# SUPPORTING ALL CHILDREN TO REACH THE MOST VULNERABLE

Report to the Commission of Inquiry into the Circumstances Surrounding the Death of Phoenix Sinclair

Kerry McCuaig, Atkinson Centre/University of Toronto Winnipeg, May 30, 2013

#### Experienced-based brain development genes brain learning health epigenetics behaviour experience physical environment nurturing nutrition Adapted from: Fields, D. (2011); Kandel, E., Schwartz, J. & Jessell, T. (2000); McCain, M., Mustard, J.F. & Shanker, S. (2007).



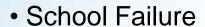
#### Life course problems related to early life

2<sup>nd</sup> Decade

3<sup>rd</sup>/4<sup>th</sup> Decade

5<sup>th</sup>/6<sup>th</sup> Decade

60 +



Obesity

Heart disease

Premature aging

Teen Pregnancy

Elevated blood pressure

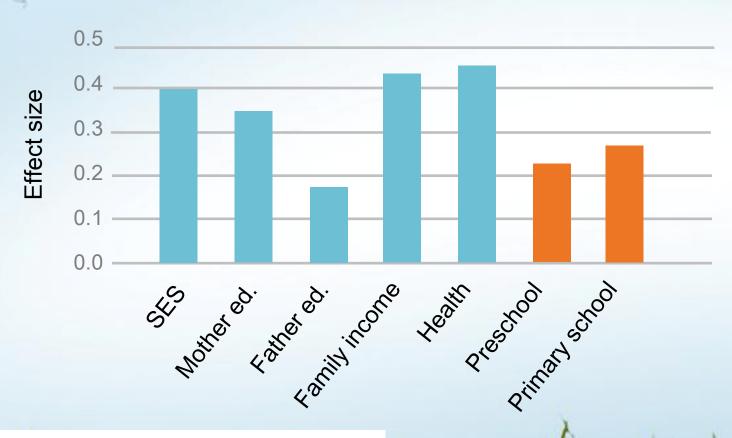
Diabetes

Memory Loss

Criminality

Depression

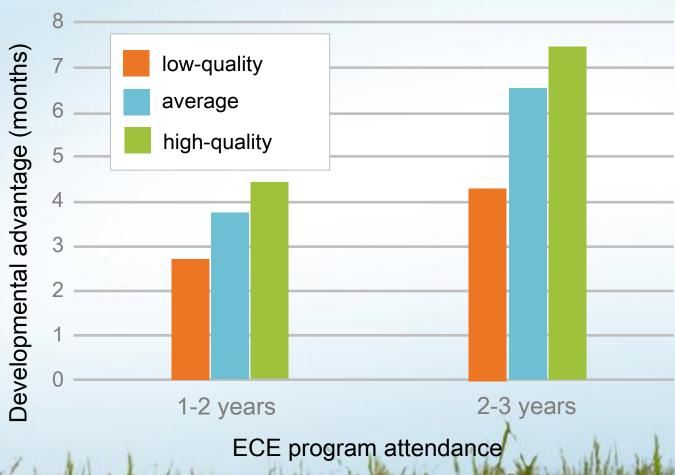
#### Factors affecting academic achievement – Age 11



Source: Melhuish, E. in Roseveare, D. (2011).



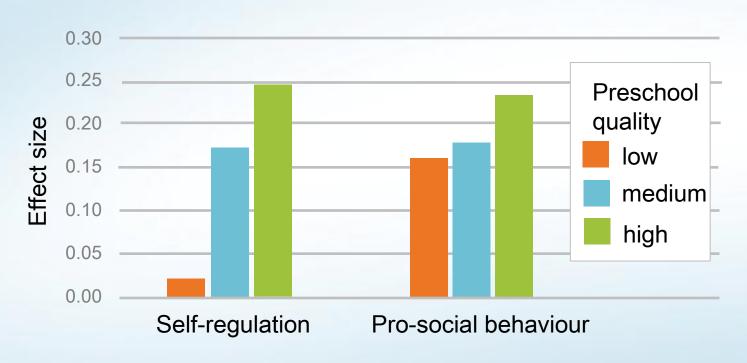
#### Quality and duration matter (months of developmental age)



