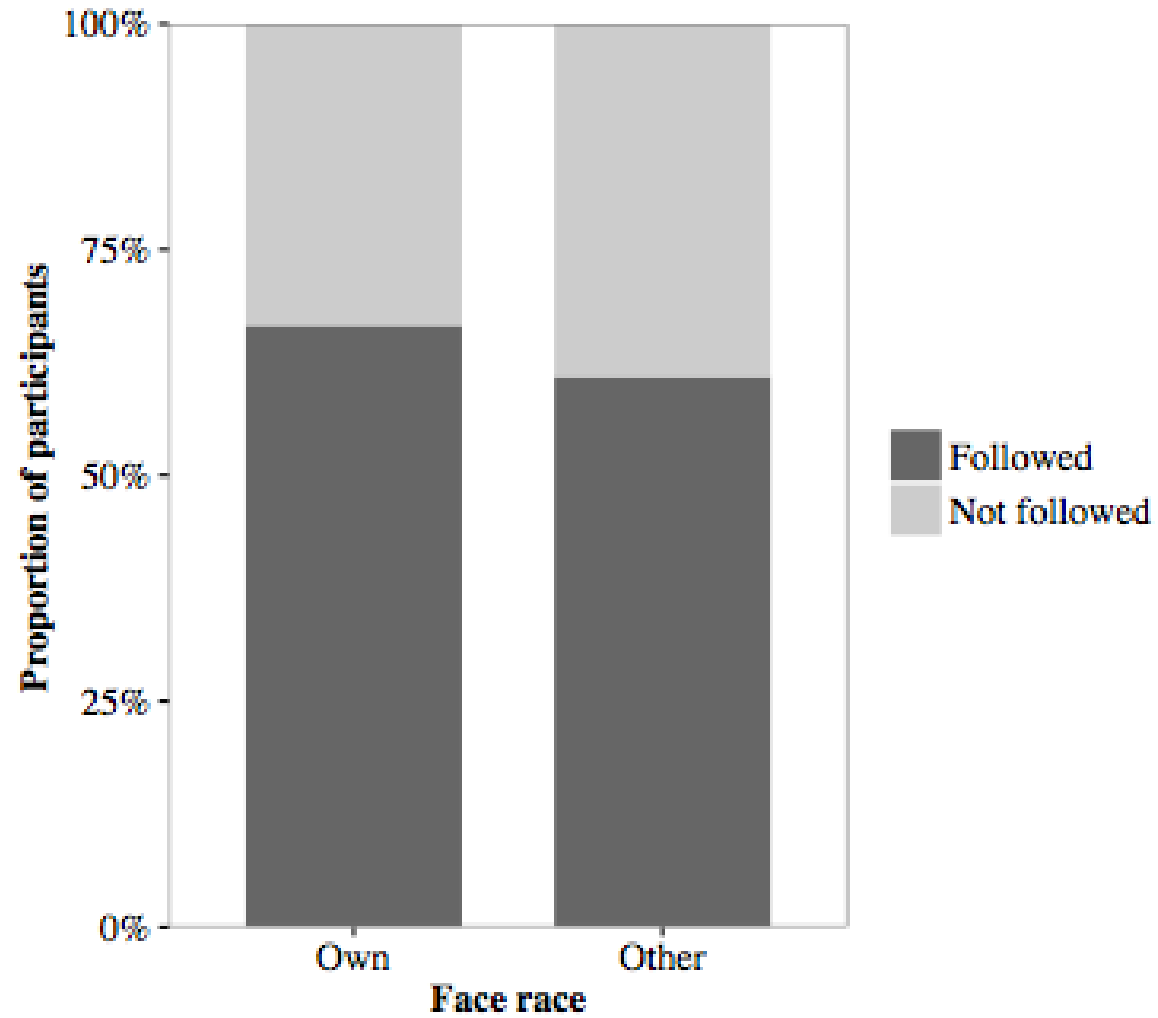


Learning Phase

# Gaze Following

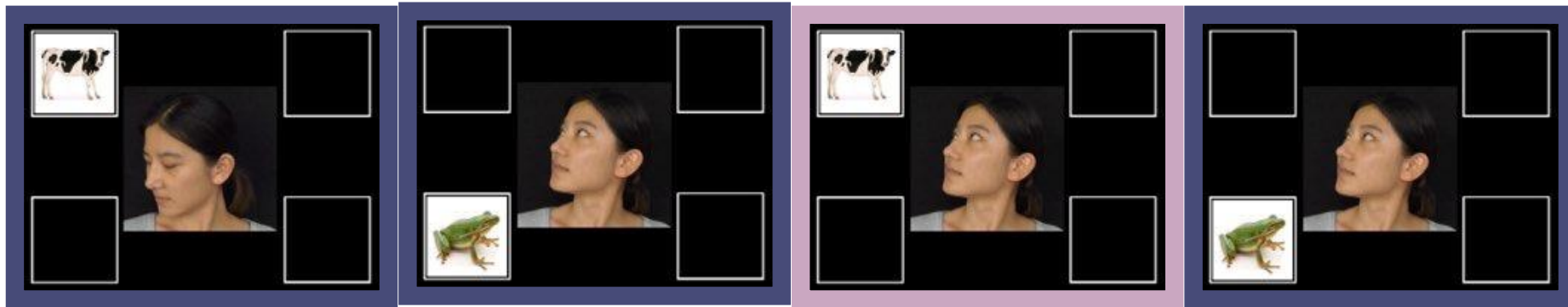


# Gaze Following

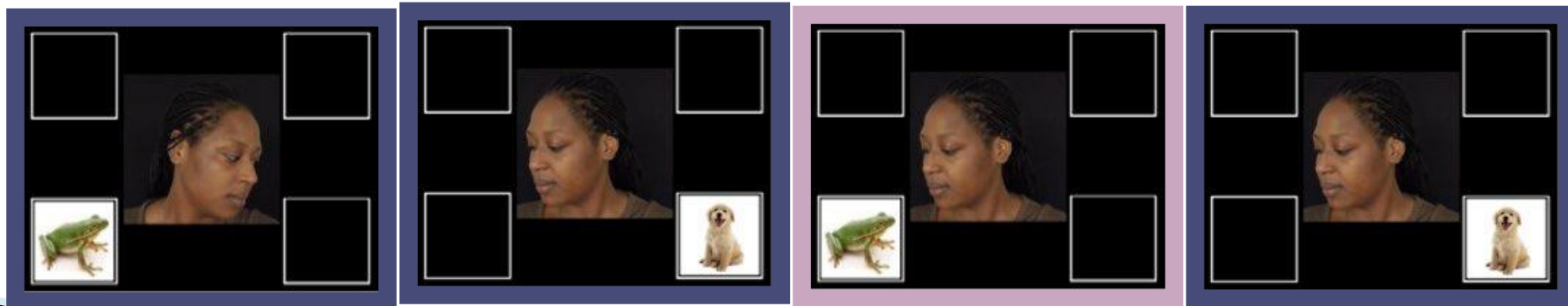


# 25% reliable + 75% unreliable

## Own-race condition

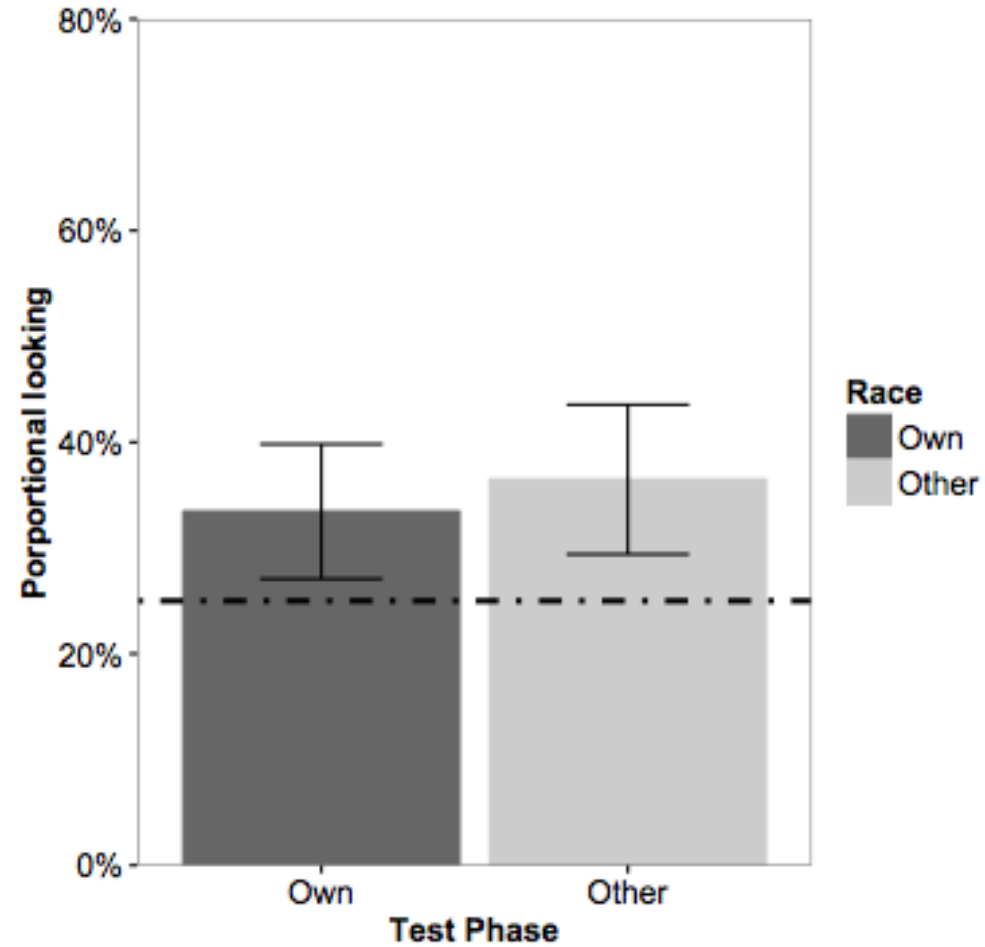


## Other-race condition

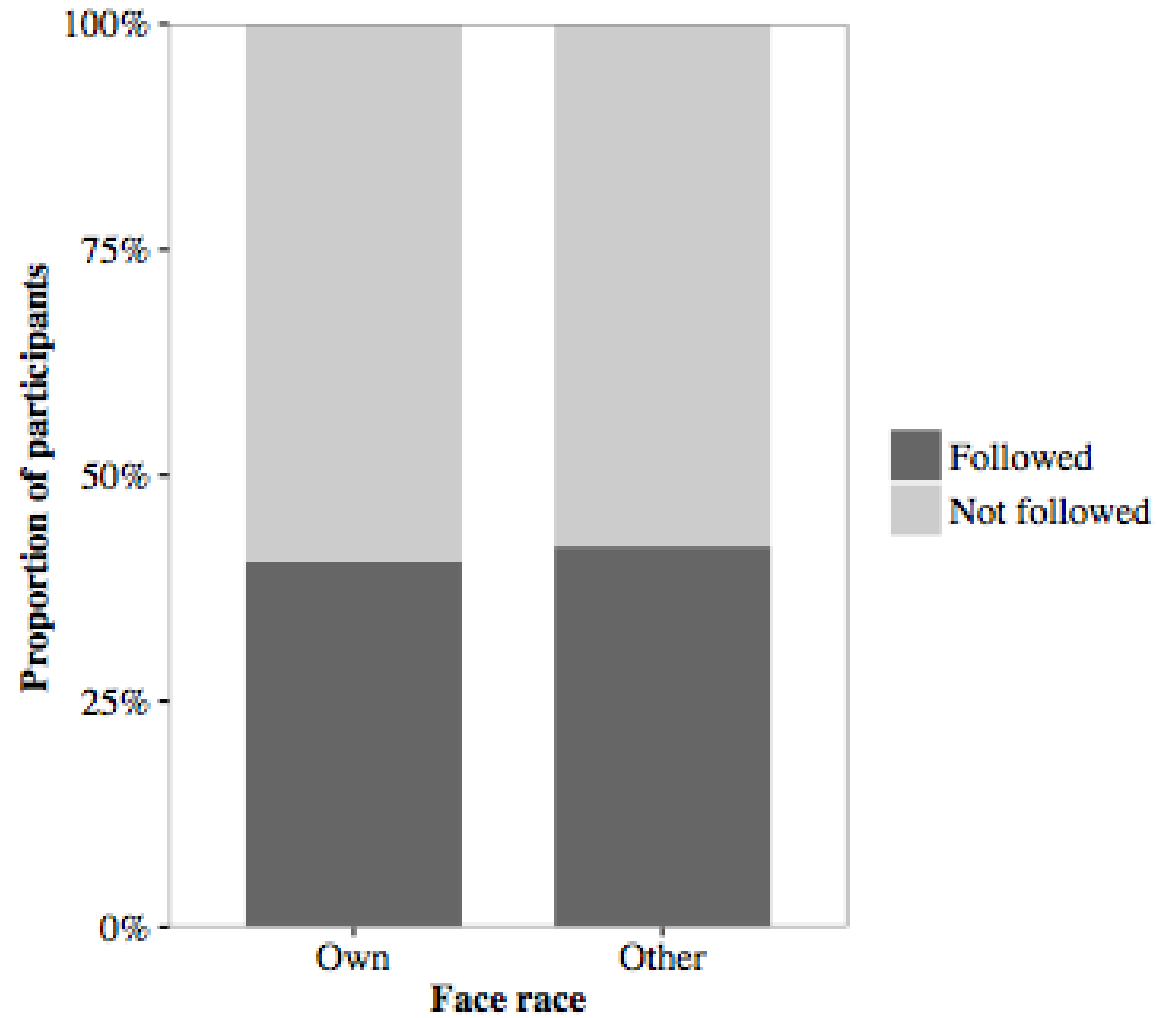


Learning Phase

# Gaze Following

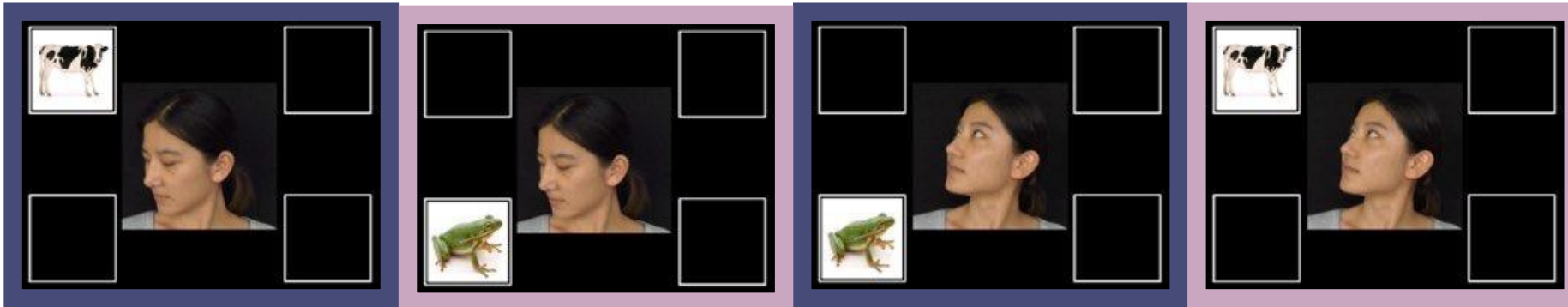


# Gaze Following

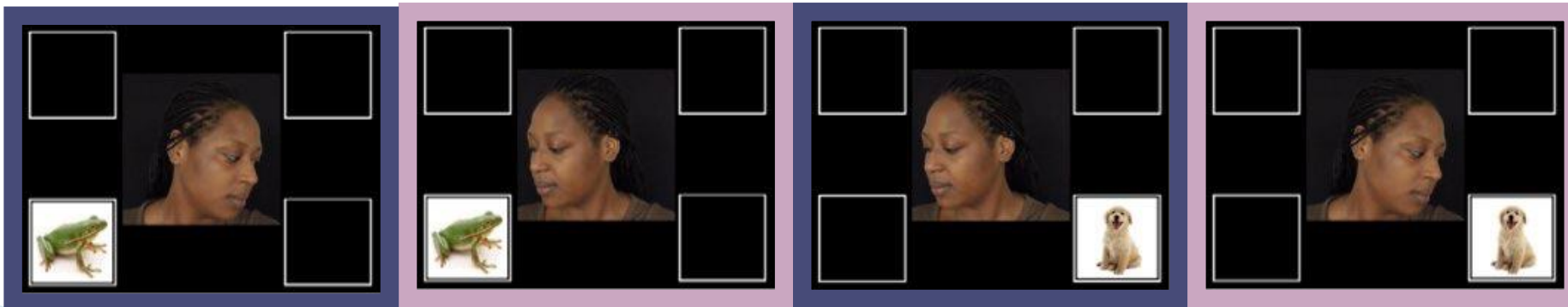


