### **Full-Day Kindergarten Research**



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Pelletier, J., & Corter, J. (2018, in press). A Longitudinal Comparison of Learning Outcomes in Full-Day and Half-Day Kindergarten. *The Journal of Educational Research.* doi: 10.1080/00220671.2018.1486280

Pelletier, J. (2017). Children gain learning boost from two-year, full-day kindergarten. *The Conversation Canada*. <u>http://theconversation.com/children-gain-learning-boost-from-two-year-full-day-kindergarten-79549</u>

# **Background to research**

- Toronto First Duty demonstration project
  - 5 sites in Toronto
  - kindergarten, child care, parenting supports, community services
- Ontario Best Start
  - 5 integrated sites & 5 comparison sites in Region of Peel
- With our Best Future in Mind (report to Premier)
  - Play-based full-day kindergarten & care

Corter, C., Janmohamed, Z., & Pelletier, J. (Eds). (2012). *Toronto First Duty Phase 3 Report.* Toronto, ON. Available online.

http://www.oise.utoronto.ca/atkinson/About Us/What We Do/Toronto First Duty/index.html

Pelletier, J. (2012). New directions in integrated early childhood services in school-as-hub models: Lessons from Toronto First Duty and Peel Best Start. In N. Howe and L. Prochner (Eds.), *New Directions in Early Childhood Care and Education in Canada* (pp. 367-396). Toronto, ON: University of Toronto Press.

# **Research objectives**

- To describe the implementation and impact of FDK on
  - Staff teams implementing the play-base program (ECEs & K teachers + administrative & support personnel)
  - Parents (daily hassles, parents' views of their children's progress, employment)
    - Children (tell their story, measure growth in learning over time)

# **Design of study**

- Full-day & half-day kindergarten phased in over 5 years natural experiment
- Longitudinal: JK-Gr 2 (+ Gr 3 provincial tests scores)
- Continuing to Gr 6
- Mixed methods (quantitative and qualitative)
- Measuring success and telling the story
- Carried out in one municipality in Ontario

## Number of children

- Full Day Kindergarten (9 sites) = 328
- Control Half Day
  Kindergarten (7 sites) =
  264
- Best Start children (not included here) = 286



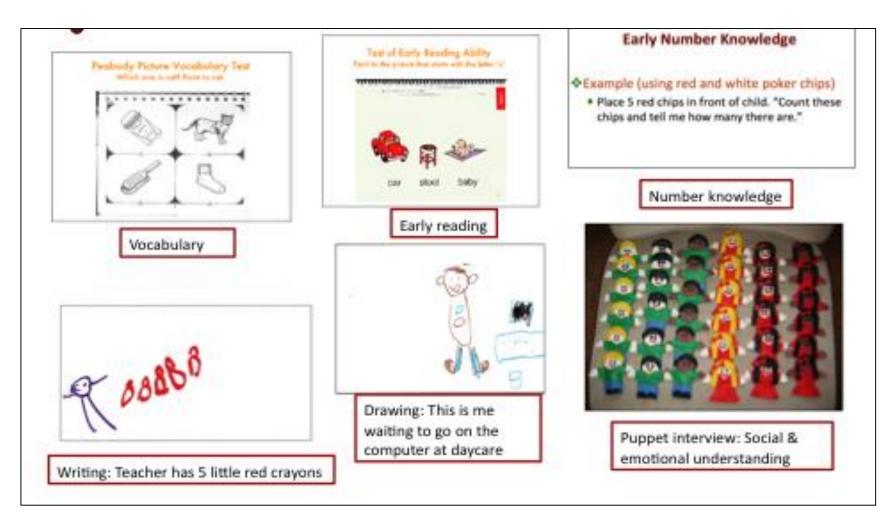
#### **Demographics**

Program	Gender	ELL*	M Ed*	F Ed*	Preschool Experience
Control	49% boys	61% ELL	4.74	4.69	3.87
FDK	54% boys	51% ELL	4.53	4.26	2.66

#### Analyses

- Main longitudinal analyses included scores from SK-Grade
  2 since <u>all</u> children had SK
- Mixed-model repeated measures ANOVAs (controlling for child age, site, ELL, mother's education, neighbourhood SES, JK/SK)
- Included EQAO (standardized test) scores in Grade 3 for children who had finished Grade 3