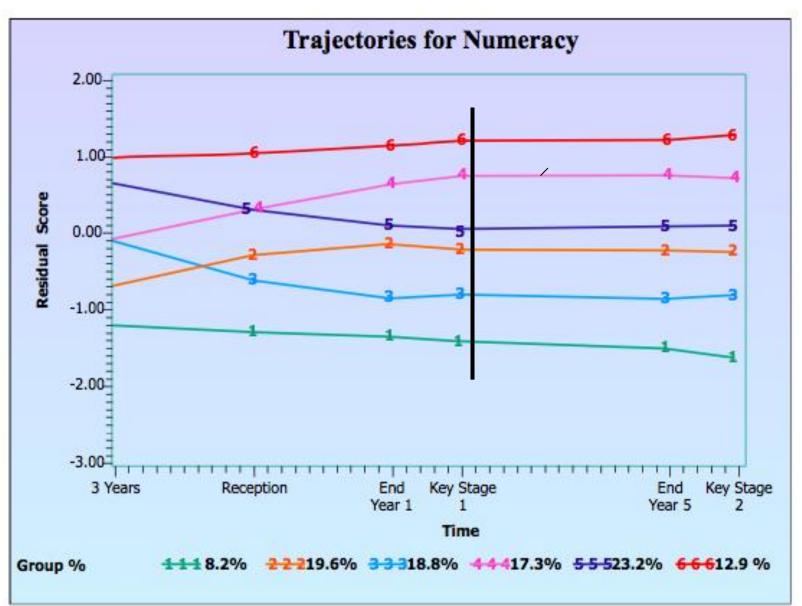
Source: Melhuish, E. in Roseveare, D. (2011).



#### Quality linked to better outcomes Preschool quality and self-regulation and pro-social behaviour (age 11)



Source: Melhuish, E. in Roseveare, D. (2011).



#### Social class and pre-school on literacy (age 7)





#### What makes a quality environment?

Five areas were particularly important:

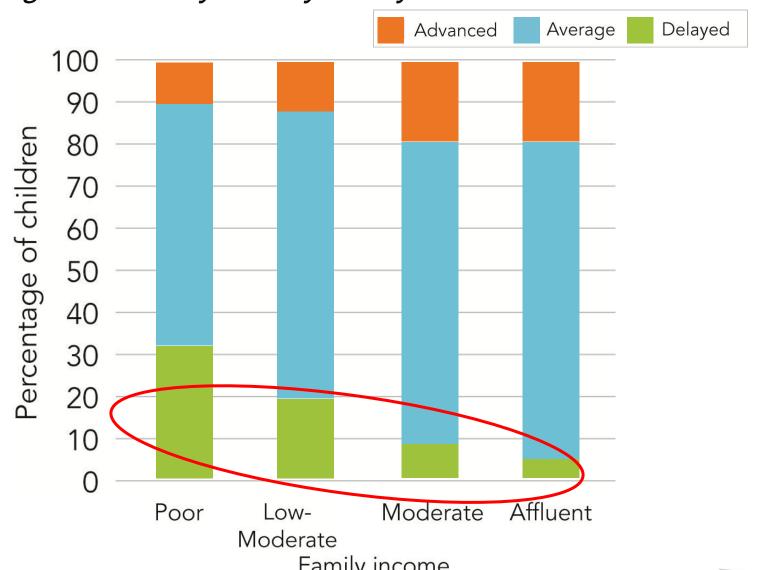
- Quality of the adult-child verbal interaction
- Knowledge and understanding of curriculum
- Knowledge of how young children learn
- Adults skill in helping children resolve conflicts
- Helping parents to support children's learning at home



### Peer group effects

- Social mix in ECEC affects outcomes
  - disadvantaged children show greater benefits when in ECEC centres that are socially mixed rather than centres with only disadvantaged children

### Universal access promotes equity - Vocabulary skills in children ages 4 and 5 years by family income



Family income
Source: Adapted from Statistics Canada. National Longitudinal Survey of Children and Youth. Cycle 8, 2008–2009.