# 50% reliable + 50% unreliable

## Own-race condition



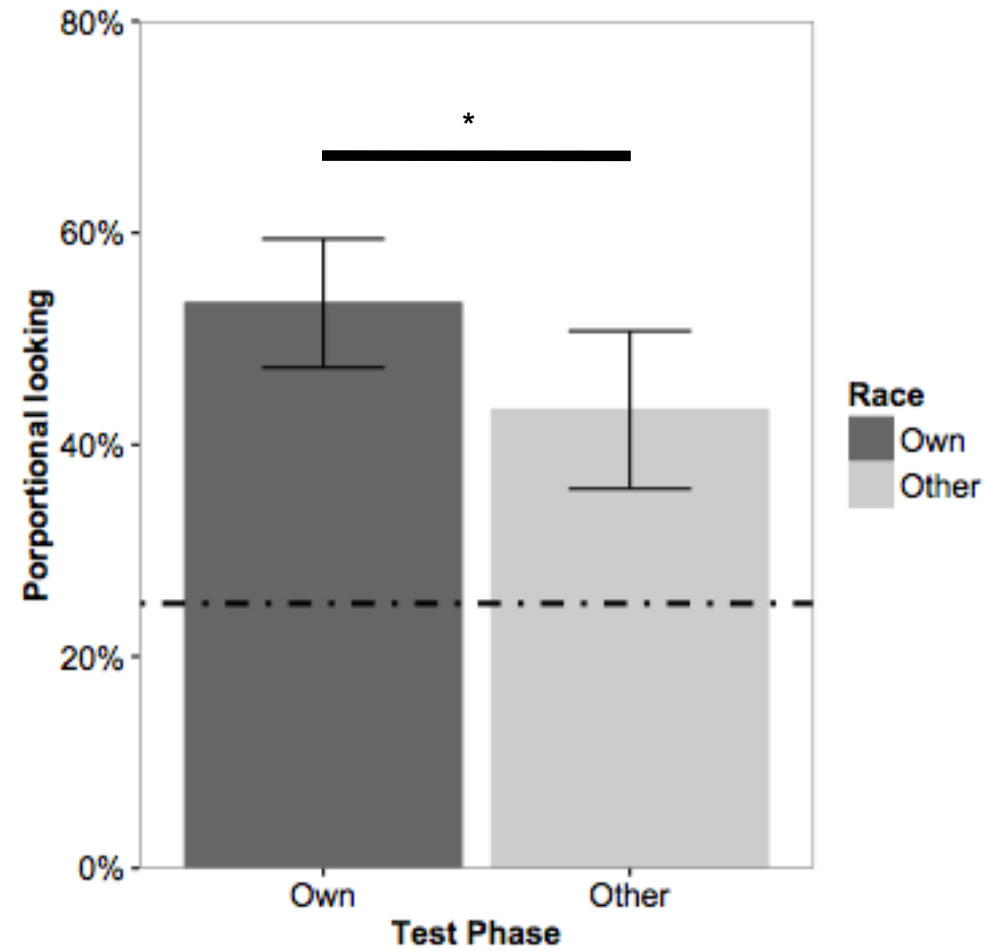
## Other-race condition



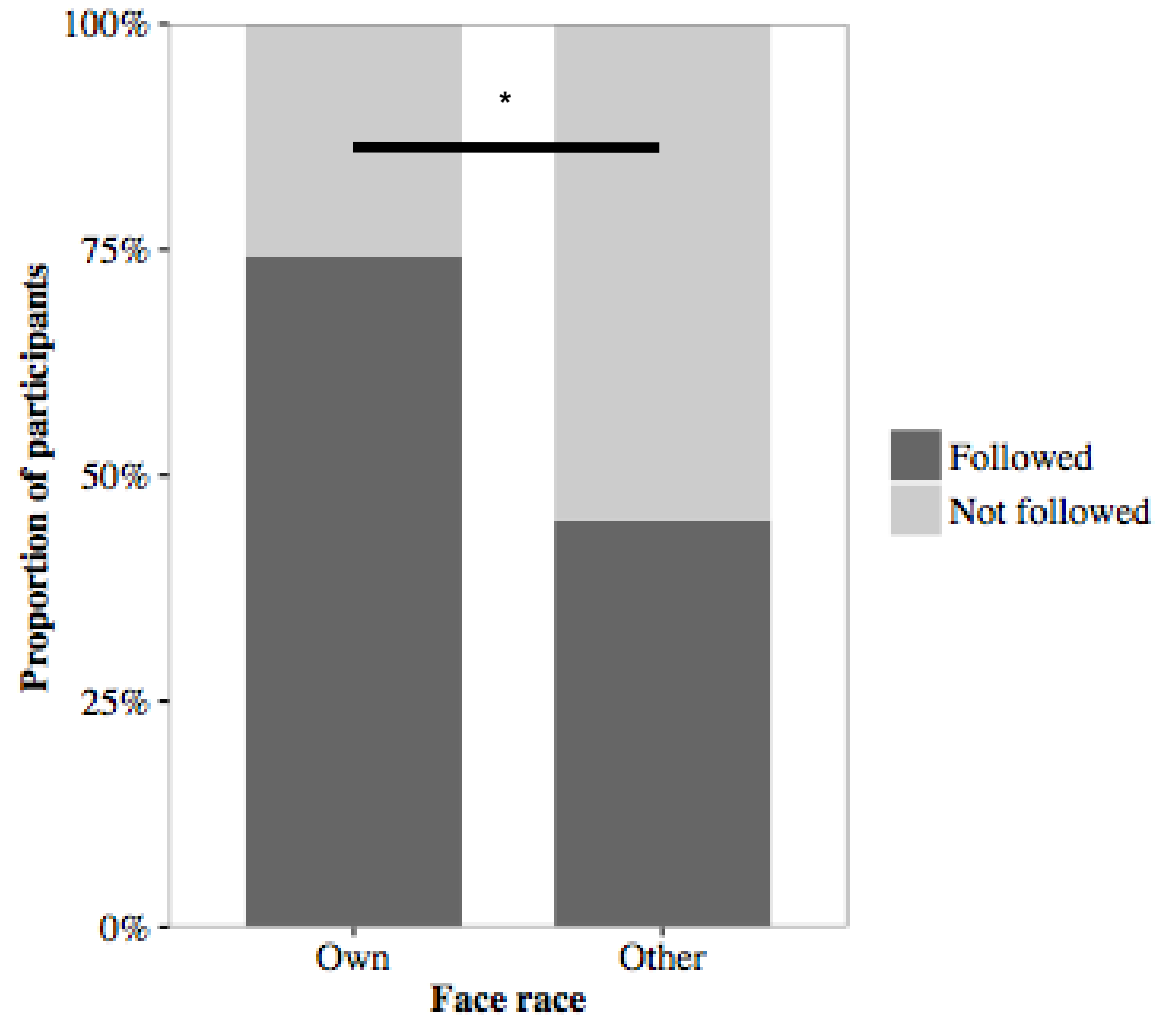
Learning Phase



# Gaze Following



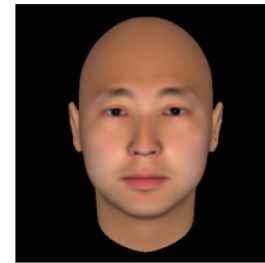
# Gaze Following



# Study 3.3. The other-race = angry effect

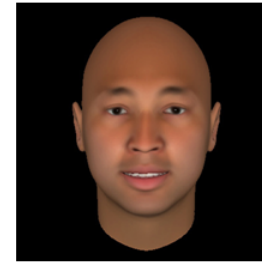
## ▶ Participants

- 4–6-year-old Chinese kindergarteners
- Method
- The “out group=angry” paradigm:
- If Chinese face, press A; if African face, press B



