

## **OISEMP Orientation Brief: Mentees**

What is expected of me in the OISE Mentorship Program?

The following table will help guide your participation for a positive experience with your alumni mentor. Thanks for doing your part to make this a mutually rewarding mentorship experience!

- Respond to any messages from your volunteer mentor within 72 hours
- Provide a timely explanation if you have to miss appointments and include a tentative date when you will touch base to reschedule
- Try to maintain a proactive stance when engaging with our events and resources. We are grateful for your commitment to the people in this program
- Please do not expect your mentor to find you a job opportunity
- Set up clear timelines, meeting dates, and desired communication channels early. This is a self-directed mentorship experience
- Use our mentorship handbook and goal-based meeting scheduler
- Be open to your mentor's experiences. Professional goals may differ. We ask for both parties to listen and be considerate
- Address any concerns with your mentor in a fair and clear manner. Please reach us at oise.mentorship@utoronto.ca if matters cannot be settled
- Note that the program administrator will make fair assessments on how to handle student requests. We often cannot spend time rematching you
- Participants must attempt to communicate on an ongoing basis with their assigned match. We suggest one interaction per month between October to March or six meetings
- Aim to be kind, collegial, and respectful when exchanging ideas or receiving feedback

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