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Vocabulary skills in children ages 4 and 5 years by family income 50 Number of children with 'delayed' vocabulary 40 Affluent 30 Moderate Low-Moderate 20 Poor 10 Poor Not poor Family income

Source: Adapted from Statistics Canada. National Longitudinal Survey of Children and Youth. Cycle 8, 2008–2009.

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#### Child



- .Developmental health, learning & behaviour School readiness
- . Equity for all children (e.g. special needs)
- · Appreciation & respect
- ·for diversity



#### Society

- Population health
- ·Women's equality
- \*Labour market support
- Poverty reduction
- \*Pluralism
- Crime prevention

#### Early Childhood Education



· Work life balance

Family

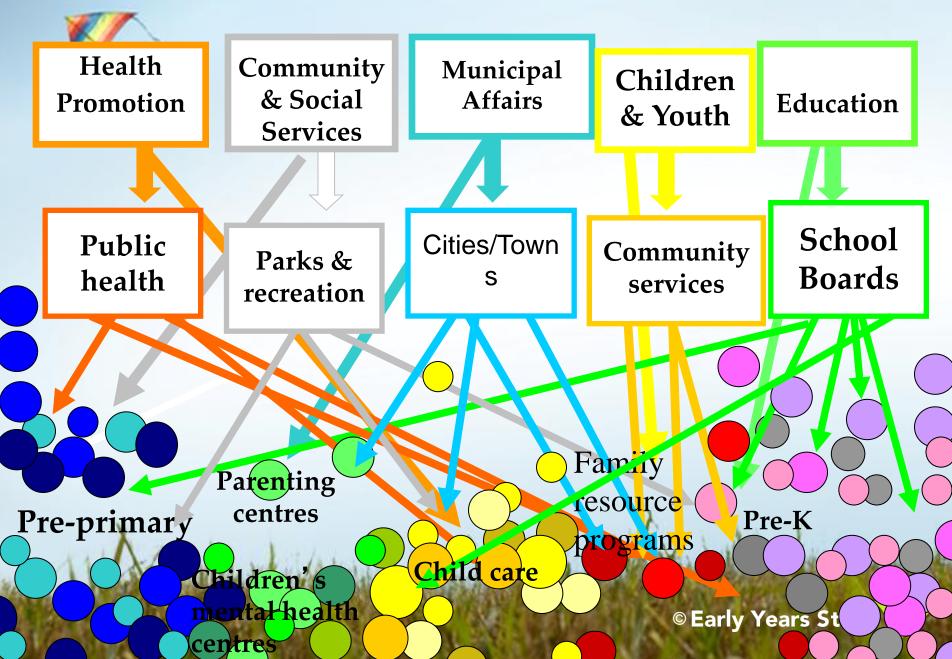
- · Effective parenting
- · Support to families
- · Economic independence
- · Maternal health benefits

#### Community



- . Job creation & training
- Social cohesion
- Social Inclusion

### Chaos





### The ECE challenge

- Split governance legislation, funding, and delivery structures makes it challenging to deliver effective programs to children and families
- Internationally, many jurisdictions have consolidated their child care, family support and education departments at the state and local level
- Research indicates integrated delivery of early childhood and family support programs from a stable platform serves more families, more cost-effectively and in ways that they want to be served