Typical Chinese face

Happy ambiguous face

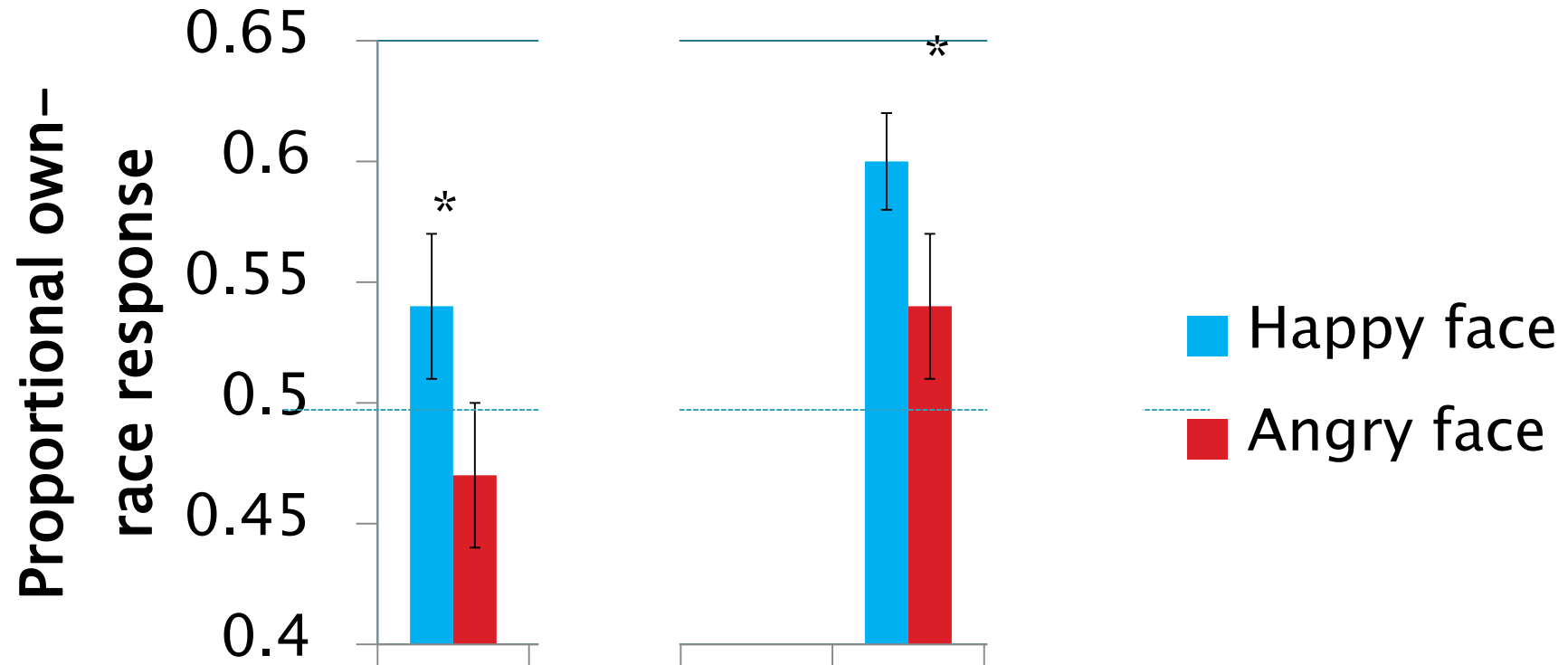


Angry ambiguous face



Typical African face

# Results (Own-race responses)

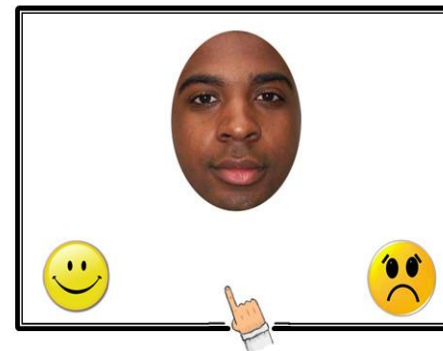


# Study 3.4. Implicit & explicit & racial attitude in preschool children

- ▶ Participants
  - Chinese 3, 4, 5 preschoolers & adults
- ▶ Method
  - Modified IAT (Implicit Attitude Test) for preschool children
  - Explicit attitude test: Whom would you choose to do X?

# Implicit racial bias measure

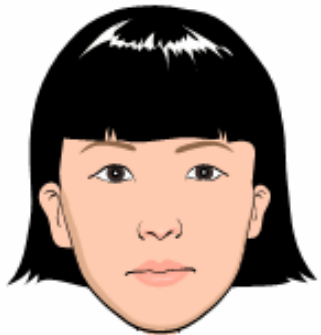
- ▶ Child Friendly IAT
  - 40 test trials
  - Congruent trials (if own-race face, press happy & if other-race face, press sad)
  - Incongruent trials (if own-race face, press sad & if other-race face, press happy)
  - IAT D score =  $(RT(\text{incong}) - RT(\text{cong})) / \text{total SD}$



# Explicit racial bias measure

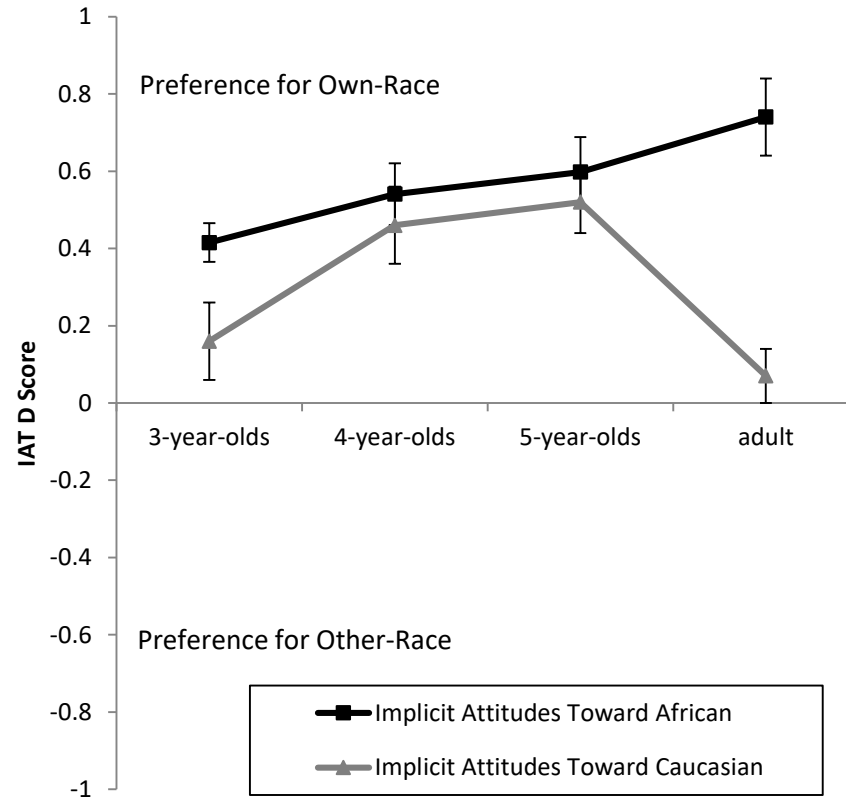
Children heard a series of stories and were asked to select between a Chinese adult and an African or Caucasian adult

*e.g. This summer, your mother will take you to a swimming class. In the class, you could choose one person to teach you how to swim. Whom would you choose?*