#### **Child measures**



(provincial achievement tests)



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HTKS (self-regulation)

### **Self-Regulation**



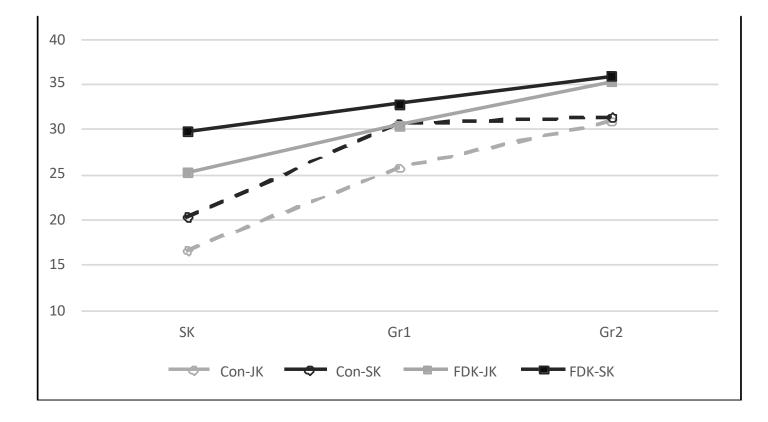
### The Head Toes Shoulders Knees Task

- measure of self-regulation (McLelland & Cameron)
- ability to inhibit responses & control attention
- Part I (Head Toes) & II (Shoulders Knees added)



Ponitz, McClelland, Mathews, & Morrison (2009).

### **HTKS (behavioral self-regulation)**



# **Self-Regulation: Observations**

Continuous running records were completed during 10minute intervals in four contexts:

Small group

Whole group

Transition

Play



Timmons, K., Pelletier, J., & Corter, C. (2015). Understanding children's self-regulation within different classroom contexts. *Early Child Development and Care, 186*(2), 249-267

Hawes, Z., Gibson, A., Mir, S., & Pelletier, J. (2012). Children's experiences in full-day programs for 4- and 5-year-olds: Play and self-regulation. In Corter, Janmohamed & Pelletier (Eds.), *Toronto First Duty Phase 3 Report*. Toronto, ON: Atkinson Centre for Society and Child Development.