#### Policy trends in ECEC

Governance	Policy	EC Workforce	Curriculum	Parents								
Lead ministry	Strategy for 0 to 8	EC trained	Have one	Free access								
Merged functions	Quality agenda	Narrow qualification gap	Living documents	Lower school age								
ECE units with experts	Research/ev aluation	Ongoing professional development	Align with school to support transitions	Ceiling on fees & supports								
Regional leadership	Reconcile goals	Enhance recognition	Expert & sector input	Democratic input								
Dedicated funding	Reduce transitions			Open doors								



#### ECEC provincial oversight

	NL	PE	NS	NB	QC	ON	MB	SK	AL	BC
ECEC under common department/ministry	Under discussion	Υ	Υ	Υ	γ*	Υ		Υ		
Common ECEC supervisory unit		Y	Y	Υ		Y		Under discussion		
Common ECEC policy framework		Υ		Υ	Y		Y			
Common local authority for ECEC management and administration				Y		Under discussion				

<sup>\*</sup>Quebec schools are responsible for out of school programs for children 5-12 years old. McCuaig, Bertrand & Shanker (2012) Updated 2013



### New approaches across Canada

- Full-day kindergarten in BC, PE, NS, NB, QC, ON, NT
- School delivered preK programs in NS, QC, MB, SK, AB, YK in selected school districts. Universal JK all 4-year olds in Ontario and Quebec.
- Ministries of education in ON & BC support school-based programs for parents and preschoolers.

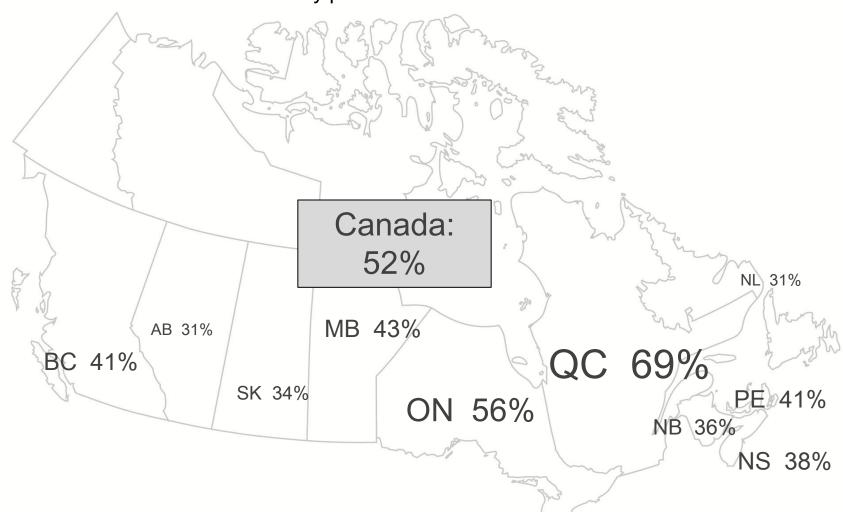


### New approaches across Canada

- Almost all provinces have developed curriculum frameworks for early childhood programs based on guided play - watch for NT.
- Creating a learning continuum through to grade 3
- Taken steps to raise the qualifications, compensation and professional recognition of early childhood educators
- Introduced population based assessment Early **Development Instrument**
- Maintaining public reporting on investments and outcomes