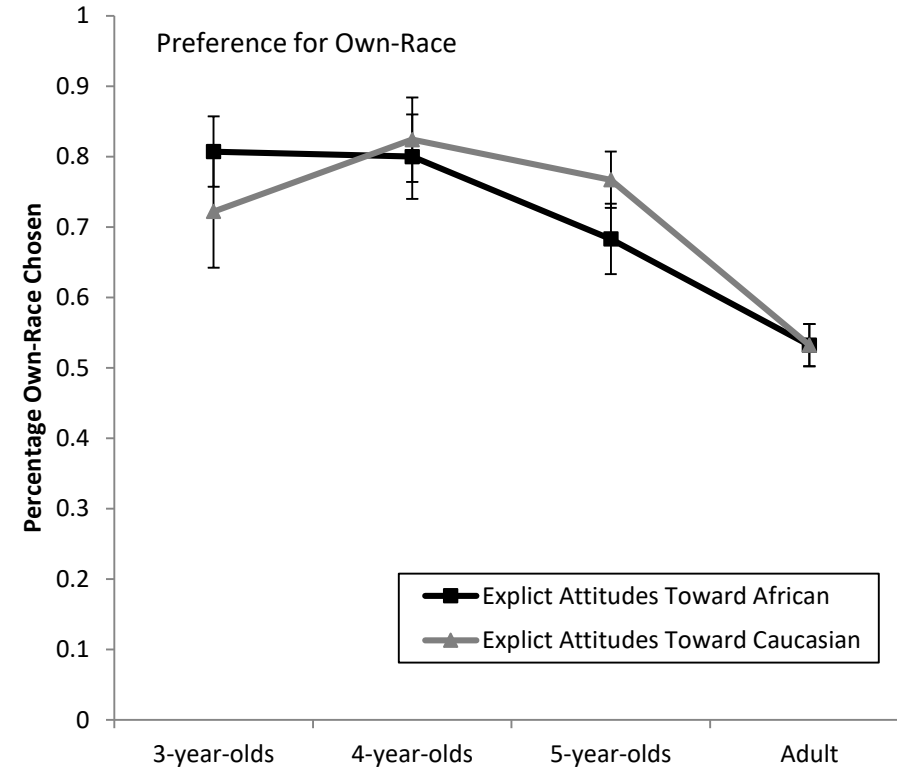


# Implicit/explicit racial attitudes in Chinese preschool children

## Implicit racial bias



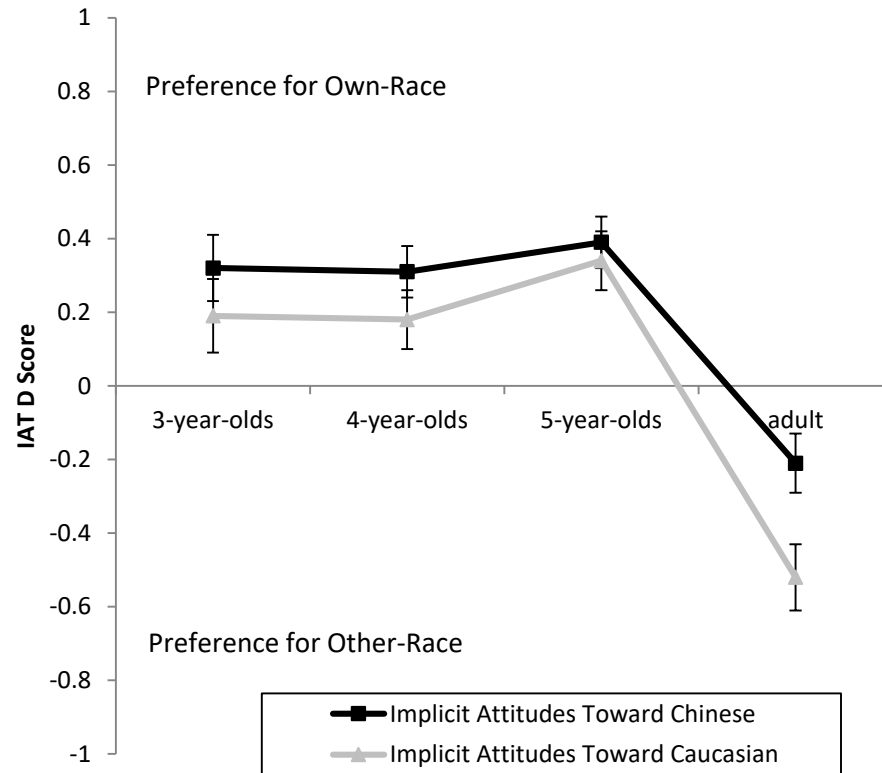
## Explicit racial bias



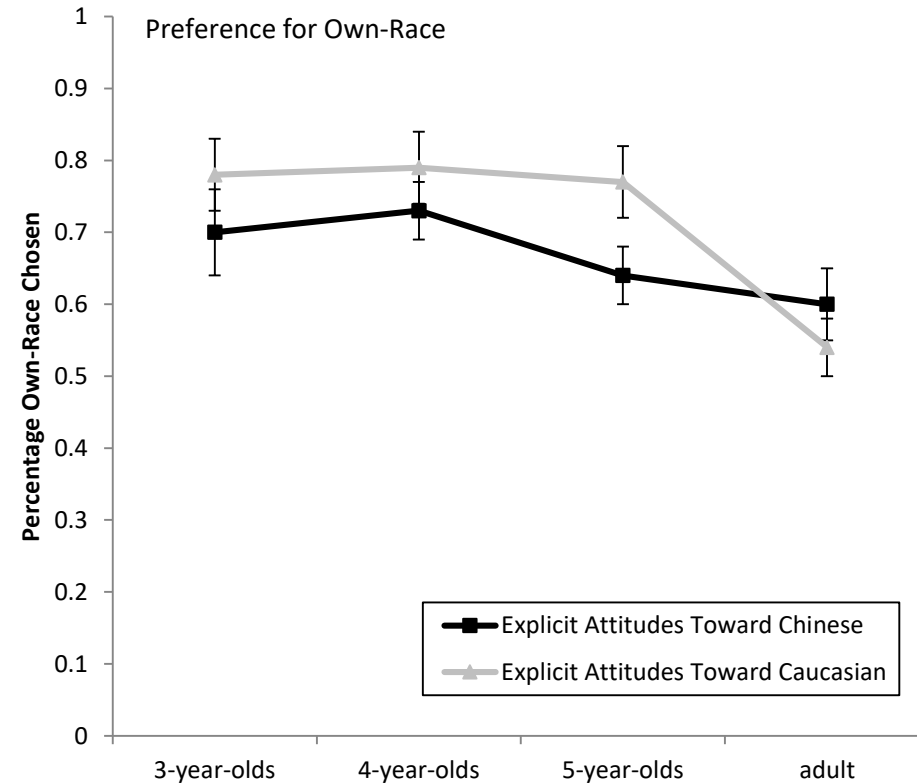


# Implicit/explicit racial attitudes in Cameroon preschool children

## Implicit racial bias



## Explicit racial bias



# Study 3.5. Implicit & explicit & racial attitude in Singaporean preschool children

## ▶ Participants

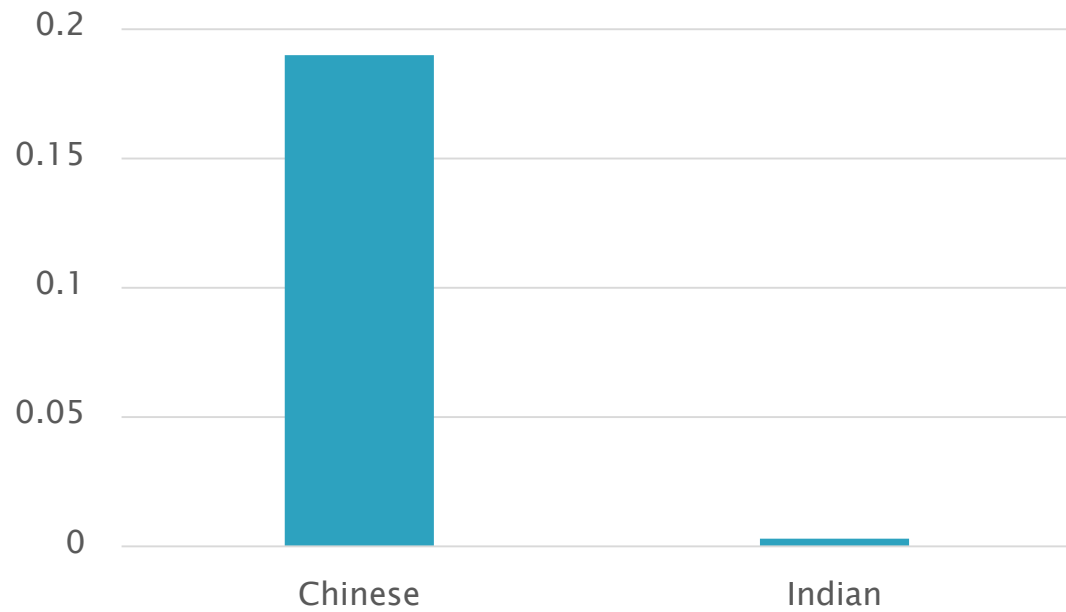
- Singaporean 3–6 preschoolers
  - Majority (Chinese) vs. Minority (Minority)

## ▶ Method

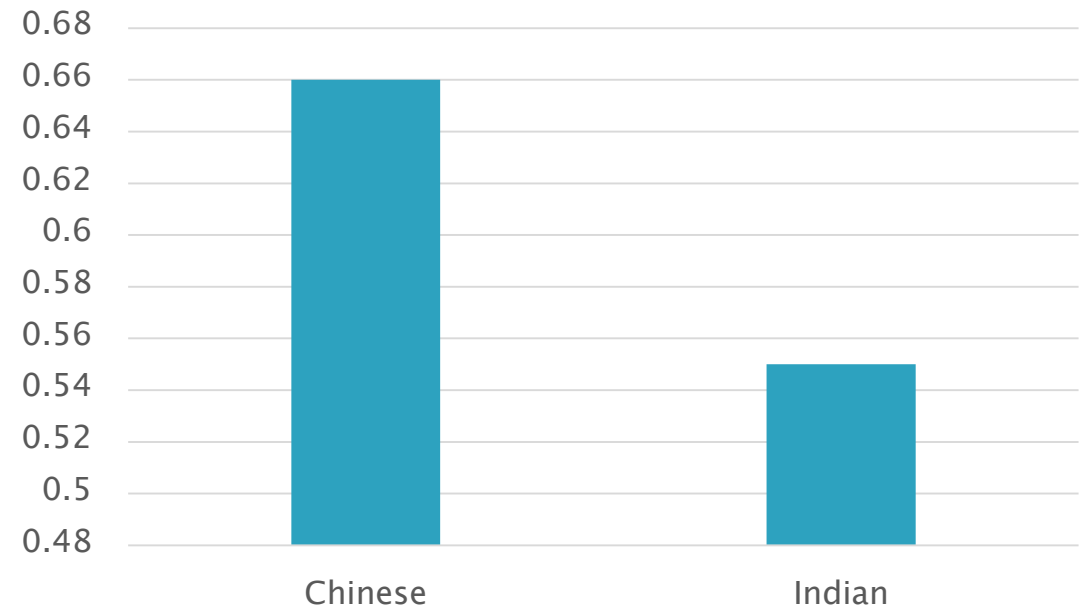
- Modified IAT (Implicit Attitude Test) for preschool children
- Explicit attitude test: Whom would you choose to do X?

# Singaporean preschoolers' biases

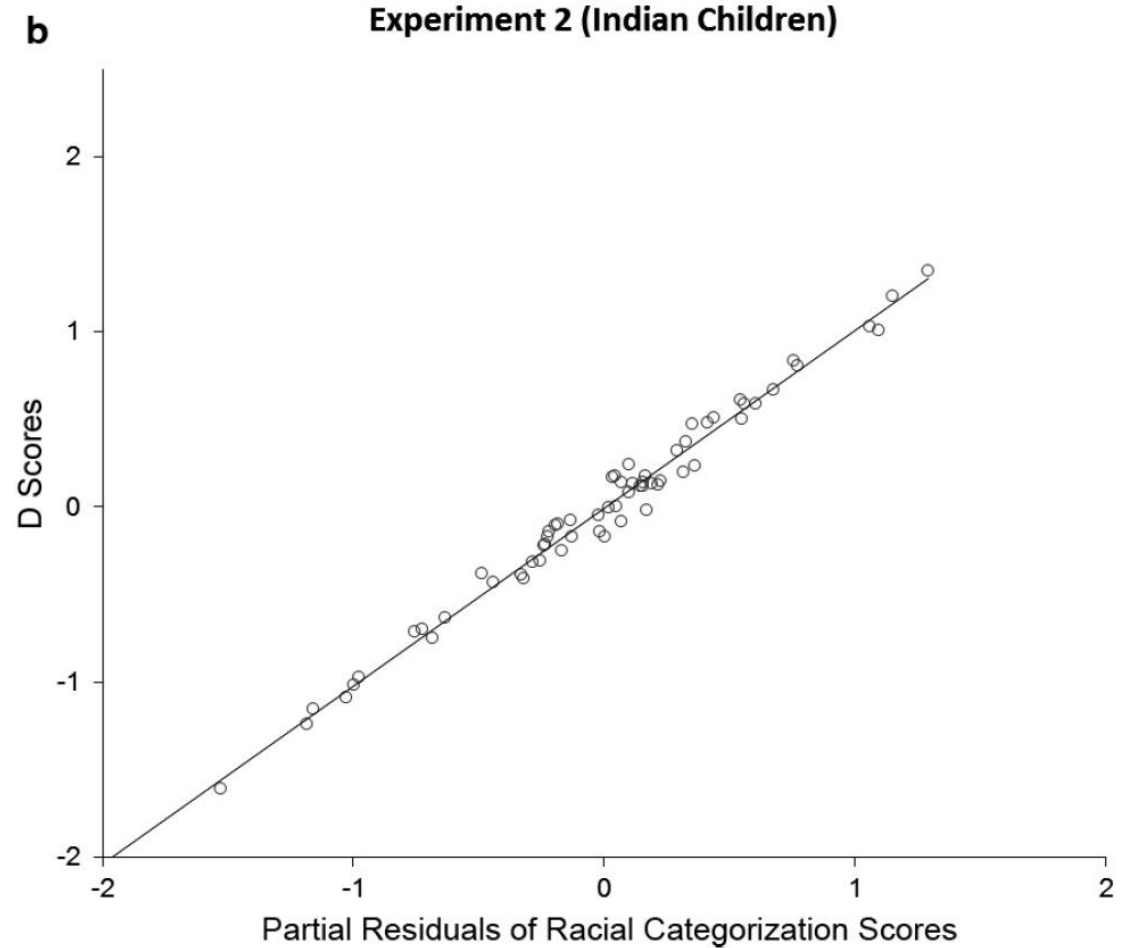
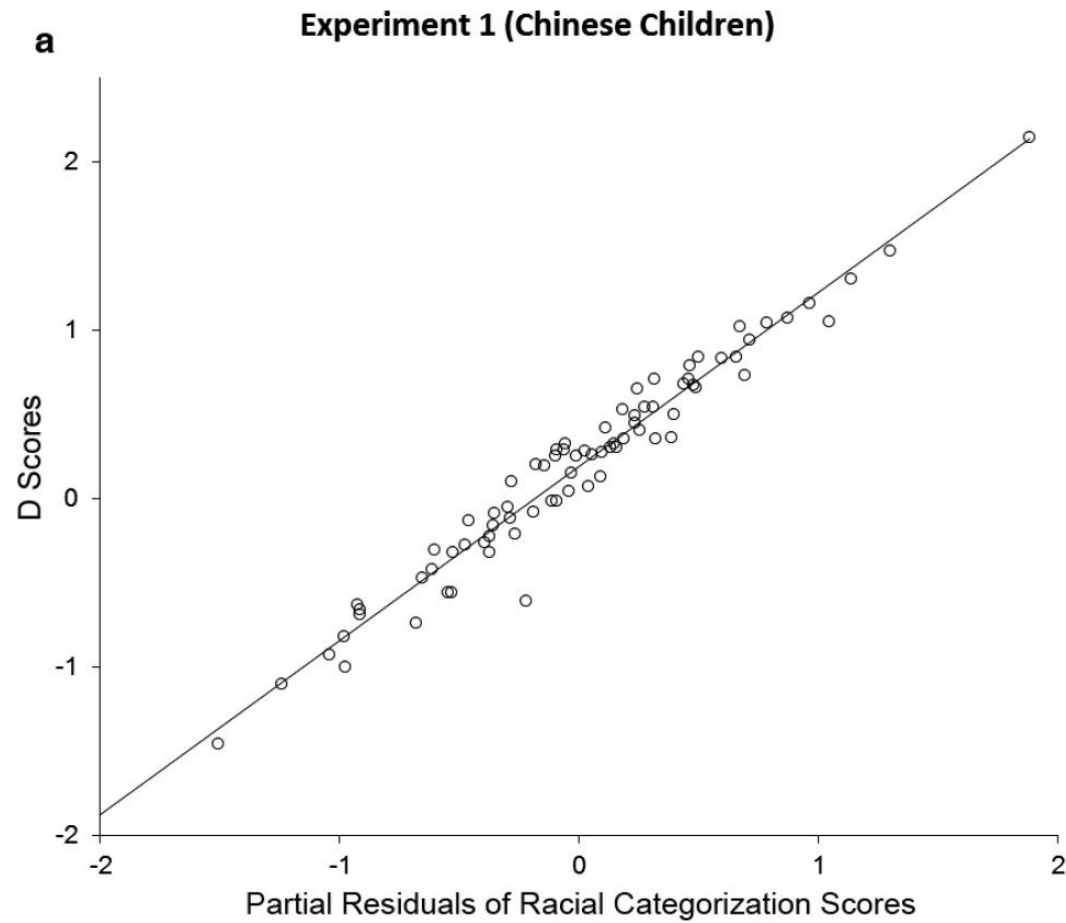
Implicit bias