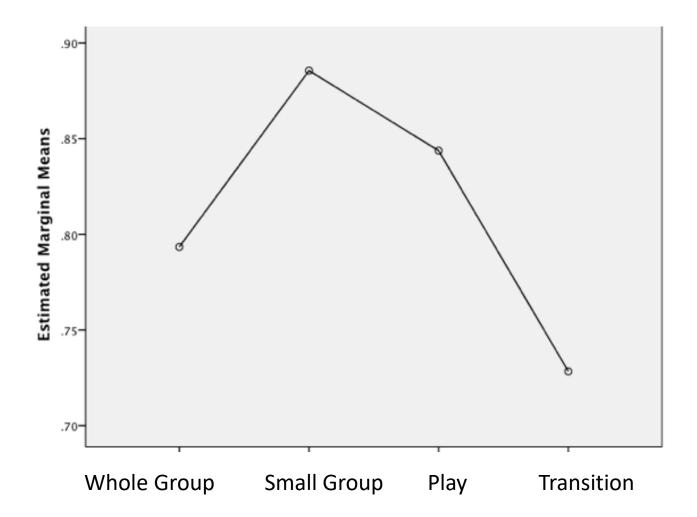
#### What we observed



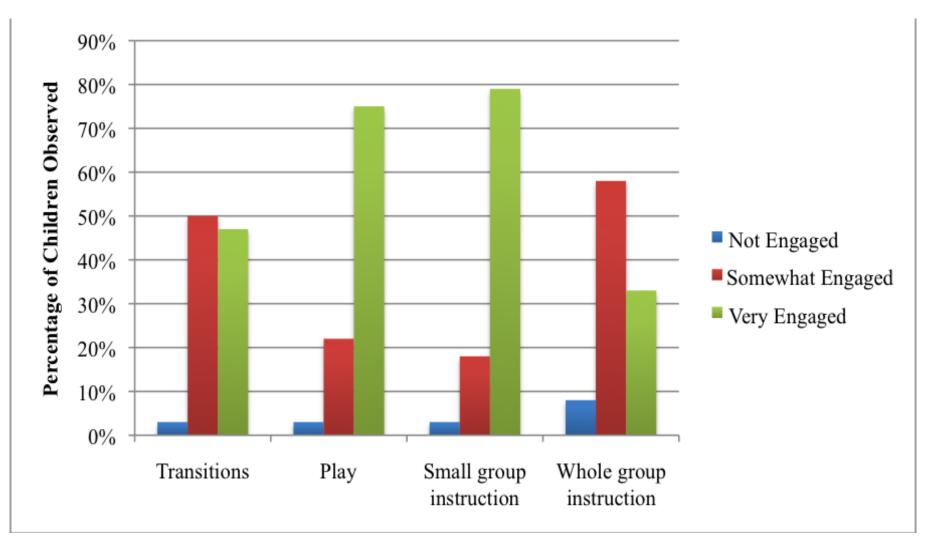
Using the Running Records, we examined:

- Responses to opportunities to selfregulate
- Engagement
- Child-child interactions: including play
- Child-educator interactions

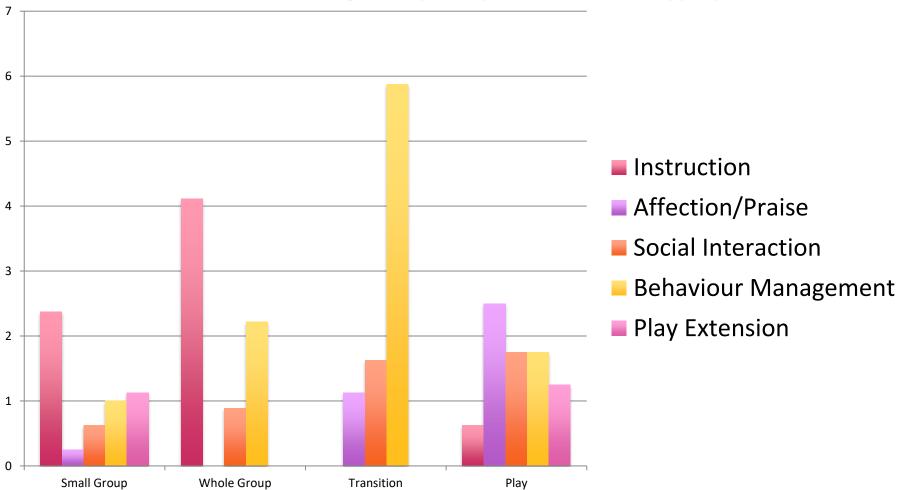
# When are kindergarten children most self-regulated?