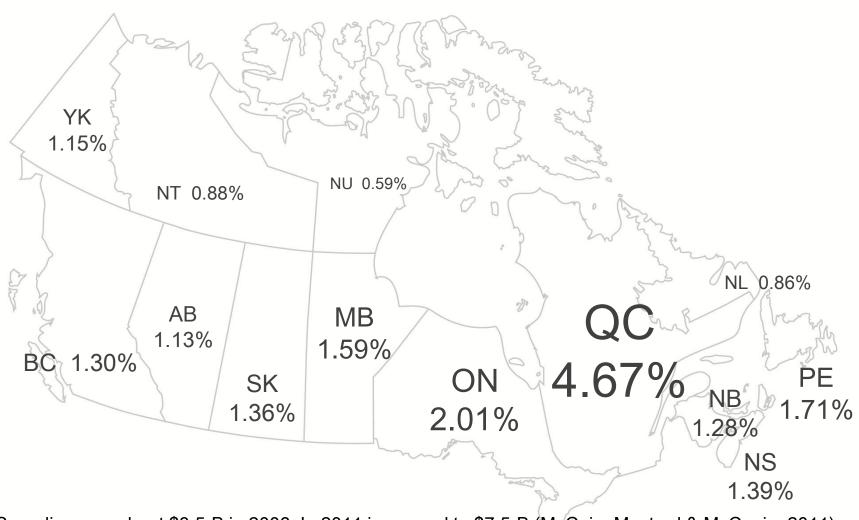
#### ECEC attendance across Canada 2010

Percentage of 2 – 4-year-olds regularly attending an ECE centre by provinces and Canada



Across Canada, 50% of children between ages 2 and 4 years attend an early childhood education program - up from 35% in 2004(McCain, Mustard & McCuaig, 2011)

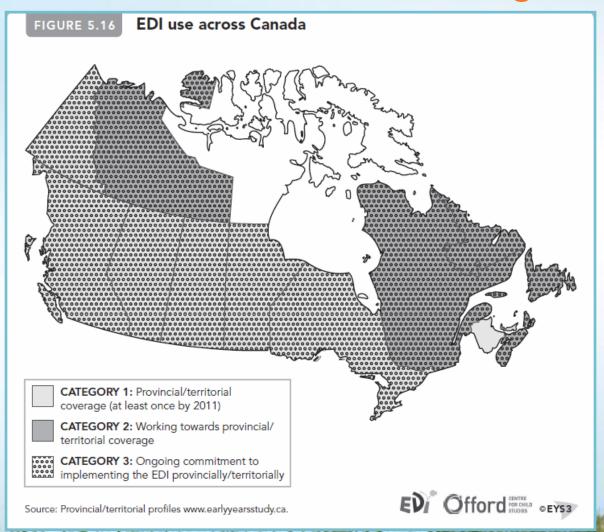
#### ECEC budget as a percentage of P/Tbudgets 2011-12

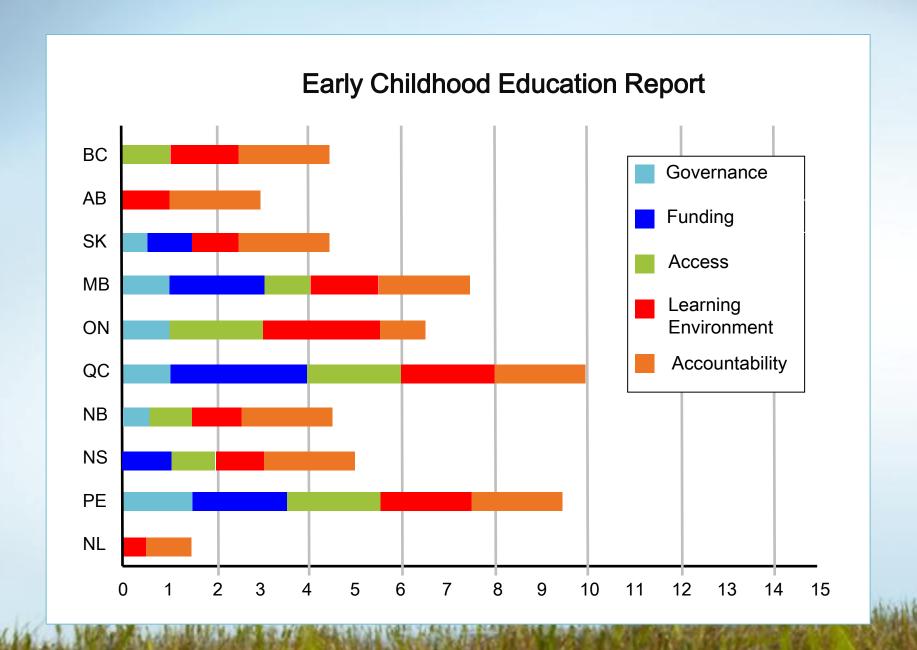


Spending was about \$3.5-B in 2006. In 2011 increased to \$7.5-B (McCain, Mustard & McCuaig, 2011)