Explicit bias



# Race categorization and implicit racial bias



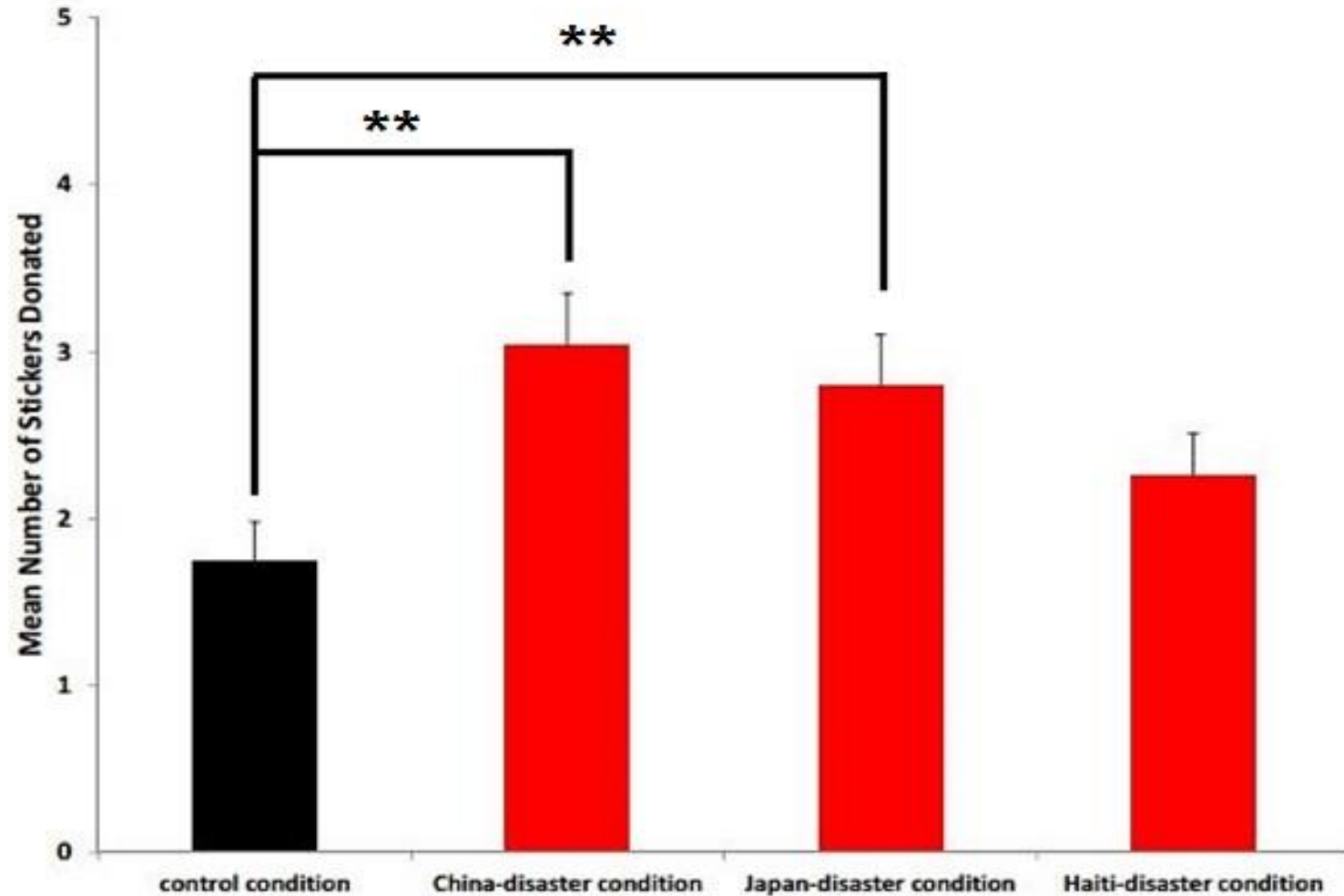
# Study 3.6. Racial bias in altruistic giving

- ▶ Participants
  - Chinese 9-year-olds
- ▶ Method
  - Natural disaster priming (Li et al., 2013)
    - Experimental vs. control
  - Giving some own stickers to an unnamed child anonymously

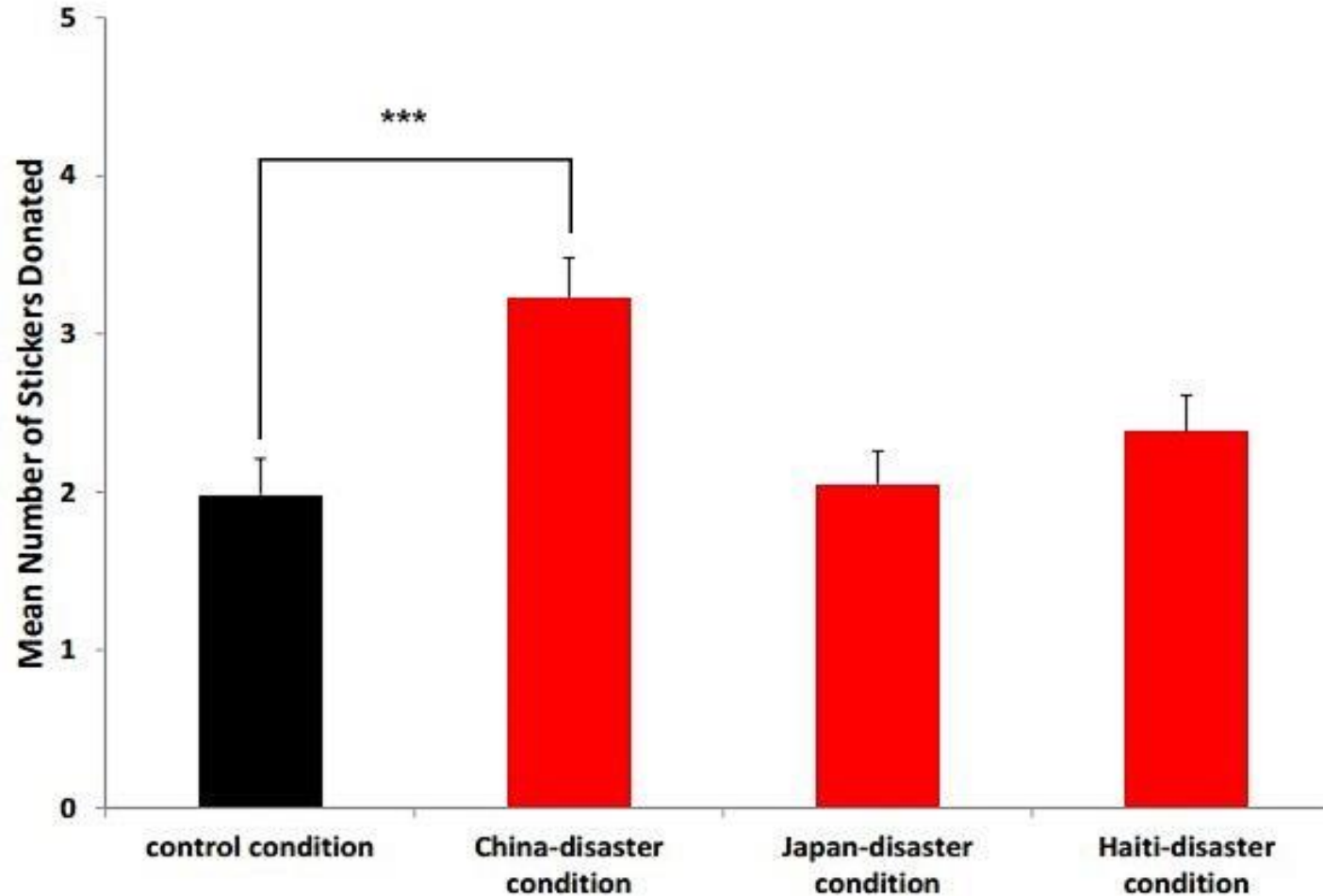


Li et al. (in prep).

# Altruistic giving after photo viewing



# Altruistic giving after photo viewing and labeling

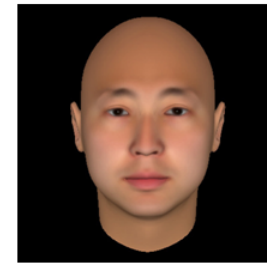


# Racial bias reduction



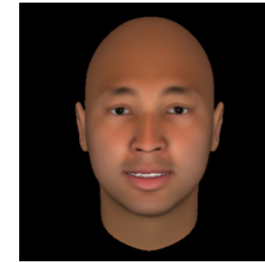
# Study 4.1. Reducing Implicit racial attitude in children: Immediate effects

- ▶ Participants
  - 4–6–year–old Chinese kindergarteners
- Method
  - The “out group=angry” paradigm:
  - If Chinese face, press A; if African face, press B