# When are kindergarten children most engaged?

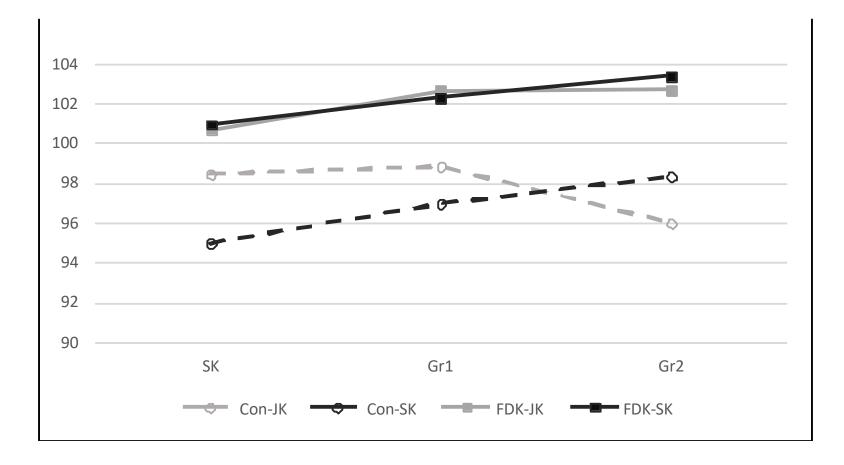


#### What educators do varies by context

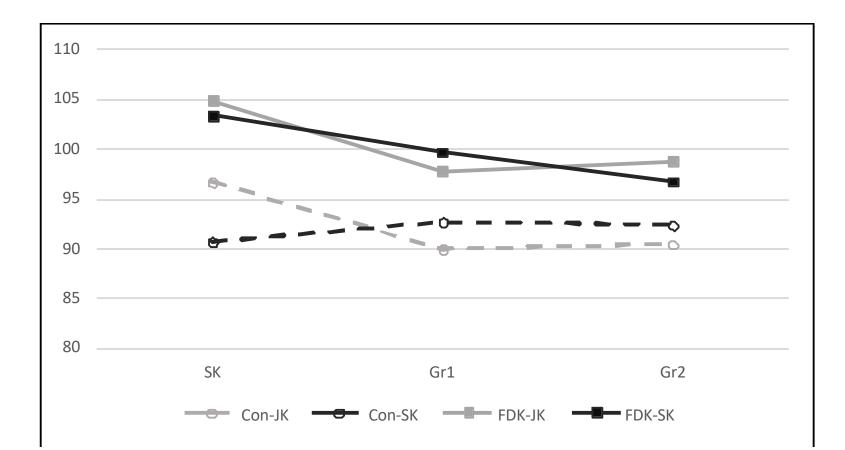


**Average Frequency of Interaction Type per Context** 

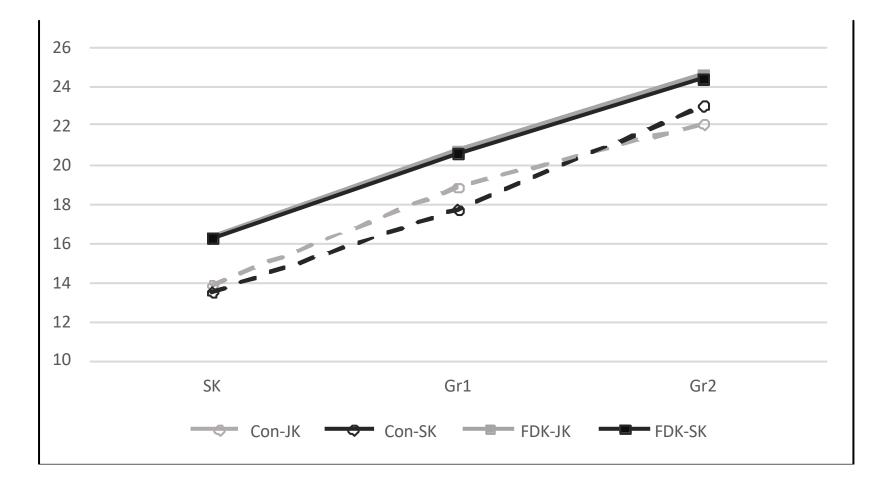
#### Vocabulary



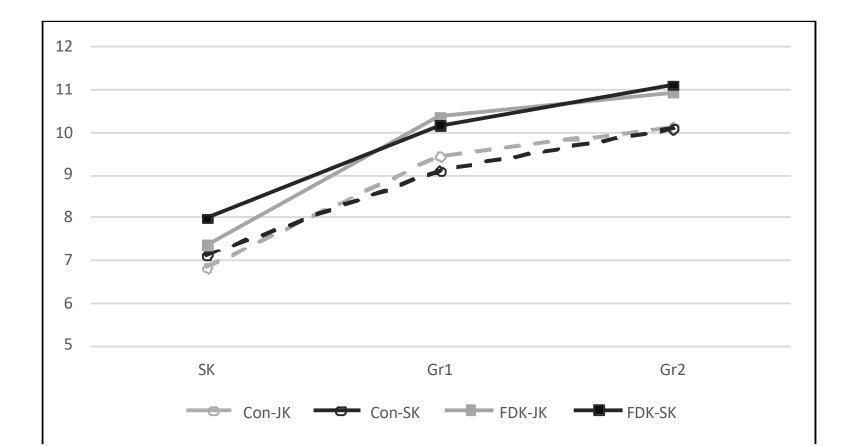
#### Reading



#### Number knowledge



#### Writing



# EQAO (Gr 3 tests)

- 4 levels of EQAO categories
  - 1&2=below expectations
  - 3&4= meets expectations
- Predict scores in the EQAO areas of reading, writing and mathematics by program (with same controls)
- Multinomial logistic regressions
  - Long-term benefit of FDK in reading on Gr 3 tests
  - Math & writing higher but not statistically significant