#### More attention to monitoring







### Why the school as the platform?

- Public education enjoys public confidence. Highest percentage enrolment of all the Anglo-American countries – but it is showing cracks
- Viable educations system will adapt to grow with the changing socio-economic needs

  or they won't be viable
- Facilitates the building of strong relationships between children, families, the community and the school
- Transforms schools into community learning centres rather than a place separating children from the world of adults and the wider community



### The community school

- Improves communications across sectors involved with children and families
- Provides viability to small schools, particularly in rural and remote areas, where the school may be the only community resource
- Schools are in every neighbourhood not just some and schools often have suitable space and a supportive infrastructure that are not readily available elsewhere in the community
- Provides opportunities to create efficiencies, reduce overlaps and gaps, expand service, improve quality and accountability

## What has low cost early education and care done for Quebec?

- 70,000 more mothers are working
- \$1.5-billion annually in increased taxes and lower social transfers
- Boosting the GDP by \$5-billion

Source: Fortin, P., Godbout, L., & St-Cerny. (2012).

#### Quebec mothers have:

- Moved Quebec from the bottom to the top in female labour force participation in Canada
- Halved child poverty rates
- Halved social assistance rates for lone parents
- Boosted fertility
- Meanwhile, Quebec student test scores have moved from below to above stheenstional average., & St-Cerny. (2012).

# Done right early education and care pays for itself

For every dollar Quebec spends on ECE, it collects \$1.05 in increased taxes and reduced family payments, while the federal government gets \$0.44

Source: Fortin, P., Godbout, L., & St-Cerny. (2012).



### Prevention is more effectively delivered from a universal platform

- Better Beginnings; Better Futures began in 1991; 25-year longitudinal demonstration project to provide information on the effectiveness of prevention
- 5,000 children eight sites 4-8 yrs (3); 0-4 (5)
- By Grade 12, \$5,000 per child savings in special education alone 4-8 yr sites, less use of health, social & justice services
- No long term savings in the under 4s
- Why? Too few resources, too broad mandate, no universal platform to operate from



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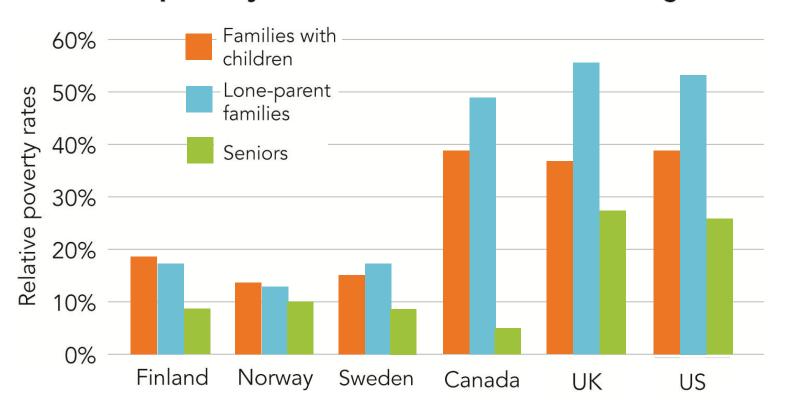


### Head US Federal Reserve-Ben Bernanke, 2011

"Research increasingly has shown the benefits of early childhood education and efforts to promote the lifelong acquisition of skills for both individuals and the economy as a whole. The payoffs of early childhood programs can be especially high."

#### Public policy makes a difference

### Relative poverty rates for three social risk categories



Source: Commission on Social Determinants of Health. (2008). p. 85.



#### www.oise.utoronto.ca/atkinson

www.earlyyearsstudy.ca