Typical Chinese face

Happy ambiguous face

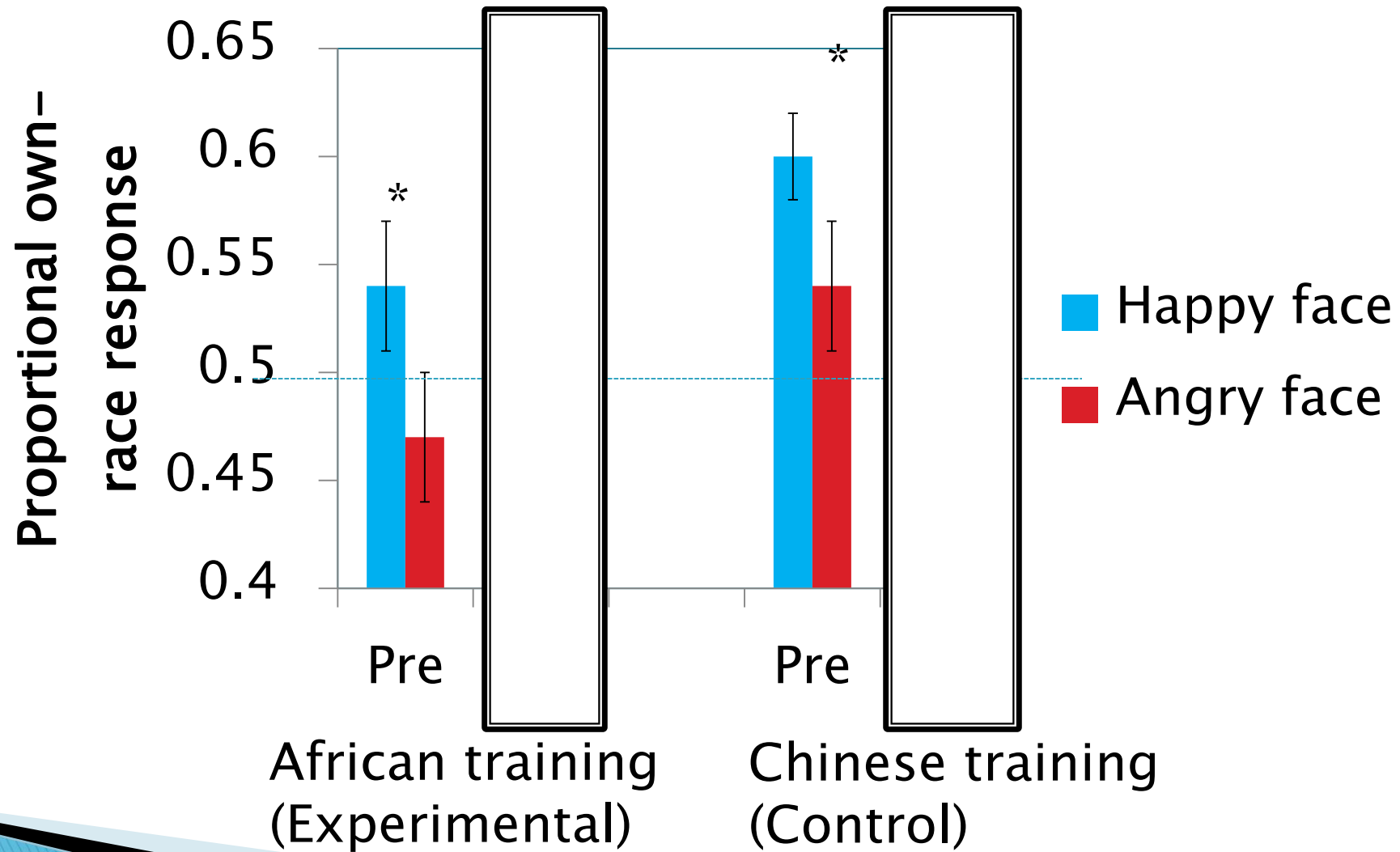


Angry ambiguous face

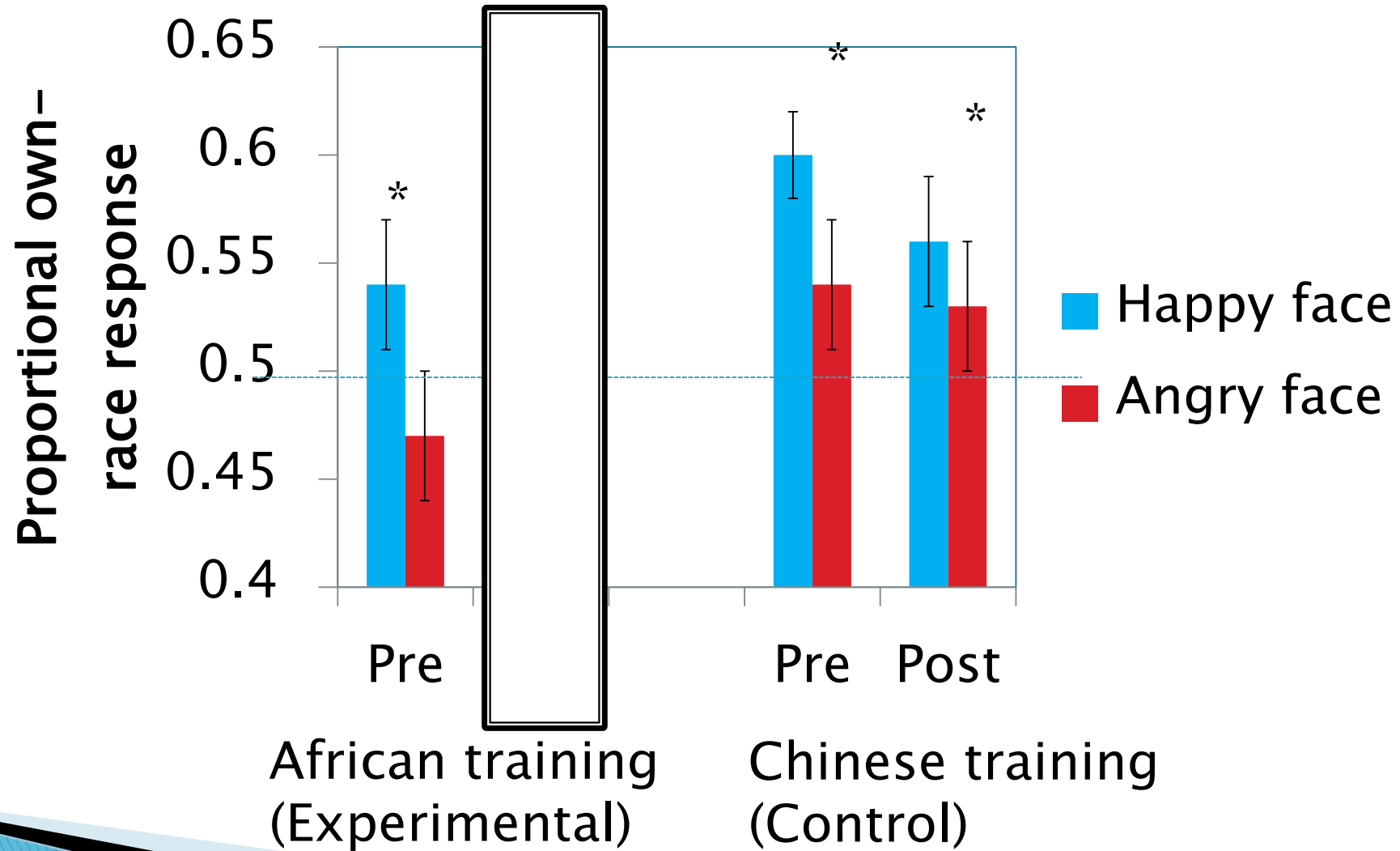


Typical African face

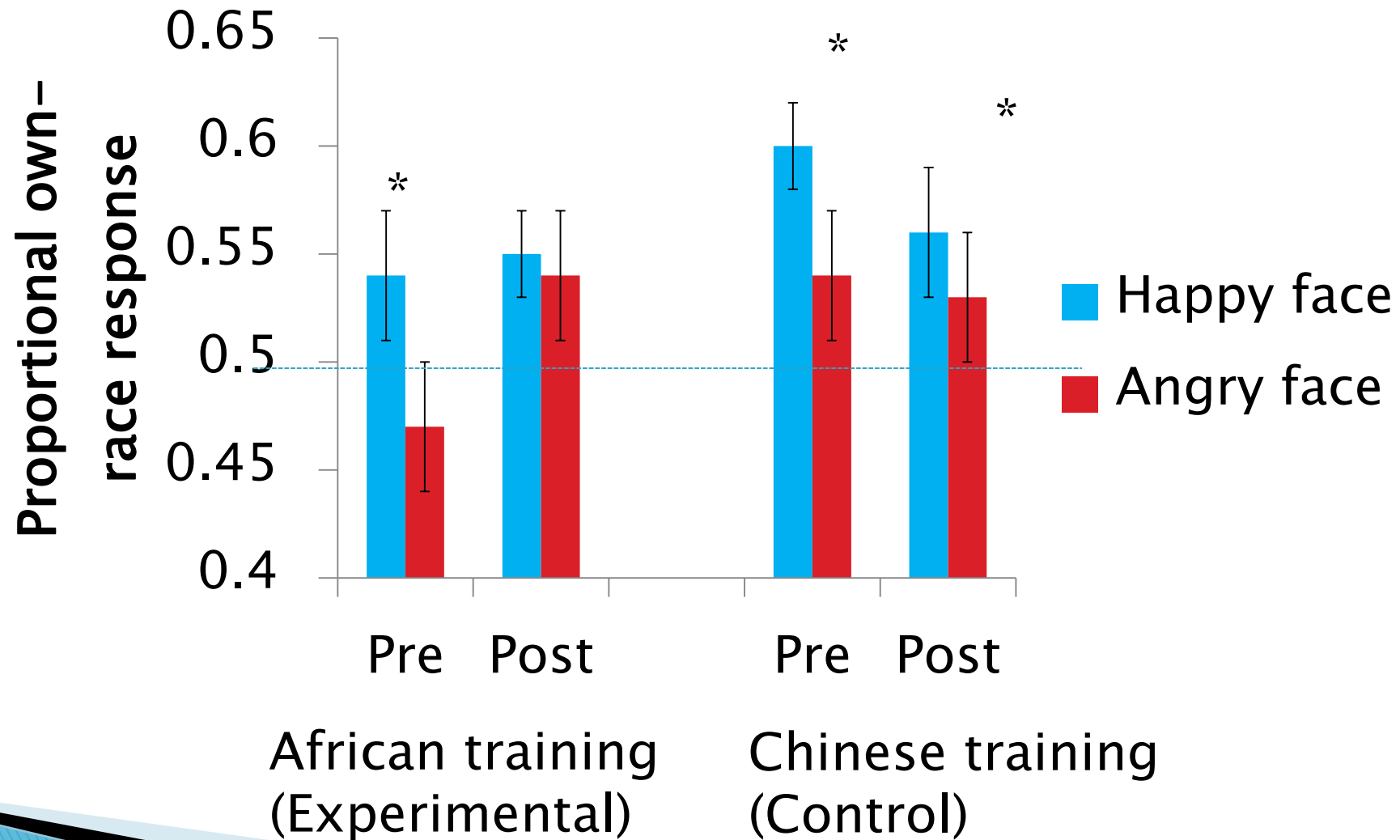
# Results (Own-race responses)



# Results (Own-race responses)



# Results (Own-race responses)



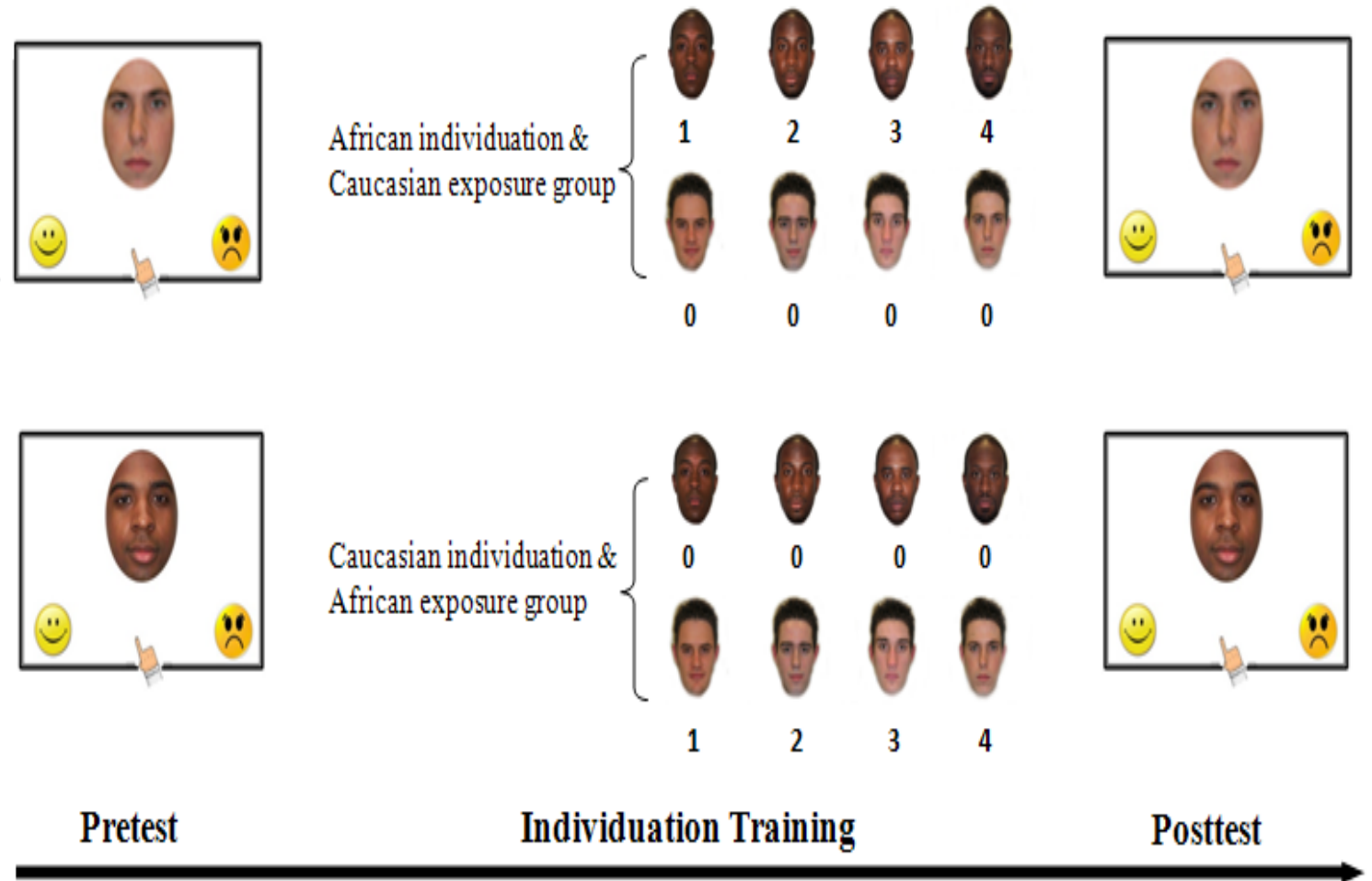
# Study 4.2. Reducing Implicit racial attitude in children: Immediate & specific effects

## ▶ Participants

- 5-year-old Chinese kindergarteners

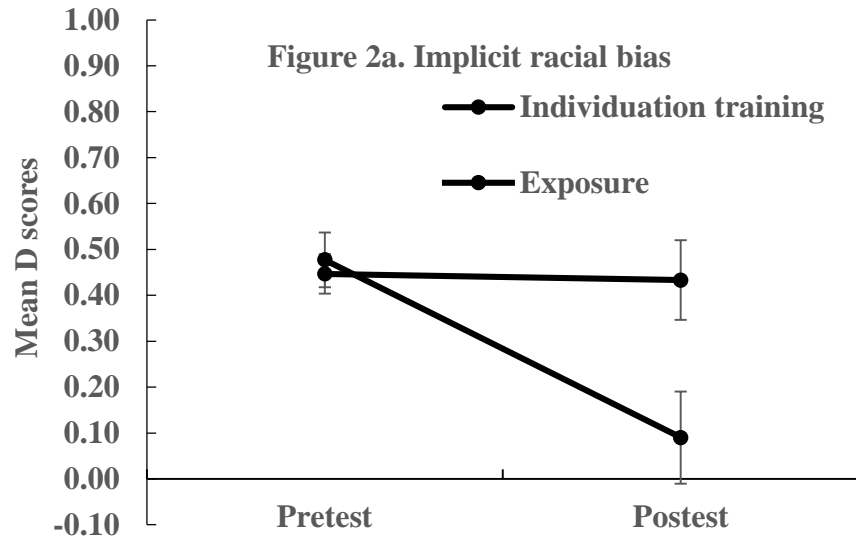
## ▶ Method

- Real faces
  - Chinese vs. African vs. Caucasian
- Pre- and post-test IAT tests against Africans & Caucasians
- African individuation training/Caucasian exposure
- Caucasian individuation training/African exposure

