

Today's Date (month/day/year): _____

EARLY CHILDHOOD-PARENTING DAILY HASSLES

INSTRUCTIONS:

- The statements below describe events or experiences that routinely affect families with young children. These events/experiences sometimes make life difficult.
- Please complete the questionnaire for **your child in kindergarten**. If you currently have two children in kindergarten, please select your **youngest child**.
- For each item please circle: (1) **how often it affects you** (Never, Rarely, Sometimes, A lot, or Constantly) AND (2) **how much of a hassle it has been for you** for the **PAST MONTH**.
- If the item does not apply to you please circle N/A. There should only be a few items that are not applicable to you.
- Any information you provide will be treated confidentially.

DO NOT WRITE YOUR NAME ON THE QUESTIONNAIRE

| It's difficult to... | How often it affects you | | | | | How much of a hassle it has been for you | | | | | Item does not apply to me |
|---|--------------------------|--------|-----------|-------|------------|--|---|---|---|------------|---------------------------|
| | Never | Rarely | Sometimes | A lot | Constantly | NO Hassle | | | | BIG Hassle | |
| To get my child ready in the morning. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To transport my child to school or child care in the morning. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To leave my child in the morning because s/he gets upset. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To interrupt my day or make special arrangements to get my child from school to child care (or from child care to school). | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To worry about my child's safety as s/he is taken back and fourth between child care and the school. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To be separated from my child for many hours during the day. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To focus on what I need to do during the day because I worry about how my child is doing. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To rush at the end of the day to pick up my child. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To deal with my child when s/he is exhausted at the end of the day. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To get my child to tell me about his/her day. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To keep track of my child's daily schedule. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To deal with unexpected changes to our daily routine. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To make alternate arrangements for child care when my child is sick. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To know what to do about school & child care when my child tells me that he/she is not feeling 100%. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To find the time to make my child's snacks and lunch. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To find the time to <i>read</i> with my child. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To find the time to <i>play</i> with my child. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To know what my child should be able to do at his/her age. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To know whether my child's behaviour is a problem or whether he/she is behaving like other kids his/her age. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |

| It's difficult to... | How often it affects you | | | | | How much of a hassle it has been for you | | | | | Item does not apply to me |
|--|--------------------------|--------|-----------|-------|------------|--|---|---|------------|---|---------------------------|
| | Never | Rarely | Sometimes | A lot | Constantly | NO Hassle | | | BIG Hassle | | |
| To get good advice on how to <i>handle my child's challenging behaviours</i> . | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To get good advice on how to <i>support my child's learning at home</i> . | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To find parenting programs that meets my needs. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To know what programs or services are available in my community. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To feel like an outsider among the parents of my child's classmates. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To find the opportunity to talk with other parents with young children. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To stay in contact with the <i>child care staff</i> about day-to-day things. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To find the opportunity to discuss issues of concern with the <i>child care staff</i> . | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To know whether my child is happy while he/she is in <i>child care</i> . | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To be satisfied with the <i>child care program</i> because I worry about the quality of my child's experience. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To agree on what's best for my child because the school doesn't know my child the way I do. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To know whether my child is happy while he/she is at <i>school</i> . | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To know what my child is learning in school. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To know whether my child is learning enough in school. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To be satisfied with the <i>school program</i> because I worry about the quality of my child's experience. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To stay in contact with the <i>classroom teacher</i> about day-to-day things. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To find the opportunity to discuss issues of concern with the <i>classroom teacher</i> . | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To communicate with the school because English is not our family's first language. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To find out about my child's day because multiple people care for my child throughout the day. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To find the time to participate in my child's classroom activities. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To understand how things work at my child's school. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To understand what the school expects from me as a parent. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |
| To avoid spending money on certain things because I have to pay for child care. | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | N/A |