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### JK effect

Separate analyses with the JK group showed that children who began FDK in JK were significantly ahead of HDK children in selfregulation, reading, drawing complexity, and number knowledge by the end of JK

#### **Children's voices**

Interviews

Drawings



#### **Child interview with finger puppets**





#### Choose a puppet for yourself and one for me...

#### Tell me about your day, from the time you leave home until you go home



# Comparison of FDK and HDK child interviews

- All children reported play is what they <u>like</u> <u>best</u> at school
- HDK children reported "learning", "work" were most important
- FDK children reported "play" was most important

Heagle, K., Timmons, K., Hargreaves, F., & Pelletier, J. (2016). The social kindergartener: Comparing children's perspectives of full- and half-day kindergarten. *Early Child Development and Care,* 1-2.

# Drawings: Draw yourself doing something at school



Pelletier, J. (2017). Using children's drawings to understand children's experiences in the context of a new kindergarten policy in Ontario, Canada. In S. Dockett & A. MacDonald (Eds.), *Just do good research: A commentary on the work and influence of Bob Perry* (pp. 48-67). Albury, Au: Peridot Education

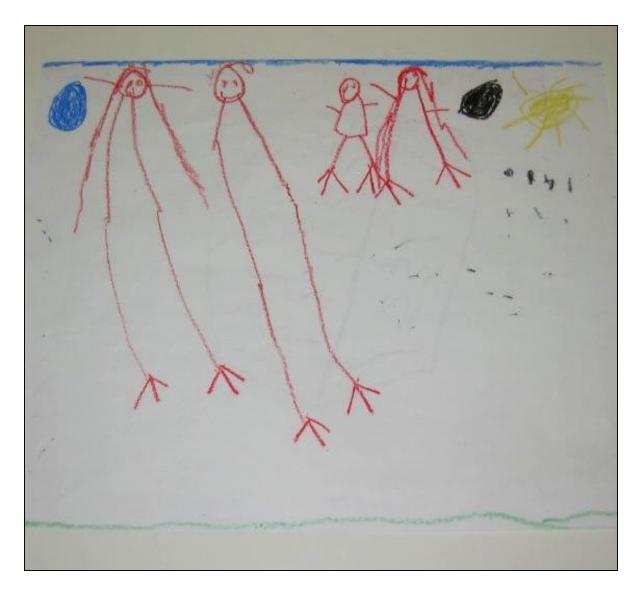
#### I'm playing with my friends at school (F 5 yrs)



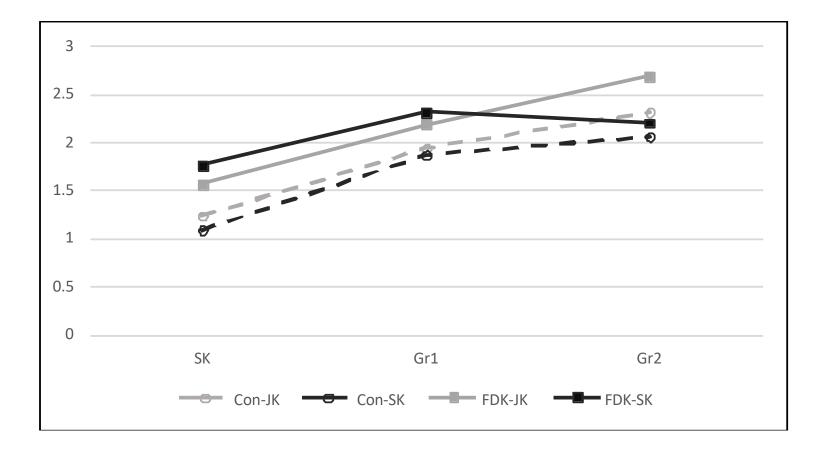
#### I like to play with Wally (M 4 yrs)



#### Me and my friends playing (F 4 yrs)



### **Drawing Complexity**



FDK higher in K and Gr 1, only FDK JK higher in Gr 2

### **Drawing Themes**

- FDK and HDK children drew themselves at play more than any other activity at school
- The word "play" needed to appear in the children's descriptions of their drawings
- As children went through the grades, the themes changed from "play" to "social activities", "recess", "sports"
- We are continuing to code their drawings every year to Grade 6