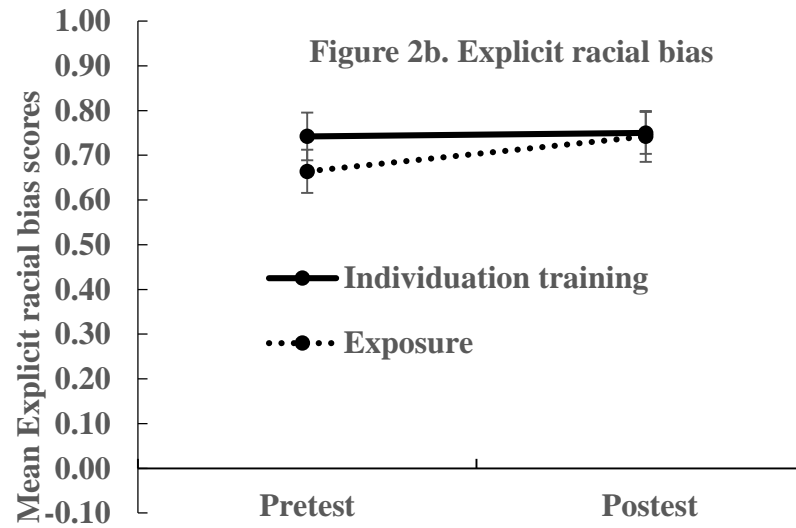


# Attitudes toward other race faces

## Implicit racial bias



## Explicit racial bias



# Study 4.3. Reducing Implicit racial attitude in children: Short- and long-term effects

## ▶ Participants

- 5-year-old Chinese kindergarteners

## ▶ Method

- Real faces
  - Chinese vs. African vs. Caucasian
- Pre- and post-test IAT tests **against Africans**
- African individuation training
- Caucasian individuation training
- Chinese individuation training

**Black  
Individuation  
Training**



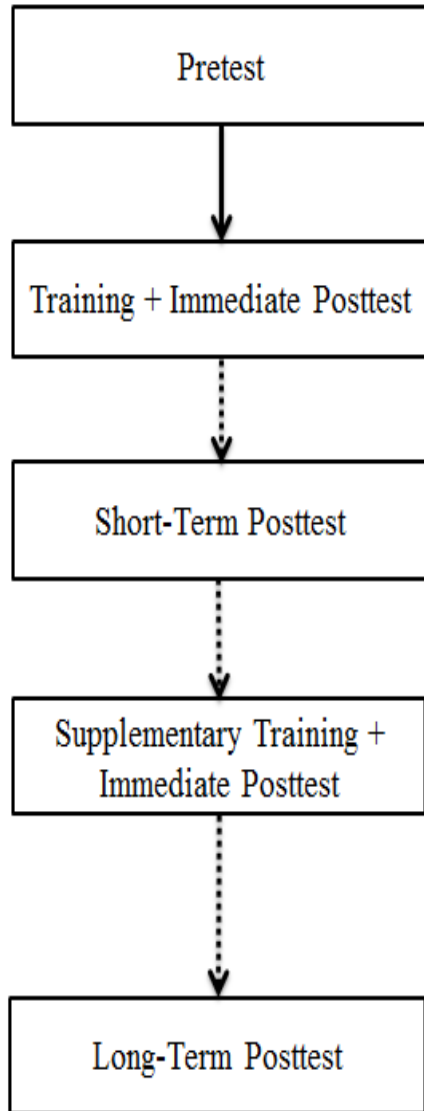
**Chinese  
Individuation  
Training**



**White  
Individuation  
Training**



# Attitudes toward Africans



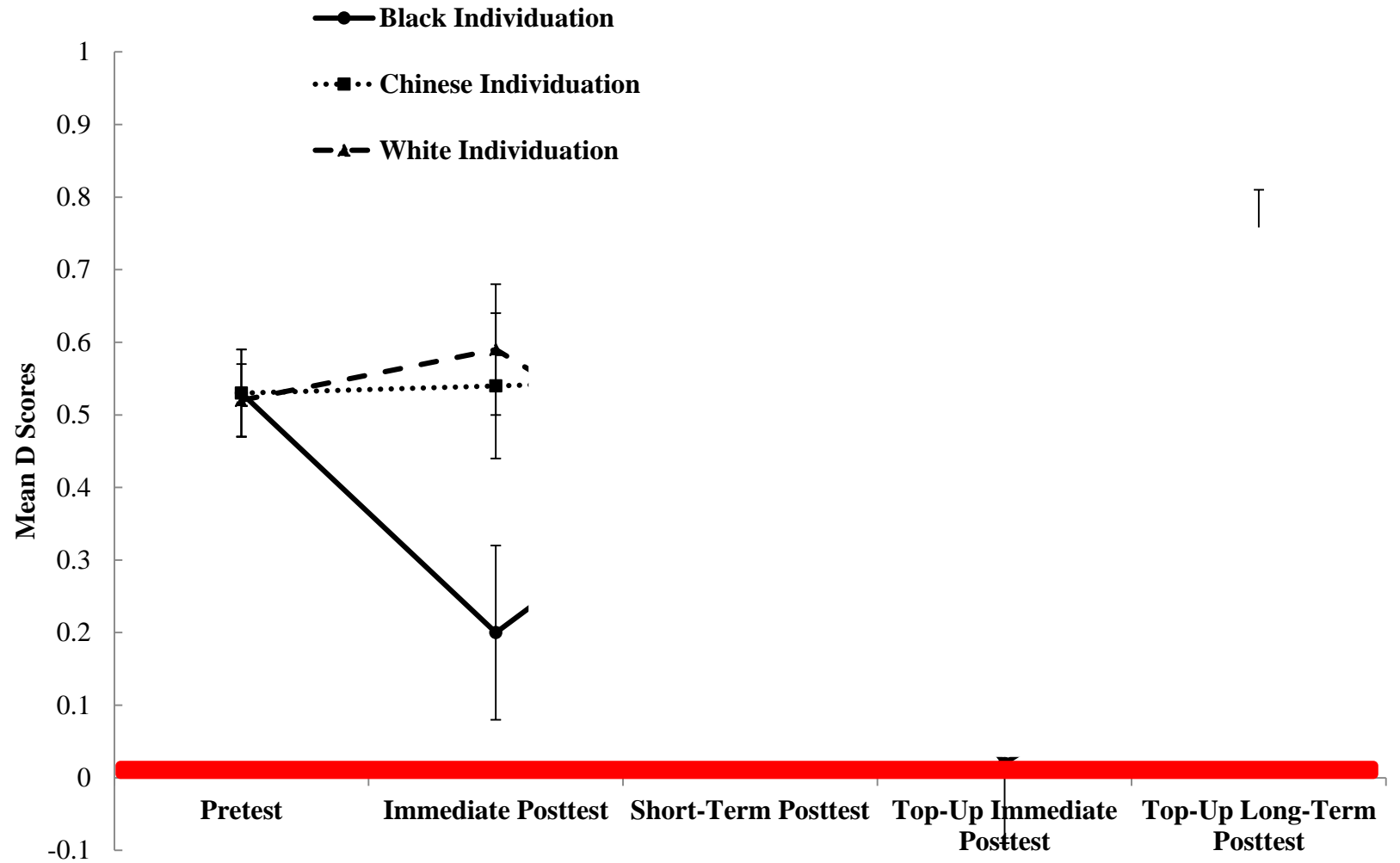
Day 1

Day 2

Day 9

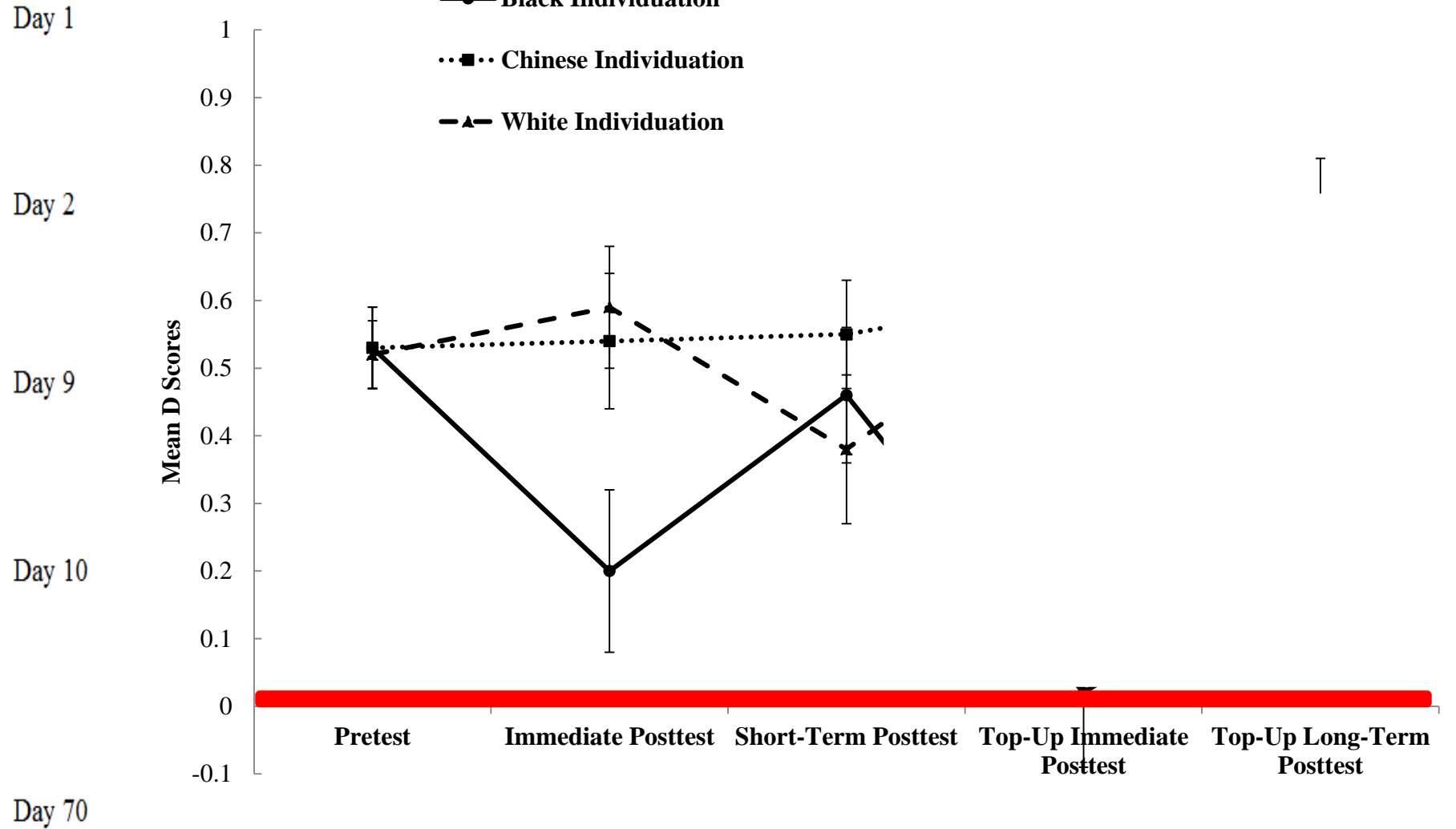
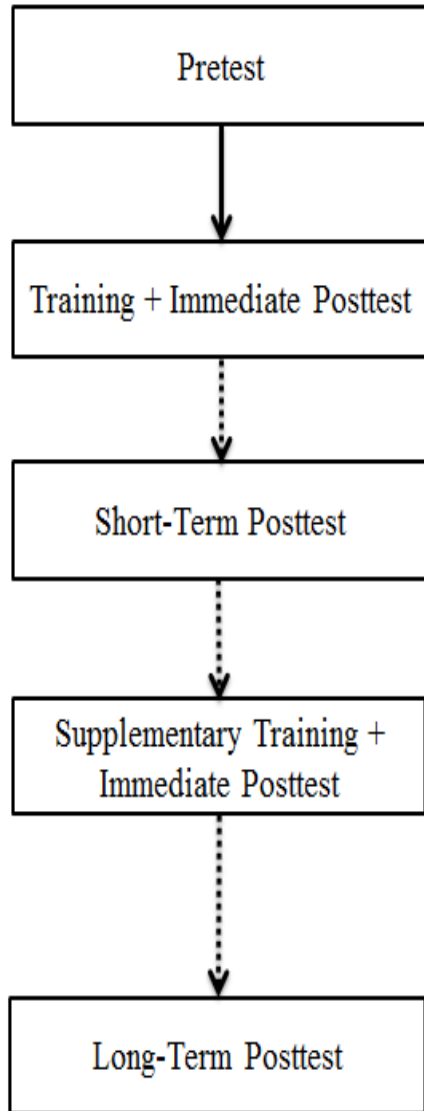
Day 10

