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by

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**A thesis submitted in conformity with the requirements
for the degree of « Degree (spelled out) »**

**« Graduate Department »
University of Toronto**

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« Thesis Title »

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Abstract

« Abstract text goes here. Maximum 350 words for doctoral or 150 words for master's thesis excluding title. Do not include graphs, charts, tables, or illustrations in the abstract.

Indent all paragraphs

Double spaced

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« Use Body Text or Normal style for text in this section. »

Table of Contents

« The Table of Contents (TOC) can be inserted automatically here if you have used the appropriate styles for section, chapter titles, and for subheadings. In Word, you can check what will appear in the TOC by viewing in “Outline” mode, suppressing body text.

In Word on a Windows machine, go to the References tab and click Table of Contents, choose Custom Table of Contents and click OK in the window that appears

On a Mac, choose Index and Tables from the Insert menu and click OK. »

List of Tables (if any)

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Chapter 1

Title of the First Chapter

The main body of your thesis begins here.

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Line Spacing: double-space the entire paper including the title page, abstract, text, heading block quotations, references, list, table and figure notes, and appendices, with exceptions listed regarding: title page; table body and figure image, footnotes and displayed equations. (Source: APA7th ed, page 45 Section 2.21)

Chapter 2

Title

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References or Bibliography (if any)

Use the APA, 2019, 7th edition style to format references.

Appendices (if any)

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