Day 70

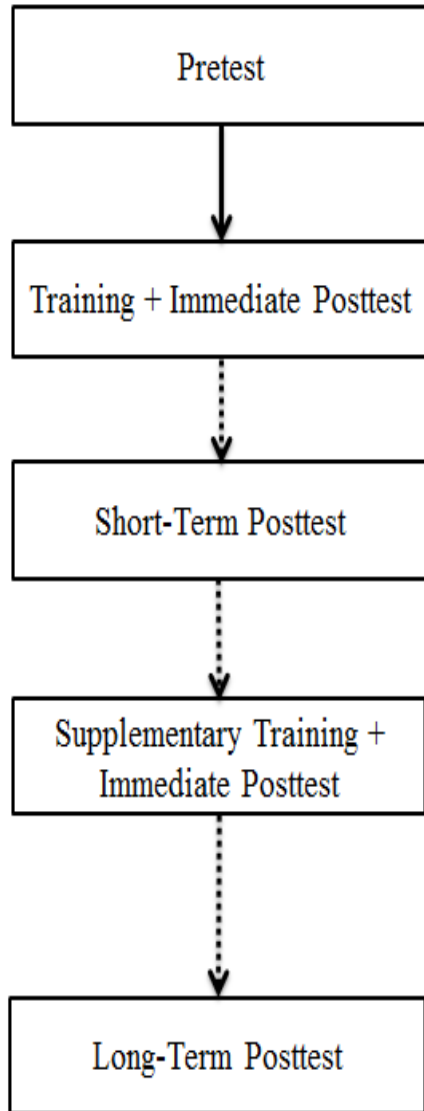




# Attitudes toward Africans



# Attitudes toward Africans



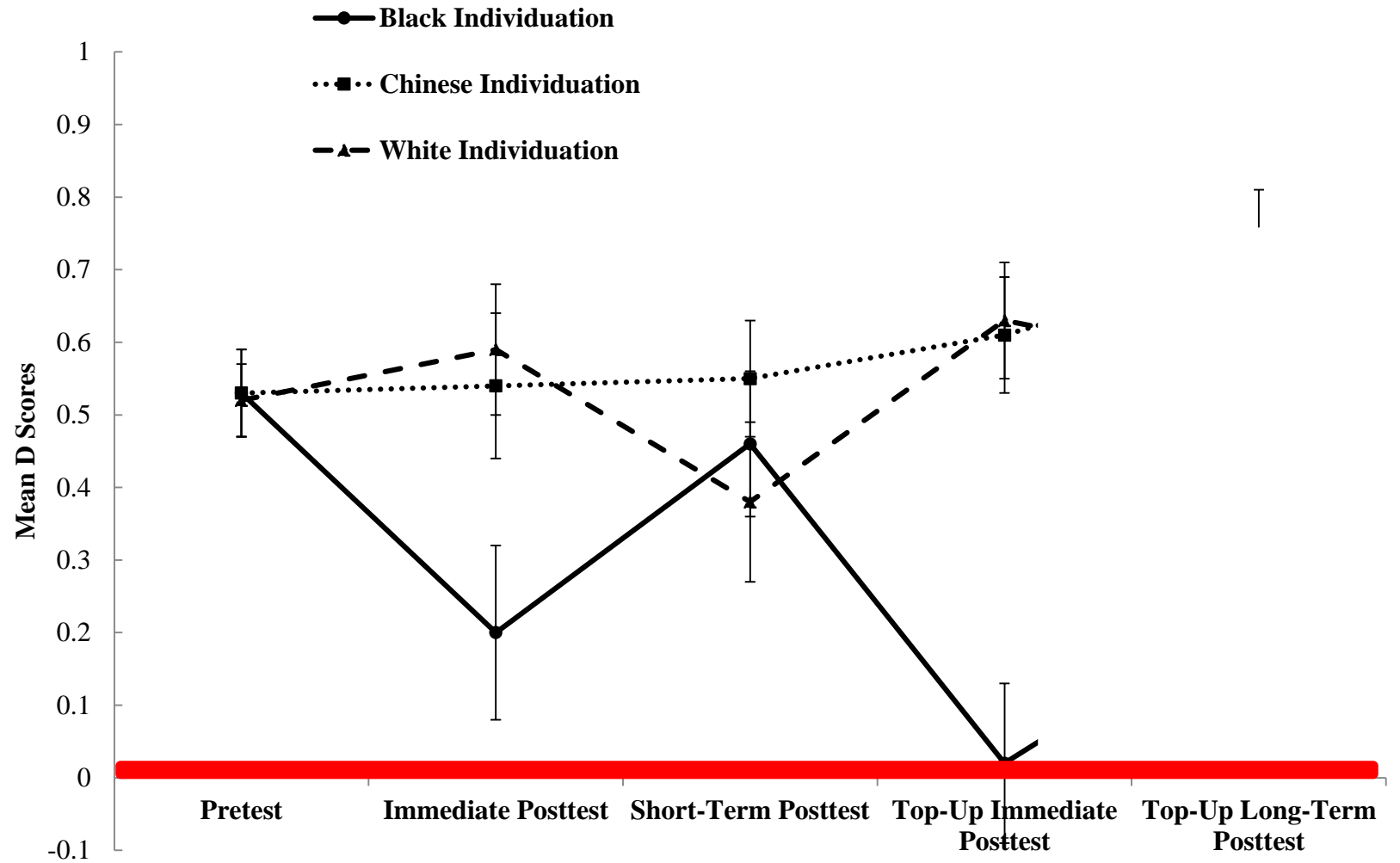
Day 1

Day 2

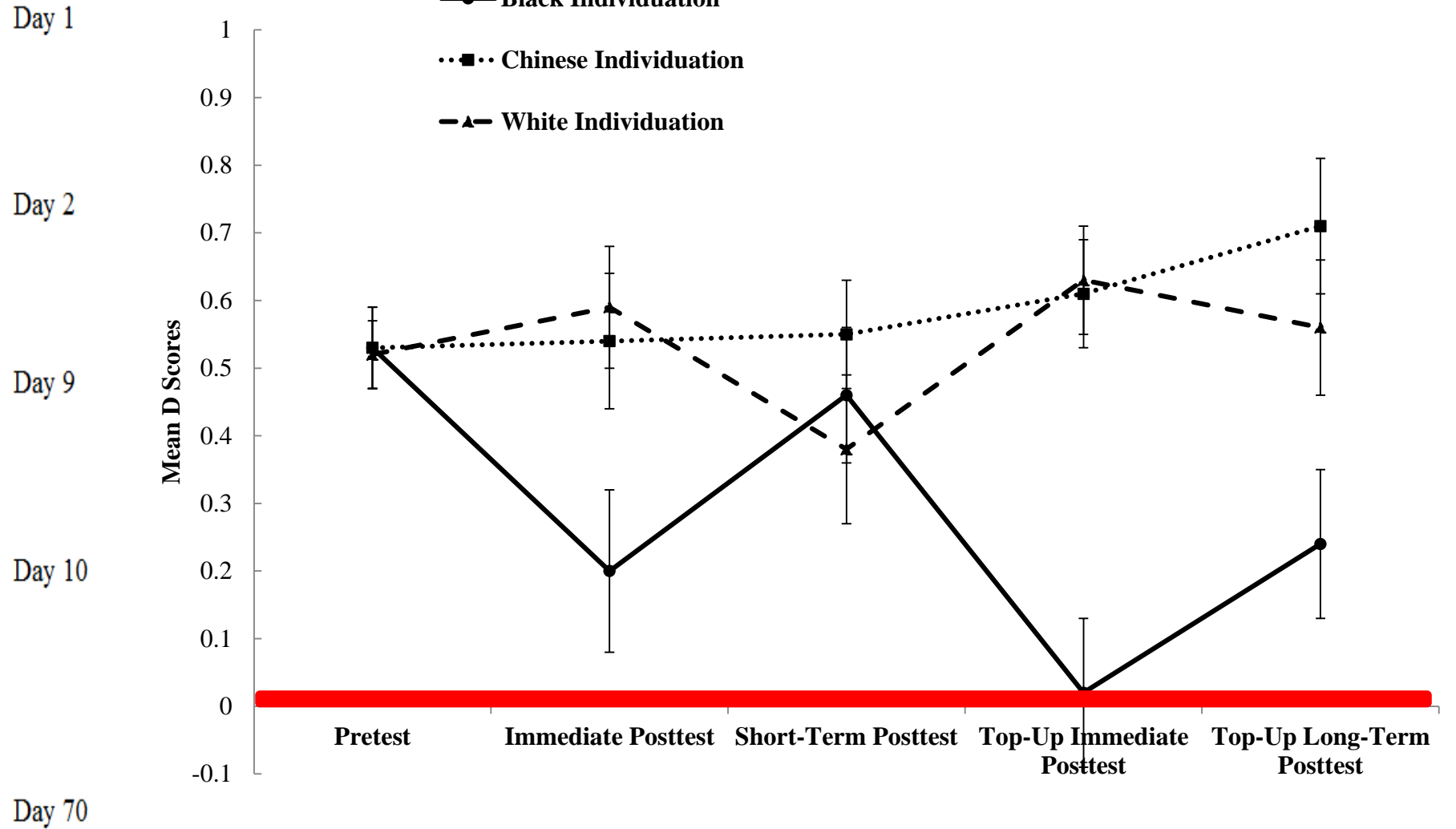
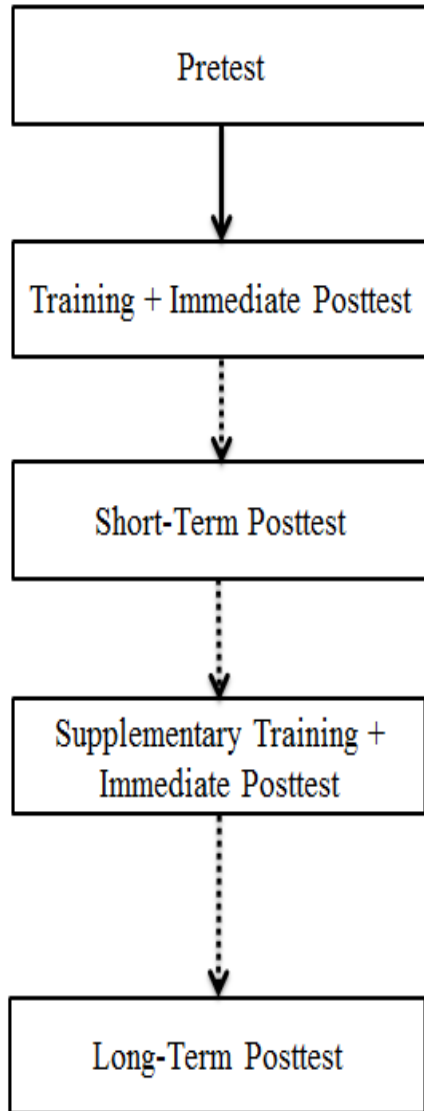
Day 9

Day 10

Day 70




# Attitudes toward Africans



# Conclusions

- ▶ The Perceptual to Social Hypothesis is supported
- ▶ Due to early asymmetry in exposure to own- vs. other-race faces, infants show racial biases in favor of own-race.
- ▶ Preschoolers show strong implicit and explicit racial biases
- ▶ Individuation training, but not mere exposure, enhances other-race face recognition and reduces negative implicit attitude towards trained other-race faces with lasting effects

# Future Directions

- ▶ Randomized control trial studies on implicit racial bias reduction in preschool settings
  - ▶ Explicit racial bias reduction
  - ▶ Implicit and explicit racial bias in specific domains
- 

**Thank you for your attention**

